



THE OFFICIAL
*Heritage
Hills
Newsletter*

AUGUST 2024



Heritage Hills Society Information

Address 8 Heritage Hills, Somers, New York 10589

Website www.hhsociety.org

Television Channel 21

CONTACT INFORMATION - EMAIL

Society society@hhsociety.org

Activities Office activities@hhsociety.org

CONTACT INFORMATION - TELEPHONE

Security 914-276-2592

Society Office 914-276-2908

Activities Office 914-276-2636

Bus 914-276-2877

Library 914-276-7655

Fitness Center 914-669-5028

EMERGENCIES 9-1-1

Hours of Operation

Activities Center

Building 9 am to 11 pm

Activities Office 9 am to 5 pm

Society Office 9 am to 1 pm

Fine Arts Center Group instruction and free time are scheduled by the Activities Office at 914-276-2908

Library Monday thru Friday 10 am to 3 pm, Saturday 10 am to 1 pm

Fitness Center & Gym Daily 4 am to 11 pm

Lake Lodge 9 am to 11 pm

Meadowlark Park Dawn to Dusk

Park Place Dawn to Dusk

Bus Service - Weekdays Only (except holidays) - 914-276-2877

Goldens Bridge MetroNorth Station Trips

Morning to/from: (out only) 5:15, 5:45, 6:45, and 7:45 - **Reservation Required**

Evening **PICK-UPS ONLY**: 4:45, 5:35, 6:35, 7:35 and 8:35 - **No Reservation**

Midday Trips - Reservations Required

To/From Activities Center, Lake Lodge, Meadowlark Park, and off site, including Goldens Bridge MetroNorth Station

Outbound, hourly 8:45 am to 12:45 pm

Inbound, hourly 9:10 am to 1:45 pm (last train station pick up 12:45 pm)

To/From Pools 2 thru 5 / Tennis areas

To: 8:45 am (pool 4), hourly, 9:45 am to 1:45 pm

From: Hourly from 9:10 am to 2:10 pm

UTILITIES CONTACT INFORMATION

Comcast 800-934-6489

ConEd 800-752-6633

NYSEG 800-572-1131

Verizon 800-922-0204

Water/Sewer (Veolia) 877-426-8969

SERVICES FOR SENIORS

TOWN OF SOMERS SENIOR SERVICES - 914-232-0807

Princess Guerra, Director

Hot Lunch

- At Van Tassel House - **Free Transportation Available**

Monday thru Friday at noon

- Delivered to home-bound, Monday thru Friday

Meals leave Van Tassel House for delivery starting at 11:30 am

Suggested contribution: **\$3** per meal

Medical Appointments - Transportation Available

Tuesday thru Thursday, for appointments between 10:30 am to 2 pm

Suggested round-trip donation: **\$10**

Shopping Trips by Bus

Mondays and Fridays, pickups start at 10 am

Suggested round-trip donation: **\$2**

OTHER SENIOR SERVICES

RideConnect - 914-242-7433

Transportation services seven days a week. Call to register.

Medicare - 800-633-4227 and medicare.gov

Medicare Rights Center - 800-333-4114

EPIC - 800-332-3742

New York State Senior Prescription Reduction

Westchester County Senior Programs and Services - 914-813-6300

Referral agency for senior services including legal - 914-949-1305

Social Services: 914-995-5889

SERVICES FOR ALL AGES, INCLUDING SENIORS

AA - 914-949-1200. Info and literature National Council on Alcoholism

Adult Protection Services Intake - Natalie Siler 914-995-2259.

Cancer Care - 800-ACS-2345

Northern Westchester Hospital - 914-242-8115

Putnam Hospital - 845-279-5711

The Dominican Sisters - Family Health Service 914-941-1654

Long- and short-term registered nurses.

Hospice - 914-666-4228 - Visiting Nurse Association State-certified program providing home health care and emotional support for terminally ill patients and their families

Project Time Out / Jewish Community Services - 914-761-0600 - Provides in-home respite services matching families with trained sitters/companions. Contact Judy Fink, Coordinator, ext. 340; Carol Kobroo, Respite Specialist, ext. 310

Transportation for Cancer Treatments (free):

American Cancer Society Road to Recovery program. 800-227-2345

Transportation for Disabled Residents - County Office of Transportation 914-813-7777

Para-Transit - 914-995-7272 provides modified vans with ramp for curb-to curb service. Fare \$5 each way. Medical pre-authorization required. For eligibility call 914-995-2960.

Private Ambulette Services

Superior Brewster 845-278-6992

CLC Trans 914-241-0112

Ambulance: Westchester EMS 866-666-9367. Accepts Medicare.

Westchester County Office for the Disabled, includes hearing-defect

Lighthouse Inc. - New York City 212-821-9200. For sight impaired.

Veterans Guide to VA Health Care Benefits -

VA Hudson Valley Health Care System - 800-269-8749

Monday through Friday 8 am - 4 pm

Visiting Nurse Association of Hudson Valley

914-666-7616 - 8:30 am - 5 pm - Home care aides nursing, Nutrition consultation

PUBLISHER: HALSTON MEDIA GROUP | 118 NORTH BEDFORD ROAD, SUITE 100, MT. KISCO, NY 10549

845-208-8151 - freeman@halstonmedia.com - HalstonMedia.com

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FOR INFORMATION ABOUT THE HOSTS OF THE BELOW EVENTS, SEE THE ACTIVITIES / CLASSES / CLUBS SECTION OF THIS NEWSLETTER WHEN GUESTS ARE WELCOME, UP TO FOUR PER UNIT ARE ALLOWED



MEADOWLARK PARK COMMITTEE

Park in the Activities Center parking lot, if you can; otherwise, the upper Park Place parking lot. The lower parking lot in front of Park Place will serve as a pedestrian mall during the following events:



By Karl Milde

FOOD TRUCK THURSDAYS

By Pat Ploss

Tables are available behind Park Place, at the playground, and near the tennis courts - or bring your own table.

Thursdays from 5 to 7:30 pm

- August 1..... **Road Grub** – Hamburgers and Hot Dogs
- August 8..... **Sayit’s Kitchen** – Greek and Turkish
- August 15..... **Dough Nation** – Pizza
- August 22..... **Graziella’s** – Italian
- August 29..... **Gyro Uno** – Greek
- September 5..... **Three Pigs** – Barbecue
- September 12..... **Dough Nation** – Pizza

Also, **Ice Cream** most evenings.

WE OOPSED!

We apologize to the Tennis Committee for inadvertently not including that group in the list of Registered Activities on page 9 of the July issue. It is one of 17 (not 16) registered Activities.

ON THE COVER

On June 23, near the Fred’s Way exit to Warren Street, Rosetta Benson interrupted her usual morning walk to take a picture of the doe seen on the cover.

The banner photo was taken by Karl Milde.

HERITAGE HILLS NEWSLETTER COMMITTEE

Chair/Editor in Chief: Susan Statkowski-Rivalsi
 Writers/Editors/Photographers: Patricia Adams, Rosetta Benson, Phyllis Bradbury, Dassi Citron, Terry Clifford, Cindy Kennedy, Karl Milde, Elizabeth Royston, Keri Reitman Schnapper, Carol Vartuli



By Joyce Spector

WALKABOUT CLEARWATER CHORUS

Saturday, August 10, at 7 pm in the Activities Center

Founded in 1984 by folk music legend Pete Seeger, the *Walkabout Clearwater Chorus* is known not only as a singing group, but also as a group that is first and foremost activist in the tradition of its founder. Their songs focus on the Jewish tradition of Tikkun Olan (repairing the world). The group is dedicated to promoting environmental awareness and social action through song, education, and other activities. It is also known for its seven-foot-tall model of the sloop Clearwater which sails in the Hudson River. Come sing along or just enjoy the music.

Light refreshments will be served. Admission is \$15 per person. **No later than August 5**, place your checks in our mail slot along with your name, phone number, and unit number. Walk-ins are welcome as space permits. If you have questions, call Alan Tepper at 914-342-3279 or email him at astepper@gmail.com.

* * *

10-A-MEN CLUB

By Mike McBride

WEEKLY MEETING SCHEDULE

Wednesdays at 10 am in the Heritage Room

- August 7** **Gary Parker - HH Resident**
Real Estate Updates
- August 14** **Stephanie Roberti - HH Resident**
Supportive transitions for Seniors
- August 21** **Dr Louis Bisogni and Angelo Purciogliotti**
Lions Club – Who They Are, What They Do

continued on page 4

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COMING EVENTS

August 28 Open.Session

Self Introductions
Miscellaneous Discussions

All adult residents are welcome. Women are encouraged to attend. Doors open at 8:30 am. \$2 admission. Bagels and coffee are available until 9:45 am. Folks mingle and chat between 8:30 and 10 am, when the Pledge of Allegiance is said. That is followed by speakers and discussions until 11 am.

Come join us to meet your neighbors, ask questions, and find out what is happening in Heritage Hills and around Somers. As always, we respect, welcome and listen to all.

* * *

FRIENDS IN THE HILLS

By Deborah Ferrara

The following events will take place in the Heritage room. Doors open at 6:30 pm, and the events start at 7 pm.

HOT DIGGITY DOG RACES

Friday, August 9

Hot Dogs and chips will be served. BYOB. \$12 per person. Limited Capacity. If you have previously attended our Horse Races, this will be something you won't want to miss.

TRIVIA NIGHT

New format to test your skills!

Saturday, September 9

Admission for this limited-capacity **Members-Only** event is \$10 per person. Refreshments will be served. Fill out and submit your attendance sheet and your check in our mail slot. If you have any questions, call Debbie at 914-924-3003 or Mary Ann at 914-318-1227.

FUTURE EVENT DATES (subject to change)

October 10, November 8, and December 14.

* * *

HEALTH & SAFETY COMMITTEE

HOW TO OPTIMIZE YOUR LIFE WITH PHYSICAL THERAPY

Submitted by Mona Moriber, LCSW

Wednesday, August 14, at 1:30 pm in the Heritage Room

Steven D'Ambrosio, PT, DPT, Manager/Director of Focal Physical Therapy in Katonah, will present a program on the benefits of physical therapy for spine, hip, and knee pain related to gardening, daily activities, and sports. Fall Risk Prevention, an important topic, will also be addressed. Audience participation is always welcomed.

OVERVIEW OF SLEEP DISORDERS AND CHANGES IN SLEEP WITH AGE

Submitted by Leslie Guttman, R.N.

Tuesday, August 20, at 6 pm in the Heritage Room

Dr. Arun Agarwal, MD, FCCP, FASM, will begin by describing features of "normal sleep." Then he will discuss how sleep quantity and quality changes normally with aging, and finally he will discuss various sleep disorders and their management.

Dr. Agarwal is a board certified physician in internal medicine, pulmonary medicine, critical care medicine, sleep medicine, and palliative care medicine. He completed his medical school training at the All India Institute of Medical Sciences in New Delhi, India, and subsequently trained at New York Medical College in Valhalla, New York and its affiliates. In practice at Putnam Hospital since 1990, he is currently President of its Medical Staff and Chair of Medicine.

FUTURE EVENTS

Submitted by Flo Brodley

Does Food Reduce Your Risk of Cancer? – Thursday, September 12, at 1 pm at Lake Lodge

Community CPR – Thursday, September 12 at 5 pm at Lake Lodge

Annual Flu Clinic – Wednesday, October 9, from 9 am to 1 pm at Lake Lodge

Annual Medicare Update (Co-sponsored with the 10-A-Men Club) – Wednesday, October 16, at 10 am in the Heritage Room

Trust Planning / Protecting Your Home – Wednesday, October 30, at 1 pm in the Heritage Room

* * *

INDEPENDENT AND FOREIGN FILM CLUB

By Steve Klepner

NIGHT TRAIN TO LISBON

Thursday, August 15, at 7 pm in the Heritage Room

(Europe, 2013, 111 minutes.) Raimund Gregorius, a Swiss professor, abandons his lectures and buttoned-down life to embark on an adventure that will take him on a journey to the very heart of himself.

As the film is long, the event will start promptly at 7 pm . A discussion, led by Bill Costanzo, retired film studies instructor, follows the screening.

* * *

RESIDENT ART SHOW

By Terry Clifford



APPLICATION DEADLINE

Wednesday, August 23

The Application Form with Guidelines is on pages 11 and 12, or you can pick one up at the Activities Office.

SHOW SCHEDULE

Saturday, September 21, from 10 am to 6 pm

Sunday, September 22, from 10 am to 4 pm

The Annual Resident Art Show is rapidly approaching. We encourage **artists of all ages** to share their talent in ceramics, drawing, digital art, fiber, jewelry, mixed media, needlecraft, painting, photography, printmaking, sculpture, silk painting, weaving, and woodcraft. We receive close to three hundred pieces of resident artwork each year.

SHOW SETUP VOLUNTEERS NEEDED

Friday, September 20, from 9 am to 3 pm

We need assistance installing the artwork. By **Sunday, September 1**, send your volunteer contact information to mattesjack@yahoo.com.

If there are any questions, contact the Activities Office at hhactivities.org or call 914-276-2636.

* * *



CIAO ITALIA

Submitted by Michael Lanotte



SOUNDS OF SINATRA & DINO TRIBUTE SHOW

Friday, August 23, In the Heritage Room

The Sounds of Sinatra & Dino tribute artists, along with the Tony T. Orchestra Trio, pay homage to the legendary performers with stories and songs that bring back the golden era when swing was king!

This evening's event is for members and nonmembers – members: \$25 per person, nonmembers: \$30 per person. Auditorium seating. Refreshments will be available.

All checks must include completed flyer form found at the Activities Office.

COMING EVENTS - FOR MEMBERS ONLY

Casino Bus Trip to Mohegan Sun – early September

Members-Only Pizza Night – late September

Flyers will be available outside the Activities Office containing important information regarding submitting checks/information for these events.

CONTINUING EDUCATION

Submitted by Karen Baker

The following events will take place in the Heritage Room. Unless otherwise indicated, admission is \$10 per event, paid at the door. If you have any questions, call Ann at 914-617-9434.

HOW A CORRESPONDENT COMBATS DISINFORMATION AT THE WHITE HOUSE & BEYOND

A lecture by Steve Herman, Chief National Correspondent, Voice of America

Tuesday, September 3, at 1:30 pm

Steven L Herman is one of the longest-serving and most prominent correspondents at *Voice of America* (VOA), the editorially independent United States government external broadcast service. Herman will explain how he and VOA carry out the mission to tell America's story to the world in an era of deep domestic division and a flood of disinformation.

CELTIC FOLK MUSIC OF IRELAND

A live performance by the Sheridan Rúitín Irish Band

Sunday, September 8 at 2pm (FREE)

A young Celtic band from the suburbs of New York, rooted in tradition and fueled by innovation, Sheridan Rúitín weaves a tapestry of ancient musical heritage with contemporary flair – from lively jigs and reels to poignant ballads and ethereal harmonies. The group invites listeners on a musical journey that transports them to the rolling hills of Ireland, filling the gap between Celtic rock and traditional Irish folk ballads.

MONET AND IMPRESSIONISM

Two lectures by Heather Cotter, Art Educator, Museum of Modern Art

MONET AND THE START OF IMPRESSIONISM

Tuesday, September 17, 1:30 pm

In 1874, Claude Monet and his contemporaries staged an independent exhibition in a photography studio in Paris. There, audiences witnessed a radical new style employed by these artists depicting the modern city. Calling the works "Impressionist," based on the title of a work submitted by Monet, critics marked the birth of a new artistic movement.

MONET AND THE END OF IMPRESSIONISM

Tuesday, September 24, 1:30 pm

As the 19th century drew to a close, so did the Impressionist movement. With the last Impressionist exhibition mounted in 1886, most of the artists associated with the movement were turning their attention to new directions. But Claude Monet, one of the movement's founders, remained stalwart in his dedication to the style, single-handedly carrying Impressionism into the 20th century.

* * *

WOMEN'S CLUB

Submitted by Phyllis Bradbury

WELCOME BACK PIZZA PARTY

Wednesday, September 11, at 12:30 pm in the Heritage Room.

Join us for our **members-only** end-of-summer Welcome Back Pizza Party. The cost is \$12 per person. Table settings are for 8. Make your check payable to "Women's Club," place it in an envelope, and leave it in our Activities Center mail slot **by September 3**. Look for the flyers for additional information



COMMUNITY THEATRE

By Muriel Millstein Weiss

COME TO THE CABARET!

AUDITION DATES

Thursday, September 5, and Monday, September 9, at 7 pm in the Heritage Room.

We are looking for Singers (bring sheet music in your key) and Musicians, including a Drummer, Guitarist, and Pianist.

SHOW DATES

Saturday, November 23, and Sunday, November 24

QUESTIONS? Contact Helen at 917-554-4417 or Myra at 914-669- 5157.

Email blasts from the Activities Office as well as flyers will be distributed providing more information. Mark the dates on your calendars for future reference.



CONCERT SOCIETY

By Teddi Meltzer



The best classical music value in Westchester and beyond!

They're coming! They're coming! The third and fourth concerts of our 2024 season! Enjoy the lazy, crazy days of summer, and be ready to welcome back the following performers in September and October:

VIOLINIST CHLOÉ KIFFER

Sunday, September 15, at 3 pm in the Heritage Room

PIANIST SOHEIL NASSERI

Sunday, October 20, at 3pm in the Heritage Room

Tickets are available at the door. If you have any questions, call Teddi at 914-277-1418 after 9 am!



SINGLES CLUB

By the Singles Club Board

PRESENTATION BY AUTHOR JO PITKIN

Friday, September 27, from 3 to 5 pm in the Heritage Room.

Come and enjoy a presentation from Somers native, Jo Pitkin, an award-winning poet and the author of *Cradle of the American Circus, Poems from Somers, New York*. Come get the facts, both fascinating and informative, about the history of Somers and the Circus.

Wine and cheese will be served. Admission for members is free; for non-members it's \$5. Call **no later than September 22** to reserve your spot for the afternoon. For more information, call Pat Caruso at 914-649-3232.



WELCOME TO HERITAGE HILLS EVENT / EXPO

By Karl Milde

Sunday, September 29, from 1 to 2:30 pm in the Heritage Room

All residents, and especially newcomers, are invited to this informational event at which you can meet Society and Condo Board members and learn about our many varied activities at Heritage Hills.



THE NEWSLETTER WELCOMES ARTICLES AND PHOTOS FROM HERITAGE HILLS RESIDENTS

OUR DEADLINE IS THE 6TH OF THE MONTH.

Authors' names will be indicated. We cannot guarantee that every item will be used, and all submissions are subject to being edited for format, length, acceptability of language, and suitability of content. Submissions should be in email attachment format (preferably Word) or by hand or mail to the Heritage Hills Activities Office or Society Office at 8 Heritage Hills, Somers, NY 10589.



EMAIL ADDRESS: HHillsNewsletter@gmail.com.

When Submitting Photos:

If using your phone instead of a camera, please use the highest resolution. Unless it's a scenic vista, concentrate on faces. Most photographs are taken from too far away, and if the image is cropped, the faces will be blurred. Get closer.

Please do not incorporate art or a photo in a Word file. Attach it and Word files to emails as separate items.

We cannot use anything taken from the internet without authorization from the source.

WHEN WALKING ON OUR ROADS, ALWAYS WALK FACING TRAFFIC, SINGLE FILE, HUG THE CURB, AND WEAR BRIGHT CLOTHING



SOCIETY BOARD NEWS

WELCOME NEW OWNERS

*By Anna Milani
Society Office Administrator*

During the month of June, ownership changed for 5 units. If you're a newcomer, you should have received a *New Resident* folder when obtaining your photo ID in the Activities Office. The folders are also available in the Society Office, open Monday through Friday from 9 am to 1 pm. Also, see page 6 regarding the September 29 Welcome to Heritage Hills Event/Expo.

SUMMARY OF PORTIONS OF THE JUNE 26 SOCIETY BOARD OF DIRECTORS MONTHLY AND ANNUAL MEETINGS

Compiled by Susan Statkowski-Rivalsi

This is just a summary of some portions of the meetings. Videos of these meetings have been posted on the Society Board website, hhsociety.org. The minutes of the monthly meeting will be published after they are approved at the next monthly meeting in September (there's no August meeting).

MONTHLY MEETING

Board members in attendance: Gloria Anderson, Gene Archer, Ann Harper, Joe Kelly, Jack Mattes, Karl Milde, Patricia Ploss, Bruce Prince, Dom Rubino, Deica Ruiz, Art Singer, Alan Tepper, and Jay Wright

Board members absent: Dorinda Haskell and Carol Vartuli

Also attending: John Milligan, Heritage Management Services, and Rob Casasanta, Prosegur Security

INTRODUCTORY COMMENTS - DOM RUBINO, PRESIDENT

This is the last Society Board Meeting for our fiscal year, which begins on July 1, after the annual election - we'll get the results tonight. Everything else - budget, etc. - are on a calendar year.

FINANCE & BUDGET, COMMITTEE - GENE ARCHER, CHAIR

Treasurer's Report

May Financials:

Income..... \$ 527,290.38
Expenses..... (475, 509.80)
Surplus..... \$ 51,780.58

Cash on hand: \$1,111,382.16

Upcoming payments that will reduce that amount: Bus Payment (\$60,000), Storm Drain Repairs (\$120,000), Pool, Landscaping, etc.

Budget Amendments

Paving: \$330,000 was reallocated to cover road paving due to spring storm road damage.

ACTIVITIES COMMITTEE - ANN HARPER, CHAIR

- **Heritage Room Improvement:** We're getting a new projector and larger screen.
- **New Class:** Unleash Your Potential - Thriving in Your Prime will meet twice a month. Details will be transmitted via email blast

COMMUNITY AFFAIRS/ANNUAL ART SHOW EVENT - JACK MATTES, CHAIR

[See pages 5, 11, and 12]

FITNESS CENTER COMMITTEE - ALAN TEPPER, CHAIR

- **Replaced Equipment:** Mats under the dumbbell section.
- **Swipe Requirement:** All users must swipe in (even when entering as part of a group).
- **Free Consultations:** Mary and John continue to have folks take advantage of these.
- **31-Day User Statistics:**
 - Exercise room, 3,244 swipes (566 users). Average: 105 visits per day.
 - Gymnasium, 376 swipes (122 users). Average: 12 visits per day

MEADOWLARK PARK - PAT PLOSS, CHAIR

- **Food Truck Thursdays:** Are a tremendous hit with our residents, and the vendors are very happy. [See page 3 for August details.]
- **Bee Hive Honey Available:** We added a second hive, and our bees are very happy. To sign up for a jar of honey, see Anna in the Society Office.

OPERATIONS REPORT - JOHN MILLIGAN, PROPERTY MANAGER

- **Paving:** Fall paving will occur on the East Hill.
- **Roof Replacement Update:** Over the past few years, we're replaced the roofs on three of our four main buildings - Fitness Center, Lake Lodge, and the Maintenance Garage. Activities Center is next, but we're not sure when at this stage.
- **ID Card Replacement:** Approximately 2,900 have been issued. For those who work, call the Activities Office to arrange for an appointment outside usual office hours.
- **Shuttle Bus:** The new, modern one is on the road.
- **Pickleball/Tennis Courts:** Pickleball: We repaired minor cracks on Pickleball Courts 3 and 4. Tennis: A chip on Court 7 was repaired and there was seam-work done on Courts 1 and 2.
- **Meadowlark Park Trail Extension:** Should be complete by mid-July, weather-permitting
- **Storm Water Basin Maintenance:** We have 17 of these on the West Hill. The DEC Storm Water Pollution Prevention Plan regulations require very specific maintenance.
- **Pools:**
 - So far, allowing food into the pool area has led to no issues. Folks are following proper procedure.
 - If thunder is heard, you must leave the gated pool area.

continued on page 8

POST-MEETING DISCUSSION

- A resident inquired about moving to solar energy for the buildings with new roofs. John Milligan advised that an investigation is under way – we can figure out how many kilowatt hours we use for each building based on our NYSEG bills.

ANNUAL MEETING

Board members in attendance: Gloria Anderson, Gene Archer, Ann Harper, Joe Kelly, Jack Mattes, Karl Milde, Patricia Ploss, Bruce Prince, Dom Rubino, Deica Ruiz, Art Singer, Alan Tepper, and Jay Wright

Board members absent: Dorinda Haskell, and Carol Vartuli

AUDIT COMMITTEE – JACK MATTES, CHAIR

The Audit has been completed. Printed copies will be available, and it will be posted on the website.

ELECTION RESULTS REPORT – DEICA RUIZ, ELECTION COMMITTEE CHAIR

Voting for Society Board candidates closed on June 18, and we thank everyone who took the time to vote. This year we received a total of 1,181 ballots, 20 of which were deemed invalid for different reasons. That left 1,161 valid ballots.

On behalf of the Society Board, the Elections Committee congratulates the successful candidates: Gloria Anderson, Bruce Prince, Denise Elliott, Ralph Fatigate, and Alan Tepper.

We sincerely thank Kay Brancato, Dorinda Haskell, Maria Molinski, Carol Vartuli, and Bren Zimmerman for investing the time and effort to run for office. Your desire to serve the Heritage Hills community is commendable, and we hope you will consider opportunities in the future.

We also extend thanks to our terrific Counting Committee, Karen Baker, Cindy and Bob Kennedy, Harvey and Marie Sugar, and Subhash Sindhvani. Finally, our thanks to Anna Milani who does so much behind the scenes, and without whose help the election would not have gone anywhere near as smoothly as it did.

[See right for more details.]

DOM RUBINO COMMENTS

Congratulations to the two new members who will be joining our Board.

I certainly want to thank Dorinda and Carol for the time and talent they have extended to our Society Board and, most importantly, to our community...to all of us. It's not an easy job on our Board. Everyone puts in a lot of time and effort in order to do what we do.

I have a short note from Dorinda; she asked me to read it:

Dear Fellow Board Members: It has been my pleasure to serve on so many valuable committees and with all of you these last three years. I wish you continued success and good health. Best to all of you.

SOCIETY BOARD MEMBER ELECTION RESULTS

By Election Committee Chair Deica Ruiz

On June 20, Election Committee Chair, Deica Ruiz, and six residents counted the votes on 1,161 of the 1,181 ballots received by June 18 (20 ballots were invalid). There were a total of 5,243 votes cast (not all ballots contained five votes).

At the June 26 Annual Meeting, it was announced the following three incumbents and two new individuals were elected:

- Gloria Anderson (incumbent)
- Denise Elliott
- Ralph Fatigate
- Bruce Prince (incumbent)
- Alan Tepper (incumbent)

At its July 9 work session, the Society Board chose the following officers for 2024-2025:

- President – Dom Rubino
- 1st Vice President – Gloria Anderson
- 2nd Vice President – Bruce Prince
- Treasurer – Gene Archer
- Secretary – Deica Ruiz

BALLOT DETAILS

Of the 1,181 Ballots received, 20 were deemed invalid because the ballots had more than five names selected or the return addresses on the outer envelopes did not match the Society's record of the owner of the unit. Here's the breakdown. The five candidates with the most votes were the winners.

Candidate	Votes	Candidate	Votes
Gloria Anderson.....	845	Carol Vartuli	531
Bruce Prince.....	693	Dorinda Haskel	472
Denise Elliott.....	649	Maria Molinski	381
Ralph Fatigate	595	Kay Brancato	285
Alan Tepper.....	582	Bren Zimmerman	210

* * *

SECURITY

By Rob Casasanta, Prosecur Security

- **Incident Report:** On the morning of May 30, Security staff responded to a 9-1-1 call regarding an unresponsive male. Our staff arrived within two minutes to find a male not breathing and having no pulse. A family member was performing CPR. Security staff took over CPR, supplied oxygen, applied and AED and delivered a shock. Within a few minutes a Somers Ambulance/Westchester Paramedics arrived, there was a team effort a resuscitation by everyone on scene, and a life was saved. We have been lucky to get two new members. The resident is home and has made full recovery.
- **Scams:** A resident has been scammed for a substantial amount of money. [See page 33.]

- **Burglar Alarms:** Seen in my monthly reports (below), these relate to the tripping of alarms. There have been no actual burglaries.

JUNE SECURITY CALL REPORT

During the month of June, our Security staff received and responded to a total of 344 calls including the following matters:

Medical.....	101	
Security	55	
Open Garage Doors	46	
Police	10	(6 Somers, 4 State)
Fire Calls	9	(3 automatic alarms, 6 other)
Burglar Alarms.....	1	
Service	85	(44 lift assists, 12 persons locked out, 8 welfare checks, and 21 other)
Maintenance.....	16	
Motor Vehicle Accidents.....	1	(no injuries)
Parking Violations.....	18	(in handicapped spaces, fire lanes, A roads, or B roads)

If you have any Security questions or concerns, feel free to reach out to me directly either by phone at 914-276-2592 or by email at *Robert.Casasanta@prosegur.com*.



COUNCIL OF CONDOS

By Terry Clifford

Presidents and Condo representatives attending the June 19 meeting included: Condo 1, 3, 4, 6, 7, 8, 11, 12, 14, 15, 17, 18, 19, 20, 21, 23, 24, 25, 26, 27, 28, 29, 30. Five Condo representatives did not attend.

Gun Club Update: The Somers Land Trust is appealing Article 78 which will give the Department of Environmental Control more time to get involved. Condo 22 will submit to the Carmel Planning Board and the building inspector a document stating the negative resolution was incorrect.

Cluster Captains: Many Condos have "Cluster Captains," but do not offer "training" or have a formal recruitment process. However, depending on the Condo, Cluster Captains do some of the following:

- Outreach and deliver messages to residents who do not use email.
- Report needed repairs.
- Attend quarterly meetings.
- "Good Will" visits or send get well cards.
- Written instructions to perform a specific activity.
- Receive Board minutes to be informed about projects.
- Deliver "Welcome Information packet" to new unit owners.

Powers of Attorney: The question was asked if a unit owner's power of the attorney could be a Board member? In most cases the Condo By-Laws indicate a board member must be a unit owner within the Condominium.

Property Manager or Property Agent? Property Management companies assign an individual Property Manager or Managing Agent. The wording seems to be interchangeable.

A Nominating Committee was formed to put together a slate of candidates for the Council of Condos election of officers on August 15. Jack Mattes volunteered to chair the committee which consists of Judy Gallo and Doratheia Cooper.

Council Directory: All vendors have been contacted for updated information. The layout will be sent to the printer within the month. Phone numbers of the four management companies which do business within Heritage Hills will be published.

All Heritage Hills Condo presidents or their representatives are invited to attend the meetings at the Activities Center at 7 pm on the third Thursday of each month. The next meeting is August 21.



NEEDLECRAFT GROUP SEEKS YARN DONATIONS

Text by Cindy Kennedy, photo by Linda Neira

Throughout the year, Needlecraft Group members are busy crafting knitwear for a variety of charity efforts. They knit and crochet dozens of baby blankets for Blythedale Children's Hospital and make bag loads full of scarves, hats, and mittens for the Community Center of Northern Westchester. Other organizations they support include Northern Westchester Hospital, Waterview Hills, and relief agencies in Ukraine.



The price of yarn has jumped considerably since January, and several discount craft outlets have closed. "Needlecraft is seeking acrylic yarn donations from the Heritage Hills community," requests Linda Neira, the group's leader. "When going through your closets, please look for yarn leftovers. Partial skeins and balls of yarn are fine. Plastic wrappers or labels, which identify the yarn, help us match the yarn to what we already have on hand. New, full skeins of yarn also would be appreciated."

Yarn specifications:

- Acrylic yarn only
- Yarn weight: 3 or 4
- All colors accepted
- Suggested brands: Lion, Caron, Red Heart, Bernat, Craft Smart, Big Twist, Mary Maxim

The Needlecraft Group meets every Wednesday from 12:30 to 2 pm in the Activities Center. Yarn donations may be dropped off during their meetings. For more information or to make alternative delivery arrangements, call Linda at 914-277-2776.

WOMEN'S CLUB

Submitted by Phyllis Bradbury

On June 12, we had a very good turnout for our annual spring luncheon held at Four Brothers Restaurant in Mahopac. The food was good, the ambiance was great, and everyone enjoyed the event. Reminder: The Women's Club does not meet in July and August. See page 6 for information on our September 11 event.

Our President, Rose O'Donnell, and Membership Chairperson, Alfreda Savarese, welcome your questions and we are always open to suggestions for topics for upcoming meetings. Contact Rose at 914-276-4204 or Alfreda at 914-617-2007 or leave a comment in the Women's Club mail slot outside the Activities Office.

* * *

DUPLICATE BRIDGE CLUB INVITATION

Text by Marie Sugar, photo by Cindy Kennedy



Our friendly Duplicate Bridge Club wants to welcome you! Come join our sociable games on Mondays and Thursdays at 12:30 pm in the Heritage Room at the Activities Center. The players are your neighbors who love the game, and we want to share our Club with you. Bring your partner! As a gift to you, we offer you a FREE game the first time you play with us.

For any questions you may have, contact Marie Sugar by email at msugar156@gmail.com or call her at 914-277-4266.

* * *



By Joan DeFrancesca

HLibrary



OUR GROWING NON-FICTION COLLECTION

The HLibrary continues to add non-fiction books to its collection. Topics range from current events and the natural world to memoirs and adventure chronicles. This month, we are adding Judy Dench's theatrical memoir, *Shakespeare, the Man Who Pays the Rent*, and *A Walk in the Park: The True Story of a Spectacular Misadventure in the Grand Canyon*, by Kevin Fedarko.

LARGE PRINT BOOKS

HLibrary volunteers are aware that many patrons prefer large print editions of our books. However, some books are not available in large print format, and if they are, they tend to be very expensive. Due to our limited budget, we do not purchase new large print material. We have a section of popular authors in large print that has been generously donated to us by local libraries, but our large print section is not as current as the rest of our collection. If residents have large print copies of newer books that they would like to donate, we would be happy to consider adding them to our collection.

BOOK REVIEW

For a review of *Everyone on This Train Is a Suspect*, by Benjamin Stevenson, see page 38. The Australian murder mystery was recently added to our collection.

NEW ADDITIONS TO OUR COLLECTION IN AUGUST

To reserve any of the books listed below, please stop by or call the Library at 914-276-7655. The Library is open 6 days per week: Monday through Friday, from 10 am to 3 pm; Saturday, from 10 am to 1 pm.

Fiction

- Barry, Kevin.....*The Heart in Winter*
- Chevalier, Tracy.....*The Glassmaker*
- Hood, Ann.....*The Stolen Child*
- Kanon, Joseph.....*Shanghai*
- Messud, Claire.....*This Strange Eventful History*
- Sullivan, J. Courtney.....*The Cliffs*

Mystery

- Coulter, Catherine.....*Flashpoint*
- Kellerman, Jonathan and
Kellerman, Jesse.....*The Lost Coast*
- Lloyd, Ellery.....*The Final Act of Juliette Willoughby*
- Moore, Liz.....*The God of the Woods*
- Patterson, James and
Barker, J. D.....*Confessions of the Dead*
- Silva, Daniel.....*A Death in Cornwall*
- Stevenson, Benjamin.....*Everyone on This Train Is a Suspect*

Non-Fiction

- Dench, Judy.....*Shakespeare, the Man Who Pays the Rent*
- Fedarko, Kevin.....*A Walk in the Park: The True Story of a Spectacular Misadventure in the Grand Canyon*

2024 HERITAGE HILLS ART SHOW

EXHIBIT APPLICATION

Show Dates: Saturday, September 21st, 10am to 6pm Sunday, September 22nd, 10am to 4pm

Submit no more than 6 Entries Per Artist from the following media categories:

Ceramics, Drawing, Digital Art, Fiber, Fresh Flower Arranging, Jewelry, Mixed Media, Needlecraft, Painting, Photography, Printmaking, Sculpture, Silk Painting, Weaving, Woodcraft

See guidelines for exhibiting on reverse of this application.

*****Return Application to Activities Office No Later Than Friday, August 23rd**

Print Clearly On This Form - Changes may not be accepted after submission.

Name: _____ Phone: _____

Unit Number: _____ E-Mail: _____@_____

CATEGORY (MEDIA)	TITLE	DATE Created	SIZE	PRICE * <i>If For Sale</i>

* NFS = Not For Sale, POR = Price on Request

Artwork check-in FRIDAY, SEPTEMBER 20th, 9 A.M. until Noon. Will not be accepted after noon. Artwork Placement is at the discretion of those curating the Show.

Artwork Retrieval is Sunday, September 22nd between 4 and 5 pm. (Not earlier).

Heritage Hills Society, Ltd. and/or The Art Show Committee are Not Responsible For Accidental Breakage or Theft of Any Artwork. Any sale of your artwork must be transacted between the seller and buyer, we will not be a middleman in such transactions. Security will be provided for all entries.

I Agree to The Guidelines & Conditions on this form: _____

Artist's Signature

Date: ___/___/2024

GUIDELINES FOR 2024 HH ART SHOW

Thank you to all participating artists. We appreciate and respect your work. In return, we ask you to respect our guidelines.

FRIDAY CHECK-IN:

- Bring most artwork through the front entrance of the Heritage Room.
- Bring heavy artwork or stone sculpture through the side door of the Heritage Room - staff will assist you.
- Frames must be in sound condition to hang.
- **Obtain a receipt card for each artwork you submit at check-in table.**
You must show these cards at checkout on Sunday, Sept.22nd at 4pm.
- * ALL exhibitors Must Be Residents of Heritage Hills of Westchester.
- EVERY artwork must have attached ARTIST'S NAME, PHONE and UNIT NUMBER (On back if hanging; on bottom or back for all others).
- Work must be approved by the Show committee as ready to display.

WE DO NOT ACCEPT:

- HANGING ART that is unframed or on matte board, without hanging loops or wire (should be about 6" from top of frames) securely affixed to the back of any Artwork to be hung.
- Artwork in damaged frames; with serrated hangers; or string taped to the back.
- Artwork with wet paint, broken glass, dangerous protrusions, etc..
- Work larger than 36" wide X 36" high (*exceptions may be considered with ADVANCE NOTICE*)

FRIDAY SETUP:

Only members of the installation committee are permitted in the Heritage Room on the day of setup. Please respect this rule.

SUNDAY CHECKOUT: *NO SUBMITTED ARTWORK MAY BE REMOVED UNTIL SHOW CLOSSES AT 4PM SUNDAY.*

Show your receipt card for the artwork you are removing.

Any Questions? Please contact Activities at 276-2636



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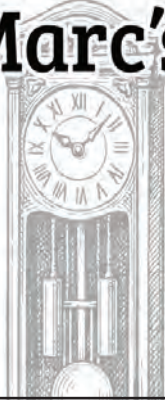
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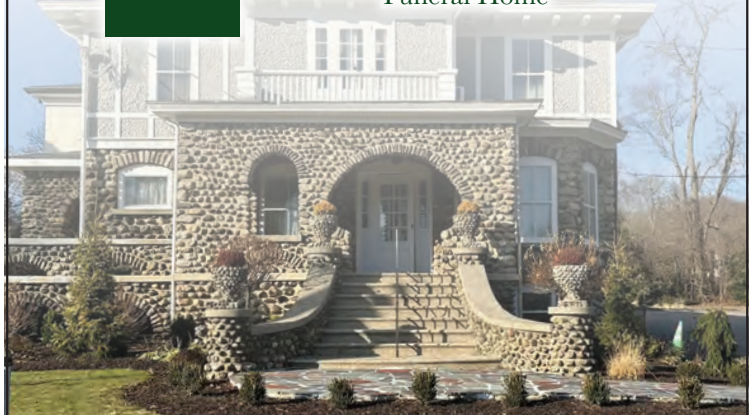
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GENERAL CLUB/CLASS INFORMATION AND REGULARLY OCCURRING ACTIVITIES

Produced by the Activities Office

Phone: 914-276-2636 or go to Activities at hhsociety.org

Advance registration is required. To book a space for your group/club, contact Andrew Kaplan in the Activities Office by email at activities@hhsociety.org or by phone at 914-276-2636.

ARTS & CRAFTS

CRAFT CLUB: Join us to explore new media, share traditional crafts, and meet other crafters on the 2nd Wednesday of the month from 1 to 3 pm and 4th Wednesday of the month from 6 to 8 pm. Email, if you're interested in joining, craftclubhh@gmail.com

I LOVE ART CLASS: After school Art in Heritage Hills for children ages K to 6. Hosted by Miss Judika, M.S. To register, call Judika at 914-438-6750.

LEARN TO BEAD WITH ALLISON: Join us on Mondays at 11 am in Room B for our beading class. Each class is \$25 including materials fee. You go home with a piece of jewelry that you made for yourself or for a special someone. Come join the fun. To enroll or for more information, contact Allison Rubin at 914-629-3655 or ahrubin521@yahoo.com.

NEEDLECRAFT GROUP: Charitable needlecraft group meets Wednesdays at 12:30 pm in the Game Room. All skill levels are welcome. \$20 annual dues. Proof of vaccination is required. For questions, or to register, call Linda at 914-277-2776 or Ginger at 914-617-9058.

PAINT & SIP WITH JUDIKA: Create a different painting in each class once a month. Step-by-step instructions given, and everyone leaves with a masterpiece! \$40 per class includes all supplies. Bring your creative spirit! To register, call Judika at 914-438-6750.

PHOTO CLUB: Meets the second Friday of each month at 2 pm in room 2 of the Activities Center. All are welcome to join regardless of experience in photography. For more information, contact Myra Hopper at 520-390-5523 or myrahopper@gmail.com.

SKETCH WORKSHOP: Meets Wednesdays from 9:30 to 11:30 am in Activities Center's Studio A. Portraits, figures, still lifes. Bring your choice of paper, pen, pencil, watercolor, pastel, etc. Models are welcome to pose for 20 minutes (clothed!). No fee, no teacher, but guidance available.

SILK FABRIC PAINTING CLASS: Fee \$135. Must sign up for a full 4-week session at the Activities Center. Space is limited. For more information, contact Evey at 914-276-0737 or email her at evemusart@comcast.net.

WOODCRAFT CLUB: The shop at the Activities Center is available Monday thru Saturday from 9 am to 4 pm. For information and to register, contact Club President Ed at 914-276-0671 or 914-552-2303.

CIAO ITALIA: Membership, open to all residents, is \$12 per person for the year. Fill out a Membership Form available outside the Activities Office and include it in an envelope with your payment. Watch for flyers and TV notices announcing upcoming events.

CLUB SHALOM: You don't have to be Jewish to love Club Shalom, a Club dedicated to providing quality entertaining and educational Jewish cultural programs for the residents of Heritage Hills. Watch for information about upcoming events. All residents are welcome.

COMMUNITY THEATRE: We produce two main stage productions yearly in June and November with additional events during the year. We welcome new

members and encourage you to join us and try your hand at acting, directing, working behind the scenes etc. Annual membership is \$10 (supporter) and \$25 (angel). For more information, email Antonia Gisolfi at amalfi21@icloud.com or call 914-617-9329.

CONCERT SOCIETY: We present four classical concerts, featuring the best and brightest of classical music's Rising Stars, in May, June, September, and October on Sundays at 3 pm in the Activities Center's Heritage Room. Annual subscriptions are \$90 per person or pay \$26 per person per concert at the door. Subscription Forms are available at the Activities Center. If you have any questions, call Raina Lefkowitz at 914-262-4407.

CONTEMPORARY FICTION BOOK CLUB: Meets on the first Tuesday of each month from 2 to 3:30 pm. Contact Myra Hopper at 520 390-5523 or myrahopper@gmail.com.

CONTINUING EDUCATION: Our mission is to educate and entertain with monthly presentations by experts in the fields of art, literature, music, theater, history, and politics on specified Tuesdays at 1:30 pm in the Activities Center's Heritage Room. For more information, see the COMING EVENTS section of this Newsletter or call Ann at 914-617-9434.

CULINARY CLUB: We meet for dinner in the Activities Center once a month on a Wednesday evening at 6 pm. If you are interested, contact Barbara Gangemi at 914-617-9037.

DANCE

FRIDAY NIGHT SOCIAL DANCE: The first Friday of every month from 7 to 10 pm in the Activities Center's Heritage Room. \$10 per person includes coffee and cake. BYOB. For more information, call Ami at 914-486-9677.

EXERCISE CLASSES

CHAIR ZUMBA/TONING WITH THERESA: Mondays at 9:45 am by Zoom only. Zumba for anyone who prefers a seated workout. Contact Theresa for more information at zumbawithme@aol.com.

GENTLE YOGA WITH LISA: Mondays at 11:30 am and Fridays at 10 am in Lake Lodge's 2nd floor. \$12 for a 75-minute class. Lisaathomas@optonline.net or 914-497-0243.

TAI CHI & CHI GONG WITH MASTER ELLEN. Mondays from 12:30 to 1:30 pm in the Gym. \$70 per month. First class free. All levels welcome. Wear loose fitting, comfortable clothing. Contact heritagehillstaichi2@gmail.com.

LINDA'S LAKE LODGE CLASSES: Body Conditioning: 8:30 am Tuesdays and Thursdays. Rock & Roll Workout: 9:30 am Tuesdays. Yoga Pilates: 9:30 am Thursdays. Sports Conditioning: 9 am Sundays. All classes are \$10 per class. Register at the start of the month for the classes you plan to attend. Contact Linda Zeiss instructor at Labzeiss@gmail.com or 718-541-0861.

CARDIO/STRENGTH/STRETCH CLASS WITH LORI: Tuesdays and Thursdays from 9:30 to 10:30 am in the Gym. Join me for a fun, safe, effective workout. Low impact cardio, resistance training, balance, stretch and breath work – all set to great music! Appropriate for all levels. Resistance bands and weights available. No mats needed. Fee: \$10 per class. Try the first class for free! Class is also available on Zoom. Email Lori at efyjig@gmail.com.

CHAIR YOGA WITH SATISH: Practice Tuesdays from 10 to 11:15 am in Lake Lodge with Satish Gambhir, Registered Yoga (500-RYT) and acupressure teacher with over 20 years of experience. Chair Yoga aimed at toning the entire body and increasing flexibility. Breathing and meditation for relaxation and mind-body connection. Live music. \$10 per class. Call or email to register at 914-646-0887 or Satishgambhir@gmail.com.

MOVE AND GROOVE WITH THERESA: Wednesdays at 11 am in the Fitness Center and on Zoom. Easy-to-learn and easy-to-follow Beginner Line Dances to ALL music genres. Contact Theresa for more information at zumbawithme@aol.com. On Hiatus Until Fall.

GETTING BACK ON TRACK (15-15-15) WITH THERESA: Fridays at 10:50 am at the Fitness Center and on Zoom. Light cardio and balance, functional strength and stretch, and restorative breathing and relaxation. Great class to begin or continue your fitness journey. Contact Theresa for more information at zumbawithme@aol.com. On Hiatus Until Fall.

ZUMBA GOLD WITH THERESA. Fridays at 10 am in the Fitness Center and on Zoom, and Saturdays at 10 am on Zoom only. Fun, easy to follow, low impact dance fitness class. Contact Theresa for more information at zumbawithme@aol.com. On Hiatus Until Fall.

VINYASA YOGA WITH JOE: Saturdays at 9 am in Lake Lodge's Upper Level. \$12 per class. To register, email Joe Ferrari at josephferrari@me.com.

FAMILY NETWORK GROUP: Arranges organized family-oriented gatherings, days and evenings, several times a year. Go to [Facebook.com](https://www.facebook.com) to join the group "Heritage Hills Family Network" or email keri.reitman@gmail.com.

FOREIGN LANGUAGE GROUPS

FRENCH CONVERSATION: Meets the 2nd and 4th Friday of the month at Lake Lodge in Room 1 from 11 am to noon. Members should have a basic knowledge of French conversation but need not be fluent. Refresh your French language skills and laugh and learn with us. If you have any questions, call Carole Ellis 914-260-9182 or email her at carellis14@yahoo.com.

SPANISH CONVERSATION GROUP: Meets the 1st Thursday of the month in Lake Lodge's Room 1 at 11 am. Group is open to intermediate through fluent Spanish speakers. ¡Vengan!

FUN & GAMES

BILLIARDS: Contact Bill Tegmier at 914-523-8892 or btegmier45@comcast.net.

BRIDGE—DUPLICATE: Mondays and Thursdays at 12:30 pm in the Activities Center. For information, call Marie at 914-277-4266.

CANASTA: Contact Doris Simon at 914-276-0111 or doris1125@me.com.

CHESS CLUB: Wednesdays from 1 to 3:30 pm in Lake Lodge's Room 3. We are a group of chess enthusiasts who enjoy coming together to play some friendly games of chess! Beginners are welcome! Bring your chess set if you have one. Some playing pairs may choose to use a chess clock; bring this, also, if you have one. For more information, contact Pat Posluszny at patpugs@comcast.net or 914-276-6550.

FRIENDS IN THE HILLS CLUB: Open to all adult residents. Each meeting will be a night of fun and socializing with your neighbors. See the COMING EVENTS section of this Newsletter for event details. Email us at Friendsinthehills@aol.com with any questions or contact Debbie Ferrara at 914-924-3003 or Mary Ann Walrath at 914-318-1227.

MAH JONGG: Mondays at noon in Lake Lodge (contact Sue Furino 914-617-9110), Wednesdays at noon in the Activities Center (contact Carol Tocci 914-471-5689), Fridays at 1 pm in Lake Lodge (contact Olga LaBoy at 914-276-2646), and Tuesdays and Thursdays from 11 am to 1 pm (contact Cheryl Milde at 914-342-3068).

SCRABBLERS: Thursdays starting promptly at 1 pm in Room 2 in the Activities Center. Casual Scrabble game play. Play 1 or more games. All levels of play, including newbies, are welcome. For more information, just walk in or contact Susan at 914-617-9228 or ciwhitestar@comcast.net.

GARDEN CLUB: For information, including questions on membership and use of the Community Garden, please send an email to hfgardenclubsecretary@gmail.com. If you would prefer to speak by phone, call Club President Joanne Meder at 914-318-5808 and leave a message.

HEALTH & SAFETY COMMITTEE

Blood Pressure Screenings With a Smile: Nurse Ellie Eidam offers screenings on the second Friday of the month from 9 to 11 am in the Activities Center's Game Room. Your temperature may be taken. Do not come if you have tested positive for Covid-19, were recently exposed (within 14 days) to the virus or traveled to areas that have experienced high levels of the virus. Contact Ellie at elliebob1@gmail.com or 914-617-2109 for more information.

Alzheimer's/Dementia Caregivers Support Group: Caring for someone with Alzheimer's/Dementia is a difficult and painful challenge. A support group can help. Meetings take place the first Thursday of the month at 12:30 pm in Lake Lodge's Room 1. Fee: \$20 per session. Facilitated by Linda Ludwig, Ph.D. To register, call 914-617-9328 or email ludwiglr@aol.com.

HIKERS & WALKERS GROUP: Weekly hikes from September to June. Contact Sheryl Hochenberg at cheryl.hochenberg@gmail.com or 516-220-0965.

INDEPENDENT AND FOREIGN FILM CLUB: Monthly screenings in the Activities Center's Heritage Room, followed by a discussion. April thru December. \$20 for the series. Schedule is posted in the Activities Center and on the Society website. For information, contact Steve Klepner at 845-297-7066 or spk010@yahoo.com.

LIBRARY: Open Monday through Friday from 10 am to 3 pm and Saturdays from 10 am to 1 pm. For information on the collection, visit the Heritage Hills Library webpage at hhsociety.org or call 914-276-7655.

MORNING DISCUSSION GROUP: Discussion group on current event topics. Meets Mondays from 9:30 to 11 am in the Activities Center. For information, email Ken Benjamin at kenbenja@aol.com or call 914-617-9817.

RAINBOW CONNECTION CLUB: A group for LGBTQ members and their families, friends, and neighbors. All are welcome. We meet the first Thursday of each month at Lake Lodge from 5 to 7 pm. For more information contact Joanne at 914-450-5609.

SHAKESPEARE GROUP: Tuesdays from 10 to 11:30 am in the Activities Center's Game Room, and on Zoom. See a film of a classic Shakespeare play, then read it and join in lively discussions. All are welcome! For more information, call Susan Ray at 914-391-6686 or Margaret Howlett at 973-746-7816.

SINGLES CLUB: If you are interested in joining the club, contact Pat Caruso at 914-276-2224 or carusop515@comcast.net. Membership dues are \$12 per year.

SPORTS

BOCCE GROUP: Wednesdays and Saturdays (weather permitting) starting at 9:30 am. For more information contact Reno DiCristofaro at 914-500-5160 or Diane Purr at 914-617-9338.

BOWLING: Contact Jan Thornley at 516-521-5191 or jansthorley@gmail.com.

EAST HILL MEN'S GOLF ASSOCIATION: Enjoy weekly Thursday 9-hole casual competitions in a variety of formats, as well as Tuesday Stroke Play opportunities, from April thru November at Somers National Golf Club's course right here on Heritage Hills' West Hill. For more information, contact Membership Chairman Bob Kenney at 914-617-9884 or rlkret@aol.com.

PICKLEBALL COMMITTEE: On the outdoor courts is open play, no reservations required. The Gym is also available for indoor play. For details on both, and about the Pickleball Committee and community, email PickleballHH@Outlook.com. See you on the courts!

ACTIVITIES/CLASSES/CLUBS

PING PONG: Thursdays at 10 am in the Activities Center's Game Room.

Open to all residents. Come hang out and play!

SHUFFLEBOARD GROUP: October through March on Wednesdays from 1 to 3 pm, and on Saturdays from 9:30 am to noon, in the Gym.

TENNIS COMMITTEE: All Tennis reservations are now made via www.playtomic.io, or you can download the playtomic app, which offers many additional features. Once on the playtomic website, type "Heritage Hills" and click on "tennis" as the sport choice. For general information about the tennis group, call Dena at 914-589-3560. The Friday night Round Robin runs from May through September.

TED TALKS: On the third Friday of the month, from 3 to 5 pm in the Heritage Room, hosts Ami Stokhamer and Karl Milde (residents) present two thought-provoking TED Talk videos, after which there is open discussion. Free event with light refreshments. For more information, see the COMING EVENTS section in this Newsletter, or call Ami at 914-486-9677 or Karl at 845-545-1959.

10-A-MEN CLUB: Come to the Activities Center's Heritage Room on Wednesdays at 9 am and have continental breakfast for \$2. The meeting starts at 10 am.

TRAVEL CLUB: Our mission is designed for those who enjoy traveling, whether the trips are to nearby or far away destinations. All details are handled by the Group. Buses leave from and return to Heritage Hills. Information on our trips is available on flyers in the Activities Center, on TV, and in this Newsletter.

WOMEN'S CLUB: Meets the second Wednesday of the month, except for January, July, and August. See the COMING EVENTS section of this Newsletter for specific upcoming event details. We welcome new members! Membership dues are just \$12 for the year. Flyers are available at the Activities Center. Insert your check in an envelope; include your name, unit number, and phone number and put it in the Women's Club mail slot. For membership information, call membership chairperson, Alfreda Savarese at 914-617-2007.

WRITERS WORKSHOP CLASS: Workshop on *Google Meet!* Mondays at 1 pm and Saturdays at 10:30 am in Lake Lodge. Email Linda Spear, workshop facilitator, to arrange to join us! Lindaspear211@gmail.com.



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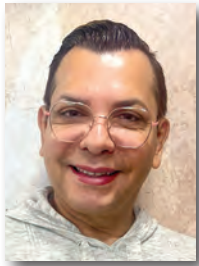
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SCHOOL'S OUT FOR THE SUMMER!

Compiled by Keri Reitman Schnapper

Here are some of our resident students on their last day of school.



Noah Mejia on his last day of 2nd grade.
By Maria Laverde.



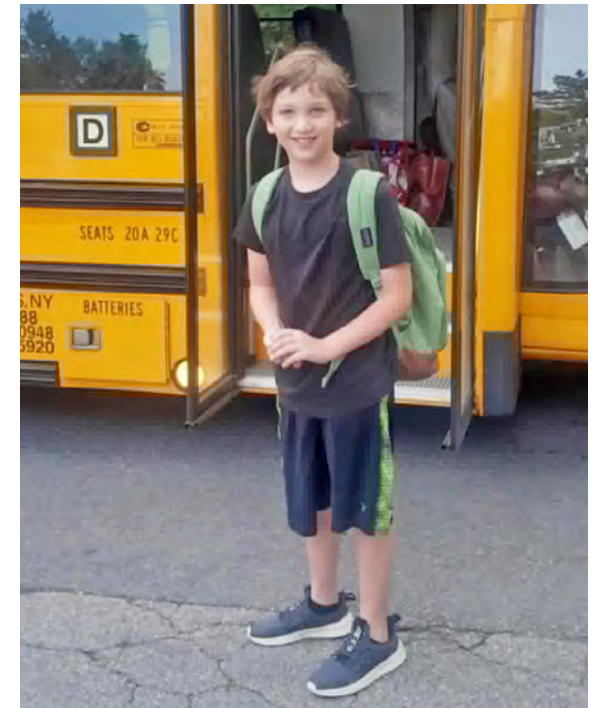
Gabiella Anaya on her last day in PreK.
By Vanessa Anaya.



Isana Canno-Frey graduated from Somers Middle School.
By Lauren Canno.



Lucas Mejia on his last day of 4th grade.
By Maria Laverde.



Wes Oppenheim on his last day of 2nd grade.
By Victoria Katz Oppenheim.



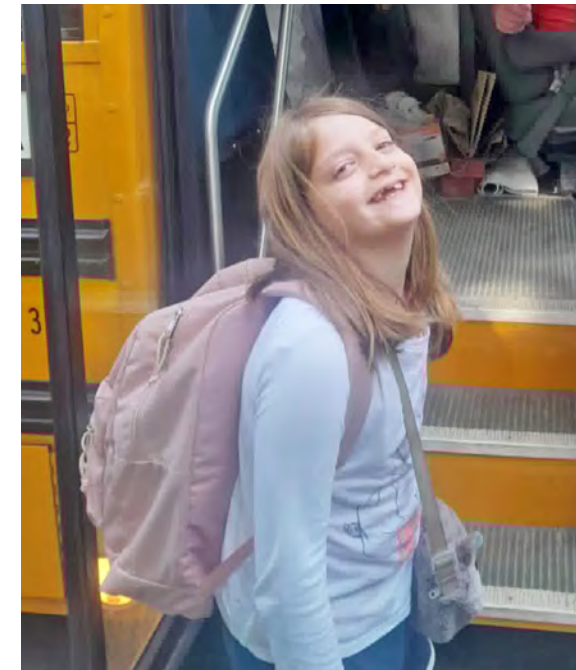
Alex Schnapper on his last day of 6th grade.
By Keri Reitman Schnapper.



Leo Weinstein on his last day of PreK.
By Rebecca Weinstein.



Giuliana DeMaio graduated from PreK.
By Lydia Demaio.



Sadie Oppenheim on her last day of 4th grade.
By Victoria Katz Oppenheim.



Lucas Anaya on his last day of 2nd grade.
By Vanessa Anaya.

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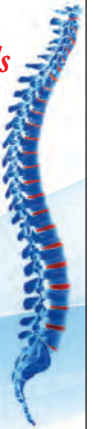
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PICKLEBALL

Text by Fran Boemio, photos by Kenneth Perry.

SPRING LEAGUE

Many players engaged in a league this spring from April 29 through June 27. The competition and playing were exceptional. Many people from the community cheered the teams on. After the finals, the league gathered at Lake Lodge to celebrate the winners and the end of the season.

Congratulations to the winners and all our players.

1st Place team, Rock-N-Rollas



Michelle Gresia, Maria Villodas, Rose Altieri, Patricia Donohue, Frank Kumpan (Captain), Randy Bennett, Davis Stowell, and Joe Binder.

2nd Place team, Bang-N-Dink



Myong Feiner, Paul Senderoff, Carolyn Volpe, Sal Ceraldi, Andrew Miller (Captain), Robert Oksman, Margo Libenson, and Celia Stowell.

3rd Place team, Slam Dunk Picklers



Christine Kumpan (Captain), Jay Glicksman, Joe Siciliano, Pradeep Nayar, Debbie Montalvo, Antonette Bellissimo, Florence Olsen, and Alan Bergman (not in picture).

The League Committee, seen here, worked feverishly on rules and teams' make-up, and were troubleshooters for any issues to make sure the competition ran smoothly.



Steve Blunda, Christine Kumpan, and Mike Boemio.

Eric Scorzelli, Denise Elliott, Len Captan, Fran Boemio, and Kenneth Perry.



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EAST HILL MEN'S GOLF ASSOCIATION

Text and photo by Ken Freeman

MATCH PLAY TOURNAMENT

In this competition, two players compete against each other, with victory based on who wins the most holes. A's (our top golfers) play one another; B's compete within their own population. By June 6, just 4 A players and 8 B players remained in contention.

A Flight Competition

On June 6, Yogi Santa-Donato bested Charlie Barrett, and Frank Servidio beat Joel Greenspan. The finals, between Santa-Donato and Servidio, took place on June 13 and 20. Yogi built a big lead over Frank on June 13, and then fended off Frank's strong comeback challenge on June 20, winning his third club Match Play championship.

B flight Competition

On June 6, John Mahoney defeated Al Longhitano, Howard Weiner beat Jack O'Hanlon, and Charlie Kravetz bested Rich O'Brien. On June 13, Kravetz beat Weiner, while Mahoney defeated Jim Haggerty. In the finals, Kravetz and Mahoney were tied after 9 holes on June 20, with Charlie emerging victorious on June 27, his second Match Play championship.

2-MAN ALTERNATE SHOT COMPETITION

The winners of this July 2 tournament, followed by the club's annual Independence Day barbecue, were Bob Slotoroff and Ken Freeman, with Ed Sottile and Nick Stanton 2nd, and Charlie Barrett and John Mahoney 3rd.



Dr. Vinnie Marrone – seen here at the July 2 Barbecue – is our oldest member, at 92, and still hitting hard.

JUNE STROKE PLAY RESULTS

June 6 – A's and B's competing together on a net (gross score minus handicap) basis:

1st Bob Slotoroff, 2nd Ken Freeman, 3rd Bob Briganti.

June 11

A Flight: Low Gross – Bob Slotoroff; Low Net – Ed Yee, 2nd Frank Servidio, 3rd Dan Lanza.

B Flight: Low Gross – Charlie Kravetz; Low Net – Jack O'Hanlon, 2nd John Mahoney; 3rd Rich O'Brien.

June 13

A Flight: Low Gross—Mike Flaherty; Low Net – Bob Briganti; 2nd Charlie Barrett; 3rd Bob Slotoroff.

B Flight: Low Gross -- Rich O'Brien; Low Net – Ed Sottile, 2nd Jack O'Hanlon, 3rd Nick Stanton.

June 18

A Flight: Low Gross – Joel Greenspan; Low Net – Yogi Santa-Donato, 2nd Bob Briganti.

B Flight: Low Gross – Ken Freeman; Low Net – Frank Gallo, 2nd Sandy Lieberman, 3rd Rob Leone.

June 20

A Flight: Low Gross – Joel Greenspan; Low Net – Charlie Barrett.

B Flight: Low Gross – Howard Weiner; Low Net – Rich O'Brien, 2nd Bob Kenney, 3rd Rob Leone.

June 25

A Flight: Low Gross – Mike Flaherty; Low Net – Charlie Barrett, 2nd Frank Servidio.

B Flight: Low Gross – Charlie Kravetz; Low Net – Bill Ablondi, 2nd Nick Stanton, 3rd Ken Freeman.

June 27

A Flight: Low Gross – Frank Servidio; Low Net – Bill Glass, 2nd Bob Briganti.

B Flight: Low Gross – Howard Weiner; Low Net – Rob Leone, 2nd, Nick Stanton, 3rd Ken Freeman.

* * *

TENNIS NEWS

By Dena Goldstein

MIXED TENNIS TOURNAMENT

The **revised date** is **Saturday, September 21, starting at 8:45 am.** Get you partner and fill out the application available at the Activities Center Office Mail Slots.

FALL SOCIAL

The **revised date** is **Saturday, October 5, starting at 8:45 am.** No partner necessary. Open to all Heritage Hills Residents.

FRIDAY NIGHT TENNIS

We have a great group of players, some who have not played for quite some time and others who are new to the game. Come down to Courts 1 and 2 on Friday evenings at 5:30 pm.

Hope to see you on the Courts!!

If you have any questions about Tennis or Playtomic, please reach out to me, Dena Goldstein, at 914-589-3560

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MEET YOUR NEIGHBOR JANE CLOW SMALLEY

Text and photo by Rosetta Benson

While Jane Smalley has led the Hikers and Walkers Club of Heritage Hills since 2011, what many of its members don't know is the background of this extraordinary athlete nor her exemplary life philosophy: "Dare to be the best you can be and help others to be the best they can be."

After 50 years as a physical therapist, helping countless adults and children recover their mobility in clinical and home settings, Jane retired in 2013. Her commitment to "improve people's lives" was no accident. The baton was passed to her. Her great grandfather, Stephen Whitten Clow, owned a sawmill (early 1900s) in Wolfeboro, New Hampshire and served 28 terms as a town selectman; her grandfather, Fred Ellsworth Clow, a physician, was one of the founders of Huggins Hospital; her father John H. Clow, a dentist, served as a state legislator. Jane was the fourth generation to attend Brewster Academy.

Jane was enrolled in Brewster Academy as a junior. At the end of that year, she was named "best all-around class member;" as a senior, she became editor of the school's newspaper. Graduating with honors in 1959, Jane credits the outstanding education she received at Brewster for preparing her for Tuft University's rigorous physical therapy program (Bouvé Boston School, class of 1963). To ensure that students like herself would have similar educational opportunities, Jane has since established *Jane Clow Smalley Physical Therapy Scholarships* at both Brewster Academy and Northeastern University (Bouvé relocated there). She says, "They are where I got my start. Why wouldn't I want to give back?"

When Jane was 9 and for the next 10 years, Jane's grandmother made it financially possible for her to attend a private girls' camp on Lake Winnepesaukee. Over those eleven years, Jane developed into an expert canoer, hiker, and skier (downhill racer). In her mid-30s, married with two children, she got interested in whitewater canoeing through the Appalachian Mountain Club. She mastered all IV Skill Levels and won First Place in Solo Slalom in 1983, '84, '85, '86, and '87. Since 1988, *wilderness* whitewater canoeing, primarily in Maine and Canada (Labrador and the Northwest territories), has become a special passion.

And, finally, what about hiking? Jane has hiked all over the world: Europe, China, Japan, South America. In the United States, she has hiked from "hut to hut" in New Hampshire, all 115 of the Northeast's 4000-foot-high mountains, the High Sierras, and, she says, "Of course, all 2,175 miles of the Appalachian Trail." "Of course," I laugh. "Heritage Hills Hikers and Walkers would expect nothing less!"



HERITAGE ROOM WHISTLE STOP TOUR: TIN PAN ALLEY AIN'T SHE SWEET CABARET NIGHT WITH PETER MUIR

By Patricia Adams

You've got to be in the room to appreciate musicologist Peter Muir, PhD., and his range on the Heritage Room's grand piano. Quieter than a jazz club when a master plays, the Heritage Room transported our audience back to the world of Tin Pan Alley and The Golden Age of Music (circa 1895 to 1955).



The focus on Jewish Composers included George and Ira Gershwin. Of all songwriters during this era, 75% were Jewish. Muir opened with George Gershwin's *Let's Call the Whole Thing Off* from the movie *Shall We Dance*. Lively and staccato pitched, I wanted to get up and dance!

The evening's playlist included such familiar standards as *Ain't She Sweet* - to which many sang along. Dr. Muir invited all who knew the lyrics and melodies to join in, and those who don't should join in, too! He makes a large room feel intimate.

Muir also scats honorably, and his solo piano is crisp, reflecting his ragtime influence. His voice is distinct, and he enunciates lyrics precisely. He is a creative vocalist, sometimes adding his own lyrics to songs.

Muir models the classic musicologist, someone who is interested in all aspects of a song, - the singing, the playing, the composers, their biographies, and demographics. His jazz histories included the song's publication, recording dates, artists who made the tune popular, and industry stories about each tune.

Muir talked about the many unknown Jewish composers like Leo Friedman, who composed *Let Me Call You Sweetheart*, which most of us sang on cue. He played. We sang.

From *Stop, Look & Listen*, Muir played *I Love a Piano*, a rag by Irving Berlin. Later asked about the title, Dr. Muir shared the two versions of how Ragtime got its name (Google it).

Muir's piano/vocal version of *Willow Weep For Me*, composed in 1930 by Ann [Rosenblatt] Ronell, spoke to the lyrics and, if possible, a quiet room got quieter. What a showman.

Then came composer Harold Arlen, of *Over The Rainbow* fame, with *Lydia*, *The Tattooed Lady* followed by Fred Fisher's 1940's tune made famous by the singing group The Ink Spots, *Whispering Grass*.

Muir played and sang a deeply nostalgic version of *When Sunny Gets Blue*, composed by Marvin Fisher and Jack Segal, and closed the show with a very jazzy *I've Got Rhythm*, by George and Ira Gershwin.

A surprise request ended the evening with a rousing round of *My Yiddishe Momma*. What an upbeat evening!

WATCH OUT FOR PHISHERS

By Karl Milde

Jason was sitting at the desk in his room doing his sixth-grade homework when he heard the doorbell chime. He heard his mother walk briskly from the kitchen to see who was at the front door, and he got up to follow her. His mother opened the door to a woman who stood there, sobbing. "My goodness, Elizabeth. Please do come in," his mother offered in a comforting tone. "Whatever has happened?"

The words of Elizabeth, their neighbor, came gushing out in a torrent. "God help me! I...I've lost everything. Everything! My entire life savings."

"Lost your savings? Where? How?"

"I...I don't know. That's just the thing. Somebody's emptied my retirement account. Emptied it. The money's gone. All gone." Elizabeth broke down with sobs again, this time burying her head in his mother's shoulder.

"How could they do that? They got your password?"

"No. I got an email from my banker, or so I thought. I've been having trouble with my connection to my account and he said he could fix it. I let him take over my computer. Remotely. Everything's stored there. The account number, the password, and..."

"Stored? So anyone using your computer could access your account?"

"Yes, I think so, I really don't know what happened except my account shows a zero balance now. All I have is the change in my purse. I can't even pay the mortgage! What can I do?" Jason heard Elizabeth sobbing again.

"Did you call your banker?"

"Yes, and he said the email wasn't from him. I shouldn't have clicked on it, but now it's too late..."

"That's not true," Jason's mother said. "First of all, your account is insured up to \$250,000 - maybe even more - by the FDIC. More importantly, you may be able to get the funds back. There's a process called 'claw back'..." She went on to explain.

Jason knew his mother could and would help Elizabeth. A financial adviser, his mother was very familiar with computer fraud.

Elizabeth had responded to a "phishing" email from what she thought was a trusted source. Particularly older people, who rely on others for support, are targeted and are especially vulnerable to phishers. Here are some suggestions to keep you safe:

- Be suspicious of any unsolicited emails, text messages, or phone calls.
- Don't click on links or download attachments unless you're absolutely sure they're safe.
- Verify the identity of anyone asking for sensitive information. If you're not sure if a request is legitimate, contact the person or organization directly using a known phone number or email address.
- Don't be afraid to say "No." If you're feeling pressured or uncomfortable, hang up the phone or delete the email.

Please beware. It's a jungle out there. When responding to emails take extra care.



AUGUST 7 IS NATIONAL PURPLE HEART DAY

Text and photos by Eugene Lang



I am a Purple Heart medal recipient and live in Heritage Hills. I have found that most people don't know what a Purple Heart medal represents. Someone thought that I received it for helping someone. When I explained what it takes to receive the medal, they were shocked.

The photo above was taken at our old residence in Yorktown. In 2012, Chuck Schumer came to my house in Yorktown and presented me with the Purple Heart, 44 years after I was wounded in combat in Vietnam (1968).



On August 7, National Purple Heart Day, you are not only honoring those who have made the ultimate sacrifice or have been wounded for our great country. You are also honoring all service men and women - past, present, and future - and their families.

(If a service person is killed in action, their family becomes a Gold Star Family.)

* * *

THANK YOU, SECURITY STAFF!

Compiled by Susan Statkowsky-Rivalsi

The following posts were seen on the *Heritage Hills Family Network* Facebook page:

- Just had Security come and help unlock the bathroom door. They are always so kind. I am grateful for Heritage Hills Security and their help.
- I cannot say enough about the Heritage [Hills] Security Team! They graciously helped the ambulette driver carry my wheelchair-bound Dad down the stairs to his Condo [unit]. They were so sweet, careful, and accommodating - without hesitation eased my anxiety, coordinated the schedule, and restored my Dad to life at home again. We are so, so lucky to have these people in our community! Thank you so very much.



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A photograph of two elderly women with white hair, smiling and laughing together. They are wearing light-colored sweaters. The background is softly blurred, suggesting an indoor setting with natural light.

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By Mary Tedesco, Fitness Center Manager

SIX TIPS TO EASE BACK PAIN

1. Make sure your posture is good at all times

If you sit with poor posture, the discs in your lower spine take a beating even more than if you are standing. If you work on the computer and sit a lot, make sure you are getting up and moving around every hour to release any pressure caused by sitting.

2. Walk

Brisk walking is a safe and great exercise for back strength.

3. Strengthen your core muscles

Your lower back supports your entire upper body. Your back, side, and abdominal muscles need to be strong to support your entire spine and to reduce pressure on your lower back.

4. Stretch

Often, back problems are caused by tight muscles. If your back muscles are tight, they put a lot of stress on your spine and your joints. Daily stretching is a key component to having a limber body with less injuries.

5. Stop smoking

Smoking restricts blood flow to the discs that act as a cushion to our vertebrae. It also reduces new bone growth and reduces calcium absorption.

6. Watch your weight

When you have extra weight, it puts a lot of strain on your back. The spine can begin to curve if it loses the support system of a healthy weight.

* * *



Resident Karen Wagner took this photo of her 93-year-old Father, resident Ken Roth, exercising in one of our pools.

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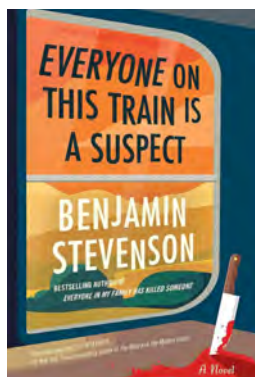
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THE BOOK SHELF

By Cindy Kennedy



August, it has been said, is perhaps the laziest month of the year. There are no major holidays or national events in August. What better time is there than late summer to enjoy the guilty pleasure of a brisk murder mystery.

Everyone on This Train Is a Suspect, by Australian writer Benjamin Stevenson, is

a modern-day riff on Agatha Christie's classic, *Murder on the Orient Express*. In Mr. Stevenson's story, the train in question is the Ghan, an "opulent hotel on rails," whose 1,800-mile journey bisects Australia almost in half. The name is a nod to the rugged "Afghan Express" route, when camel-riding explorers traversed the immense red desert long before steel rails and steam engines.

To celebrate its 50th anniversary, the Australian Mystery Writers Society held a literary festival onboard the Ghan. Non-fiction author Ernest Cunningham, the first-person narrator of *Everyone on This Train Is a Suspect*, details the unfolding murderous events. Just how reliable Ernest is as an eyewitness remains to be seen.

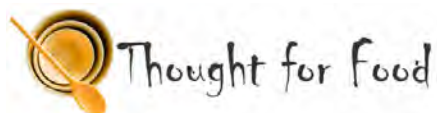
The mystery writers onboard the Ghan covet an endorsement from Scottish superstar Henry McTavish, the guest of honor. Alan Royce, a former pathologist, touts his forensic expertise. A writer of psychological thrillers, S. F. Majors, pens page-turning novels with twists and turns. Lisa Fulton is working on her long-awaited second book. Short-listed for many awards, Wolfgang goes by one name only. Other guests include Juliette, Ernest's girlfriend, and Brooke, who is president of Henry McTavish's fan club. Jasper and Harriet Murdoch, a self-publishing couple, are thrilled to be on the excursion.

When a murder occurs on the Ghan, the mystery authors attempt to use their sleuthing skills to solve the crime. After all, who but writers of homicides would know how to detect a murderer? Unless, of course, they committed the murder themselves.

Everyone on This Train Is a Suspect is replete with picturesque scenes as the Ghan rolls on: "The Northern Territory whipped past our window. Rocky outcrops with scraggly, crooked trees, bent low as if shielding themselves from the bright sun, gave way to spinifex-pocked orange sand, made all the more vibrant by the unblemished blue sky above. The horizon was far, still and flat, and the expanse of the Australian desert dawned on me."

By no means is Mr. Stevenson's murder mystery great literature. The dialogues at times are clunky, and there are too many characters to keep on track. *Everyone on This Train Is a Suspect*, however, is an entertaining and clever read, suitable for a languid August day.

(Note: *Everyone on This Train Is a Suspect* is part of Heritage Hills Library and Somers Library collections. For a list of new books at Heritage Hills Library, see page 10.)



Submitted by Elizabeth Royston

For the June Culinary Club Dinner, Barbara Tepper prepared a wonderful finale – a Berry Trifle. This light and delicious dessert ended the dinner on a high note, together with a chocolate cake and apple galette. The theme was “A Sumptuous Smorgasbord” – a showcase of abundance of Scandinavian and American origins. Good food and good company – how special!

BERRY TRIFLE

INGREDIENTS

- 1 pint blueberries
- 1 pint strawberries, hulled and cut into thick slices
- 2 pint raspberries
- 1 lemon, juiced
- 1/4 cup sugar
- 1 1/2 teaspoons cornstarch
- Lemon Cream
- 1 quart whipping (heavy) cream
- 1 tablespoon sugar
- 1/2 teaspoon vanilla extract
- 1 (11-ounce) jar lemon curd
- 1 store bought pound cake, sliced 1/2-inch thick



PREPARATION

1. Place the berries into a large bowl and sprinkle with half of the lemon juice. Lightly toss.
2. Combine the berries, sugar, cornstarch and remaining lemon juice in a saucepan over medium-high heat. Bring to a simmer and cook just until the berries begin to break down and give up their juices – about 3 minutes. Take the berries off the heat and let cool; the mixture should thicken up as it cools.
3. In a clean bowl, whip the cream with the sugar and the vanilla to soft peaks. Put the lemon curd into a second bowl and stir in a little of the whipped cream to loosen it. Then fold in the rest of the cream.
4. To assemble the trifle, spoon a layer of the lemon cream into a large glass bowl. Add a layer of pound cake, breaking the slices into pieces that fit. Then soak the cake with a layer of berries and their juices. Keep going to make 3 or 4 more layers, depending on the size of the bowl, finishing with a layer of lemon cream. Cover and refrigerate until ready to serve.

NOTES:

- You can use any berries in season.
- You can substitute angel food cake for the pound cake
- Lemon curd, which comes in a jar, can be found at Uncle Guiseppe’s (in an 11-ounce jar, which the recipe calls for).
- A tall glass bowl – seen above – is needed for a great presentation.

HOW DOES YOUR GARDEN GROW?

THE BIGGEST TOMATO ON THE PLANET – PART TWO

Text and photo by Karl Milde



Ahh, August. The month when our vegetable gardens are producing their sweet bounty. Lettuce led the way, followed by peas, beans, corn, and now the most anticipated garden crop of all: tomatoes.

If you’ll recall from my garden column in May, I planted and incubated tomato seeds that were supposed to yield tomato plants bearing the largest ripe tomatoes on the planet. I promised to nurture these tomato plants through this year’s growing season to see if they lived up to the seed grower’s hype, and report my findings to you in August.

Problem is, the Garden Column for this August Newsletter issue has to be submitted on or before July 6, well before the tomatoes have had a chance to ripen. It’s July 1 as I write this, on a cruise ship headed north to Juneau, Alaska, and can only wonder how my baby tomato plants are doing under the Somers sun. They were still young, but blooming, when I left them in the garden, nurtured from tiny seeds that started life in my incubator. I’ll return in a week to guide and nourish them as they enter their adult life and do their work all through the summer months creating lush, juicy, delicious tomatoes. They are of the indeterminate variety, after all.

The seed company that bred these hybrid tomato seeds claims their plants will grow to produce “the biggest tomatoes ever bred.” They say the tomatoes are “not just bigger but better. Tipping the scales at up to three pounds plus, [these] broad-shouldered tomato titan[s] [are] bigger than Big Daddy, and loaded with true heirloom tomato flavor and head-spinning fragrance. [The] indeterminate plants produce gorgeous, humongous fruits.”

Those are their words not mine. I don’t believe any of it for a New York minute, but I don’t care. As I said, these are my babies, raised from bare soil, proud father that I am, and they will continue to be the “tomatoes of my eye.”

In case you’re wondering, this hybrid tomato variety is no longer available from the grower. They are sold out for the year but are said to come back in stock and available for next spring’s planting.

As for my promised report, the photo of the tomatoes you see here was taken in mid-July, which was the absolute last possible moment before this Newsletter went to print. Time will tell whether these tomatoes are on their way to make history. If they are not the biggest on the planet, they just might be the biggest in the Heritage Hills Community Garden.



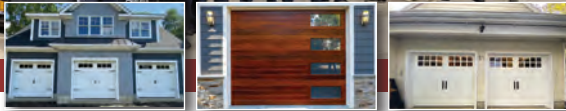
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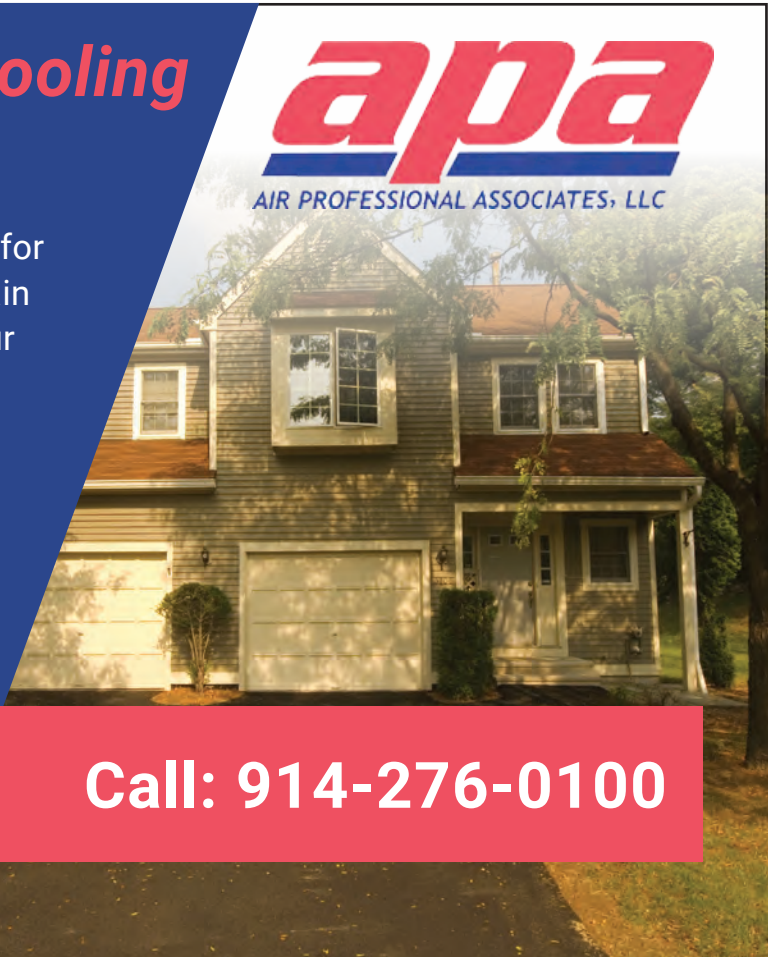
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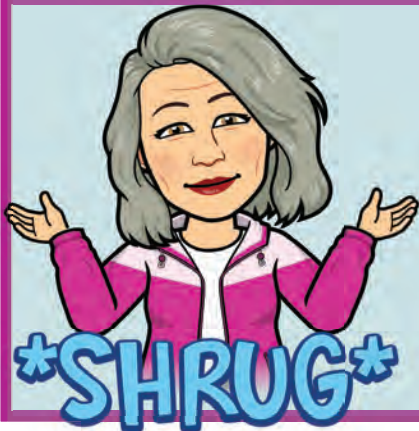
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FRANKLIN	\$375,000; \$360,000; \$330,000; \$338,000	GUILFORD	\$325,000; \$407,500; \$444,000; \$449,000; \$480,000; 509,000	RADCLIFFE	\$571,000
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TWO BEDROOM

ARMONK	\$375,000; \$560,000; \$595,000; \$485,000; \$565,000; \$535, 000; \$650,000; \$527,000	HANOVER	\$500,000	MONROE	\$510,000; \$605,000
BERKSHIRE	\$650,000	HAMILTON	\$391,000; \$450,000	PRINCETON	\$687,000
CANAAN	\$582,000	HARVARD	\$749,000	SALEM	\$550,000; \$445,000; \$579,000
COLGATE	\$585,000; \$550,000	HARVARD II	\$775,000; \$775,000	STRATFORD	\$580,000; \$568,000; \$533,000; \$575,000
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		KATONAH	\$529,000		
		LITCHFIELD	\$460,000		

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CONCORD	\$605,000	JEFFERSON II	\$674,000; \$575,000	SHERMAN II	\$850,000; \$795,000; \$705,000
CROTON II	\$699,000; \$729,000	SHERMAN I	\$718,000; \$650,000; \$690,000; \$630,000;	YORK	\$680,000
JEFFERSON	\$575,000		\$725,000		

ONEKEY/ HGMLS DATA AS OF 1/1/2024-7/10/2024

Some Interesting Thoughts Plus How To Increase the Value of Your Home

You can still **increase** the selling price of your home and create a wonderful first impression by doing some or all of the following:

- Declutter & depersonalize when you are not under pressure to sell
- Repair & Replace items that could cause an inspection to fail
- Make sure you have approved Condo variance forms for any changes or updates to your unit
- Verify with the Town that all unit changes & updates meet current Town approvals & codes

Some Interesting Thoughts

- Unfortunately due to theft and vandalism, do not put checks in your mailbox.

I have learned many things over the years including the above as well as gathering real estate information. If you would like to know more about your unit, please do not hesitate to contact me. Call my cell, 914-420-1850 or send an email to mlowenfeld@houlihanlawrence.com

**Thank you ,
Marti**



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