



Heritage Hills Society Information

Address 8 Heritage Hills, Somers, New York 10589
Website www.hhsociety.org
Television..... Channel 12

CONTACT INFORMATION – EMAIL

Society society@hhsociety.org
Activities Office..... activities@hhsociety.org

CONTACT INFORMATION – TELEPHONE

Security276-2592 Bus.....276-2877
Society Office276-2908 Library.....276-7655
Activities Office.....276-2636 Fitness Center669-5028

Hours of Operation

Activities Center 7 am - 11 pm daily
Fitness Center 4:30 am - 11 pm daily
Fine Arts Center Group instruction and free time are scheduled by the Activities Office at 276-2908
Library Weekdays 10 am - 3 pm
Saturday 10:30 am - 1 pm
Woodcraft Club Mon., Tues., Thurs. & Sat. 8:30 am - 12:30 pm
Call 276-2908

Bus Service - Operates on Weekdays Only (except holidays)

5:20 to 8:15 am & 2:45 to 4:40 pm

To/from train station only – **Reservation required**

4:02 to 10:33 pm

Pick-up at train station only – **NO reservation required**

Midday schedule with list of ten possible stops is available in the Activities Office and on line at www.hhsociety.org under General Information, Transportation – **Reservation required**

UTILITIES CONTACT INFORMATION

EMERGENCIES **9-1-1** **ConEd** 800-752-6633 **Verizon** 800-922-0204
Comcast 866-478-7266 **NYSEG** 800-572-1131 **Water/Sewer** Your Condo Mgt. Co.

SERVICES & ACTIVITIES FOR SENIORS

TOWN OF SOMERS SENIOR SERVICES

Adult Transportation (accessible/assisted)

Reservations Required - Barbara Taberer- 232-0807

Door-to-door, round trip, for the following:

Various Free Activities at Van Tassell House (exercise, art, games)

Monday & Wednesday exercise/line dancing pick-ups start at 9:45 am, Monday thru Friday other activities pick-ups starts at 10:30 am; return trip starts at 1:30 pm, Current monthly schedule can be picked up at the House; or call 232-0807; or go online to somersny.com, click on Senior Services; or on Facebook go to Somers Senior Services.

Hot Lunch - Monday thru Friday – Suggested contribution: \$2

At Van Tassell House (10:30-11:30 am pick-up) or delivered to shut-ins (meals leave Van Tassell House starting at 11:30 am)

Shopping - Suggested round-trip donation \$1

Destination stores vary each week. Pick-ups start at 10:15 am; drop-off is by 2:43 pm.

Mondays: **Shopping Plazas**. Fridays: **Grocery Stores**

Medical Appointments - Suggested round-trip donation: \$5

Tuesday thru Thursday, 10 am to 3 pm. Call for details – 232-0807

Somers Library (approximately there for 1 hour)

Alternate Tuesdays - Pick-ups start at 10:15– **FREE**

OTHER SENIOR SERVICES

Alzheimer's Disease - 212- 263-8088

free information on coping with this disease

RideConnect - 242-7433

Transportation services seven days a week. Call to register.

EPIC - 800-332-3742. NYS Senior Prescription Reduction

My Second Home - Karen Bisignano - 241-0770

Geriatric Day Care Intergenerational Program.

Northern Westchester Hospital Center 666-1200

Volunteer Office: 666-1254

Somers Senior Citizens Club

Events and Trips

Program list available at the Amawalk Fire House

Club meeting and Bingo Every Wednesday at the firehouse
Call 232-0807 for transportation assistance

Westchester County Senior Programs and Services

Geri Crisco 813-6300

Referral agency for senior services including legal - 949-1305

Social Services: 995-5889

SERVICES FOR ALL AGES, INCLUDING SENIORS

AA - 949-1200. Info and literature National Council on Alcoholism

Adult Protection Services Intake - Natalie Siler 995-2259.

Cancer Care - 800-ACS-2345

Northern Westchester Hospital - 242-8115

Putnam Hospital - 845-279-5711 ext. 4673

The Dominican Sisters - Family Health Service 941-1654

Long- and short-term registered nurses.

Hospice - 666-4228 - Visiting Nurse Association State-certified program providing home health care and emotional support for terminally ill patients and their families

Project Time Out / Jewish Community Services - 761-0600 - Provides in-home respite services matching families with trained sitters/companions. Contact Judy Fink, Coordinator, ext. 340; Carol Kobroff, Respite Specialist, ext. 310

Putnam Hospital Center - 845-279-5711 - Inpatient and outpatient medical surgical care, emergency services, health screenings and community outreach.

Transportation for Cancer Treatments (free):

American Cancer Society Road to Recovery program. 1-800-227-2345

Transportation for Disabled Residents - County Office of Transportation 813-7777

Para-Transit - 995-7272 provides modified vans with ramp for curb-to curb service.

Fare \$5 each way. Medical pre-authorization required. For eligibility call 995-2960.

Private Ambulette Services

Superior Brewster 845-278-6992

CLC Trans 241-0112

Ambulance: Westchester EMS 866-666-9367. Accepts Medicare.

Westchester County Office for the Disabled, includes hearing-defect

Lighthouse Inc. - New York City 212-821-9200. For sight impaired.

Veterans Guide to VA Health Care Benefits -

VA Hudson Valley Health Care System - 800-269-8749

Monday through Friday 8 am - 4 pm

Visiting Nurse Association of Hudson Valley

666-7616 - 8:30 am - 5 pm - Home care aides nursing, Nutrition consultation

Publisher: Heritage Newsletters, Inc. | P. O. Box 185 • Somers NY, 10589 • 914-277-1122

Contact Information: HeritageHillsNewsletters@gmail.com | Copyright©Heritage Newsletters, Inc. Bill & Ann Harden - Publishers
All Rights Reserved. No Reproduction Without Written Authorization



Submitted by Joyce Spector

WESTCHESTER COMMUNITY COLLEGE AT HERITAGE HILLS

FREE* FOUR-SESSION COURSE (Three remaining sessions)
All courses take place on Friday at 1 pm in the Activities Center

November 1: *The Road to Women's Rights*

November 8: *The Affluent 1950's*

November 15: *American Folk Music; Stephen Foster to Bob Dylan*

All are Welcome! Attend one session or all. **REGISTRATION IS REQUIRED.** Please fill out a registration form, which can be found in the Activities Office. Call Joyce with any questions at 419-7230.

*Funding for the above seminar is provided through a grant from the United States Department of Health and Human Services, Administration on Aging; New York State Office for the Aging, and Westchester County Department of Senior Programs and Services.

JEWISH ARTISTS IN THE 20TH CENTURY

Sunday, November 10, 1 pm in the Activities Center

Delve into the life and times of artists such as Amedeo Modigliani, Marcel Janco, and Judy Chicago. Join Professor Val Franco to look at some of the art world's most galvanizing artists. Light refreshments will be served. Admission \$10. Checks payable to "Club Shalom" **should be placed in Club's mailbox by November 5.** Payment at door will be accepted if space is available. If you have any questions, call Nancy at 519-7622.

CHANUKAH PARTY

Watch for details in your email

TRIVIA PARTY

Sunday, January 12, at 1 pm in the Activities Center

Come by yourself or as a group. Tables of six become teams to see who has the best trivia knowledge. Light refreshments will be served.

* * *



Submitted by Larry Daitch

Wednesday nights at 7 pm on the wide-screen television in your HLibrary

November 6 *Catch 22*

November 11 *Henry V*

* * *

PHOTO CLUB

EXCITING PHOTO SHOW BY HERITAGE HILLS PHOTOGRAPHER MEL LIEBERMAN

Submitted by Elizabeth Royston

**All of November in Room 2
at the Activities Center**



Near a Black Hole

Mel's exhibit is mostly a collection of augmented New York City street scenes. In some cases colors have been intensified. Other pictures contain unusual combinations of parts from several different images. Finally, some images have been distorted by Photoshop tools such as Sphereization, Twirlification, and Liquefaction.

PICTURE THIS!

Submitted by Sue Shea

**Friday, December 13,
at 3 pm in the
Heritage Room**



At this Photoshop presentation by Sy Waldman, learn the wonders of using Photoshop to enhance and manipulate images in any way your mind wishes. You can do anything and everything to change the original photo. All you need is a vision. Sy will teach you the know how.

* * *

ON THE COVER: How fortunate that resident Robert D'Angelo had his camera with him in his car. He writes "Couldn't help myself...had to pull over for this. Looking great. Absolutely love this time of year, and the beautiful colors of this season."

Table of Contents

Coming Events	3-6
Activities, Classes, and Clubs	7-9
Community News	10, 12
Sports	12-14
Around Town	15
Features	17-24
Columns	26-27
Humor	28

COMING EVENTS

HEALTH & SAFETY COMMITTEE

Submitted by Flo Brodley

2ND ANNUAL SENIOR LAW DAY

Saturday, November 2, from 10 am to 2:30 pm
in the Activities Center

Registration opens at 9:45 am

This full day of free programs directed at seniors and their families is sponsored by the Westchester County Public/Private Partnership.

Programs will include, but not be limited to, *Legal & Financial Planning for the Newly Diagnosed Dementia Patient*, *How Do I Pay for Long-Term Care*, *Internet Privacy & Security*, *Changing Family Dynamics*, *Estate Planning*, etc.

The latest information will be offered by eldercare lawyers and financial experts who will also be available for individual consultations without charge. For that, a timed sign-up sheet will be available in the lobby.

Refreshments will be available throughout the day.

* * *

Murder Mystery Dinner Show

Sponsored by The HH Library

DEATH ON A CRUISE

Friday, November 8, at 6 pm in the Heritage Room

SOLD OUT!

* * *

SOCIETY BOARD MONTHLY MEETING

Monday, November 18, at 3 pm in the Activities Center, Rooms 2/3

All owners are welcome to attend this meeting. For information on special shuttle bus service for these meetings, see Society News on page 10. The meeting will be broadcast live on channel 12 and rebroadcast daily on channel 12 at 7 pm, and on Tuesdays and Thursdays at 2 pm.

At the beginning of the meeting, owners will have an opportunity to raise matters of concern. If you can't attend the meeting, such matters can be submitted by email to society@hhsociety.org or by mail to Society Board, 8 Heritage Hills, Somers, New York 10589. You must provide your name and unit number on written correspondence or when speaking at the meeting.

On Veterans Day,
November 11th,
thank our
former Airmen.



CONTINUING ED

DOUBLE FEATURE: Michael Boriskin

Tuesdays at 1:30 in the Heritage Room

Artistic and Executive Director of Copland House and internationally renowned pianist and recording artist Michael Boriskin returns to Heritage Hills for two very personal and insightful performance-lectures.

November 12: Celebrating a Legend: Aaron Copland's *Appalachian Spring* at 75

November 19: Rational and Irrational Conversations—The World of Chamber Music

Admission: \$15 for the series; \$10 per individual lecture. For more information, call Joyce at 617-2127.



AMERICA LOVES A PIANO: Peter Muir

Tuesdays at 1:30 pm in the Heritage Room

Musicology Professor and pianist Peter Muir brings to life the music of a Bygone Era.

December 3: Neglected Gems of the Golden Age of the Parlor Piano

December 10: Jews and the Rise of American Popular Song

Admission: \$15 for the series; \$10 per individual lecture. For more information, call Ann at 617-9434.



* * *

HERITAGE HILLS COMMUNITY THEATER

By Diana Richter

RUMORS

Friday and Saturday, November 15 and 16 at
7:30 pm in the Heritage Room

Sunday, November 17, at 2 pm
in the Heritage Room,

Rumors, one of the funniest shows ever written by master of comedy Neil Simon, will be presented on the above dates and times. Tickets are \$12 for members, and \$15 for non-members. They may be reserved by check payable to "HHCT" left in the HHCT mailbox in the Activities Office. **Please specify number of tickets and date of performance.**

DIRECTORS NEEDED

The HHCT is seeking directors for its June and November 2020 productions. Anyone interested in these paid positions may email Muriel Weiss, Co-President, at must87@comcast.net or call her at 277-8825.





Submitted by Michael Lanotte

COSTUME DINNER

Tuesday, November 19, in the Heritage Room. Doors open at 6 pm.
Members—\$40, Non-Members—\$45

CHRISTMAS DINNER

Friday, December 13, in the Heritage Room. Doors open at 6 pm.
Members only--\$40

Flyers containing detailed information on both events are available outside the Activities Office. Make check payable to "Ciao Italia" and place them in the Ciao mail slot there. **Please indicate event name on the check.** For table groupings, have one person from your group collect and submit the checks in one envelope along with the names of people being seated at your table.

* * *

THE TRAVEL CLUB

Submitted by Elaine Soliman

PRESENTATION ON NORWEGIAN COASTAL VOYAGE TRIP

Wednesday, November 20, at 11 am in the Activities Center

Trip dates: September 5 to 16, 2020

See this land of spectacular fjords, waterfalls, mountains, and glaciers. Visit Bergen and Oslo, experience the Flam Railway, and enjoy a 6-day cruise stopping at towns along the way and sailing across the Arctic Circle. For information, contact Jean McMahon by telephone at 276-3379 or by email at maxine743@aol.com.



For information, contact Jean McMahon by telephone at 276-3379 or by email at maxine743@aol.com.

WCTLC PERMIT NUMBER 000010-15

AllPointsLimo

Your local professional car service

Professional, Courteous, Reliable

\$10.00 OFF
ANY ROUND TRIP

OR \$5.00 OFF
ONE WAY TRIP
TO ANY MAJOR AIRPORT

All limo services including: Airports, Weddings, NYC, Piers, Night on the Town

allpoints-limousine-service.com

914.490.0716 Yorktown Heights, NY

SPOTLIGHT ON THE FRENCH RIVIERA TRIP

Saturday, April 18 to Sunday, April 26, 2020

It's time to live the good life and embark on a getaway to the fabulous French Riviera. This 9-day trip, which includes 11 meals and staying in one hotel the entire time, will depart from Heritage Hills on April 18 and return on April 26. Flyers with details are available in the Activities Center. For more information, call Elaine at 617-9111.



* * *

THE WOMEN'S CLUB

Submitted by Alfreda Savarese

HOLIDAY LUNCHEON

Wednesday, December 4, at 12:30 pm at Vittoria'Z on the Lake

This year's Women's Club Holiday Luncheon will take place on Wednesday, December 4, at 12:30 pm at Vittoria'Z on the Lake, located on the corner of Route 6N and Hill Boulevard in Jefferson Valley. The menu will consist of a variety of appetizers, salad, pasta, choice of one of four entrées, coffee/tea, and dessert. There will be a cash bar. The luncheon cost is \$47 for members and \$49 for non-members. Checks should be made payable to the "Women's Club" and left in the club mailbox at the Activities Office **no later than November 25**. Groups who wish to sit together (tables of 8) should submit all checks in one envelope. For more information call Joan at 276-0488 or Angela at 276-0056.

* * *

Fire & Water - Cleanup & Restoration™

SERVPRO® of Northern Westchester County

914-241-8100

servpronorthernwestchestercounty.com

Independently Owned and Operated

SERVPRO® SYSTEM SERVICES

- Fire, Smoke, and Soot
- Water Removal and Dehumidification
- Mold Mitigation and Remediation

CLEANING
RECONSTRUCTION

Servpro Team Randolph-NWC

Like it never even happened.®

COMING EVENTS

MARINE CORPS RESERVE



MEMBERS OF THE BENSEN-SCOTT BIG BAND TO PLAY AT OUR ANNUAL EVENT!

By Mary Lou Martelli

Saturday, December 7, at 1 pm in the Heritage Room

I am so excited to report that once again we will have two members of the Bensen-Scott Big Band here at Heritage Hills to entertain us with holiday songs and sing-alongs! Bob Larro and Dan Denerstein will have the Heritage Room filled with the sounds of the season which always puts us in full swing with the Holiday Spirit. This year the event will be held on Saturday, December 7, at 1 pm in the Heritage Room.

With help from Bruce Prince, Santa will make an appearance, and children will have the opportunity to sit on his lap and whisper their request—a perfect photo-op. All children at the event will receive a small toy from Santa's sack.

All are invited to this fabulous event. Bring your children and grandchildren—the more the merrier! If you would like to reserve a table for 8, we can do that; just call me at the office at 276-2908. There is no cost to attend this enjoyable holiday event other than to bring a new, unwrapped toy for a child. The Woodcraft Club has been making toys since July—last year it donated over 125 adorable handmade wooden toys!

The Marine Corps Reserve distributes all toys collected for *Toys for Tots* to local charitable organizations. We have been promised a visit from a Marine in full dress for this even...this is all so exciting.

Refreshments of holiday cookies, candy, apple juice, and eggnog ladled by the "Nutmeg Boys" will be served.

* * *

On Veterans Day,
November 11th,
thank our
former Marines.



Creative Solutions



Quality Home Improvement since 1990

European Craftsmanship with modern American thinking.

Specializing in:

**Bathrooms,
Kitchens,
Custom tile work.**

Call or Text to:

(914) 924 - 7196

Mark Gregorowicz

Fully licensed and insured

THE NEWSLETTER WELCOMES ARTICLES FROM HERITAGE HILLS RESIDENTS

OUR DEADLINE IS THE 6TH OF THE MONTH.

If we print your submission, your name will be indicated. We cannot guarantee that every submission will be used, and all submissions are subject to being edited for format, length, acceptability of language, and suitability of content.

Submissions should be in email attachment format (preferably *Word*) or by hand to the Heritage Hills Activities Center or Society Office.

OUR EMAIL ADDRESS IS: HHillsNewsletter@gmail.com.

When Submitting Photos to this Newsletter



If you take a picture using your phone instead of a camera, please use the highest resolution.

Unless it's a scenic vista, concentrate on faces. Most photographs are taken from too far away, and when the image is cropped, the faces will be blurred. Get closer.

Please do not incorporate art or a photo in a *Word* file. Attach it and *Word* files to emails as separate items.

We cannot use anything taken from the internet without authorization from the source.

DECKS, DECKS, DECKS!

Deck Restoration, Power Washing, Sealing & Staining. Paint & Restore

Railings. Refinish Hardwood Floors. Paint Garage Floors.

Tile Re-Grouting. Install Grab Bars. Wallpaper Removal.

Free Estimates - Ask for John

(914) 299-0328

Licensed and Insured WC-18019-H06

Handyman Services Available

Services provided by Eagle Painting

Budget Blinds

914-788-8787

North America's Largest Provider of Custom Window Coverings



Style and Service for every Budget

20% Discount
Blinds • Shutters • Shades
Motorization • Drapes

UPCOMING ACTIVITIES & EVENTS

Produced by the Activities Office

Phone: 276-2636 or go to activities@hhsociety.org

REGISTRATION PROCEDURE FOR ACTIVITIES, CLASSES AND CLUBS

1. Make the check payable to the instructor or club. Include your telephone number on the check.
2. For class registration, bring your check to the Activities Office or leave it in the Activities mailbox.
3. For individual Club activities, leave your check in the appropriate Club mailbox.
4. For information where a telephone number is not provided, call 276-2636.

DETAILED FLYERS ARE AVAILABLE IN THE ACTIVITIES CENTER.

REMINDER: ALL EVENTS AND CLASSES ARE FOR HERITAGE HILLS RESIDENTS AND THEIR GUESTS ONLY.

We recommend that all residents with email register on our website. Updated information and alerts are sent via our website on a regular basis. Go to www.hhsociety.org and click on "log in request." Fill in all the fields, and a user name and password will be sent to you. Our website is full of valuable and useful information.

SPECIAL Activities & Events

For detailed information about the following SPECIAL Activities & Events, see the COMING EVENTS section of this issue and/or flyers and posters at the Activities Center.

CIAO ITALIA

Costume Dinner

Tuesday, November 19

6 to 10 pm in the Heritage Room

Members \$40 per person, Non-Members \$45 per person

Christmas Dinner

Friday, December 13

6 to 10 pm in the Heritage Room

MEMBERS ONLY, \$40 per person

CONCERT SOCIETY

Four 2020 Concerts

Sundays at 3 pm in the Heritage Room

See a special offer for new subscribers and renewals on our Subscription Form available at the Activities Center

CONTINUING EDUCATION

Tuesdays at 1:30 pm in the Heritage Room

See *COMING EVENTS* section of this issue for details.

Michael Borsiskin

November 12 and 19

\$15 for series, \$10 per individual lecture

For information, call Joyce at 617-2127

America Loves a Piano

December 3 and 10, at 1:30 pm in the Heritage Room

\$15 for series, \$10 per individual lecture

For information, call Ann at 617-9434

DANCE—MONTHLY SOCIAL

Friday, November 1, from 7 to 10 pm in the Activities Center

\$5 per person includes coffee and cake. BYOB.

For more information, call Dorothy at 276-2894.

Next Dance: Friday, December 6.

DANCE—ROCK 'N' ROLL REVIVAL CLUB

'50s Through '80s Theme Party

Saturday, November 23, from 7 to 10 pm in the Activities Center

With DJ Johnny Angel. \$5 admission. Bottled water, coffee, and cookies included. BYOB and snacks.

HEALTH & SAFETY COMMITTEE

Senior Law Day

Saturday, November 2, from 10 am to 2 pm in the Activities Center

INDEPENDENT & FOREIGN FILM CLUB

Golden Door

Sunday, November 17, at 7 pm in the Heritage Room

Next Film: *Sweet Bean*—December 19.

SINGLES CLUB

Bingo & Wraps

Thursday, November 21, at 6 pm in the Heritage Room

\$12 for members, \$15 for non-members

Holiday Dinner

Thursday, December 5, at 6 pm in the Heritage Room

\$48 for members, \$53 for non-members

TRAVEL CLUB

Spotlight On The French Riviera

Trip dates: April 18 to 26, 2020

For information, call Elaine at 617-9111.

Norwegian Coastal Voyage

Trip dates: September 5 to 16, 2020

For information, call Jean at 276-3379.

La Belle Seine

Trip dates: October 13 to 21, 2020

For information, call Norma: at 669-5437

WOMEN'S CLUB

Everything You Want To Know About Back Pain

Wednesday, November 13

Presented by Dr. Louis Bisogni

Free for Members, \$5 for Non-Members

Holiday Luncheon

Wednesday, December 4

At Vittoria Z On The Lake

See Flyer For More Information

ACTIVITIES/CLASSES/CLUBS

RECURRING Activities

The activity takes place at the Activities Center unless otherwise indicated. (See "Registration Procedure" at the beginning of this section, or call 276-2636.)

ARTS & CRAFTS:

Gushing With Paint: Wednesdays from 1 to 3 pm. Fee \$125 includes materials for four paintings in this new art technique. Space is limited. For information, contact Fran Schultzberg at 806-6696 and leave a message.

Needlecraft Club: Charitable knitting and crocheting group. Meets Wednesdays at 12:30 pm in the Activities Center Game Room. All skill levels welcome.

Paint & Sip: With Judika Lieberman. Once a month at 7 pm in Lake Lodge. Fee: \$40. All paint supplies included. BYOB. Look for flyers and email blasts. For information, call Judika at 438-6750.

Photo Club: Second Tuesday of the month at 3:30 pm in Room 2 of the Activities Center. For more information, call John at 925-277-3955.

Sketch Workshop: Wednesdays at 9:30 am. No fee. Beginners welcome. For information call Richard at 617-9011.

Silk Fabric Painting: Mondays or Thursdays at 10 am. Fee \$120 for 4-week session (must sign up for all 4 weeks). Space is limited. For information, contact Evey at 276-0737, or email her at evymusart@comcast.net.

Watercolor Class—All Levels: With Lynn Shulman. Mondays from 9:30 am to noon. Fee: \$60 for a 4-week session.

Wood & Stone & Clay Sculpture Classes:

With Ron Mineo on Mondays at 2:30 pm. Call the Activities Office for details.

With Debra Schaffer on Thursdays at 9 am. Fee: \$120 for 6 weeks. Drop in any Thursday between 9 am and noon for a free, hands-on demonstration. For information, call Debra Schaffer at 203-244-5922

Woodcraft Club: The shop is open on Mondays, Tuesdays, Thursdays, and Saturdays from 8:30 am to 12:30 pm.

Writer's Workshop: Mondays at 1 pm and Tuesdays at 10 am in Lake Lodge. Fee: \$150 per 6-week session; rolling admission.

AARP SMART DRIVING COURSE

Wednesday, November 6, or Thursday, November 14, from 9:30 am to 4:30 pm in Lake Lodge. Fee: \$20 for AARP Members, \$25 for Non-AARP Members. Make check payable to "AARP" and leave it in the AARP mailbox. **Indicate name, phone number, and the class date** with/on the check. Bring lunch. You will only be contacted if the class you selected is full. Please remember to bring your AARP card on the day of the class.

CULINARY CLUB

Monthly dinner held on a Wednesday during each month at 6 pm. Contact Susan at 276-3176.

DANCING

Line Dancing: Fridays at 11 am. Join in at any time. No Fee.

Square Dancing: Sundays at 7 pm. No partners needed.

EXERCISE: Please get your checks in ASAP for all classes to ensure they will run.

Exercise: With Lori Barr. Tuesdays and Thursdays at 9:30 am. Fee: \$8 per class. Advance registration required.

Hikers & Walkers: Weekly hikes from September to June.

Schedule is available at the Activities Center or at hhsociety.org.

Move & Groove Line Dance: Tuesdays at 12:30 pm with Theresa. Fee: \$24 to \$40 per session. See flyer.

Pilates Morning Class: With Tracey. Mondays at 9 am and Wednesdays at 10 am in Lake Lodge's upper level. Fee: \$32 per month for 4-week session.

Strengthen & Stretch Classes

With Ingrid Rodgers. Mondays at 10:30 am. Fee: \$30 per month. See flyer.

With Theresa. Saturdays at 8:30 am. Fee: \$24 to \$30 per month. See flyer.

Saturdays with Joe: Saturdays at 9 am at Lake Lodge. Fees: \$10 per class, \$40 per month. Most classes are 60 to 75 minutes long.

Tai Chi: With Ellen Hollenbeck. Tuesdays at 11:15 am. Fee: \$60 for 4 weeks.

Video Aerobics: Mondays, Wednesdays, and Fridays at 9 am in the Gym. No fee.

YOGA

Chair Yoga with Satish: Tuesdays and Fridays at 10 am in Lake Lodge. Fee: \$5 per class.

Classes with Cheryl Aiello:

Beginner/Intermediate Yoga: Mondays from 10:15 to 11:30 am in Lake Lodge's upper level. Fee: \$15 per class.

Yoga-Chi: Thursdays at 4 pm in the Activities Center. Fee: \$12 per class.

TaiJiFit: Tuesdays at 4:15 pm in Lake Lodge's upper level. \$9 per class.

Yoga Class with Joe: Mondays at 5 pm at Lake Lodge.

Fees: \$10 per class/\$40 per month. Most classes are 60 to 75 minutes long.

Yoga Iyengar Classes with Kate Graham—All classes held in Lake Lodge's upper level. See flyer for full schedule:

General Iyengar: Mondays at 12 noon. Fee: \$12 per class.

Chair Yoga: Mondays at 1:45 Fee: \$12 per class.

General Iyengar: Tuesday at 11:30 am. Fee: \$12 per class.

Gentle Back-Care Yoga: Fridays at 10:30 am. Fee: \$12 per class.

Zumba with Theresa:

For Everyone: Wednesdays at 4:45 pm. Fee: \$24 to \$40 per month. See flyer.

Gold: Fridays at 10:30 am. Fee: \$24 to \$40 per month.

FUN & GAMES

Billiards: Drop-in games on Thursdays at 1:30 pm.

Bocce: April through October: Wednesdays at 1 pm and Saturdays at 9:30 am.

Bowling League: Tuesdays at 12:45 pm at *Jefferson Valley Lanes* on Hill Boulevard.

Bridge—Duplicate: Mondays at 12:30 pm, Tuesdays at 7 pm, Thursdays at 12:30 pm.

Bridge Lessons: Attention all Bridge players—take your game to the Next Level! 2 over 1 Bridge lessons Mondays from 9:30 to 11:30 am in the Activities Center. Fee for 4-lesson session is \$40. Contact Marie Sugar at msugar156@gmail.com. Currently on hiatus.

Bridge—Casual: Mondays and Thursdays at 1 pm. All are welcome.

Bridge the Gap Bridge: Tuesdays and Fridays at 1 pm.

Bridge—High Scorers: A casual game. Wednesdays at 1 pm at Lake Lodge.

Mah Jongg Club: Mondays at noon, and Tuesdays and Thursdays at 11 am at Lake Lodge. Wednesdays at 1 pm and Fridays at 7 pm at the Activities Center. Not accepting new members at this time for Tuesday and Thursday. Call Rebecca Fiero 669-5460 for waitlist.

Pickleball: Mondays from 2 to 5 pm, Thursdays from 1 to 5 pm, and Saturdays from noon to 3 pm in the Fitness Center Gym. Level 2 play: Wednesdays from 6:45 to 9 pm in the Fitness Center Gym. Platform Tennis Court 1 is also available for Pickleball.

Ping Pong Group: Thursdays at 10 am. Open to all residents.

Playtime: Games, cards, and socializing. Mondays at 1 pm.

Scrabble: Thursdays at 1 pm in the Library.

Shuffleboard: October through March on Wednesdays, from 1 to 3 pm, and on Saturdays, from 9:30 am to noon in the Fitness Center gym.

ENERGIZE PROGRAM

Friday, November 8, at 11 am in the Activity Center

Need to feel more comfortable in your own home? Wouldn't it be nice to pay a lower electricity bill? Here's a way to make your condo unit more energy efficient: Heritage Hills, in collaboration with EnergizeNY and the Town of Somers Energy & Environment Committee, is offering personalized assistance in applying for a FREE comprehensive assessment of your home. No prior registration needed; just walk-in. For more information, call Flo at 276-4845.

FAMILY NETWORK GROUP

Meets for family-oriented events, days and evenings. Go to [facebook.com](https://www.facebook.com) to join the group "heritage hills family network."

FRENCH CONVERSATION GROUP

Thursdays at 10 am in Lake Lodge Room 1. Come learn and practice speaking French. *Venez causer avec nous.*

HEALTH AND SAFETY

Blood Pressure Readings: The second Friday of each month from 10 to 11:30 am in the Activities Center.

File of Life Packets are used to provide essential information in an emergency situation, and are available in the Activities Office, Security Office, and Society Office.

Spousal Bereavement Support Group

Every first and third Tuesday of the month from 2 to 3:30 pm in the Game Room.

Dementia Caregivers Support Group

Every first Thursday of the month at 1 pm Lake Lodge Room 1.

HERITAGE HILLS WOMEN'S GOLF ASSOCIATION

A friendly, vibrant group of women who enjoy a weekly 9-hole round of golf on Tuesdays at 9 am from April through October at Somers National Golf Course. Contact Janet at jparke27@comcast.net or 277-5460 for more information.

LIBRARY

Monday through Friday 10 am to 3 pm. Saturday from 10:30 am to 1 pm.

Free Children's Book Exchange available all day, every day in the corridor outside of the library

MORNING DISCUSSION

Mondays at 9:30 am. Discussion group on current event topics. No fee.

NEWCOMERS COUPLES CLUB

Contact us at hhnewcomerscouplesclub@gmail.com.

RAINBOW CONNECTION

First Thursday of the month, from 7 to 9 pm in Lake Lodge. A relaxed, social environment for LGBT residents as well as their families, friends, and neighbors. For more information, email us at hhillsrainbow@gmail.com.

SHAKESPEARE READING AND DISCUSSION GROUP

Open reading of Shakespeare each Tuesday at 10 am.

TEN-A-MEN

Wednesdays at 10 am. Coffee, bagels, rolls, *etc.* Discussion and conversation, sometimes controversial. Occasionally there are guest speakers.

TENNIS

Friday evening Round Robin at Courts 1, 2, and 3 at 6:30 pm thru November 17. Doubles games at all levels of play. For information, call Barry at 617-9259. For information about the Tennis Committee, call Jan at 276-2106. Reminder: all tennis reservations are made via our website at hhsociety.org.

VETERANS CLUB

Meets quarterly—at 2 pm in room 2/3 of the Activities enter. For more information, call Larry at 277-4057.

WEIGHT WATCHERS GROUP

Two plans, lower prices—sign up for *Digital* or *Digital plus* Workshops. *Digital* has been reduced to \$18 per month and *Digital plus* is now \$40 per month. Visit wellness.weightwatchers.com and enter Employer ID: 59693. For questions or assistance registering contact the Weight Watchers Wellness Hotline at 866-204-2885.

YIDDISH CONVERSATION CLASS

Anyone interested should contact Gilda Simpkin at 203-219-0589 to organize a convenient time for the group to meet.



WHAT'S GOING ON

Text and photo by Sue Shea



Kudos to Society's Christine Choka and John Maxner of Westchester Properties for the design of the superlative fall plantings in the many public areas of Heritage Hills. They provide a colorful welcome to our acreage.

Though somewhat inconvenient to use the detours to get to our units, the tremendous paving project of West Hill Drive is completed.

The Heritage Hills Water and Sewer Company of Southbury is removing their debris from their sewage treatment plant adjacent to our Community gardens. Heritage Hills will allow them to use an area in the Maintenance Yard to stockpile their rubble. The new installation of gas pumps for regular gas consumption for our busses and service trucks in the Maintenance Yard is completed.

The future use of the East Hill golf course is a concern for all of us. The HH Holding company owners and the Society understand the problems involved in maintaining the property while its function is under study.

The second Murder Mystery Dinner Theater *Death on a Cruise*, sponsored by our HHLibrary on November 8, is another Sold Out event to the 100 lucky ticket holders.

Around Our Area

The academy/private school proposed for the former IBM property is proceeding with further analysis of its use and the acquisition of permits required.

As reported at the October Ten-A-Men meeting, 14 units of Somers Crossing are either sold or under contract.

White Plains Hospital recently unveiled its new White Plains Hospital Physician Associates (WPHPA) office near the Somers Post Office. WPHPA Somers offers patients access to the following services: Pediatrics; Pain Management, Physical Medicine & Rehabilitation; and Otolaryngology.

The Bedford Hills ShopRite supermarket will move to 333 North Bedford Road in Mount Kisco. There is the possibility of another supermarket moving into its former space.

* * *

SOCIETY NEWS

SHUTTLE BUS SCHEDULE ADDITION

The Society Board has scheduled one of our shuttle buses to be available to bring residents home after daytime Society Board meetings. It will be parked in the Activities Center parking lot and will depart to drop off residents at the conclusion of the Board meeting, typically sometime between 4 and 4:30 pm.

COMCAST COMMITTEE REPORT

Service Problems

If you are having any service problems that were not satisfactorily resolved by the folks at 1-800-934-6489, please contact the Comcast community representative, Kristin Parker. Kristin can be reached by telephone at 860-406-2916 or by email at kristin_parker@comcast.com

Billing Issues

Call Comcast at 866-478-7266 or visit the Xfinity Store at 15 Backus Avenue in Danbury, Connecticut.

Internet Speed Increase

Effective October 8, Comcast increased the internet speed to all Heritage Hills customers from 15/2 to 25/3 at no additional cost. To benefit from this change, you must reboot your modem. To do so, unplug the modem's power cord, wait 30 seconds, and then put the plug back into the socket. When the green lights are lit, the modem has been rebooted.

SECURITY REPORT

During the month of September, our Security staff received and responded to a total of 337 calls regarding the following matters:

Medical.....	63
Security	183 (fire/carbon dioxide alarms, open garage doors, other security concerns)
Service	78 (including 67 lift assists, 7 persons locked out, and 4 welfare checks)
Maintenance.....	0
Car Accidents	4
Parking Violations ..	9 (in handicapped spaces, fire lanes, A roads, or B roads)

January through September, our Security staff received and responded to a total of 3,085 calls.

* * *

SEPTEMBER COUNCIL OF CONDO (PRESIDENTS) MEETING

By Terry Clifford

The Council's Comcast Committee met with Somers Supervisor Morrissey and clarified Comcast issues which were agreed upon two years ago and have not been addressed. Therefore, before the Comcast Contract is signed next year, the team requested the following issues be completed: monthly status reports, holes in fire barrier sheet rock connecting two units, conduit across roads and through catch basins,

inspection and repair of pedestals, and an agreement that the condo management company of each condo must be apprised of when work will be started on the condo's property.

Did you wish for an alternative to Comcast? Our Comcast Committee team, George Rolita and Ed Goldfarb, have been on the lookout. We had an interesting presentation by "T Vision," an affiliate of "T Mobile." They are a TV streaming service company offering special pricing for Heritage Hills as well as incorporating all the specialty cable services Comcast offers such as DVR, Netflix, Amazon Prime, HBO, STARZ, etc. Within the next year we should have a proposal which will be presented to all Heritage Hills residents. Stay tuned!

We look forward to seeing your Condo's president or his/her representative at the November 20 meeting.

* * *



MUSICAL NOTES FROM THE CONCERT SOCIETY

Submitted by Marge Slachmuylder

What's Coming Up for 2020? We're looking forward to a variety of performances by distinguished artists: a charismatic young pianist in May, a renowned Quartet in June, a virtuoso violinist in September, and an acclaimed young clarinetist in October. Four Concerts—Sundays at 3 pm in the Heritage Room.

For New Subscribers and Renewals: Pay by December 31 and receive a bonus guest ticket to a concert of your choice. Subscription Forms are available at the Activities Center. If you have any questions, contact Arlene at 277-4703.

* * *

DO YOU OWN A CLASSIC CAR?

Text by Shirley Kesselman, photo by Arthur Templeton

The "classic" 1965 Corvette Sting Ray Coupe pictured here is owned by Arthur Templeton. He explains that any car over 25 years old is classified as "classic." Arthur would very much like to contact other classic car owners living in Heritage Hills. Together they would plan weekly cruises beginning next spring in the Heritage Hills area. Cruises, usually held on weekday evenings for three or four hours, give children as well as adults the opportunity to view classic cars up close. Car owners can contact Arthur at 917-642-2384 or gunhillautoparts@outlook.com.



* * *

Is your kitchen out of date? *Let us give you a new look!*



OVER 30 YEARS SPECIALIZING IN:

Custom Kitchens ♦ Built Ins ♦ Cabinet Refacing ♦ Custom Closets ♦ Home Offices & Bars

ALL★ STAR WOODWORKING

SINCE 1978

Come visit our new showroom and factory:

1500 Front Street · Yorktown Heights, NY | 914-769-9161 · www.allstarwoodworking.com

HLibrary

Submitted by Larry Daitch

MURDER MYSTERY DINNER SHOW

Death Takes a Cruise, our second Murder Mystery Dinner show, will be held in the Heritage room on Friday, November 8 at 6 pm.

SCRABBLE

Thursdays from 1 to 3 pm. All are welcome.

SUNDAY MATINEES

Planned to resume in December.

HERITAGE HILLS LIBRARY CINEMA

Please look in the COMING EVENTS section of this issue and for email blasts and Activities Center posters for November film information.

NEW ADDITIONS TO OUR COLLECTION IN OCTOBER

The following books are located on the shelves of our NEW BOOKS section.

Newly Published Books

Fiction

- Atwood, Margaret *The Testaments*
- King, Steven *The Institute*
- Patchett, Ann. *The Dutch House*
- Prescott, Lara *The Secrets We Kept*
- Rushdie, Salman *Quichotte*
- Schine, Cathleen *The Grammarian*

Mystery

- Barr, Nevada *What Rose Forgot*
- Robb, J.D. *Vendetta in Death*

Non-Fiction

- Kantor & Twohey *She Said: Breaking the Sexual Harassment Story That Helped Ignite A Movement*

Mattis, Jim & West, Bing *Call Sign Chaos: Learning to Lead*

Newly Acquired Books

Fiction

- Roberts, Nora *The Reef*
- Sparks, Nicholas *A Bend in the Road*

Mystery

- Evanovich, Janet *Look Alive Twenty-Five*
- Flynn, Vince *Separation of Power*
- Howard, Linda *Death Angel*
- Preston & Child *City of Endless Night*
- Perry, Thomas *The Burglar*
- Truman, Margaret *Murder at the Library of Congress*

Non-Fiction

- Donovan, Webster *The Burma Road*
- Zuckoff, Mitchell *Frozen in Time: An Epic Story of Survival and a Modern Quest for Lost Heroes of WW II*



20TH ANNUAL HERITAGE HILLS BOCCE TOURNAMENT RESULTS

Text and photos by Virginia Nolte

The 20th Annual Heritage Hills Bocce Tournament was held on Saturday, September 7.

Thank you to the large group of volunteers who helped make it a great experience for the twenty teams that participated.



Taking First Place were Frank Bevilaqua, Ben Martinez, Mike Salamida, and Reno DiCristofaro.



Taking Second Place were Warren Groner, Phil Trocchio, Sue Loomis, and Joseph Manna.

PODIATRIC MEDICINE PODIATRIC SPORTS MEDICINE FOOT SURGERY	OFFICE HOURS BY APPOINTMENT
WILLIAM TOMBACK, D.P.M, F.A.A.F.S. PODIATRIST - FOOT SPECIALIST	
“WE MAKE HOUSE CALLS”	
MEDICARE AND MOST INSURANCE PLANS ACCEPTED	1 PRIMROSE DRIVE P.O. BOX 390 SOMERS, NY 10589 (914) 232-1803

NOW OPEN!

FULL TABLE
full heart



*Thanksgiving is about the tradition of coming together.
From memorable meals to post-turkey naps, this is the time
to celebrate friends, family and the comfort of togetherness.*

thankful THURSDAYS

Join us for either lunch or dinner any Thursday in November to experience redefined senior living. Enjoy our chef's savory creations of the holiday season, followed by a personal tour of the community and apartment homes.

RSVP AT 914-898-9742 TODAY!

Signature Collection
THE CLUB
AT BRIARCLIFF MANOR
a Senior Lifestyle community

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE
25 SCARBOROUGH ROAD | BRIARCLIFF MANOR, NY 10510 | THECLUBBCM.COM



EAST HILL MEN'S GOLF ASSOCIATION

Text and photos by Harvey Friedman

SEPTEMBER TOURNAMENT RESULTS

September 6: Low Gross by Flight; 1st, 2nd & 3rd Low Net by Group

Low Gross—A Flight: Lou Bronico, B Flight: Jack O'Hanlon
Group 1—1st Jerry Bessen, 2nd Bob Kenney, 3rd Phil Glazer
Group 2—1st Mark Kresic, 2nd Bob McVeigh, 3rd John Mahoney

September 13 and 20: Club Championship Tournament



Club Champion, Bob Briganti; and B Flight Champion, Ira Komitee



A Flight Low Net: Phil Trocchio, and B Flight Low Net: Charlie Kravetz

September 27: 1st, 2nd & 3rd Low Net by Group

Group 1—1st Harvey Friedman, 2nd John Mahoney, 3rd Bob Briganti
Group 2—1st Mark Kresic, 2nd Jerry Bessen, 3rd Ralph Sanna

* * *



Flexible Solutions
HOME CARE

"Because The Best Care"
Is Homecare"®

Services Provided:

- In-home companionship
- meal preparation
- light housekeeping
- laundry
- errand services
- grocery shopping
- transportation services
- 24-hour live-in care available
- recreation activities
- grooming and dressing supervision

www.FlexibleSolutionsHomeCare.com
Office: 914-860-5312
Office: 845-490-3325

AREAS SERVED:
Putnam, Westchester, Dutchess Counties

HERITAGE HILLS WOMEN'S GOLF ASSOCIATION

Text by Janet Parke, photos by Eileen Yee

The Heritage Hills Women's Golf Association is winding down the 2019 season, but our players are still "all in" with great tournament results. These talented ladies continue to rack up impressive scores on the Somers National Golf Course.

TOURNAMENT RESULTS

September 3: Low Net

Flight A winner was Rose Sanna
Flight B winner was Katherine Romanowicz

Patty Gallin had a Birdie on the 12th Hole, and Ursula Martin had a Chip-in and Birdied the 13th Hole!



Katherine Romanowicz and Patty Gallin



Rose Sanna

September 17: Low Gross/Low Net

Flight A Low Gross winner was Joyce Schmidt
Flight B Low Gross winner was Carolyn Chiarieri
Flight A Low Net winner was Sandi Green
Flight B Low Net winner was Eileen Yee

Carolyn Chiarieri had a combination Birdie and Chip-in on the 10th hole! Nice work, Carolyn!

September 24: Low Gross

Flight A winner was Joyce Schmidt
Flight B winner was Annette Bensen

October 1: Low Net

Flight A winner was Joyce Sullivan
Flight B winner was Kathryn Romanowicz

Congratulations to all our winners! We're all looking forward to the 2020 season!

* * *

FILL THE PANTRY

Submitted by Robert Weinstein

Wednesday, November 6, from 5 to 7 pm

The Somers Volunteer Fire Department Inc. is assisting St. Luke's church in its effort to fill their food pantry. Please bring your donations to the Somers Fire House on route 202 across from the main entrance to Heritage Hills on Wednesday, November 6, between the hours of 5 and 7 pm.



VOLUNTEER DRIVERS NEEDED

Submitted by Flo Brodley

Can you spare a little time to make a difference in the life of an older adult?

RideConnect, a program of Family Services of Westchester, is an information, referral, and volunteer transportation program for older adults, age 60+, who can no longer drive. We are seeking volunteer drivers who are willing to provide occasional rides to our older adult neighbors. These rides enable our clients are able to remain active in their communities and to continue to lead fulfilling lives. Rides are typically to medical and dental appointments, grocery shopping, and to run errands.

Please consider giving the gift of mobility and independence. For more information, call Marietta C. Manoni at 242-7433 or send an email to mmanoni@fsw.org.



*On Veterans Day,
November 11th,
thank our
former Coasties.*



Yorktown Funeral Home

"Where the Difference Is in the Caring"

Your Questions Answered...

Q: How can I adapt my holiday traditions to celebrate the life of my loved one?



Anthony Guarino
Funeral Director

A: Some of the many ways to consider include offering a toast in their honor before dinner, paying a visit to their favorite spot in town, or donating an act of charity in their name. Seek the support of others as you try new ways to keep your loved one's memory alive during this special time of year.



Yorktown Funeral Home

945 East Main Street
Shrub Oak, NY 10588
(914) 962-0700 Yorktownfh.com

Family Owned and Managed

Easily accessible to Taconic Pkwy & Route 6; Modern Facility. Large private parking

Affiliated with: **Yannantuono Burr Davis Sharpe Funeral Home**
Mt. Vernon, NY

*On Veterans Day,
November 11th,
thank our
former Soldiers.*



Psychotherapy for Seniors | Licensed Psychologist
Certified Grief Counselor

Dr. Wanda A. Grochowski

Medicare and many
Insurance Plans accepted

Somers Location
914.301.5334

EAGLE PAINTING COMPANY



John Etere

(914) 299-0328

eaglepainting@gmail.com

Residential · Carpentry
Interior · Decks · Power Washing
Refinishing Hardwood Floors

Free Estimates

WC-18019-H06 · Insured

"Your Full Service Plumbing & Heating Contractor"

DEGASPERI

\$25 OFF
with ad

PLUMBING

HEATING



Punam Lic. #599
Westchester Lic. #1106

845.628.7593 T
845.628.0204 F
degasperianson@aol.com

Bee & Jay

845 628 3924
www.beeandjay.com

From
Our house
to yours,
Happy
Thanks
giving!



Giving Thanks

To Our Customers
For 55 years of
Service

Take \$25.00 off your
Next Service Call
Mention Ad for Savings

For all your Plumbing, Hot Water Heater and
Gas Needs

Expires 11/30/2019
Valid on calls 1 hour or more
Master Plumber Lic#
W.C. 556 P.C. 363
55 Years of Excellence



Established 1979 Somers Resident

Hunter Douglas
Showcase Priority Dealer

Shades Above the Rest for Home & Office

FREE ESTIMATES AND FREE INSTALLATION
DISCOUNTED BLINDS & SHADES

VERTICAL-MINI BLINDS-SILHOUETTE
SHUTTERS-WOOD BLINDS-VIGNETTE
LUMINETTES-ROMAN BLINDS-VALANCES

COUPON

SAVE AN ADDITIONAL
\$25 PER BLIND!



WWW.WESTROCKWINDOWDESIGNS.COM

AS FEATURED ON *Extreme Makeover Home Edition*

WESTCHESTER 914-277-4229 • PUTNAM 845-278-2575

Dream Kitchens And Baths

CRAFT-MAID • BIRCHCRAFT • HOLIDAY • GRANITE • QUARTZ • CORIAN • EXPANDED SHOWROOM

Celebrating Over 50 Years!



FAMILY OWNED AND OPERATED SINCE 1965



Euphoria KITCHEN & BATH LTD.

164 Harris Road, Bedford Hills, NY 10507
"Intersection of Harris Road and Rt 117 Bypass Road"
914.241.3046 | www.euphoriakitchens.com

HOURS: TUES-FRI 10:30AM-5PM SAT 11AM-4PM | GC LIC. #WC-162247-H05

Custom & Stock
Cabinets Available

All Wood Construction

Complete Design &
Installation Services

Free Showroom Consultation

Decorative Hardware

Serving the Heritage Hills Community since 1975

Heritage Hills Special

\$750 OFF

Any Kitchen or
Bathroom Cabinetry
of \$5000 or more

20% off

All Decorative
Hardware

EUPHORIA KITCHEN & BATH LTD.

164 Harris Road • Bedford Hills • 914-241-3046

With this coupon. Not valid with other offers or prior purchases. Exp. 11/30/19

HERITAGE HILLS ANNUAL RESIDENT ART SHOW

By Terry Clifford



“What a beautiful show” is what we heard repeatedly as the more than 522 Heritage Hills residents and guests exited the Heritage Room which was turned into an Art Gallery. A visiting artist was truly impressed by the talent we have in Heritage Hills. Many said the show was “better than last year.” I think it was just as good, but different because while we had many wonderful returning artists, we also had new artists. The range of artistic talent grows every year. We had wonderful oil paintings, watercolor, acrylic, amazing sculptures, incredible needlecraft, woodwork, photography, air plants, digital art, ceramics, mixed media and drawings. Images of some of the incredible works of art that were displayed can be seen above and on the following pages (photos by Terry Clifford and Elizabeth Royston).

Many thanks to the 93 artists who shared 340 pieces of artwork for two-days. The variety and expertise of these artists added to the show’s diversity and interest. There was something for everyone to admire.

Volunteer artists served a well-attended “Meet the Artist” wine and cheese reception on Saturday afternoon from 4 to 6 pm and held several demonstrations on both days: Silk Painting by Evey Albert; Fluid Acrylic Pours-Gushing with Paint by Fran Schultzberg; and a Saturday woodshop tour by Ed Sottile.

A special thank you to Jack Mattes who coordinates the show from beginning to end and without whom this show may not take place. Meetings begin in the spring with committee volunteers and ends with a post-show meeting to review what took place.

Jack coordinates with Marcus Lovell, Society’s Maintenance Manager, regarding the work schedule and how to set up the physical space. Our maintenance crew—Joey, Mike, Jack, DeShawn, Julius and Jim—provided exceptional service before, during, and closing the show. Under Marcus’s watchful eye they repaired and painted display panels before the show and arranged display panels and platforms in the Heritage Room on Thursday before the event. Andrew Kaplan, Activities Coordinator, is our communications and tech supporter. We thank them all for their diligence and assistance.

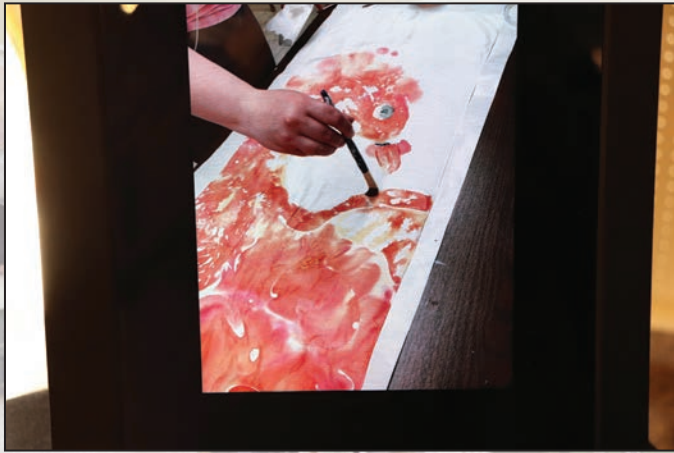
Volunteers attended meetings, organized the information cards for the artist’s submissions, curated the event on Friday, assisted visitors during viewing times, and closed the show on Sunday afternoon. Evelyn Albert, Therese Bacharz, Francoise & Richard Bennett, Anthony Chiaverini, Terry Clifford, Connie Dugan, Margi Forrest, Joan Graham, Jerry & Raina Lefkowitz, Joyce & Michael Liebman, Cher Mattes, Susan Oliverio, Fran Schultzberg, Arthur Saltzman, Susan Statkowski-Rivalsi, and Sy & Sandra Waldman spent many hours assisting Jack before, during, and after closing the show.

Save the dates for next year’s art show - Saturday and Sunday, October 10 and 11, 2020. It is sure to be another outstanding event.



2019 Heritage





Hills Art Show



LOUISE SQUITIERI, PRESIDENT, COUNCIL OF CONDO PRESIDENTS

Text by Shirley Kesselman, photo by Sue Shea

Louise moved to Heritage Hills 18 years ago from the Bronx home in which she had lived for her entire life. She felt it was time to go somewhere else and chose Heritage Hills because she had spent time here visiting a friend and liked it. A very accomplished woman, she attended Mercy College, Fairleigh Dickinson University, and earned a PhD in biology from St. John's University. Therefore, her current license plate that reads BIODOC.



Beginning her professional life as a teacher in Irvington public schools, Louise became a college professor and rose to the position of Dean at the City University of New York. She is particularly proud of the work she did running STEM programs (science, technology, engineering and mathematics) at City University colleges. Those programs provide opportunities for under-represented students to become acquainted with and involved in the above areas of study.

Further, Louise found a great deal of satisfaction in motivating and supporting students to get their Baccalaureate degrees. "I got involved in doing what I liked," she says, adding, "I was never absent in 37 years."

At Heritage Hills Louise has continued her determination to be of help to others. She joined her Condo board and is currently President of Condo 17. For over five years she has been President of the Council of Condo Presidents (the Council). She plays tennis twice a week and serves as Vice President on the Tennis Committee. Somehow, she finds time for the Garden and Culinary Clubs. She says, "In Heritage Hills there are many bright people. and it is a pleasure to interact with them."

The Council focuses on issues relating to the thirty Heritage Hills condominiums. The Presidents (or their representative) meet each month in the Activities Center to discuss common issues. "Town and code violations, NYSEG, and Comcast are the biggies," says Louise. Agendas are distributed before each meeting. The interaction between the Presidents is very helpful. Presidents can call on one another to learn how an issue has been previously handled. "If there is any information that should go to condo residents, it is up to the condo President to get the message out," says Louise. This publication frequently runs an article by Terry Clifford summarizing a Council meeting (see page 10 of this issue).

The Council also interacts with the Society Board when it seems appropriate; and once a year the Society Board President attends a Council meeting to inform attendees about relevant Society issues.

"The most important thing Condo presidents do is lead their Board to provide the best living environment for the Condo residents," says Louise. She is happy her positions afford her the opportunity to be of service to us living at Heritage Hills.

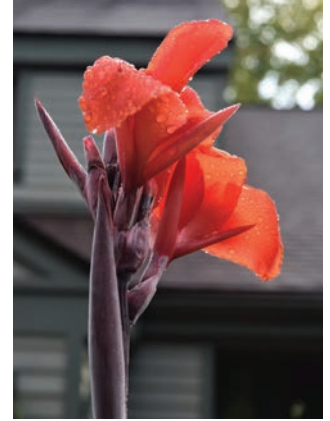
LATE BLOOMER

Text and photo by Sue Shea

A late bloomer—after five months of watering, watching, and waiting—my 9-foot-tall canna plant, a close relative of the lily family, was a spectacular showpiece in my front garden this past summer. Though intended to attract pollinators, I have never sighted a bee or hummingbird visiting it.

The roots/rhizomes were gifts from a New Jersey gardener, and are a rich source of starch for human and animal consumption. When in danger of frost or when the plant dies down, I will dig them up and store them in my garage for the winter and will replant them next Spring.

(For more information on canna plants, see Karl Milde's *How Does Your Garden Grow* column in this issue on page 27.)



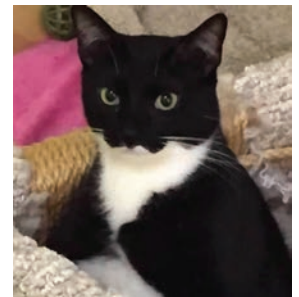
* * *

IT TAKES A VILLAGE

By Susan Statkowski-Rivalsi

Resident Ann O'Gara posted the following—regarding her cat Clyde, who had fallen through a faulty window screen—on the Family Network Facebook page:

Clyde has been found! Thanks to the incredible efforts of Little Orphan Animals volunteer animal rescue organization, he was found two cul-de-sacs above my unit's cul-de-sac! He suffered some weight loss and a bite but is otherwise in good shape. He was missing for eight weeks!



It was due to the careful observation of a neighbor that he was found and successfully trapped. Thank you to everyone on this Family Network site and my immediate neighbors who reached out to help find him. I also want to thank the numerous members of the Heritage Hills community that tolerated the "invasion" of their immediate property by myself and the volunteers during this long search.

It takes a village.

(If you've had a positive neighborly experience that you think others would like to read about, please send it to HHillsNewsletter@gmail.com, or call 617-9228.)

* * *



DISCOVER and Experience the Miracle-Ear Advantage.

“ From my first visit, I appreciated the professional yet affordable experience, service, and product. It is meaningful to know I can travel and still get service across the country. Thank you for so many excellent, hearing care professionals. ”

– Donna B., FL

We invite you to discover why millions of people have entrusted their hearing to Miracle-Ear.



60+
HEARING
AID MODELS
AVAILABLE



- **LEADING-EDGE TECHNOLOGY** featuring GENIUS™ Technology providing high definition digital sound.
- **65+ YEARS OF INNOVATION** starting with our introduction of the world's first all-in-the-ear hearing aid.
- **THE PEACE OF MIND** that comes with a satisfaction guarantee,* plus a 3-year limited** warranty and 3-year loss and damage protection.
- **A LIFETIME OF AFTERCARE** at no extra charge.
- **MORE THAN 1,200 LOCATIONS** across the country.
- **A COMMITMENT TO COMMUNITY** through the Miracle-Ear Foundation, which partners with local Miracle-Ear representatives and donors to provide free hearing aids and services to eligible adults and children.

It all adds up to the **“MIRACLE-EAR ADVANTAGE!”**
No wonder Miracle-Ear is America's most recognized hearing aid brand!



Somers
249 Route 202
Somers, NY 10589
(914) 407-2352

www.miracle-ear.com/locations/somers-ny

SPECIAL LIMITED TIME OFFER

UP
TO **25% OFF**

ALL MODELS OF DIGITAL HEARING AIDS

Good only from participating Miracle-Ear locations. No other offer or discounts apply. Offer cannot be combined and does not apply to prior sales. See participating Miracle-Ear stores for details. .

**NY State and
Federal
employees may be
entitled to free
hearing aids**

**Most Insurances
Accepted**

Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation, proper fit and ability to adapt to amplification. *If you are not completely satisfied, the aids may be returned for a full refund within <xx> days of the completion of fitting, in satisfactory condition. Fitting fees may apply. See store for details. **Audiotone® Pro not included. †Studies conducted at the University of Northern Colorado (2014) and Oldenburg Horzentrum (2013) showed that Speech Reception Thresholds (SRT) in cocktail-party situations improved up to 2.9 dB for wearers with mild to moderate hearing loss using GENIUS with Directional Focus, compared to people with normal hearing. This corresponds to over 25% improvement in speech understanding.

NEW YORK GIANTS BELL CEREMONY

Text by Harvey Friedman, photo by New York Giants

My son Gary contacted the New York Giants football team office a few months ago and spoke to a number of people explaining that his father has been a season ticket holder for 60 years, and inquiring if there is anything they could do to recognize such allegiance to the team. I had no idea that this was happening until I arrived at the stadium on September 15 to watch the home opening game against the Buffalo Bills, and was greeted by a Giants representative who took our entourage of eight people (including two of my grandsons and their wife and fiancé from Baltimore and Washington, D.C.) onto the field.

I was told that I would be ringing the Giants Ceremonial Bell with former Giants Mark Bavaro and Jeremy Shockey (Jeremy had not been back to the stadium since he was traded to the Saints in 2008).

I had the opportunity to speak with Giants Owner John Mara; players Carl Banks, Brandan Jacobs, and Plaxico Burress; Head Trainer Ronnie Barnes; and, of course, Mark Bavaro and Jeremy Shockey. Carl Banks took a picture of my January 25, 1987, Super Bowl XXI belt buckle, which I was wearing (Carl played in that game, which the Giants won 39 to 20 for their first of four Super Bowl wins).



Mark Bavaro, me, and Jeremy Shockey

What a wonderful experience.

* * *

POEM BY ELLEN SALTZMAN

Today the leaves float and blow in gentle surrender
Singing their song in green and gold
Of turning and making and becoming.
Don't worry! they whisper.
We will meet again.

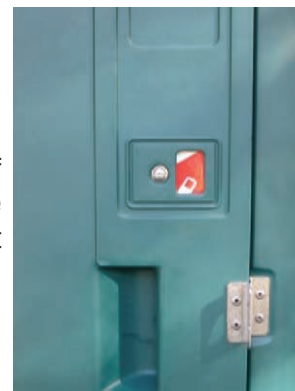
* * *

PHOTO CLUB

PHOTO OF THE MONTH

By John Fava

The subject is "Sorrow." The photo is of a portion of a colorful door on a portable restroom at the 2019 Armonk Outdoor Art Show.



Sorry, space taken.

* * *

SOCIETY BOARD PRESIDENT DOM RUBINO WELCOMES THE VERONA STRING QUARTET

Text and photo by Steve Ucko

On Sunday, September 15, Heritage Hills Society Board President Dom Rubino welcomed the Verona String Quartet prior to their Concert Society appearance. The Quartet, winners of the 2015 Concert Artists Guild International Competition, and 2017-2018 Caramoor Quartet-in-Residence, gave an extraordinary performance of works by Ravel, Szymanowski, and Dvorak.



* * *



*On Veteran's Day,
November 11th,
thank our
former Sailors.*

Basia's Hair Salon

249 Route 202, Suite #2 | Somers, NY 10589
914-276-1234
www.BasiasHairSalon.com

Sunday & Monday: Closed | Tuesday & Wednesday: 9:30 - 5:30
 Thursday & Friday: 10:00 - 6:00 | Saturday: 9:00 - 5:00

Free Estimates Provided

We Service & Install Central Vacuum Systems

Filters, Bags, Belts, Parts,
Service & Repair for
All Major Brands

Mahopac Vacuum & Sew Center

237 Route 6,
Mahopac, NY 10541

Authorized Dealer
Miele & Service Center

Electrolux, Shark, Kenmore, eureka!, RICCAR, dyson, Kirby

(845) 628-8557



OUR DOCTORS. YOUR NEIGHBORHOOD.

Now in Somers at 325 Route 100

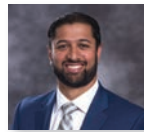
White Plains Hospital Physician Associates is pleased to offer pediatrics and otolaryngology/ENT in our new office located in the heart of Somers. Same-day appointments are often available.



CRAIG BERZOFSKY, MD
Otolaryngology/ENT



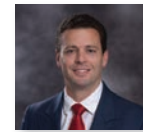
MASON GOMBERG, MD
Pediatrics



AMEET KAMAT, MD
Otolaryngology/ENT



ELLEN LESTZ, MD
Pediatrics



JK RASAMNY, MD
Otolaryngology/ENT

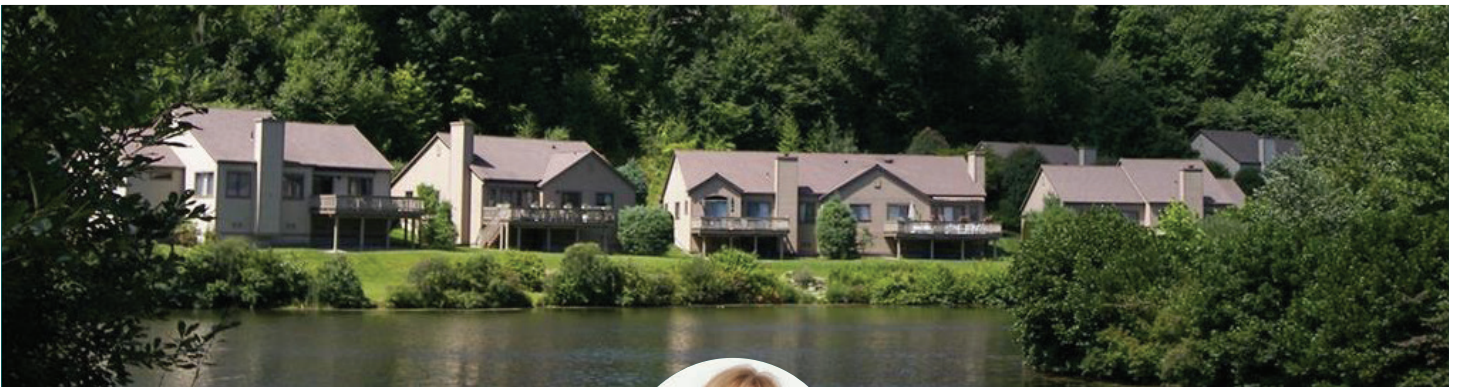
To make an appointment call (914) 849-7075 or online at wpbpa.org

WHITE PLAINS HOSPITAL IS A MEMBER OF THE MONTEFIORE HEALTH SYSTEM



HOULIHAN LAWRENCE
SINCE 1888

The Heritage Hills Market Is Heating up



Values have risen faster than you think, so you may be pleasantly surprised at what your Condominium is worth. Take advantage of my many years of experience as your local real estate broker. Please contact me today.



DONNA O'CONNELL

Associate Real Estate Broker

M 914.263.9108 O 914.277.8040 Ext. 25334

Doconnell@houlihanlawrence.com

THE 2018 TOP-SELLING AGENT IN HERITAGE HILLS

SOMERS BROKERAGE | 104 VILLAGE SQUARE

JERRY BILLINGSLEY AND THE STORY OF HERITAGE HILLS

Text and photo by Karl Milde

It all started with a vision in the early 1960s ... a vision of a “lifestyle” by a man named Henry Paparazzo. Not in Somers but in Southbury, Connecticut—a small town along Route I-84 halfway between Danbury and Waterbury. The vision was to create a new type of condominium development that brought together historians, ecologists, architects, and craftsmen concerned for natural beauty, wildlife, and clean water, as well as the life of its residents. The result was “Heritage Village,” an award-winning model retirement community of about 2,600 units plus a host of “amenities” including an 18-hole golf course that opened with great fanfare in 1967 (see <https://www.heritagevlct.org/default.php>).



Enter Jerry Billingsley, of Frances Billingsley Realty on Route 100. Jerry and his partner, John Harkins, were contacted by Mr. Paparazzo in 1975. At that time Somers was a much smaller village with roughly 5,000 residents. However, with the completion of Route I-684, the town was rapidly expanding with both residential and commercial development, and Jerry and John were at the top of their game. They were experienced in the turnover of raw land, involved with the sales of real estate properties to both Pepsico and IBM, and Jerry was the principal broker for the Greenbriar development.

Mr. Paparazzo, Jerry told me, was a refined gentleman, quiet and reserved but clearly a leader. When he walked into the room, people listened. Due to the success of Heritage Village, his reputation preceded him. Al Loomis, the Somers Town Supervisor, was receiving a great number of development proposals at that time, but he favored the concept for “Heritage Hills” because of Mr. Paparazzo’s reputation and because of the age limitation—residents would be 55 or older—that would result in tax money for the town without burdening the school system.

To create the development, Jerry and John facilitated the sale of no less than eleven different properties to Mr. Paparazzo’s Heritage Development Group. Mr. Paparazzo was so sure of receiving approvals by the Town Zoning Board that he arranged to buy the properties directly, without the usual options (“subject to ...”). The property along Route 202 opposite the present CVS shopping area was purchased first, soon followed by all the land that presently comprises Heritage Hills on both the East and West Hills, including the access to Lovell Street. The nine-hole golf course on the East Hill and the Activities Center were constructed right away to promote the sales of the residential units that were being rolled out.

During the course of the negotiations with the landowners, Jerry and John met with Mr. Paparazzo and his attorney a number of times, both

in Southbury and Somers. Needless to say, Jerry and John got first dibs on their residential units, Jerry now living at 438F and John at 895.

These were heady days way back in the 1970’s when it all started. Jerry and John are now both 83 and still enjoy working together. Who knows what exciting new developments are just a gleam in the eyes of these two masters of real estate?

* * *

STUFF

by Adelaide B. Shaw

What is STUFF? In the Meriam Webster dictionary one of the definitions is “a group or scattering of miscellaneous objects or articles, as in ‘pick that stuff up off the floor.’”

Stuff is “Some Tempting Useless Formidable Fluff.” I say *some*, because not all stuff is fluff. Some fluff is sentimental treasures from a loved one or a time never to be forgotten. That’s not the stuff I’m talking about. You know the kind of stuff I mean.

I mean the stuff that tempts us to keep it because it’s attractive. It’s too pretty to discard. The charming flowered cookie tin. Just how long has that been around, empty and occupying space on a kitchen shelf? Sure, you could fill it with cookies, but you don’t. It’s useless, like the mechanical can opener that broke the first time you used it. It can be repaired, someday, we think. Or, maybe it’s that box of earrings missing their mates. Come on! After ten years and two moves you’re not going to find the mates any time soon.

Stuff can be formidable. The clown lamp your aunt Hattie gave you. What would she say if you threw it out? Your senior class term paper with an A+ grade. That’s part of your past! How can you throw out your past? Stuff is fluff because there is nothing there you need, nothing necessary for your happy, well organized life. Fluff in the closets, the attic, the basement. Fluff belonging to your children who have better sense than to take it and clutter up *their* homes. Fluff that once was in vogue but has long been *passé*.

Stuff becomes our master.

It’s time to revolt—to take charge and become the boss, the ruler of space. *Your space*. Free and clear, with no more STUFF.

* * *

HAIKU FOR NOVEMBER

Photo and Poem by Sue Shea

Chill in the air now
With winter snow threats around
Warmed by Thanksgiving





FREEDOM

to live carefree

Imagine having the luxury lifestyle you deserve without the concerns of living alone or maintaining a home. At The Bristol, we are committed to helping seniors stay independent while knowing that expert care is there if needed – delivered by a team who treat you like family. Every day you'll enjoy a vibrant community, countless social events with new friends, and the unmatched services and amenities you've come to expect from The Bristol.

SCHEDULE YOUR VISIT TODAY!

ARMONK
914-432-8200

The
Bristol[®]
ASSISTED LIVING

WHITE PLAINS
914-681-1800

For a list of all locations in the tri-state area, visit: THEBRISTAL.COM



Licensed by the State Department of Health. Eligible for Most Long Term Care Policies. Quality Communities by The Engel Burman Group.

THE BOOK SHELF

By Cindy Kennedy

This year's Pulitzer Prize for Fiction was awarded to Richard Powers' uniquely original novel, *The Overstory*, which celebrates the majesty and mystery of trees. The storyline of each main character is in some way connected to trees or endangered forests.

The Overstory begins with the Hoel family, farmers in Iowa. In the middle of the nineteenth century, their Norwegian ancestor, Jorgen Hoel, went west to start farming near Des Moines. He brought a handful of chestnuts with him from Boston to plant. One lofty Hoel chestnut tree grew to a tremendous height.

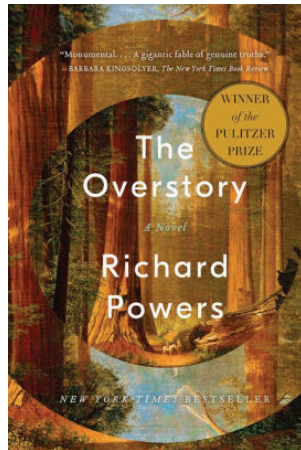
Back east, however, a chestnut blight, imported from Asia, began to infect the mighty chestnut: "Trees succumb by the hundreds of thousands. A country watches dumbstruck as New England's priceless chestnuts melt away. The most harvested tree in America is vanishing." People flock to see the lone Hoel chestnut in Iowa. Jorgen's son, John, starts the family tradition of photographing their chestnut tree on the 21st day of each month. Several generations later, the fading photos inspire their descendant Nick Hoel's artwork.

As the book progresses, other characters are introduced. Douglas Pavelick, a Vietnam War veteran, who had been saved by a sprawling banyan tree when he parachuted into Cambodia, plants fir tree seedlings back into logging-denuded lands in Pacific Northwest. Mimi Ma, whose father entrusted her with an ancient Chinese scroll, treasures the memory of her family's mulberry tree. The eclectic mix of characters includes Olivia, a free-spirited college dropout; Adam, a psychologist; and Neeley, a wheelchair-bound video-game inventor.

Dr. Patricia Westford, a nature research scientist and writer, is the character who links all the others together. Her book, *The Secret Forest*, describes trees' importance in the ecosystem: "There are no individuals in the forest, no separable events. The bird and the branch it sits on are a joint thing. You and that tree in your backyard come from the same ancestor; even now, that tree and you still share a quarter of your genes." Inspired by Dr. Westford's impassioned writing, five characters become ecological activists. Most of their protest activities, including tree-sitting and boycotts, are peaceful. One desperate act, however, has far-reaching consequences.

The author's prodigious research about the fascinating inner life of trees, indeed, is impressive. A 500 pager, *The Overstory* is not a light read. A few characters seem superfluous, and, at times, the plotting is as dense as a spruce forest. Nevertheless, for readers of *The Overstory*, one thing is clear: You'll never look at trees in quite the same way again.

(Note: *The Overstory* is part of the Heritage Hills Library and Somers Library collections. For a list of new books at the Heritage Hills Library, please see page 12.)



FIT-BITS

By Mary Tedesco

STOP SITTING!

Have you heard the saying "Sitting is the new Smoking"?

Many people today live very sedentary lifestyles. Some sit in front of a computer all day...or their television.

Did you know that your metabolism slows down 90 percent after 30 minutes of sitting? The enzymes that move the bad fat from your arteries to your muscles, where it can get burned off, slow down.

People who sit for hours—*regardless of whether or not they exercise regularly*—are at an increased risk for higher liver-fat levels, a leading contributor of Type 2 Diabetes.

Sitting kills but moving heals. Just getting up for five minutes in between sitting helps get everything going again.

So SIMPLE.



Jet Black Limousine Service Inc

(914) 962-8444 (845) 225-8444 (877) 538-0444

Our Rates

Westchester	LaGuardia	JFK
\$77	\$143	\$158
Newark	N.Y.C	Stewart
\$178	\$162	\$114

Prices include tolls and gratuity

\$15.00 for pick up and drop offs between 10:00 pm - 6:00 am
Putnam and Dutchess County • Major Airports • NYC Long Distance
GET \$8 OFF (one way) \$20 OFF (round trip) WITH THIS COUPON



WCTLC # 05-00093

John M. O'Hanlon, DPM
Podiatric Medicine and Surgery

914-276-3718 Somers
914-273-3100 Armonk

*Most Insurance Accepted
House Calls Available
20 Years Practicing*

Somers and Armonk Podiatry
Board Certified in Foot Surgery and
Podiatric Medicine

268 Route 202 Somers, NY 10589
34 Maple Avenue Armonk, NY 10504



HOW DOES YOUR GARDEN GROW?

Text by Karl Milde

WHAT IS A CANNA LILY?

Everyone knows what a rose is. Likewise, a daffodil and a tulip. But what, really, is a lily? Merriam-Webster's defines a "lily" as:

Any of a genus (Lilium of the family Liliaceae, the lily family) of erect perennial leafy-stemmed bulbous herbs that are native to the temperate northern hemisphere and are widely cultivated for their showy flowers. Broadly: any of various plants of the lily family or of the related amaryllis or iris families.

But that's not very helpful, is it?

You've seen water lilies, those beautiful flowers—usually white, but they can be blue and red and many colors in between—that sit on lily pads in still waters. As a matter of fact, they are a different species of plant that does not fall within the above definition.

You've also seen lilies, for sure, but perhaps have not known what they were. There are many types of true lilies, all extremely beautiful and garden friendly. Just Google "lily flower images" and you'll see many shapes and sizes of lilies in bright colors.

Last summer, dwarf "canna lilies" graced the entrances to Heritage Hills. Red, orange and yellow, they were in the rear row of the flower beds, creating a beautiful backdrop for the petunias and sweet potato vines in front. The canna lily is a plant with a tropical-like foliage—green, bronze and even variegated in color—with large flowers that resemble those of an iris (see the photo accompanying Sue Shea's *Late Bloomer* article on page 20).

When planting canna lilies, you will need to learn something about "rhizomes." A rhizome (sometimes called a "rootstock") is a root that contains nodes from which shoots grow. Rhizomes are different from bulbs in that they should be planted parallel to the ground surface, permitting new shoots to grow upwards, out of the ground, from their sides. As is the case with potatoes, rhizomes store starches, proteins and other nutrients for later use by the plant.

Certain rhizomes, including canna lily ones, cannot be left in the ground through the winter. They should be harvested from the earth in the fall and kept in a dark, dry place until late spring when any threat of frost has passed. There being no "root cellars" in Heritage Hills (that I know of), I suggest storing them in a cardboard box in your garage.

If you liked the canna lilies at our Heritage Hill entrances this year, you may want to plant and grow your own. When springtime comes, it will be time to get cracking. For tips on planting canna lilies, you can visit: <https://www.gardeningknowhow.com/ornamental/bulbs/canna/canna-lily-care.htm>

By the way, this How Does Your Garden Grow column is going to hibernate during the winter. Like the showers and flowers in April, it will return in the spring.

* * *



Submitted by Susan Weinberg

In October, the Culinary Club enjoyed recipes from a very popular restaurant that many of us visit. The dinner was hosted by Janet and Henry Giewat and Linda Schroeder. We ended our meal with this delicious Pumpkin Cheesecake that is so appropriate for the fall season. The cheesecake is prepared in an 8-inch springform pan and serves 8 people.

Ingredients

- 1 1/2 cups graham cracker crumbs
- 5 tablespoons butter, melted
- 1 cup plus 1 tablespoon sugar
- 3 8-ounce packages cream cheese, softened
- 1 teaspoon vanilla
- 1 can canned pumpkin
- 3 eggs
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/4 teaspoon allspice
- Whipped cream

Directions

1. Preheat oven to 350 degrees Fahrenheit.
2. Make the crust by combining the graham cracker crumbs with the melted butter and 1 tablespoon of sugar in a medium bowl. Stir well enough to coat all of the crumbs with the butter, but not so much as to turn the mixture into paste—keep it crumbly.
3. Press the crumbs onto the bottom and about two-thirds of the way up the sides of the springform pan (you don't want the crust to form all the way up the back of each slice of cheesecake). Bake the crust for 5 minutes, then set it aside until you are ready to fill it.
4. In a large mixing bowl combine the cream cheese, 1 cup of sugar and the vanilla. Mix with an electric mixer until smooth.
5. Add the pumpkin, eggs, cinnamon, nutmeg, and allspice, and continue to beat until smooth and creamy.
6. Pour the filling into the pan. Bake for 60 to 70 minutes. The top will turn a bit darker at this point. Remove the pan from the oven and allow the cheesecake to cool.
7. When the cheesecake reaches room temperature, put it into the refrigerator. When the cheesecake has chilled, remove the pan sides and cut the cake into 8 equal pieces. Serve with a generous portion of whipped cream on top.

* * *

DISPATCH FROM THE PROVINCES

Text and drawing by Eric Felderman

POETS OF THE WORLD, UNITE!

It is the intention of this department from time to time to revive the memory of fine films of the past that have been unjustly neglected.



This month I call to your attention a gem from the radical 1930s titled *Poets of the World, Unite!* that tells the story of an unemployed poet who had repeatedly been denied unemployment benefits because he insisted on his right to restrict his job-search to the field of sonnet-writing.

A novice attorney, with an uncannily *Lincolnesque* appearance, took this apparently hopeless case all the way to the Supreme Court, where he achieved a spectacular upset victory in a unanimous decision by the Jurists. His dramatic closing argument brought tears to the eyes of several of the Justices, who ruefully recalled the abandoned Shakespearean ambitions of their adolescence. And thus the poetic rights of Americans were established as the law of the land.

Ironically, however, the unemployed sonneteer at the center of the conflict soon found himself employed as a poet for the first time in his life. His case had been widely reported in the press, perhaps as a time-out from the daily diet of depression disasters. A wide-awake

executive at MGM was intrigued with the legal saga, and suddenly got the inspiration of hiring the penniless sonneteer—who now had national name-recognition—as the Poet Laureate of MGM, and assigning him to compose sonnets of adoration for each of the screen goddesses whose careers were being ballyhooed by the company publicity department.

The sonneteer was played by Lionel Standish. Two of the film goddesses were played by Carole Lombard and Jean Harlow. In a casting coup the *Lincolnesque* attorney was played by Abraham Lincoln himself. How this was done has remained a Hollywood mystery.

* * *

WHAT'S YOUR PASSWORD?

By Shirley Kesselman

When I called a large mutual fund company to check the names of my beneficiaries, I was asked that inevitable question nowadays, "What is your password?" I explained that I had set up the account twenty-five years ago and had held no conversations with them for at least fifteen years. Therefore, I had no password. I did offer an account number; however, that was not sufficient.

"We'll try something else" the voice on the other end of the line offered. "What is your birthday?" I complied reciting the month, date, and year. "That's not what we have. Can you give me something different?" the voice inquired. Somewhat bemused, I replied, "I don't think I was born more than once."

See what you've been missing! Call 413-637-7005 today and schedule a personal luncheon and tour for you and a friend.



Kimball Farms
Life Care

A Member of Berkshire Healthcare
Managed by an Affiliate of Berkshire Health Systems

235 Walker Street
Lenox, MA 01240

800-283-0061

www.kimballfarms.org

We're Perfecting the Lifestyle You Deserve.



"Kimball Farms proved to be exactly what we needed and exactly what we wanted, but even more than we had hoped."

MR. & MRS. M, KIMBALL FARMS RESIDENTS '18

Buccheri Plumbing Service INC.

*Paying less for inferior work
is not saving money!*

**COMPARE THE
ENTIRE JOB
WHEN PRICING!**

Did you fill out the permit form for the heater
replacement? **ITS REQUIRED!**

Serving Heritage for almost 40 Years!

We have the experience in Heritage!

Call us to find out.

Thank you for letting us serve you!

*License PC# 733, WC#151, Insured,
A+Member BBB*



- Water Softening
- Service & Repair
- Plumbing Alterations

1-845-278-6898

1-914-669-8112



Our New Listing "On Golden Pond" Spectacular Water Views

**Please contact us for expert assistance
with your real estate needs!**

Check our 5 ★★★★★ ratings on Trulia and Zillow!

We are your NEIGHBORS.....We KNOW Heritage Hills!

Judith Lapolla

Associate Real Estate Broker

Cell: **914-879-8028**

Judith.Lapolla@CBmoves.com

JudithLapolla.com



June Berliner

Real Estate Salesperson

Cell: **914-525-9989**

Juneber@aol.com

JuneBerliner.com

Please call the "Two J's" for a FREE Home Price Evaluation!

We look forward to hearing from you.

Judie and June



RESIDENTIAL BROKERAGE

Not intended as a solicitation if your property is already listed by another broker. Real Estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2018 Coldwell Banker Residential Brokerage. All Rights reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker logo, Coldwell Banker Global Luxury and the Coldwell Banker Global Luxury logo are service marks registered or pending registration owned by Coldwell Banker Real Estate LLC.

366 Underhill Avenue
Yorktown Heights, NY 10598
www.ColdwellBankerHomes.com



COLUMBIA • \$850,000
You'll feel like you're on vacation in this beautiful stand alone Condo.
WEB# HL1560984



STRATFORD • \$559,000
Fall in love with this absolutely gorgeous one level end unit.
WEB# HL1567883



STRATFORD • \$515,000
Wonderful one level two-bedroom with many special features.
WEB# HL1577046



YORK • \$449,900
At its very best. Beautiful 3- bedroom with custom gourmet kitchen.
WEB# HL1533514



SOMERS • \$439,500
This is a unique Contemporary nestled in a courtyard cul-de-sac.
WEB# HL1565430



STRATFORD • \$439,000
Fantastic golf course location with a view of the 16th tee.
WEB# HL1563925



STRATFORD • \$435,000
Wonderful and pristine is how to describe this one level Ranch.
WEB# HL1574568



STRATFORD • \$379,500
Freshly painted with hardwood floors in this two-bedroom Condo.
WEB# HL1559934



GUILFORD • \$350,000
The backyard patio setting is gorgeous. There are updates throughout.
WEB# HL1570610



MADISON • \$339,000
Nothing to do in this updated one level Condo with gorgeous patio.
WEB# HL1573558

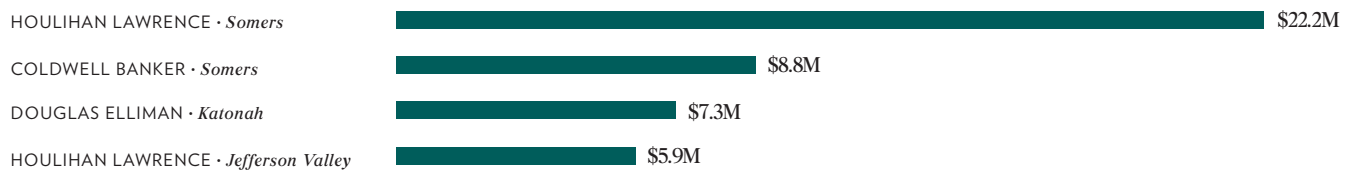


GUILFORD • \$305,000
A protected nature area is adjacent to the back of this special home with attached garage. WEB# HL1579329



FRANKLIN • \$250,000
Several steps up from the carport lead to this spacious end unit.
WEB# HL1567808

2019 Heritage Hills Sales | TOTAL DOLLAR VOLUME SOLD



Source: HGMLS, 1/1/2019 – 9/30/2019, Condominiums, total volume sold by office, city/town Somers

The Schoolhouse Theater & Arts Center

Buy a 3 Play Subscription Today & SAVE!

The Longest Running Professional Not-for-Profit Theater in Westchester



"the Venerable Schoolhouse...for over 30 years Westchester's claim to consistent professional theater." - NY Times

Peter Calo



Jesse Terry, Robinson Treacher and Cassidy come together in a Nashville-style songwriter circle.

November 9th, 8pm

Marc Black:

Life...One Song at a Time



November 23rd, 8pm

www.SchoolhouseTheater.org

(914) 277-8477 | 3 Owens Rd. Croton Falls, NY, 10519 | SchoolhouseTheater@gmail.com

Professional Driver specializing in Transportation for Heritage Hills Resident. Reasonable rates, door to door service. Airport tolls included. Doctor Appts. Shopping, etc. Licensed Nurse and Commercial driver.
CALL OR TEXT Janice at 203-209-1892

Yellow Shed Antiques - Jewelry - Coins Buying: Antiques - Jewelry - Coins - Sterling Silver - Stamps - Paintings - Bronzes - Bric-a-Brac - clocks - watches **Call with items for sale 845-628-0362**

COMPUTER HELP - Repairs, Upgrades, Networking, Netflix, Bluray, Homelink, Viruses removed. Experienced Professional, Reasonably Priced. **Ask for Josh or Ish at MisterComputer.com, 914-739-3322.**

DAUGHTER FOR A DAY - Your kids are so busy, let me help you with your errands, transportation, cooking, laundry, etc. Warm loving personalized care. EXCELLENT REFERENCES
Renee 914-645-8477

HANDS-ON-WELLNESS!!! Chiropractic & Massage Therapy:
Dr. Louis Bisogni, "Where the pros go" (914) 276-4200
Susan Hintze, Licensed Massage Therapist (914) 582-7699
Citibank Building, 332 Route 100 Somers

HERITAGE LIMOUSINE SERVICE has been serving SOMERS and all major airports, doctors appointments for more than 30 years.
Call for prices. \$8.00 off a one way trip. \$20.00 off any round trip. (914)-276-2961, 1(800)-276-2961. WCTLC #05-00093

TWO SISTERS PET CARE. Loving and caring for local cats since 2007. Vacation with peace of mind. **Complimentary, no obligation meet and greet. Call Ami Stokhamer - (914) 617-9587.**

ONE HANDYMAN - Friendly & Dependable service. Miscellaneous Repairs and Homeowner Help. Insured / License: WC-23531-H10 / Free Estimates
Call Anytime: Bob Carpenter (H) 914-232-0501, (C) 845-664-2363

WANTED TO BUY Costume Jewelry, Handbags, Watches, Religious Medals, Cufflinks, Perfume, Vintage Clothing, Powder Compacts, Sterling Silver, Coins, Books....**Cash Paid....Call Carol....(914)261-6464**

HERITAGE HOUSE MINDERS. Vacationing? Snow birding? Don't leave your house unattended. Schedule walk through visits to ensure your house is thoroughly checked in your absence. Complimentary, no obligation meet and greet. **Call Ami Stokhamer, Heritage Hills resident. (914) 617-9587.**

Professional Organizer, Andréa Deinstadt for closet organizing, bill paying, downsizing, and estate clearing. Serving Heritage Hills for 10 years. Competent, reliable, caring. **914.391.8816** to arrange complimentary meeting. **www.OrganizingWisdom.com**

DECK CLEANING/STAINING. Please contact Christopher Joyce at **914-310-5075** if interested in getting your deck power washed and/or stained. Reasonable pricing.

FOOT DOCTOR / HOUSECALLS
Dr. Harry C. Prywes, podiatrist / Heritage Hills resident providing gentle foot care over 30 years. Traditional Medicare / other insurance plans accepted. **Call (914) 723-0125 for appointment.**

House Cleaning - The many satisfied Heritage Hills residents I've served for 10 years are my best references. I'll come to your unit to provide a free estimate. **Call Neide Oliveira 203-617-7752**

HANDYMAN OF HERITAGE HILLS
Expert Painting and Carpentry. No job too small. Hang picture, drapes, repair walls. FREE ESTIMATE. **John (914) 299-0328 eaglepainting@gmail.com**

Need a Helping Hand? Deck cleaning/power washing, Yard cleanup, Mulching, Holiday Decorations, Gift wrapping, Christmas Cards, Downsizing, Home Projects. **Call or Text Patty 717-304-0168**
HH Resident

Antique Clocks Bought & Repaired - Please call Steven
New Phone number: 914-329-4913

Exterior & interior painting, drywall install/repair, power wash decks. Free estimates, affordable prices. Insured
973 Route 22, Brewster, NY • **Juan 914-882-9572**
Presently serving Heritage Hills

Elderly care available experience care-giver seeking live-in job.
Excellent reference available upon request. Working in Heritage Hills over 12 years. **Call Monica Hyde 860-597-9656.**

REIKI SESSIONS IN YOUR HOME: Relax, reduce stress/pain and strengthen the immune system with Reiki healing energy.
CALL LICENSED HEALTH PROFESSIONAL AND REIKI MASTER ROBERTA ROSENBERG at (914) 720-1108 or email reikithesource@aol.com

HOMEMADE DOG TREATS
DAISY MAE'S HOMEMADE DOG BISCUITS, Frozen Blueberry Yogurt Treats, Treat Jars & more! Heritage Hills Resident,
Call Ruth 914 261-1165 daisymaespantry@gmail.com

FEELING OVERWHELMED?
Do you need help with paperwork, running errands, organizing your home? **CALL: CAREN - 914 522-9333**

CAREGIVER - Licensed Nurse Aide, 10+ years of experience. Medication Assistance - Transportation - Meal Preparation - Light Housekeeping - **Great references and a caring heart!**
(203) 940-2716 - Nando

For Sale By Original Owner, No Brokers, 2 Bedroom Armonk -
One Level - Attached Garage, Great Condo, Reasonable, Great Investment. **Call 914-277-8139**

PAWS & CLAWS PET CARE
PET WALKING, SITTING, & VACATION CARE HERITAGE HILLS RESIDENT, MEMBER OF NAPPS **CALL: NANCY - 914-275-6030**

F/PT busy black car service in Somers. Airport runs, clean license & neat appearance. TLC License necessary - will help acquire.
Call John 914-479-2292, ANJ Car & Limousine.

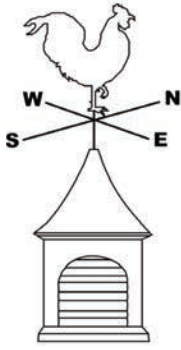
CECILIA'S CLEANING SERVICE
Residential & Commercial - 17 Years Experience -
Cecilia Lopez - H: 845-279-3627 - C: 845-612-3929

R-EXTERMINATOR -
If it bugs you I can help! Ronne Misoa - 914-216-1113
Ants, rats, mice, bees, roaches, crickets, beetles
Over 35 years of experience!

To Place an Ad,
Call Ann or Bill Harden at (914) 277-1122

BBQ GAS GRILL CLEANINGS: Start Spring with a completely clean & safe grill. 30+ years experience cleaning and servicing BBQ's.
Guaranteed results. Call for Heritage Hills special pricing 914-588-6811





Southeast Kitchen & Bath LLC

DESIGN • BUILD • REMODEL • SINCE 1973

SHOWROOMS

- BREWSTER, NY
- BETHEL, CT

ON YOUR JOB
EVERYDAY UNTIL
COMPLETION!



SOUTHEASTKITCHENANDBATH.COM • 845.278.0070 •



"for your peace of mind..."

Consider It Done!

Home Services

Ken Eldon
Phone: 914-232-5812

CLARK ASSOCIATES FUNERAL HOME



Serving all Faiths since 1858
Cremations and Burials

FUNERAL PREARRANGEMENT
Both pre-payment and no-payment options

- Only 1/4 mile from 684 exit 6.
- Only 1 block from the Katonah Railroad station.
- Less than 60 minutes from N.Y. City.
- Parking facilities for over 100 cars.
- Monuments & inscriptions available.

4 Woods Bridge Road, Katonah • (914) 232-3033

www.clarkassociatesfuneralhome.com

DANIEL B. McMANUS ~ Proprietor

BRUCE E. REISDORF ~ Licensed Manager

JOSEPH M. McMANUS ~ Director

RONALD P. CERASO ~ Director

ADNER J. MONTENEGRO-LEE ~ Director



253 Rte. 100, Somers

Expert Auto Repairs
Since 1986

We'll Drive You Home.

We'll pick you up and drive you home at
no charge. Ask us for details.



Repair Hours: 9A - 6P, M-F / 914-232-1418



HOULIHAN LAWRENCE
SINCE 1888



MARTHA "MARTI" LOWENFELD

Real Estate Associate Broker Broker, CRS, SRES

Cell: 914-420-1850 Home: 914-277-4350
email: mlowenfeld@houlihanlawrence.com

Total units sold by Hudson Gateway MLS agents from January 1 to October 10

	2019	2018	2017	2016
TOTAL SOLD	122 (\$245,000-\$830,000)	96 (\$225,000-\$739,000)	100 (\$245,000-\$880,000)	116 (\$230,000-\$734,000)

Units sold by various Real Estate Agents and Associate Brokers from January 1, 2019 to October 10, 2019

1 BEDROOM

FRANKLIN	\$247,000; \$255,000 \$250,000; \$285,000; \$300,000	GUILFORD	\$295,000; \$300,000; \$300,000; \$300,000 \$305,000; \$305,000 \$302,500	RADCLIFFE	\$400,000
-----------------	--	-----------------	--	------------------	-----------

2 BEDROOM

ARMONK	\$380,000; \$350,000; \$362,000; \$385,000; \$403,000; \$475,000; \$412,000; \$435,000; \$360,000; \$412,000; \$429,500	HARVARD	\$560,000; \$568,000; \$560,000; \$725,000; \$570,000; \$560,000	PRINCETON	\$479,000; \$540,000
BEDFORD	\$415,000	JACKSON	\$319,000; \$312,000	PUTNAM	\$319,500; \$303,000; \$245,000
BERKSHIRE	\$480,000	KATONAH	\$300,000; \$360,000; \$347,750; \$409,500	ROCKLAND	\$350,000
CANAAN	\$380,000; \$435,000; \$450,000; \$475,000	KENT	\$385,000; \$405,000; \$382,000; \$416,000	SALEM	\$440,000; \$420,000; \$327,500; \$462,000; \$415,000; \$438,500; \$530,000
CORNELL	\$565,000	LEXINGTON	\$330,000; \$380,000; \$430,000; \$410,000; \$425,000; \$435,000	SOMERS	\$438,000
FAIRVIEW	\$427,500; \$455,000; \$415,000; \$435,000	LINCOLN	\$315,000	STANFORD	\$610,000
HAMILTON	\$314,000	LITCHFIELD	\$285,000	STRATFORD	\$370,000; \$385,000; \$447,500; \$540,000; \$535,000; \$535,000; \$425,000; \$385,000; \$430,000; \$445,000
HANCOCK	\$310,000; \$334,000	MADISON	\$301,000	SYRACUSE	\$591,000
HANOVER	\$305,000; \$380,000	MONROE	\$362,500; \$270,000; \$335,000	YALE	\$584,000

3 BEDROOM

COLUMBIA	\$835,000	JEFFERSON II	\$485,000; 462,500	SHERMAN II	\$540,000; \$580,000; \$580,000; \$460,000
CROTON II	\$525,000; 525,00;0 \$560,000	SHERMAN	\$550,000; \$610,000; \$580,000; \$610,000;	YORK	\$340,500
HARRISON	\$425,000		\$607,500; \$415,000;		
JEFFERSON	\$267,500; \$373,000; \$329,000; \$415,000; \$329,000		\$579,000; \$585,000; \$502,000; \$576,800		

Heritage Is Still In Demand!

If you have any questions or would like to know about sales for your particular model, please do not hesitate to contact me.

Cell: 914-420-1850 or send an email to mlowenfeld@houlihanlawrence.com

Thank you,
Marti

Towne Center at Somers | 104 Village Square | Somers, NY 10589 | HoulihanLawrence.com

WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE



HERITAGE HILLS
THREE MONTH WINTER RENTAL
HARVARD MODEL
799A HERITAGE HILLS
JUDY JOHNSON



HERITAGE HILLS
FOR SALE
FRANKLIN MODEL
153B HERITAGE HILLS
ANNAULINE CREAMER



HERITAGE HILLS
RENTED
SUFFOLK MODEL
76C HERITAGE HILLS
JUDY JOHNSON



HERITAGE HILLS
LEASED WITH PURCHASE OPTION
STRATFORD I MODEL
565A HERITAGE HILLS
BOBBI ZACCHI

| RAVEIS.COM |

339 ROUTE 202 | SOMERS, NY 10589 | 914-276-0900

Heritage Hills Society, Ltd.
8 Heritage Hills
Somers, NY 10589

STD MAIL
U.S. POSTAGE PAID
EDDM RETAIL

Residential Customer

Bové

SPA AND WELLNESS

Open Monday - Saturday

**NOVEMBER ONLY
ENJOY 10% OFF**

ON SELECT SERVICES



CRYO WEIGHT LOSS

Tired of stubborn fat that resists diet and exercise?

- Hot and cold temperatures create thermal shock
- Lymph system (our bodies detoxification system) rids the body of the fat

No Surgery. No Downtime.

VEIN THERAPY

with Dr. Lee Marcus

Varicose veins are not only a cosmetic problem

- Chronic venous insufficiency can worsen over time
- ClosureFast™ minimally invasive procedure removes varicose & spider veins to help you look and feel your best



THE
MERRITT BUILDING

For more information call **914.276.2200**

and check out our website thebovespa.com

366 RT. 202 SOMERS NY - NEAR RTE 116/202 TRAFFIC LIGHT