



Heritage Hills Newsletter

March 2020



Heritage Hills Society Information

Address 8 Heritage Hills, Somers, New York 10589

Website www.hhsociety.org

Television..... Channel 12

CONTACT INFORMATION – EMAIL

Society society@hhsociety.org

Activities Office..... activities@hhsociety.org

CONTACT INFORMATION – TELEPHONE

Security276-2592

Bus.....276-2877

Society Office276-2908

Library.....276-7655

Activities Office.....276-2636

Fitness Center669-5028

Hours of Operation

Activities Center 7 am - 11 pm daily

Fitness Center..... 4:30 am - 11 pm daily

Fine Arts Center Group instruction and free time are scheduled by the Activities Office at 276-2908

Library Weekdays 10 am - 3 pm

Saturday 10:30 am - 1 pm

Woodcraft Club Mon., Tues., Thurs. & Sat. 8:30 am - 12:30 pm

Call 276-2908

Bus Service - Operates on Weekdays Only (except holidays)

5:20 to 8:15 am & 2:45 to 4:40 pm

To/from train station only – **Reservation required**

4:02 to 10:33 pm

Pick-up at train station only – **NO reservation required**

Midday schedule with list of ten possible stops is available in the Activities Office and online at www.hhsociety.org under General Information, Transportation – **Reservation required**

UTILITIES CONTACT INFORMATION

EMERGENCIES **9-1-1**

ConEd 800-752-6633

Verizon 800-922-0204

Comcast 866-478-7266

NYSEG 800-572-1131

Water/Sewer Your Condo Mgt. Co.

SERVICES & ACTIVITIES FOR SENIORS

TOWN OF SOMERS SENIOR SERVICES

Adult Transportation (accessible/assisted)

Reservations Required - Barbara Taberer- 232-0807

Door-to-door, round trip, for the following:

Various Free Activities at Van Tassell House (exercise, art, games)

Monday & Wednesday exercise/line dancing pick-ups start at 9:45 am, Monday thru Friday other activities pick-ups start at 10:30 am; return trip starts at 1:30 pm. Current monthly schedule can be picked up at the House; or call 232-0807; or go online to somersny.com, click on Senior Services; or on Facebook go to Somers Senior Services.

Hot Lunch - Monday thru Friday – Suggested contribution: **\$2**

At Van Tassell House (10:30-11:30 am pick-up) or delivered to shut-ins (meals leave Van Tassell House starting at 11:30 am)

Shopping - Suggested round-trip donation **\$1**

Destination stores vary each week. Pick-ups start at 10:15 am; drop-off is by 2:43 pm.

Mondays: **Shopping Plazas**. Fridays: **Grocery Stores**

Medical Appointments - Suggested round-trip donation: **\$5**

Tuesday thru Thursday, 10 am to 3 pm. Call for details – 232-0807

Somers Library (approximately there for 1 hour)

Alternate Tuesdays - Pick-ups start at 10:15 – **FREE**

OTHER SENIOR SERVICES

Alzheimer's Disease - 212- 263-8088

free information on coping with this disease

RideConnect - 242-7433

Transportation services seven days a week. Call to register.

EPIC - 800-332-3742. NYS Senior Prescription Reduction

My Second Home - Karen Bisignano - 241-0770

Geriatric Day Care Intergenerational Program.

Northern Westchester Hospital Center 666-1200

Volunteer Office: 666-1254

Somers Senior Citizens Club

Events and Trips

Program list available at the Amawalk Fire House

Club meeting and Bingo Every Wednesday at the firehouse

Call 232-0807 for transportation assistance

Westchester County Senior Programs and Services

Geri Crisco 813-6300

Referral agency for senior services including legal - 949-1305

Social Services: 995-5889

SERVICES FOR ALL AGES, INCLUDING SENIORS

AA - 949-1200. Info and literature National Council on Alcoholism

Adult Protection Services Intake - Natalie Siler 995-2259.

Cancer Care - 800-ACS-2345

Northern Westchester Hospital - 242-8115

Putnam Hospital - 845-279-5711 ext. 4673

The Dominican Sisters - Family Health Service 941-1654

Long- and short-term registered nurses.

Hospice - 666-4228 - Visiting Nurse Association State-certified program

providing home health care and emotional support for terminally ill patients and their families

Project Time Out / Jewish Community Services - 761-0600 - Provides in-home respite services matching families with trained sitters/companions. Contact Judy Fink, Coordinator, ext. 340; Carol Kobroff, Respite Specialist, ext. 310

Putnam Hospital Center - 845-279-5711 - Inpatient and outpatient medical surgical care, emergency services, health screenings and community outreach.

Transportation for Cancer Treatments (free):

American Cancer Society Road to Recovery program. 1-800-227-2345

Transportation for Disabled Residents - County Office of Transportation 813-7777

Para-Transit - 995-7272 provides modified vans with ramp for curb-to curb service.

Fare \$5 each way. Medical pre-authorization required. For eligibility call 995-2960.

Private Ambulette Services

Superior Brewster 845-278-6992

CLC Trans 241-0112

Ambulance: Westchester EMS 866-666-9367. Accepts Medicare.

Westchester County Office for the Disabled, includes hearing-defect

Lighthouse Inc. - New York City 212-821-9200. For sight impaired.

Veterans Guide to VA Health Care Benefits -

VA Hudson Valley Health Care System - 800-269-8749

Monday through Friday 8 am - 4 pm

Visiting Nurse Association of Hudson Valley

666-7616 - 8:30 am - 5 pm - Home care aides nursing, Nutrition consultation

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HERITAGE HILLS FAMILY NETWORK

TOY STORY 4

Sunday, March 1, at 3 pm
in the Heritage Room

Free for residents of all ages and their children/grandchildren. Bring your own movie snacks, blankets, and pillows. If you have any questions, contact Keri Reitman by email at keri.reitman@gmail.com.



* * *



By Joyce Spector

BERTOLT BRECHT/KURT WEIL

Sunday March 8, at 1 pm in the Activities Center

Their collaborative works in the 1920s and 1930s reflected the angst that erupted from artists and writers as German Expressionism. While Nazi thugs and communists battled in the streets, Brecht-Weil musicals like *Three Penny Opera* and *Rise and Fall of the City of Mahagonny* captured, through biting political satire, the zeitgeist of a nation wracked by political, cultural, social, and economic turmoil. Our speaker, media historian Arthur Aldrich, will examine these issues.

Wine, cheese and crackers will be served. Admission is \$10. Checks should be made payable to "Club Shalom" and placed in our mailbox **by March 2**. Payment at the door will be accepted if space is available. If you have any questions, call Nancy at 519-7622 or Joyce at 419-7230.

MUSIC AND SONG WITH RANDY HERMAN: THE JEWISH PIANO MAN

Saturday April 18 at 7:30 pm in the Activities Center

Enjoy a performance with commentary as we ride a lively musical wave of delightful piano music—original songs, folk rock, older songs, and everything in between. Share in the unique musical journey of Cantor and piano man Randy Herman, pianist, singer and songwriter, who has recorded and produced videos of his own songs and has performed throughout the world. While working as a professional musician, he became more interested in Judaism, attended Cantorial school at the Jewish Theological Seminary, and was ordained in 2008. He served for the last 8 years as Cantor of Bet Torah, a synagogue in Mt. Kisco.

WE OOPSSED!!!

The spot drawings seen on pages 6, 8, and 15 of the February issue were by Ellen Saltzman (not Elizabeth). We extend our sincere apologies.

HERITAGE HILLS NEWSLETTER COMMITTEE

Administrator: Susan Statkowski-Rivalsi; Graphic Editor: Annette Bensen
Writers/Editors: Terry Clifford, Eric Felderman, Cindy Kennedy, Shirley Kesselman, Karl Milde, Stan Herz Pearlman, Elizabeth Royston, Sue Shea, Ami Stokhamer

Light refreshments will be served. Admission is \$15. Checks should be made payable to "Club Shalom" and placed in our mailbox by April 12. Payment at the door will be accepted if space is available. If you have any questions, call Nancy at 519-7622 or Joyce at 419-7230.

* * *

SINGLES CLUB

By the Singles Club Board

ANNUAL MEMBERSHIP MEETING

Thursday, March 12, at 6 pm in the Heritage Room

Membership dues of \$12 should be paid prior to the meeting. Indicate on your check if you will be attending the meeting. We will be serving pizza and salad. BYOB.

Get ready to have some fun!! We are having an auction!! Please only donate items that are in good condition.

* * *

AT HOME IN HERITAGE HILLS TECHNOLOGY HELP DAYS

By Teresa Chang and Terry Clifford

Saturdays, March 14, April 18, and May 9, from 1 to 3 pm at Lake Lodge

At Home in Heritage Hills is sponsoring the above Technology Help Days at Lake Lodge. Bring your fully charged electronic devices with you, and volunteer Somers High School students will assist you. These will be the last Saturday Tech Days until school resumes in the fall. Sign up for the date you want now. To save your spot, RSVP to Teresa Chang via email at tchanghome@gmail.com or call/text her at 907-0881 a week before the session. In case of inclement weather, class may be cancelled.

ON THE COVER: While traveling in Ireland in June 2017, resident Cheryl Milde captured this month's lovely cover image of Kylemore Abbey, a Benedictine monastery—on the grounds of Kylemore Castle in Connemara, County Galway—founded for Benedictine Nuns who fled Belgium in World War I. Today, the grounds are used for tours and nature walks.

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NATIONAL CENSUS PRESENTATIONS

By Jack Mattes

**Sunday, March 22 at 1 pm; Wednesday, March 25, at 7 pm;
Saturday, March 28, at 1 pm; and Wednesday, April 1 at 1 pm in
the Heritage Room**

These presentations will explain the significance and potential positive impact of the national census.

* * *

CONTINUING ED

All events take place in the Heritage Room

HOW MODERN IRAN IS BEST UNDERSTOOD AS...CONTRADICTIONARY,

A PHOTO LECTURE BY SUSAN
AND PAUL SPRACHMAN

Tuesday, March 17, at 1:30 pm

Modern Iran defies generalization. Drawing on personal experiences by living and traveling in Iran, the Sprachmans try to convey how today's Iranians feel about:

- the role, if any, of martyrdom in Iran's theocracy
- the effect—on their lives—of the United States' rejection of the nuclear deal (JCPA) and the re-imposition of pre-nuclear deal sanctions
- Iran's future relationship with Saudi Arabia

Admission: \$10. For more information, call Linda at 617-9328.



1787: THE REAL REVOLUTION—THEN AND NOW, WITH RICHARD CLINCHY

Somers Councilman and John Jay High School's Government and Law teacher emeritus, Richard Clinchy, will share the true story of the men who created our Constitution and the document that is now more important than ever.



Tuesday, March 24, at 1:30 pm—Mr. Clinchy examines our Constitution from the various viewpoints of the men who traveled to Philadelphia in 1787—their ideas, their disagreements, their intentions.

Tuesday, March 31, at 1:30 pm—Using today's current events to illustrate how, often, the task of protecting our democracy continues to rest upon the stewardship of a single document, the Constitution of the United States.

Admission: \$15 for the series; \$10 per individual lecture. For information, call Irma at 276-3287.

CHINA UPDATE: HONG KONG TAIWAN WITH MARJORIE MILLER

Tuesday, April 14, at 1:30 pm

Marjorie Miller, Professor Emerita of Asian Studies, Purchase College, SUNY, will summarize what has been going on in the past few months in Hong Kong and Taiwan—protests, riots, violence fed by distrust, and anxiety; provide some historical background; analyze the likely immediate and long-term consequences of these very serious current events to the people who live in these areas that China considers its own; and, of course, consider the consequences or impact on the U.S.

Admission: \$10. For more information, call Ann at 617-9434.



ANDY WARHOL & JEAN-MICHEL BASQUIAT TWO MODERN ART LECTURES BY HEATHER COTTER

Andy Warhol & His Impact

Tuesday, April 21, at 1:30 pm

Andy Warhol, in the late 1950s, was a virtually unknown artist creating window displays for high-end department stores. Within a few short years, he would become one of the best-known artists in the world. His uncanny knack for anticipating and creating new trends established his reputation as an artist far ahead of his time.



Jean-Michel Basquiat - The Rise of Street Art

Tuesday, April 28, at 1:30 pm



Jean-Michel Basquiat, at the end of the 1970s, was still a teenager, a kid who painted with a grit and vigor previously unseen, whose paintings reflected his own hard life's experience on the streets of lower Manhattan. His style stunned and captivated audiences, opening their eyes to an entirely new genre of art.

Admission: \$15 for the series; \$10 per lecture. For more information, call Ann at 617-9434.

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Wednesday, April 22, from 6 to 10 pm in the Heritage Room

MEMBERS ONLY. \$5 per person. Look for flyers & emails containing additional information.

* * *

SOCIETY BOARD MONTHLY MEETING

Wednesday, March 18, at 1:30 pm in the Activities Center, Rooms 2/3

All owners are welcome to attend this meeting. Shuttle bus service is available (reservations required). The meeting will also be broadcast live on channel 12 and rebroadcast daily on channel 12 at 7 pm, and on Tuesdays and Thursdays at 2 pm.

At the beginning of the meeting, owners will have an opportunity to raise matters of concern. If you can't attend the meeting, such matters can be submitted by email to society@hhsociety.org or by mail to Society Board, 8 Heritage Hills, Somers, New York 10589. You must provide your name and unit number on written correspondence or when speaking at the meeting.

* * *

THE TRAVEL CLUB

Submitted by Elaine Soliman

THE DANCING DREAM, AN ABBA TRIBUTE

Thursday, May 14, at the Aqua Turf Club

Back by popular demand, The Travel Club is returning to the Aqua Turf Club to experience *The Dancing Dream*, an ABBA Tribute. This tribute will take you back to the music of ABBA which ruled the music world in the 70s. We will be hearing some of their greatest hits, such as *Mamma Mia*, *Dancing Queen*, *Fernando*, *Waterloo*, and many more. The bus will leave Lake Lodge at 10:15 am. Flyers are available in the Activities Center.

The price of \$110 per person includes family-style lunch, admission and transportation. Make checks payable to "Heritage Hills Travel Club" and place them in the Travel Club mail slot at the Activities Center. For information, call Pam 276 4295.

OGUNQUIT MAINE

Tuesday, May 26 to
Thursday, May 28

Enjoy two nights at The Meadmore Resort, centrally located within walking distance to Ogunquit village, Perkins Cove, and Ogunquit Beach. A welcome dinner marks our arrival, and the next day we will experience a driving tour of Kennebunkport and have free time to explore. We end our first full day with a clam bake. Our trip would not be complete without a cruise along the southern coast of Maine on Day 3 before returning to Heritage Hills. Departs Lake Lodge at 8 am, returning at approximately 6 pm.

Cost of \$499 double, \$599 single, includes transportation, two nights' accommodations, two breakfasts and two dinners, tour guide, and guide and driver gratuities. \$150 deposit due by March 3. Make checks payable to "Heritage Hills Travel Club" and place them in the Travel Club mail slot at the Activities Center. Final payment will be due April 7. For reservations, call Elaine at 617-9111.



ENERGIZE @ HERITAGE HILLS

Friday, March 13, at 11 am in the Activities Center

Need to feel more comfortable in your own home? Wouldn't it be nice to pay a lower electricity bill? Here's a way to make your condo unit more energy efficient: Heritage Hills, in collaboration with EnergizeNY and the Town of Somers Energy & Environment Committee, is offering personalized assistance in applying for a **FREE** comprehensive assessment of your home. No prior registration is required for this information session, just walk-in.

Energize @ Heritage Hills will be operating on the following new schedule for 2020: March 13, April 10, August 14, September 11, and November 13—all Fridays at 11 am.



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ACTIVITIES/CLASSES/CLUBS

UPCOMING ACTIVITIES & EVENTS

Produced by the Activities Office

Phone: 276-2636 or go to activities@hhsociety.org

REGISTRATION PROCEDURE FOR ACTIVITIES, CLASSES AND CLUBS

1. Make the check payable to the instructor or club. Include your telephone number on the check.
2. For class registration, bring your check to the Activities Office or leave it in the Activities mailbox.
3. For individual Club activities, leave your check in the appropriate Club mailbox.
4. For information where a telephone number is not provided, call 276-2636.

DETAILED FLYERS ARE AVAILABLE IN THE ACTIVITIES CENTER.

REMINDER: ALL EVENTS AND CLASSES ARE FOR HERITAGE HILLS RESIDENTS AND THEIR GUESTS ONLY.

We recommend that all residents with email register on our website. Updated information and alerts are sent via our website on a regular basis. Go to www.hhsociety.org and click on "log in request." Fill in all the fields, and a user name and password will be sent to you. Our website is full of valuable and useful information.

SPECIAL Activities & Events

Detailed information about the following SPECIAL Activities & Events may be found in the COMING EVENTS section of this issue and/or on flyers and posters at the Activities Center.

CIAO ITALIA

Pizza Night

Wednesday, April 22. Members Only \$5 per person.

CLUB SHALOM

In the Activities Center. Checks should be made out to "Club Shalom" and placed in our mailbox. For information, call Nancy at 519-7622 or Joyce at 419-7230.

Bertolt Brecht/Kurt Weil

Sunday, March 8, at 1 pm

Admission \$10. Payment due by March 2.

Music And Song With Randy Herman: The Jewish Piano Man

Sunday, April 18, at 7:30 pm

Admission \$15. Payment due by April 12.

An Evening With Steve Ross

Saturday May 9 at 7:30

Admission \$15.

CONCERT SOCIETY

What's Coming Up For 2020? Four Concerts

Sundays at 3 pm in the Heritage Room

May 17: Jenny Lin, piano

June 14: Frisson Quartet

September 13: Chloe Kiffer, violin

October 25: Yoonah Kim, clarinet

Subscription Forms available at the Activities Center. For information, call Arlene Brown at 914-277-4703

CONTINUING EDUCATION

How Modern Iran is Best Understood as...Contradictory—

A photo lecture by Susan and Paul Sprachman

Tuesday, March 17, at 1:30 pm

Admission \$10. For information, call Linda at 617-9328.

1787 The Real Revolution, Then and Now—

Two lectures by Richard Clinchy

Tuesdays, March 24 and 31, at 1:30 pm

Admission: \$15 for series; \$10 per individual lecture. For information, call Irma at 276 -3287.

China Update – Lecture on Hong Kong and Taiwan by Marjorie Miller

Tuesday, April 14, at 1:30 pm

Admission: \$10. For information, call Ann at 617-9434

Andy Warhol & Jean-Michel Basquiat –

Two lectures by Heather Cotter

Tuesdays, April 21 and 28, at 1:30 pm

Admission: \$15 for series; \$10 per individual lecture

For information, call Ann 617-9434

DANCE—MONTHLY SOCIAL

Friday, March 6, from 7 to 10 pm

For more information, call Dorothy at 276-2894.

Next dance: Friday, April 3.

HHLIBRARY

Sunday Matinees

See posters and email blasts for information.

INDEPENDENT & FOREIGN FILM CLUB

The Biggest Little Farm

Thursday, April 23, at 7 pm. Annual Membership is \$20 for all films.

All films start at 7 pm. Make your check payable to the "Ind. Film Club" (checks only) and place it in the club mailbox and at the door.

SINGLES CLUB

March Membership Drive with Pizza and Auction

Information will be sent out mid-February.

Save the dates: April 16th, May 21st, June 11th

TRAVEL CLUB

Flyers for all trips are available in Activities Office.

Ogunquit Maine

Tuesday to Thursday, May 26 to 28. Includes deluxe motor coach, 2 nights, 2 dinners, 2 breakfasts, and sightseeing. For more information, call Elaine at 617 9111.

The Dancing Dream, an ABBA Tribute

Thursday, May 14, at The Aqua Turf Club. Price \$110 per person.

For information, call Pam at 276 4295.

WOMEN'S CLUB

\$12 Membership is due

St. Patrick's Day Celebration

Wednesday, March 11, at 1:30 pm

Members, free; Non-members, \$5 includes Irish music, soda bread, cake, coffee, and tea.

DancinGals Entertainment

Wednesday, April 15, at 1:30 pm

Members, free; Non-members, \$5.

RECURRING Activities

The activity takes place at the Activities Center unless otherwise indicated. (See "Registration Procedure" at the beginning of this section, or call 276-2636.)

ARTS & CRAFTS:

Gushing With Paint: With Fran Schultzberg. Wednesdays from 1 to 3 pm, and Thursdays from 10 am to noon. Fee of \$125 includes materials for four paintings in this new art technique. Space is limited. For information, contact Fran at 806-6696 and leave a message.

Needlecraft Club: Charitable needlecraft group meets Wednesdays at 12:30 pm in the Activities Center Game Room. All skill levels welcome.

Paint & Sip: With Judika Lieberman. Once a month at 7 pm in Lake Lodge. Look for flyers and email blasts. \$40. All paint supplies included. BYOB. For information, call Judika at 438-6750.

Photo Club: Second Tuesday of the month at 3:30 pm in Room 2 of the Activities Center. For more information, call John at 925-277-3955.

Sketch Workshop: Wednesdays at 9:30 am. No fee. Beginners welcome. For information call Richard at 617-9011.

Silk Fabric Painting: Mondays and/or Thursdays at 10 am. Fee \$120. Must sign up for a full 4-week session. Space is limited. For information, contact Evey at 276-0737, or email her at eveymusart@comcast.net.

Watercolor Class—All Levels: With Lynn Shulman. Mondays from 9:30 am to noon. Fee: \$60 for a 4-week session.

Wood & Stone & Clay Sculpture Class: With Ron Mineo on Mondays at 2:30 pm. \$120 for 5 weeks.

Woodcraft Club: The shop is open on Mondays, Tuesdays, Thursdays, and Saturdays from 8:30 am to 12:30 pm. Limited amount of scrap wood and kindling available.

Writer's Workshop: The Fee is \$150 per six-week session. The class meets every Monday at 1 pm and Tuesday at 10 am in Lake Lodge. Rolling admission. Sign up in the Activities Office.

AARP SMART DRIVING COURSE

April 30, May 16, and June 4 at Lake Lodge. Price: \$20 for AARP Members, \$25 for Non-AARP Members. Make check payable to AARP and leave it in the AARP mailbox. **Indicate your name, phone number, and the class date on the check.** Bring lunch. You will only be contacted if the class you selected is full. Please remember to bring your AARP card on the day of the class.

CIAO ITALIA

Membership application forms are available outside the Activities Office. Membership year is from January 1 to December 31. The form was emailed to all enrolled members.

CULINARY CLUB

Monthly dinner held on a Wednesday during each month at 6 pm. Contact Susan at 276-3176.

DANCING

Line Dancing: Fridays at 11 am. Join in at any time. No Fee.

Square Dancing: Sundays at 7 pm. No partners needed.

EXERCISE: Please get your checks in ASAP for all classes to ensure they will run.

Exercise: With Lori Barr. Tuesdays and Thursdays at 9:30 am. Fee: \$8 per class, please register in advance.

Hikers & Walkers: Weekly hikes from September to June. Schedule is available at the Activities Center or at hhsociety.org.

Move & Groove Line Dance: Tuesdays at 12:30 pm with Theresa. Fee: \$24 to \$40 per session. See flyer.

Pilates Morning Class: With Tracey. Mondays at 9 am and Wednesdays at 10 am in Lake Lodge's upper level. Fee: \$40 per month for 4-week session.

Strengthen & Stretch Classes

With Ingrid Rodgers: Mondays at 10:30 am. Fee: \$30 per month. See flyer.

With Theresa: Saturdays at 8:30 am. Fee: \$24 to \$30 per month. **On Haitus.**

Saturdays with Joe: Saturdays at 9 am at Lake Lodge. Fees: \$10 per class, \$40 per month. Most classes are 60 to 75 minutes long.

Tai Chi: With Ellen Hollenbeck. Mondays from 1 to 2 pm. Tuesday practices from 11 am to 12:15 pm. Fee: \$60 for 4 weeks.

Video Aerobics: Mondays, Wednesdays, and Fridays at 9 am in the Gym. No fee.

YOGA

Chair Yoga with Satish: Tuesdays and Fridays at 10 am in Lake Lodge. Fee: \$5 per class.

Classes with Cheryl Aiello:

Beginner/Intermediate Yoga: Mondays 10:15 to 11:30 am in Lake Lodge's upper level. Fee: \$15 per class.

Yoga-Chi: Thursdays at 4 pm in the Activities Center. Fee: \$12 per class.

TaiJiFit: Tuesdays at 4:15 pm in Lake Lodge's upper level. \$9 per class.

Yoga Class with Joe: Mondays at 5 pm at Lake Lodge. Fees: \$10 per class/\$40 per month. Most classes are 60 to 75 minutes long.

Yoga Iyengar Classes with Kate Graham—All classes held in Lake Lodge's upper level. See flyer for full schedule:

General Iyengar: Mondays at 12 noon. Fee: \$12 per class.

Chair Yoga: Mondays at 1:45. Fee: \$12 per class.

General Iyengar: Tuesday at 11:30 am. Fee: \$12 per class.

Gentle Back-Care Yoga: Fridays at 10:30 am. Fee: \$12 per class.

Zumba with Theresa:

For Everyone: Wednesdays at 4:45 pm. Fee: \$24 to \$40 per month. See flyer.

Gold: Fridays at 10:30 am. Fee: \$24 to \$40 per month. See flyer.

ACTIVITIES/CLASSES/CLUBS

FUN & GAMES

Billiards: Drop-in games on Thursdays at 1:30 pm.

Bocce: April through October: Wednesdays at 1 pm and Saturdays at 9:30 am.

Bowling League: Tuesdays at 12:45 pm at Jefferson Valley Lanes on Hill Boulevard.

Bridge—Duplicate: Mondays at 12:30 pm, Tuesdays at 7 pm, Thursdays at 12:30 pm.

Bridge Lessons: Lessons will resume in the Spring.

Bridge—Casual: Mondays and Thursdays at 1 pm. All are welcome.

Bridge the Gap Bridge: Tuesdays and Fridays at 1 pm.

Bridge—High Scorers: A casual game. Wednesdays at 1 pm at Lake Lodge.

Mah Jongg Club: Mondays at noon, and Tuesdays and Thursdays at 11 am at Lake Lodge. Not accepting new members for Tuesdays and Thursdays; call Rebecca Fiero at 669-5460 to be placed on the waitlist. Wednesdays at 1 pm and Fridays at 7 pm at the Activities Center.

Pickleball: Mondays and Tuesdays from 2 to 5 pm, Wednesdays from 6:30 to 10 pm (Level 2 play), Thursdays from 1 to 5 pm, Fridays from noon to 5 pm, and Saturdays from 1 to 3 pm. Location: Fitness Center Gym. Sneakers required. Platform Tennis Court 1 is also available for Pickleball.

Ping Pong Group: Thursdays at 10 am. Open to all residents.

Playtime: Games, cards, and socializing. Mondays at 1 pm.

Scrabble: Thursdays at 1 pm in the Library.

Shuffleboard: October through March on Wednesdays, from 1 to 3 pm, and on Saturdays, from 9:30 am to noon.

ENERGIZE HERITAGE HILLS

Fridays, March 13, April 10, August 14, September 11, and November 13 at 11 am. Heritage Hills, in collaboration with EnergizeNY and the Town of Somers Energy & Environment Committee, is offering personalized assistance in applying for a FREE comprehensive assessment of your home. No prior registration needed, just walk-in.

FAMILY NETWORK GROUP

Meets for family-oriented events, days and evenings. Go to *Facebook.com* to join the group “heritage hills family network”

FRENCH CONVERSATION GROUP

Thursdays at 10 am in Lake Lodge Room 1. Come learn and practice speaking French. *Venez causer avec nous.*

GOLF

East Hill Men’s Golf Association: Since 1989 the East Hill Men’s Golf Association has provided a 9-hole venue for friendly, sociable, and light golf competition at Heritage Hills on Wednesday and Friday mornings from April thru November. Stroke play on Wednesdays and various formats on Fridays at the Somers National Golf Course. Please pick up a membership application in the Activities Center mail slot or contact Bob Kenney, Membership Chairman, at 617-9884 or rlkret@aol.com.

Heritage Hills Women’s Golf Association: A friendly, vibrant group of women who enjoy a weekly 9-hole round of golf on Tuesdays at 9 am from April through October at Somers National Golf Course. Contact Janet by email at jparke27@comcast.net or by telephone at 277-5460 for more information.

HEALTH AND SAFETY

Blood Pressure Readings: The second Friday of each month from 10 to 11:30 am in the Activities Center.

File of Life Packets are used to provide essential information in an emergency situation, and are available in the Activities Office, Security Office, and Society Office.

Spousal Bereavement Support Group

Every first and third Tuesday of the month from 2 to 3:30 pm in the Game Room.

LIBRARY

Monday through Friday 10 am to 3 pm. Saturday from 10:30 am to 1 pm. Free Children’s Book Exchange available all day, every day in the corridor outside of the library.

MORNING DISCUSSION

Mondays at 9:30 am. Discussion group on current event topics. No fee.

NEWCOMERS COUPLES CLUB

Contact us at hnewcomerscouplesclub@gmail.com.

RAINBOW CONNECTION

First Thursday of the month, from 7 to 9 pm in Lake Lodge. A relaxed, social environment for LGBT residents as well as their families, friends, and neighbors. For more information, email us at hillsrainbow@gmail.com.

SHAKESPEARE READING AND DISCUSSION GROUP

Open reading of Shakespeare each Tuesday at 10 am.

TEN-A-MEN

Wednesdays at 10 am. Coffee, bagels, rolls, *etc.* Discussion and conversation, sometimes controversial. Occasionally there are guest speakers.

TENNIS

Friday evening Round Robin: Courts 1, 2, and 3 at 6:30 pm. Doubles games at all levels of play. For information, call Barry at 617-9259. For information about the Tennis Committee, call Jan at 276-2106. Reminder that all tennis reservations are made via our website at hhsociety.org.

VETERANS CLUB

Meets quarterly—at 2 pm in Room 2/3 of the Activities enter. For more information, call Larry at 277-4057.

VISUAL ARTS: HISTORY OF ART

Resumes on Friday, January 3. For further information call 909-0959.

WEIGHT WATCHERS GROUP

Two plans, lower prices: *Digital* or *Digital plus Workshops*. *Digital* has been reduced to \$18 per month and *Digital plus Workshops* is now \$40 per month. Visit wellness.weightwatchers.com and enter Employer ID: 59693. For questions or assistance registering contact the Weight Watchers Wellness Hotline at 866-204-2885.

YIDDISH CONVERSATION CLASS

If you’re interested in Yiddish classes, please contact Gilda Simpkin at 203-219-0589 to organize a convenient time for the group to meet.



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As the new classic for Westchester county-style senior living, we offer residents entertainment, fine dining, comforts and engaging activities. Discover what life can be like at The Club by joining us for these March events:

TASTE OF THE IRISH.

Tuesday, March 10, 1 to 3 p.m.

Erin go bragh at The Club. Be our guest for Irish dishes paired with craft beers, lively conversation and music.

LUNCH CHAT.

Thursdays, 11 a.m. to 1 p.m.

Bring your questions to lunch any Thursday this month. Answers, insights, casual conversation – and a great lunch too.

MEMORY CARE UNVEILING EVENT.

Saturday, March 14, 10 a.m. to noon

The Club's memory support neighborhood with state-of-the-art design and award-winning programs is truly unmatched. Meet the team and learn why memory care has never looked like this!

LOOK | LEASE | SAVE.

Save over \$10,000 when reserving your new apartment home at The Club by starting your lease sooner than later. Call today to learn more and to schedule your private tour.

Find out more about healthy, active living at The Club.

For more information or to RSVP for a March event, call **914-505-8717**.

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WHAT'S GOING ON

By Karl Milde

To get the latest scoop on what's going on, I spoke to John Milligan, Property Manager for the Heritage Hills Society. A lot of changes are coming to Heritage Hills.

Water and Sewer

Two separate companies, Heritage Hills Water Works and Heritage Hills Sewage Works, subsidiaries of the Heritage Development Group in Southbury, Connecticut, have owned the water and sewer systems since development commenced in 1975. The water is sourced from artesian wells near the Stone House on Route 202, then treated and stored in a large water tank on the West Hill. The sewage is treated at a 10-acre site on the west side of Heritage Hills Drive, near the main entrance. Operation of this wastewater treatment plant ("WWTP") is outsourced to an operating company, VRI, under a contract that will run until March, 2021. The site is subject to an irrevocable license agreement between the Heritage Hills Society for the Community Gardens and Heritage Hills Sewage Works.

An application was made to the Public Service Commission last November for the sale of both the systems to Suez Water NY, based in West Nyack ("SWNY"), a subsidiary of Suez North America, which, in turn is owned by Suez SA, based in Paris, France. If approved, SWNY is set to take over the properties in June.

An upgrade of the WWTP has recently been completed, but the fresh-water mains are due for a flushing. This will take place in the spring and every three years thereafter. All 200 water hydrants will be opened to allow water to flow and to test their operation. Water testing at the wells, the hydrants, and at water taps in a number of condominium units is carried out annually, as required by the Westchester County Department of Health.

NYSEG

The Heritage Hills Society has developed a good working relationship with NYSEG. Its Brewster office staff has been diligently cutting trees and installing new poles along Lovell Street and Route 202 to avoid the problems that occurred during the severe snowstorms in March 2018. This work will go a long way to protect the power lines that feed Heritage Hills: one at the main entrance, two feeds from Lovell Street, one from the East Hill entrance on Route 202 and one from Butler Hill Road, through Green Briar.

NYSEG is committed to spend \$4.2M this year to replace infrastructure in Heritage Hills. Condos 1 through 4 and 10 are due for underground cable and transformer replacement in 2020; replacement at the remaining Condos on the East Hill will be completed in 2021.

Comcast

The franchise agreement between Comcast and the Town of Somers is due for renewal in October 2020. Comcast owns the cable infrastructure in Heritage Hills and has been the sole service provider, but Cablevision has a franchise too and serves other areas of Somers. Under these agreements, the Town receives 5% of the subscriber fees, with Comcast and Cablevision serving as "tax collector" for this revenue stream.

Heritage Hills is not involved in the agreements with Comcast except to feed live TV to Channel 12. Heritage Hills would like Comcast to operate with greater transparency, especially since maintenance of the Comcast system is outsourced to unknown subcontractors who can appear in unmarked vans and trucks. When breaks in the cables occur, these vendors often string wires from trees and through culverts. Although intended to be temporary, these wires are often left for extended periods of time.

Security

Security in Heritage Hills is currently outsourced to a company called Command Security. The security agreement with Heritage Hills has now been sold to Prosegur, a company based in Madrid, Spain. Our Head of Security, Dave Jacobson, informs us that all current employees will remain in place, but will wear new uniforms. In addition, all of the security vehicles will be replaced or repainted with a new look, and will receive new lights, radios, etc. in early March.

As you can see, the Heritage Hills Society has been busy in making some needed changes. Keep an eye on this column for more news to come.

Note to Readers: For many years, Sue Shea has provided up-to-date news of Heritage Hills and its surrounding community in this column, What's Going On. While Sue has passed the column on to other writers, she remains an active member of the Newsletter Committee and will continue to publish articles in the Newsletter.

* * *

JANUARY COUNCIL OF CONDO PRESIDENTS MEETING SUMMARY

By Terry Clifford

Condo Presidents: Please share the minutes of each Council Meeting with your Council representatives and your Condo board members.

Street Signs in Heritage Hills: Since street name signs were not on the original site plan submitted and approved by the Town's Planning Board, the Town may insist street signs be removed in Heritage Hills. The nine Condos with street name signs may be required to appear before the Somers Town Board if they wish to retain those signs in their Condo.

Comcast Committee: Both the Council's representatives have resigned from the committee. They found that Federal Law dealing with cable companies permits the cable company to impose a fee which is paid to the town for the franchise agreement.

T-Vision Update: The company is in merger negotiations with Sprint. However, they continue to move forward with being a competitor to Comcast. Perhaps within the next year.

Town Codes: The Council's Code Compliance Committee will meet with the Town Building Inspector to review matters that suggest Heritage Hills is being singled out in obtaining permits which add to the cost of installing hot water heaters and other home appliances.

Heritage Development Group Water Company: The HDG Water Company is in the process of being sold to Suez, a French Company. The process is an arduous one and may not be completed until 2021. Heritage Hills does not own the HDG Water Company.

2020 Census: Jack Mattes is spearheading a committee to assist Heritage Hills residents in filling out the new online 2020 census form. Residents will receive an initial mailing but not a form. The United States Census is counted every 10 years. Many aspects of our lives are impacted by a true count of all the residents of New York State. Over the next decade, lawmakers, business owners and others will use the 2020 Census data to make critical decisions. The results indicate where communities need new schools, new clinics, new roads, and more services for families, older adults and children. The results also inform how hundreds of billions of dollars in federal funding are allocated to more than 100 programs, including Medicaid, Head Start, community mental health services, and supplemental nutrition assistance programs. It is incumbent upon us all to fill out the census form by internet, telephone, or mail.

Rental Unit Issues: Many condos have rewritten their by-laws to limit the number of rental units allowed. Some charge fees—from a one-time charge put in an escrow account, or a monthly charge. How do we know if a unit is rented? Cluster Captains give the board information, or a survey is taken before giving out pool passes.

Be Mindful of Scams: Alert residents of various telephone scams. Recently there was a knock on the door claiming a grandchild is in trouble. One of our residents was taken in by this scam for a considerable amount of money.

The Council looks forward to meeting each Condo's President or his/her representative at the Wednesday, March 18, meeting at 7 pm in the Activities Center.

* * *

POOL COMMITTEE

MATURE LIFEGUARDS AND POOL GATE GUARDS NEEDED

Heritage Management Services is seeking to hire mature local residents to lifeguard and/or be pool gate guards in Heritage Hills for the 2020 pool season. Anyone interested can email pools@heritagemanage.com with a brief description about yourself along with your qualifications/certifications.

If you're interested in obtaining your lifeguard certification, please check www.hmsguards.com for course dates and information throughout the year.

* * *

SINGLES CLUB

We are pleased to announce that our annual charitable donations were made to the Somers Volunteer Fire Department and the Salvation Army.

SOCIETY NEWS

SOCIETY BOARD MONTHLY MEETING

Wednesday, March 18, at 1:30 pm in the Activities Center, Rooms 2/3

See the COMING EVENTS section for details.

MEETING SCHEDULE CHANGE

Candidates Night, originally scheduled to take place on Thursday, May 14, will take place on Thursday, May 21, at 7 pm.

2020 GARDEN CONTEST

It's not too soon to peruse plant catalogues and make plans for the flower garden or planters around your unit in preparation for our annual Garden Contest. This year there will be three categories: Unit Front, Unit Deck, and Unit Patio. Watch for more details in future issues of the Newsletter and on posters in the Activities Center and at Lake Lodge.

SECURITY REPORT

During the month of January our Security staff received and responded to a total of 243 calls regarding the following matters:

Medical. 67

Security 113 (fire/carbon dioxide alarms, open garage doors, other security concerns)

Service 55 (including 39 lift assists, 9 persons locked out, and 7 welfare checks)

Maintenance. 0

Car Accidents 0

Parking Violations . 8 (in handicapped spaces, fire lanes, A roads, or B roads)

* * *

THE WOMEN'S CLUB

Submitted by Alfreda Savarese

The Heritage Hills Women's Club is in need of volunteers to serve on their Board. Computer knowledge would be helpful. For more information please call Rose O'Donnell at 276-4204.

* * *

HERITAGE HILLS COMMUNITY THEATER

By Diana Richter

It's just simmering, not coming to a boil yet. But a very special production is in the planning stages for the Heritage Hills Community Theater group. We can't divulge any secrets except to say how excited we are to be working on something so extraordinary. So, stay tuned!

HHCT always has the door open to prospective directors for future productions. Anyone interested in one of these paid positions may contact Muriel Weiss, Co-President, by phone at 277-8825 or by email at must87@comcast.net.

THE 2020 CENSUS MAILING—WHAT YOU'LL RECEIVE AND WHAT TO DO

By Jack Mattes

During the week of March 16, you will receive a letter from the United States Census Bureau addressed to **your unit number—without your name on it** (see illustration). The Census Bureau only has addresses—not who lives at the address, so even if it looks “official,” **if it has your name on it, it is a scam—DISCARD IT AND DO NOT RESPOND**. Wait for the real thing.

Your letter has a Census ID number, to be used to access the online form. But if you are a renter, you must complete the mailed questionnaire (you cannot respond online).

Your participation counts. If you don't complete the questionnaire online after a few weeks, you will be sent a paper version to mail back.

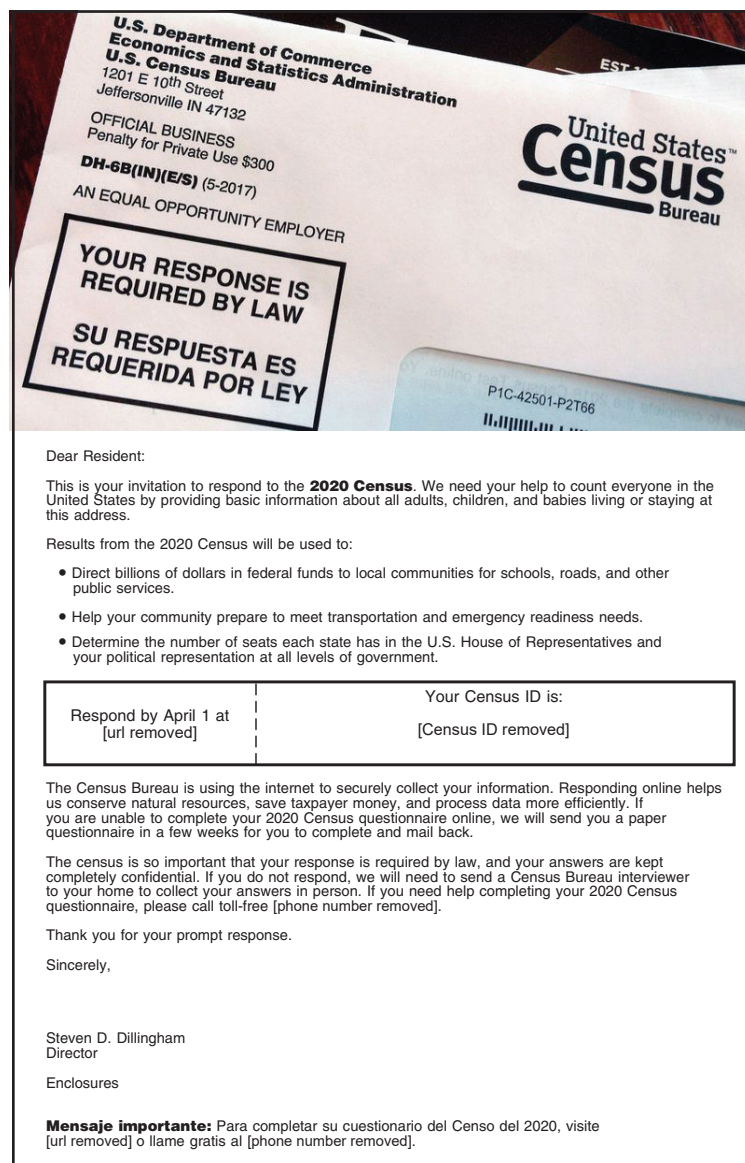
In both instances—by email or online—your answers will be kept confidential.

OUR HERITAGE HILLS “CENSUS HUB”

Heritage Hills is organizing our own “Census Hub” where you can get assistance. It could use some volunteers to assist residents filing their online questionnaires. To volunteer, please contact Jack Mattes at mattesjack@yahoo.com.

PRESENTATIONS

We'll have presentations in the Heritage Room explaining the reasons for a national census on Sunday, March 22 at 1 pm; Wednesday March 25 at 7 pm; Saturday, March 28 at 1 pm; and Wednesday, April 1, at 1 pm. This information will also be sent via e-mail blast, and posted on our Website and on Channel 12.



HERITAGE HILLS GARDEN CLUB

ADD YOUR NAME TO A SQUARE IN THE COMMUNITY GARDEN

By Karl Milde



A “garden square” in the Heritage Hills Community Garden is only 10 feet by 10 feet, but it can produce loads of vegetables or, if you prefer, a gorgeous display of flowers. The Community Garden is comprised of 135 squares available for planting by Heritage Hills residents, so if you would like to try your hand at gardening and you act soon, there's a square for you.

To be assigned a square you must first join the Heritage Hills Garden Club. Membership runs for one year starting on March 1. Renewals for prior members are due by February 21. If prior members do not respond by that date, they automatically lose their garden square(s) and are removed from membership in the Garden Club. New members can join at any time, provided a square is available; but by the end of February the squares are usually in short supply. In that case, you'll be placed on a waiting list.

To apply for membership (or to renew), one should obtain an application form (or a renewal form, respectively) at the Activities Center, and drop it in the Garden Club box together with a payment of \$25. Checks should be made out to the “Heritage Hills Garden Club.”

For questions or assistance, please contact Lydia Petrizzelli, Secretary and Treasurer of the Garden Club, by telephone at 669-5092 or by email at lpetrizzelli@aol.com.

Not only is gardening fun and rewarding—remember the old adage “You reap what you sow”? Did you know gardening has proven health benefits as well? Yes! A 2006 study published in *Med J Aust* found that gardening lowers the risk of dementia by 36 percent. It also increases your exposure to the sun, increasing your serum Vitamin D levels, thereby adding calcium to your bones and strengthening your immune system.

So, get out there! Add your name to a garden square and start planting for your future.

EAST HILL MEN'S GOLF ASSOCIATION

By Harvey Friedman

Enjoy 9-hole golf at Somers National Golf Course with reserved tee times on Wednesdays and Fridays. Contact EHMGA Membership Chair Bob Kenney for membership information by email at rlkret@aol.com or by telephone at 617-9884.

2020 SCHEDULE OF EVENTS

April 10.....Opening Stroke Play Tournament
 April 23.....Opening breakfast meeting at 9 am
 April 24.....3- or 4-man Captain's Choice, scramble
 May 8Stroke Play, two-man teams, blind draw
 May 22Member-Member Alternate Shot, with lunch to follow
 June 123- or 4-man teams, Two Net Best Balls per hole-teams assigned
 June 19Individual Match Play
 June 26Mixed Member-Guest Captain's Choice-Independence Day Tournament, with BBQ to follow
 July 10.....Match Play
 July 17.....Match Play
 July 24Match Play
 July 31Match Play
 August 7Match Play
 August 21, 26 & 28....Ryder Cup-Alternate Shot, two-man teams, singles
 September 11 & 18....Club Championship
 October 9....Individual Match Play
 October 16..Member-Member Alternate Shot - teams assigned, lunch to follow

* * *

HERITAGE HILLS TRAVEL CLUB

By Elaine Soliman

2020 TRIPS

The Heritage Hills Travel Club has planned some exciting adventures for this year. Here are some of them, and more may be planned. Details can be found in the COMING EVENTS section of this and future Newsletters as well as on flyers posted outside of the Activities Office:

May 14 - *Dancing Dream* a tribute to ABBA—\$110 per person

May 26 to 28 - Ogunquit Maine

August 6 - Hudson River cruise lunch at The Shadows—\$120 per person

September 16 - New York Botanical Gardens Kusama special Art Exhibit with full lunch at Arthur Avenue restaurant—\$130 per person

October 2 - Oktoberfest (location and rate to be determined).

For all trips, a bus will pick up and drop off participants in Heritage Hills.

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Library

SUNDAY MATINEES— MONTHLY DURING THE WINTER

Performance information can be found in email blasts and in the Activities Center.

SCRABBLE

Thursdays at 1 pm in the Library.

HERITAGE HILLS LIBRARY CINEMA

Will resume in the Spring.

NEW ADDITIONS TO OUR COLLECTION IN FEBRUARY

The following books are located on the shelves of our NEW BOOKS section:

Newly Published Books

Biography

Frenkel, Francoise *A Bookshop in Berlin*

Wiener, Anna *Uncanny Valley*

Fiction

Cummins, Jeanine *American Dirt*

Moore, Liz *Long Bright River*

Vuong, Ocean *On Earth We Were Briefly Gorgeous*

Wilson, Kevin *Nothing To See Here*

Mystery

Krentz, Jayne Ann *The Vanishing*

Robb, J.D. *Golden in Death*

Ware, Ruth. *The Turn of the Key*

Woods, Stuart *Treason*

Newly Acquired Books

Biography

Gilbert, Elizabeth *Eat, Pray, Love*

Fiction

Kruger, William Kent *This Tender Land*

McEwan, Ian *Machines Like Me*

O'Brien, Patrick *The Hundred Days*

Steel, Danielle *Amazing Grace*

Mystery

Choo, Yangsze *The Night Tiger*

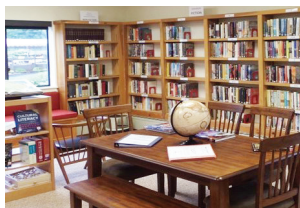
Cussler, Clive *Piranha*

Doiron, Paul *The Poacher's Son*

Patterson, James. *3rd Degree*

Non-Fiction

Haseltine, Eric *The Spy in Moscow Station:
A Counterspy's Hunt for a Deadly
Cold War Threat*



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Anthony Guarino
Funeral Director

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SOMERS LIONS CLUB MEETINGS

March 3 and 17, at 7 pm, at Mama Rosa Restaurant

The mission of the Somers Lions is "to create and foster a spirit of understanding among all people for humanitarian needs by providing volunteer services through community involvement and international cooperation."

The Lions meet on the first and third Tuesday of every month. The restaurant may vary, but the dates and time will not change.

Prospective members are welcome. Call Lions President Heritage Hills resident Dr. Louis Bisogni at 318 9950 in advance if you wish to attend. Guests need to come to three dinner meetings (no charge) before acceptance into Somers Lions.

For more info about Somers Lions you can go to their website, somerslions.org.



* * *

SOMERS VOLUNTEER FIRE DEPARTMENT

FILL THE PANTRY

Submitted by Robert Weinstein

Wednesday, March 4, from 5 to 7 pm

The Somers Volunteer Fire Department is assisting St. Luke's Church in its effort to fill their food pantry. Please bring your donations to the Somers Fire House on route 202 across from the main entrance to Heritage Hills on Wednesday, March 4, between the hours of 5 and 7 pm.



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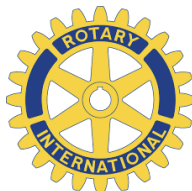
NORTHEAST WESTCHESTER ("NEW") ROTARY CLUB MEETINGS

March 10 and 24, at 6:15 pm, at Le Fontane Restaurant

Rotary's guiding principles include the Four-way Test (Truth, Fairness, Goodwill, and Friendship) and Rotary's commitment to Service above Self, which is focused on Preventing Disease, Supporting Education, Promoting Peace, and Providing Clean Water.

The NEW Rotary Club meets on the second and fourth Tuesday of every month. Prospective members are welcome and should contact the club Secretary, Heritage Hills resident Pat Ploss, at 669-9021, if they wish to attend.

For more information about NEW Rotary, go online to NEWRotary.org. Also, they can be found at [Facebook.com/NortheastWestchesterRotaryClub](https://www.facebook.com/NortheastWestchesterRotaryClub).



* * *

SOMERS LIBRARY FOUNDATION LET'S DO SOMETHING GREAT TOGETHER



The Somers Library Foundation is preparing for its 2020 Book Sale to be held at the Somers Library from April 24 to 26.

We need books and volunteers to make sure this event is a success for our library.

Book Donations: You can donate your gently loved books—no major damage, tears, markings or highlighting—now. When the library is open, place them in or near the bins inside the library by the Community Room. We need books for all ages of readers—hard cover and trade books, but no regular paperbacks, please.

Volunteering: You can help us make the Book Sale a success in our community by volunteering your time—it can be an hour or two at a time, a few hours each week, or for as much time as you can spare. There will be a variety of different activities and roles, starting now through the end of April. Opportunities for you to participate include sorting books by type and genre, moving books from storage to the library, set-up before the sale begins, managing cash registers, assisting customers in locating books, keeping books orderly during the sale, and cleaning up after the sale.

If you're interested in volunteering or have any other questions, please let us know. You can visit the Somers Library Foundation's website at SomersLibraryFoundation.org and click on the "Volunteers Needed" box, or leave a voice message at 361-9979.

* * *

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Programs are funded by the Friends of the Somers Library through your donations.

FREE DOOR-TO-DOOR ROUND-TRIP TRANSPORTATION

Town of Somers Senior Services provides door-to-door transportation to and from the Somers Library every other Tuesday at 11 am. Call 232-0807 to book a trip.

Here's a sampling of some events at the Somers Library in March and early April. For more information, and where registration is required, go to the library's calendar at www.somerslibrary.org or call 232-5717.

SOLVING THE RETIREMENT INCOME PUZZLE

Tuesday, March 10, from 6:30 to 7:30 pm. Free.

At this workshop for people approaching or entering retirement or recently retired, presenter Paul M. Petrone, CFP, CPA, and a Social Security, Retirement Income, and Tax Specialist, will discuss the following: how do I replace my paycheck?; It's all about income, not accumulation; Retirement challenges unique to retirees; and planning when you don't know(1) how long your money has to last, (2) what your portfolio's investment returns will be over an uncertain lifetime, and (3) the right percentage you can safely withdraw to not run out of money; and Strategies for a happy and secure retirement.

CREATE BEADED EARRINGS (adults and teens 5th grade and above)

Thursday, March 12, from 5:30 to 7:30 pm. Free.

For every pair of earrings you make for yourself, you will also make the same amount to be donated to a local women's shelter. Since this workshop benefits a women's shelter, it could be considered for community service hours. Registration is required.

CREATIVE WRITING CLASS

Mondays, starting April 6, from 10:30 am to 12:30 noon. Free.

Bring your ideas, paper, pen and pencil or laptop and develop strategies for becoming a lifelong writer. People at all writing levels are welcome. This workshop is run by Heritage Hills resident Linda Spear, who is an author and former journalist for The New York Times. Registration is required. To do so, meet with or call Tara at the Reference Desk (232-5717).

SENIOR BENEFITS INFORMATION CENTER (SBIC)

Wednesdays from 10 am to 1 pm (does not meet on days the Somers schools are closed due to snow). No appointment is necessary. Free.

The SBIC helps adults 60 years of age and over, and those caring for the elderly, achieve a better understanding of Medicare health plans and prescription drug coverage. Information is provided about different types of government programs. Meet with trained counselors in a private setting to get information about Medicare, Medicare Advantage, and Medigap supplement plans; Part D prescription drug coverage; Medicare savings plans for low-income seniors; and Financial benefit programs such as Home Energy Assistance Program (HEAP), and food stamps (SNAP).

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MEET YOUR NEIGHBORS FREDERICK ELMES AND NANCY ISRAEL

Text by Ami Stokhamer, photo by Martin Elmes

Frederick Elmes and Nancy Israel, married for thirty-six years, moved from their house in Briarcliff Manor to Heritage Hills in September 2016. Their condo, a two-story Canaan model with a lovely patio bordered by a stone wall affords them a peaceful view of the surrounding woods as well as outdoor grilling and dining in the warmer weather. Downsizing to a condominium was the right decision and having the outdoor maintenance taken care of is a nice benefit.



Frederick, known as Fred, recently returned from California where he was bestowed the Lifetime Achievement Award at the American Society of Cinematographers awards ceremony (see page 16 of the February Newsletter). Deciding to make it a family affair, his wife Nancy and their two adult children Dev and Andrea attended as well. Humble and soft spoken, Fred made light of his incredible career. Nancy was eager to jump in, obviously passionate about her husband and the filmmaking industry as well.

Nancy and Fred met in Los Angeles forty years ago while Fred was working on a small film project, entitled *The History of Love*. Fred was the cinematographer and Nancy was the production manager. It wasn't until the year 2000 that Fred, Nancy and their children moved to New York.

Both have a shared love of filmmaking, although after Dev and Andrea were born, Nancy changed professions so that Fred could continue to pursue his career, which often involved being away from home months at a time. Fred praised his wife for her flexibility, getting support systems in place and making it work. Nancy admitted that Fred's work made it challenging, since there was a lot of time apart and keeping in touch was difficult as cell phones didn't yet exist. Sometimes Nancy would visit Fred during extended projects and bring Dev and Andrea, as she did when Fred was shooting *Hulk* for director Ang Lee.

Fred also teaches film making internationally, and now that their son and daughter are grown, Nancy enjoys accompanying him all over the world. Fred enjoys teaching and said it is a "great challenge." "Young people have challenging questions and want to know why I do things my way." His advice? "Break the rules and find your own way."

When asked what he attributes his success to he said he has "nothing special" but that he gets along with and listens to the directors, asking questions that open up details which help him visualize the story. Nancy, listening intently, jumped in to say "Fred is a collaborator. He never imposes his style and adjusts to each director. Each project is unique."

In addition to filmmaking and teaching, Fred likes to cook, finding it "fun and a release"; takes street photography, including candid photos on the streets of New York City; and takes still photos of flowers. He's almost never without a camera. He also cycles the North County Trailway and uses the Heritage Hills Fitness Center.

Nancy now works in marketing and human resources for a law firm in Manhattan. The firm specializes in the philanthropic sector and believes in "empowering our clients to change the world." She is a former marathon runner, who started running in her 50's, and is still an avid runner, logging about 15 miles a week. She prefers the Putnam and North County Trailways.

A shared passion for filmmaking—which Nancy compared to "a symphony" and Fred called "a miracle"—brought this couple together forty years ago; and, along with family, friends, honesty, and acceptance, it has kept this couple together to this day.

* * *

HOW "AI" (ARTIFICIAL INTELLIGENCE) IS HELPING US KEEP HEALTHY

By Shirley Kesselman

It wasn't till a couple of years ago that I first saw the letters "AI" together in print. I had no idea what that stood for. However, through subsequent reading and conversations with young friends, I learned that AI is a huge field, and I'd been using AI unknowingly. My Smart phone's "Siri" and my Amazon Dot's "Alexa" are examples. AI is deeply ingrained in today's life.

So, when I picked up January/February 2020 issue of Web MD magazine in a doctor's office, I was drawn to articles that featured AI in medicine. What follows is the information I found most pertinent:

- AI enables doctors, pharmacists, and consumers to find a drug's interaction not only with other drugs but also with nutritional supplements. For instance, regarding the herbal supplement ginkgo there are 80 possible interactions it can have with drugs, some quite dangerous.
- AI minimizes the amount of time it takes doctors to diagnose a condition. Examples: AI can diagnose a stroke 150 times faster than a radiologist. It can quickly analyze a mammogram with 99% accuracy. It can detect osteoporosis and possible skin cancer.
- AI can help prevent medical errors.
- AI apps such as Siri and Alexa can remind us to take our medicines and alert diabetics to take needed insulin shots.
- AI is used by Facebook and Instagram to scan posts for threats of suicide or self harm.
- AI is commonly used during workouts and can measure one's fitness level and eating habits.

According to Web MD there are currently 318,000 health apps now available worldwide. Most certainly I appreciate being a beneficiary of this new-to-me technology.

CIAO ITALIA CEREMONY

By Ginny Limitone

In the spring of 1993 Annette DiMaio, as President, and Grace Peragine, along with both Faye Brachetta and Dee Pento, as Vice President, founded the Ciao Italia Heritage Hills Club. Annette was President from 1993 to 1999. She was succeeded by Joe DeLucia until 2001, followed by Anthony Patierno who was President from 2002 to 2004. Joe Cerrone was President until 2013, at which time the current Board elected Pete Salzarullo President.



Seated: Joe Cerrone, Faye Brachetta, Peter Salzarullo, Frank Bevilacqua, and Joe Manna. Standing: Mike Ambrosini, Ginny Limitone, Vincent Lorenzo, Michael Lanotte, and Paul Delcogliano.

Pete was recently honored at a breakfast held on January 3, which was attended by the current Board: Mike Ambrosini, Frank Bevilacqua, Faye Brachetta, Joe Cerrone, Paul Delcogliano, Michael Lanotte, Ginny Limitone, Vincent Lorenzo, and Joe Manna (Anthony Chiaverini was unable to attend).

The Board presented Pete with a gift, thanked him for his six years of service and dedication to the club, and noted that the membership has grown under his leadership. Pete graciously pointed out that the entire Board should take the credit, as all its members put in lots of effort.

Frank Bevilacqua has been elected the 5th President of the Ciao Italia Club, and, along with Michael Lanotte as Vice President, Michael Ambrosini as Treasurer, and Ginny Limitone as Secretary, began presiding on January 1.

The Ciao Italia Club is the oldest actively running club at Heritage Hills—27 years old this year. The Club is famous for its various activities and memorable dinners, beginning each year with a Pizza Party and ending with a fabulous catered Christmas Party for its members. Each year the Club also arranges trips to various and interesting places. Last year a wonderful bus trip was to the 9-1-1 Museum in New York City with lunch at Mont Blanc 52, a renowned

* * *



OUR APRIL FOOLS CONFESSIONS

As many of our regular readers know, our April issues always contain items written very convincingly by Newsletter Committee members on a variety of matters that are, in fact, mere folly. We have always come clean about those items elsewhere in the issue, but we've learned that sometimes folks don't find and read those "confessions."

For instance:

In the April 2017 issue there was an article by Ami Stokhamer about Heritage Hills's most exotic pet—a chimpanzee. It was very convincing, but Ami admitted in the very last sentence that she had not met a resident that owned a pet chimpanzee.

In that same issue I authored an item reporting that solar power roof panels had been discussed at the Counsel of Condos meeting on February 29. Well, 2017 wasn't a leap year, so there was no 29th day of February that year (and no such discussion).

In the April 2018 issue, there was another article written by Ami regarding a resident, Thelma Ledbetter, who lived in an old cabin on Heritage Hills property. Many residents, Society staff members, and even non-residents who had heard about it (the news traveled beyond our borders) searched in vain to find that cabin. They couldn't find it because...well...the cabin and Thelma didn't exist! We confessed on page 32 of that issue.

Finally, in *last* year's April issue, one of the two April Fools articles was written by Karl Milde. It described a Heritage Hills unit's garden through which a model railroad wended its way. Here is Karl's incredible story of what happened to him and his wife, Cheryl, on a Sunday afternoon last May:

Cheryl and I were planting flowers around a tree in front of our condo unit while talking with our neighbor, Elizabeth. We live on West Hill Drive, and our unit is quite visible from that main road. Cheryl and I are not normally found outside in front of our unit, but on this particular sunny day we were there for an hour or so.

While we were working, a black sedan drove up and stopped. The window slid down and a woman said she and her passenger husband were looking for the garden railway. At that point my neighbor Elizabeth said she, too, had heard about it, but didn't know where was.

Apparently, the couple had just spent quite some time driving the back roads of the West Hill searching in vain for the garden railway.

With a wink I fessed up and told them I'd authored the story and explained that it was an April Fools' joke. At first, the woman appeared not to believe me; but when she finally understood, she seemed very disappointed, zipped up her window, and slowly drove away.

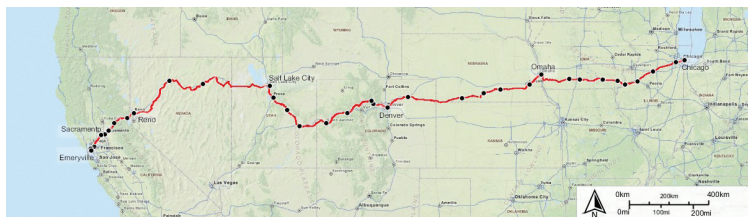
I couldn't help smiling the rest of the day, envisioning the couple driving home in stunned silence.

As we had done in prior years, on page 25 of last year's issue we confessed that the garden model railroad article and the other April Fools article in that issue were folly.

Plans for this April's issue are afoot.

ALL ABOARD—MY TRIP THROUGH THE ROCKY MOUNTAINS BY TRAIN

Text by Susan Statkowski-Rivalsi, photo by Stephanie Statkowski



California Zephyr Route from Chicago to Emeryville, California

I chose to start my 2020 snowbird flight in slow motion—seeing the Rocky Mountains by train. My sister, who lives in Florida, rendezvoused with me in Chicago to share this trip on the *California Zephyr*, one of Amtrak’s long-distance trains on which I had booked a First-Class Sleeper Car Bedroom, which includes all meals and access to Amtrak’s Metropolitan Club Lounge at Chicago’s Union Station, situated in the Windy City’s classy midtown business district.

Upon arriving at the station, we entered the pristine, two-level ultra-modern lounge—with its variety of comfort seating areas, plethora of HD flat screen televisions and electronics ports, and cash bar (it also has a shower facility). Having checked our bags, we explored this recently magnificently restored transportation hub, and then returned to the lounge to enjoy some complimentary, freshly prepared snacks and cappuccinos.



The left statue holds an owl and the right one a rooster, symbolizing night and day train service.

Mid-afternoon, we were welcomed aboard the two-story-tall train by our sleeping car attendant, Nate, a true professional in his 41st year with Amtrak who prepared his clients’ rooms, and kept available—all day at a refreshment station amidst our private car’s corridor—fresh ice, juice, and coffee service. Our upstairs cabin with comfy daytime couch and chair (and private toilet/shower room) had a large window that promised terrific views.

Throughout the trip, we chose the dining car over room service and enjoyed Amtrak’s chef’s freshly prepared hot breakfasts, lunches, and

dinners, served on cloth-covered tables by delightful, professional, uniformed staff. At each meal, various friendly fellow travelers were seated at our table by our host. All meals—most especially the near-overflowing dinner plates of Signature Steak, salmon, steamed mussels, *etc.*—did not disappoint. Since we were heading west following the sun at 100 miles per hour, both evenings we experienced never ending sunsets while relishing “dinner in the diner.”

After our first night, we spent most of the day enjoying the views of The Rockies through the glass-domed observation car’s windows, which had been washed that morning upon arrival at Denver’s Union Station. Throughout the day we saw magnificent vistas as well as bald eagles, wild horses, and many elk herds while traveling through 47 tunnels. Upon leaving the first one out of Denver—which took us under the Continental Divide—Winter Park ski area’s skiers shushed past the windows; and the longest one was 6½ miles! We also were very fortunate to have on board Cafe Car attendant Martin, who shared, via the public announcement system, numerous nature and history facts about all things seen outside.

After a peaceful second night’s sleep and our last casual Amtrak hot breakfast, we arrived at Reno, Nevada, near Lake Tahoe. We departed the next day by air for my next snowbird stop at my sister’s home in central Florida.

Our *Zephyr* trip through The Rockies was one my sister and I will fondly remember for a very long time.

* * *

Q&A FOR TODAY’S GENERATION: CAN YOU NAME THESE?

Photo Quiz by Sue Shea

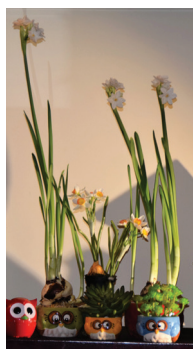


Answers can be found at the bottom of page 26.

* * *

SPRING IS IN THE AIR

Text by Margi Forrest, photo by Sue Shea



In the grey, dim, short hours of the winter, I decided to cheer myself up by purchasing some “paper-white” Narcissus bulbs from Whispering Pine Nursery.

As a holiday gift, I received a set of adorable ceramic owl measuring cups. I then remembered my bulbs, so, having a creative purpose for them, I planted them in pebbles and water in the measuring cups and, with patient waiting, three weeks later my blooming Narcissus bulbs sprang to life, flourishing and making me smile. I hope they do the same for our readers.

* * *

WINTER IN THE SOUTHLAND

By Ellen Saltzman

The royal palm stands near
Witness to the tilted sliver of moon rising
The sky wraps it in her magic blue and gold manicure,
She is tired and longs for a few hours of simple hush,
Rustling reeds and frogs calling.
This moment will never end
For me or you,
Or the tree, or the moon, or the sky,
Because all of us being friends
We can agree that time can stop if we want it to.

* * *

TOY TRAIN TALE

By Karl Milde

If you're a toy train buff, as I am, you'll want to visit the Miniature Wonderland in Hamburg, Germany—www.miniaturwunderland.com. It's that country's most visited tourist attraction. Although the train layouts are spectacular, it's the trains' control room that I found the most fascinating.

With that in mind, I headed for the Train Show at the New York Botanical Gardens. I'd seen the show when it opened in November and had marveled at the models of the landmark buildings, lighthouses, bridges, fountains, and statues of New York City that formed background sets for the multiple train layouts. This time I wanted to focus on the trains themselves and learn how they were controlled.



Photo by Sebastian Schaefer

Upon entering the exhibit, I asked about the control room whereabouts and was directed to the manager, Brian, who explained there is no master control room. “There are different control boxes. They're all hidden,” he said. When I asked to see them, he said he couldn't show them to me.

I entered the very long room, which was divided lengthwise by a high partition, so to view the exhibit you had to walk down one side to the far end and back up the other side. The trains were there, all running through landscapes dotted with models of famous architecture. The layouts were elevated to waist height, with cloth hanging down so you couldn't see underneath. I figured that's where the controls for those trains were to be found; but I couldn't see any sources of power for the trains running at floor level.

At the far end of the room I found a security guard, named Vanel, who explained that various train controls were hidden beneath, behind or adjacent landscape objects, and were shut off at day's end and restarted in the morning. He took me to where Thomas the Tank Engine was pulling a train around Yankee Stadium and pointed to a large rock nearby. He bent down and lifted the rock to reveal three control boxes.



Photos by Karl Milde

He said, “You can adjust the speed. Before the public comes in, when we turn on the trains, we sometimes run them around really fast. It's pretty exciting!”

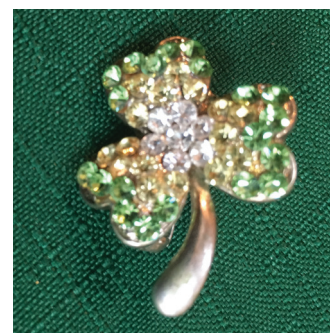
Now that's why we love model trains. I spent the rest of my allotted viewing hour looking for the hidden boxes that controlled the trains at ground level. I think I found them all.

* * *

HAIKU FOR MARCH

Verse and photo by Sue Shea

The March winds shall blow
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THE BOOK SHELF

By Cindy Kennedy

Irish writer Kevin Barry's third novel, *Night Boat to Tangier*, was nominated for last year's Booker Prize and deemed a Top Ten book by *The New York Times* as well. The tragicomic tale is infused with the lyrical and often salty prose endemic to classic Irish writing. In particular, its plotline channels Saul Bellow's iconic *Waiting for Godot*.

Night Boat to Tangier begins on an October night at the Andalusian port of Algeciras in southern Spain. A pair of "fading gangsters from Cork" are sitting on a bench near the port's terminal: "Maurice Hearne and Charlie Redmond are in their low fifties. The years are rolling out like the tide now. There is old weather on their faces, on the hard lines of their jaws. But they retain—just about—a rakish air."

The two men are waiting at the port on a tip that Maurice's daughter Dilly might be leaving or arriving on a boat from Tangier. Dilly, now 23, has been missing for three years. Maurice and Charlie, with a fading photo of Dilly, taken three years prior, ask people passing by if they've seen Dilly, describing her as possessing the "pale green eyes" of her Protestant mother Cynthia. Dilly might, they say, still wear dreadlocks that she had the last time they had seen her in Ireland.

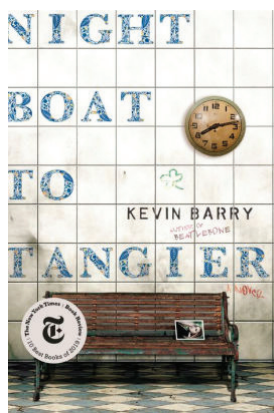
As Maurice and Charlie wait at the port, they ruminate about how they had drifted into smuggling Moroccan hashish to Ireland and how they had absconded to Spain, "a country vast and made for hiding." They "talk about those they have crossed and those they have helped, of first loves and lost loves, of their enemies and friends."

Dilly, with the resiliency of youth, is the most appealing character in the novel. She had left Ireland soon after her mother's death because she "wanted a place that did not know the meaning of her grief. She wanted to travel to the far recesses of herself and see what she might find back there."

Maurice and Charlie, on the other hand, are dark, brooding characters, and their story is a melancholy one. Mr. Barry's skillful writing and sardonic wit, however, keep *Night Boat to Tangier* afloat and make the novel well worth the read.

(Note: *Night Boat to Tangier* is part of the Heritage Hills Library and Somers Library collections. For a list of new books at the Heritage Hills Library, please see page 14.)

* * *



FIT-BITS

By Mary Tedesco

KYPHOSIS

Many people don't realize what Kyphosis is yet walk around with it every day.

Kyphosis is an exaggerated forward rounding of the upper back and neck area. It is also called "Forward Head." It can occur at any age, but it is most common in older women (older men can develop it, as well).

There is mild kyphosis and there's severe kyphosis. Mild kyphosis does not cause many problems with pain or compression of the spinal column discs, but severe kyphosis can cause pain and be disfiguring—most obviously as a "forward head."

Kyphosis can be caused by osteoporosis, disc degeneration, or fractures, among other things. For instance, weakened back muscles is a culprit in Kyphosis.

This spinal curvature in the upper back and neck can make it difficult to look up or drive a car and can be painful when lying down—especially flat without a pillow to support the curvature.

Here's an exercise to help prevent or slow the advance of Kyphosis:

- 1) Stand up against a wall.
- 2) Think about your posture.
- 3) Think about dropping your shoulder blades down and back, so you push your shoulders against the wall.
- 4) Tuck your chin slightly and bring your head back directly over your shoulders, pressing your neck towards the wall.
- 5) Hold for 30 seconds to one minute—but stop if you feel pain.

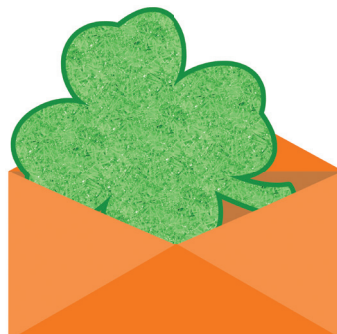
Another tip...if you see a friend with forward head or poor posture, gently let them know—just a little nudge to stand up tall and keep their chin up!

* * *

ANSWERS TO "Q&A" ON PAGE 22

Knife Sharpener, Shoe Horn, Meat Grinder, Ice Pick

* * *





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DISPATCH FROM THE PROVINCES

Text and drawing by Eric Felderman

THE TRIAL OF THE CENTURY RIDES AGAIN



The judge has chosen to wear an eighteenth-century judge costume to augment his dignity. Crime depresses him, so in order to preserve his cheerfulness, and as an aid to mental acuity, he permits himself to sample a large spirally decorated lollipop.

And to prevent depression in the jury, which might cloud their intellects, he has personally paid for a troupe of three entertainers (a comedian, a diva, and a clown) to dance the bunny-hug (a dance that became popular after the waltz and prior to the mashed potato).

In the background, the large faces belong to gods, who are going about their inscrutable business, oblivious to the trials of humans. (Or the faces might belong to a Hollywood love epic that is being back-projected onto a screen, as another stratagem to distract the jury from the sordid facts of the trial.)

Nevertheless, signs of psychic trauma are visible within the jury. One poor fellow has abandoned all pretense and is covering his face and weeping; unless he is blowing his nose. Another is attempting to quiet his nerves by regressing to the stage of thumb-sucking. One lady seems to be succumbing to voyeurism. She has smuggled binoculars into the proceedings. Another lady seeks the consolations of gluttony. An aesthete blocks out everything by concentrating his attention on a flower.

One of the jurors is experiencing a vision of transcendent peace—which, if it is not merely a defense mechanism (or possibly a prosecution mechanism), is very encouraging.

Out of sight, the attorney for the defense has just brought his closing argument to a final ecstatic peroration, crying out, “They have read my client his Carmen Miranda rights, but they did not give him a banana!”

* * *

LAND OF SUN, SURF... AND STRANGE HAPPENINGS

Text and photo by Joan Pearlman

As many Heritage Hills residents know, Florida is often considered a sun kissed “paradise” during those long winter months. It attracts snowbirds, snowflakes, as well as occasional visitors from afar, i.e., Canada, Europe, South America, and even Long Island.

Where else are shelters opened during the frigid temperatures starting at 60 degrees?

Where else is havoc caused by frozen iguanas falling from trees, and questions raised whether they could be eaten as a replacement for chicken?

The daily newspapers tout the ongoing activities of the socially elite, whose charitable acts are celebrated in the most fashionable garb at high-end clubs and ballrooms. Some of these lavish events revolve around their patrons’ well-coiffed pets.

Newspapers weekly publish absurd acts committed by local residents. The following is a sampling of such occurrences:

- A woman was applying for a retail job. When the manager told her that she was being rude, and that he would not hire her, she slapped him in the face and claimed he was discriminating against her. She was arrested for assault. Apparently, she thought that offensive behavior was a protected right.
- The resident of a house full of marijuana plants claimed that he found the seeds on the street and simply wanted to see what they grew.
- A 65-year old woman was arrested after she threw a shoe at a 28-year-old woman, striking her in the face. I am not too sure why the ages were noted, so apparently the lesson is that if you are going to throw shoes in Florida, pick on someone your own age.
- A bank robber was quickly identified when he held up the bank where he worked.
- A man reported to the police that he found what appeared to be narcotics in the pocket of a jacket he bought at a thrift store. Wisely, the newspaper did not report the store’s address.
- A jury was deadlocked when one of its members said he heard a “voice from God” telling him to acquit.

In essence, Florida can be a nice respite for a vacation in the sun. But is there such a thing as getting too much sun?

* * *



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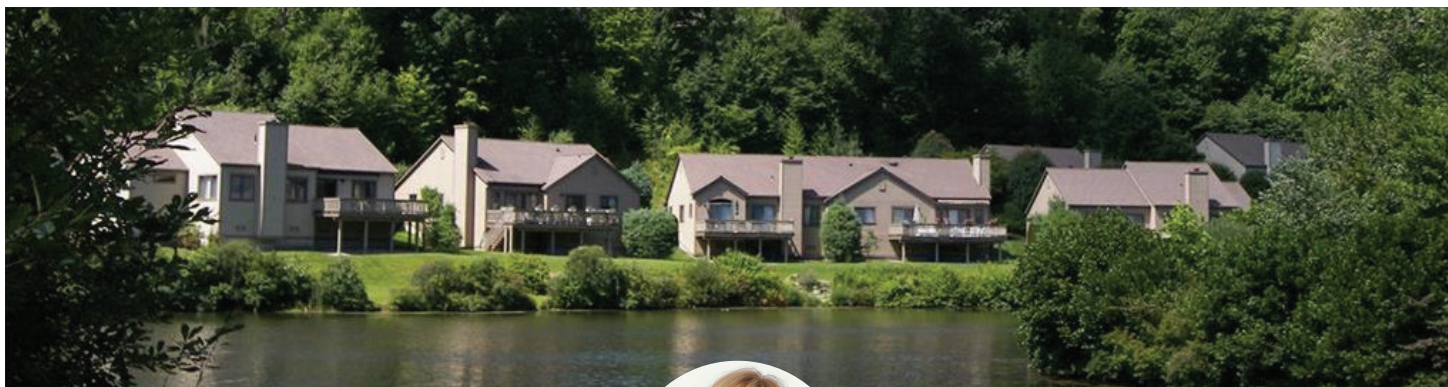
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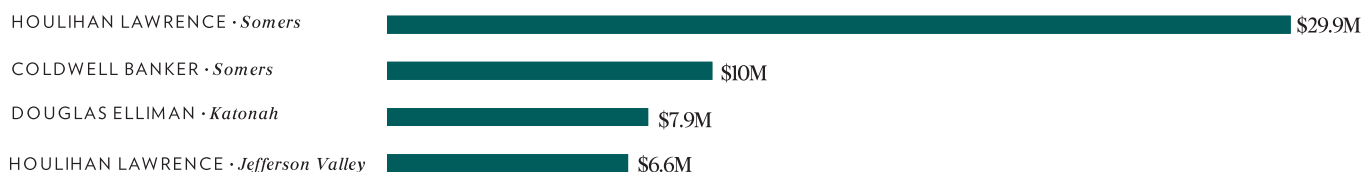


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Source: HGMLS, 1/1/2019 – 12/31/2019, Condominiums, total volume sold by office, Somers P.O.

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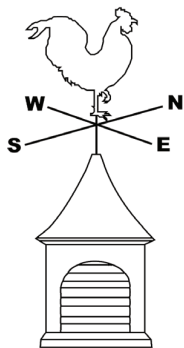
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Total units sold by Hudson Gateway MLS agents from 1/1/2020 to 3/10/2020

	2020	2019	2018	2017
TOTAL SOLD	11 (\$249,500-\$670,000)	11 (\$285,000-\$610,000)	9 (\$225,000-\$472,500)	10 (\$270,000-\$483,500)

Various units sold by MLS agents from January 1 to February 10, 2020

1 BEDROOM

FRANKLIN \$249,500
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ARMONK \$375,000 HARVARD \$550,000; \$650,000;
\$670,000 MONROE \$318,000
STRATFORD \$510,000

3 BEDROOM

JEFFERSON \$340,000; \$365,000

Thank you

Thank you to everyone who asked their family, friends and neighbors to contact me so I could help them sell or find a new unit or home. I greatly appreciate your recommendations and support.

Thank you

Thank you to my friend and colleagues at Houlihan Lawrence and all the other real estate companies who are part of the Hudson Gateway Association Of Realtors (HGAR). Their support and success in selling units in the Heritage Hills community is shown in my monthly ad which not only reflects my sales but theirs as well.

If you have any questions or would like to know about sales for your particular model, please do not hesitate to contact me. Cell: 914-420-1850 or send an email to mlowenfeld@houlihanlawrence.com

**Thank you,
Marti**

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