



Heritage Hills Society Information

Address 8 Heritage Hills, Somers, New York 10589
Website www.hhsociety.org
Television Channel 21

CONTACT INFORMATION - EMAIL

Society society@hhsociety.org
Activities Office activities@hhsociety.org

CONTACT INFORMATION - TELEPHONE

Security	914-276-2592	Bus	914-276-2877
Society Office	914-276-2908	Library	914-276-7655
Activities Office	914-276-2636	Fitness Center	914-669-5028
Society Fee			
Financial Office	914-276-2509		

EMERGENCIES 9-1-1

Hours of Operation

Activities Center

Building 9 am to 11 pm
Activities Office 9 am to 5 pm
Society Office 9 am to 1 pm
Fine Arts Center Group instruction and free time are scheduled by the Activities Office at 914-276-2908
Library Monday thru Friday 10 am to 3 pm, Saturday 10 am to 1 pm
Fitness Center & Gym Daily 4 am to 11 pm
Lake Lodge 9 am to 11 pm
Meadowlark Park Dawn to Dusk
Park Place Dawn to Dusk

Bus Service - Weekdays Only (except holidays) - 914-276-2877

Goldens Bridge MetroNorth Station Trips

Morning to/from: (out only) 5:15, 5:45, 6:45, and 7:45 - **Reservation Required**
Evening **PICK-UPS ONLY**: 4:45, 5:35, 6:35, 7:35 and 8:35 - **No Reservation**

Midday Trips - Reservations Required

To/From Activities Center, Lake Lodge, Meadowlark Park, and off site, including Goldens Bridge MetroNorth Station
Outbound, hourly 8:45 am to 12:45 pm
Inbound, hourly 9:10 am to 1:45 pm (last train station pick up 12:45 pm)
To/From Pools 2 thru 5 / Tennis areas
To: 8:45 am (pool 4), hourly, 9:45 am to 1:45 pm
From: Hourly from 9:10 am to 2:10 pm

UTILITIES CONTACT INFORMATION

Comcast	800-934-6489	NYSEG	800-572-1131	Water/Sewer (Veolia)	877-426-8969
ConEd	800-752-6633	Verizon	800-922-0204		

SERVICES FOR SENIORS

TOWN OF SOMERS SENIOR SERVICES - 914-232-0807

Princess Guerra, Director

Hot Lunch

- At Van Tassel House - **Free Transportation Available**
Monday thru Friday at noon
- Delivered to home-bound, Monday thru Friday
Meals leave Van Tassel House for delivery starting at 11:30 am
Suggested contribution: **\$3** per meal

Medical Appointments - Transportation Available

Tuesday thru Thursday, for appointments between 10:30 am to 2 pm
Suggested round-trip donation: **\$10**

Shopping Trips by Bus

Mondays and Fridays, pickups start at 10 am
Suggested round-trip donation: **\$2**

OTHER SENIOR SERVICES

RideConnect - 914-242-7433

Transportation services seven days a week. Call to register.

Medicare - 800-633-4227 and medicare.gov

Medicare Rights Center - 800-333-4114

EPIC - 800-332-3742

New York State Senior Prescription Reduction

Westchester County Senior Programs and Services - 914-813-6300

Referral agency for senior services including legal - 914-949-1305
Social Services: 914-995-5889

SERVICES FOR ALL AGES, INCLUDING SENIORS

AA - 914-949-1200. Info and literature National Council on Alcoholism

Adult Protection Services Intake - Natalie Siler 914-995-2259.

Cancer Care - 800-ACS-2345

Northern Westchester Hospital - 914-242-8115

Putnam Hospital - 845-279-5711

The Dominican Sisters - Family Health Service 914-941-1654
Long- and short-term registered nurses.

Hospice - 914-666-4228 - Visiting Nurse Association State-certified program providing home health care and emotional support for terminally ill patients and their families

Project Time Out / Jewish Community Services - 914-761-0600 - Provides in-home respite services matching families with trained sitters/companions.
Contact Judy Fink, Coordinator, ext. 340; Carol Kobroff, Respite Specialist, ext. 310

Transportation for Cancer Treatments (free):

American Cancer Society Road to Recovery program. 800-227-2345

Transportation for Disabled Residents - County Office of Transportation 914-813-7777

Para-Transit - 914-995-7272 provides modified vans with ramp for curb-to curb service. Fare \$5 each way. Medical pre-authorization required. For eligibility call 914-995-2960.

Private Ambulette Services

Superior Brewster 845-278-6992
CLC Trans 914-241-0112

Ambulance: Westchester EMS 866-666-9367. Accepts Medicare.

Westchester County Office for the Disabled, includes hearing-defect

Lighthouse Inc. - New York City 212-821-9200. For sight impaired.

Veterans Guide to VA Health Care Benefits -

VA Hudson Valley Health Care System - 800-269-8749
Monday through Friday 8 am - 4 pm

VVNA Home Health Services, part of Northwell Health at Home

914-666-7616 - 8:30 am - 5 pm - Home care aides, nursing

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845-208-8151 - freeman@halstonmedia.com - HalstonMedia.com
Contact Brett Freeman for advertising in any of our publications or online.

FOR INFORMATION ABOUT THE HOSTS OF THE BELOW EVENTS, SEE THE ACTIVITIES / CLASSES / CLUBS SECTION OF THIS NEWSLETTER. WHEN GUESTS ARE WELCOME, UP TO FOUR PER UNIT ARE ALLOWED

MUSICAL NOTES FROM THE CONCERT SOCIETY

The best classical music value in Westchester and beyond!

By Teddi Meltzer



CLAREMONT TRIO

Sunday, May 4, at 3 pm
in the Heritage Room

For the grand opening of our 2025 concert season, we will be enjoying a performance by this talented trio.



Annual subscriptions for 4 concerts are \$90 per person, or pay \$26 per person at the door. Subscription Forms are available at the Activities Center. If you have any questions, call Teddi at 914-277-1418 – but not before 9 am!

* * *

Independent and Foreign Film Club



By Steve Klepner

THE WONDER

(Ireland and United Kingdom, 103 minutes, 2022)

Sunday, May 4, at 7 pm in the Heritage Room

Set shortly after the Great Famine, this film follows an English nurse sent to a rural Irish village to observe a young “fasting girl” who seems to be able to miraculously survive without eating.

OOPS!

In the April issue:

The March Society Board Meeting Summary indicated Candidates' Night would take place at 7 pm on Wednesday, May 21. As indicated above, it will take place on Wednesday, May 8, at 7 pm.

The International and Foreign Film Club schedule on page 10 had two erroneous days. The July screening will take place on Sunday, July 13, and the August screening will take place on Sunday, August 10.

Because of the film's length, the evening will start promptly at 7 pm. A discussion, led by Bill Costanzo, retired film studies instructor, follows the screening.

The next film will be screened on Sunday, June 8.

* * *

CONCERT SOCIETY AND CONTINUING EDUCATION FREE CO-SPONSORED EVENT

Submitted by Teddi Meltzer and Karen Baker

TERRA STRING QUARTET

Wednesday, May 7, at 2 pm in Lake Lodge

Silver medalists at the 2025 Wigmore Hall Quartet Competition in London, this talented group performs free courtesy of Caramoor.

* * *



SOCIETY BOARD

CANDIDATES NIGHT

Thursday, May 8, at 7 pm in the Heritage Room

All unit owners are invited to attend this meeting to listen to, and submit questions to, the eight candidates running for the five Society Board positions whose three-year terms are expiring. See their bios on pages 20 to 23. To help expedite the meeting, please submit questions you have for any candidates to society@hhsociety.org or bring them

continued on page 4

ON THE COVER

Cheryl Palermo of Condo 4 named her photo seen on the cover “Motherly Love.”

CONTENT NOTICE

The eight Society Board Candidate Biographies require so much space in this issue that we regret we had no room for more FEATURES or our usual FAMILY FOCUS, COLUMNS, and occasional POETRY and DID YOU KNOW? sections.

HERITAGE HILLS NEWSLETTER COMMITTEE

Chair/Editor in Chief: Susan Statkowski-Rivalsi

Writers/Editors/Photographers: Patricia Adams, Rosetta Benson, Phyllis Bradbury, Dassi Citron, Terry Clifford, Karl Milde, Elizabeth Royston, Keri Reitman Schnapper

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COMING EVENTS

in writing to the Society Office. Include your name and unit number. This meeting will be broadcast live on Comcast's channels 21 and 1070.

MONTHLY MEETING

Wednesday, May 21, at 1:30 pm in the Heritage Room

All unit owners are welcome to attend the meeting in person. It will be broadcast on Comcast's channels 21 and 1070 while in progress and will be rebroadcast daily on those channels at 2 and 7 pm until the next meeting occurs. It can also be viewed on the Society website at hhsociety.org; go to Heritage Hills Society, then choose Board Meetings & Documents.

Owners are welcome to raise matters of concern in person at the meeting. Residents who cannot attend may send an email to society@hhsociety.org, call 914-276-2908, or mail them to Society Board, 8 Heritage Hills, Somers, New York 10589. They will be discussed at the end of the meeting.

Provide your name and unit number on written correspondence.

* * *

10-A-MEN CLUB

By Mike McBride

WEEKLY MEETING SCHEDULE

Wednesdays at 10 am in the Heritage Room

May 7 Mike Ritacco, Joe Vala, Mike Rinaldi

Somers School Board Candidates

May 14 Amanda Kandel, Chadwick Olsen, Rosalind Gallino

Somers School Board Candidates

May 21 Kevin O'Keefe

Candidate for Westchester County Legislator

May 28 Vedat Gashi

Candidate for Westchester County Legislator

June 4 Judge Erin O'Shea McGoey

Candidate for Westchester County Legislator

All adult residents are welcome. Women are encouraged to attend. Doors open at 8:30 am. \$2 admission. Bagels and coffee are available until 9:45 am. Folks mingle and chat until 10 am, when the Pledge of Allegiance is said. That is followed by speakers and discussions until 11 am.

Come join us to meet your neighbors, ask questions, and find out what is happening in Heritage Hills and around Somers. As always, we respect, welcome, and listen to all.

* * *

HEALTH & SAFETY COMMITTEE

Submitted by Flo Brodley

DEMENTIA LECTURE

Wednesday, May 7, at 1:30 pm in the Heritage Room

Together with Northern Westchester Hospital, we present this lecture by Dr. Erica Beauplan-Romeo at which you learn about the signs

of the onset of Dementia, the many aspects of the disease, when a neurological assessment is needed, available community resources, and expectations for a caregiver.

Doctor Beauplan-Romeo is a Doctor of Internal Medicine specializing in adult care. She focuses on a patient centered approach and has worked at various Northwell hospitals ranging from community based institutions to tertiary care centers.

If you have any questions, contact either Alicia at anwen4@comcast.net or Eileen at 914-276-2342 or 914-400-6005.

* * *

SINGLES CLUB

By Singles Club Board

LUNCHEON AT IL VILLAGGIO

Thursday, May 15, at 1 pm, at 947 South Lake Boulevard in Mahopac

Come and enjoy good food with good friends. Will include family style appetizers, three entree choices, and dessert. Cash bar.

\$35 for members and non-members. Leave your checks in the Singles Club mail slot at the Activities Center **no later than May 9.**

* * *

CONTINUING EDUCATION

By Karen Baker

The following events will take place in the Heritage Room. Admission is \$10 per event, paid at the door. If you have any questions, call Ann at 914-617-9434.

A CHANGING CHINA IN A CHANGING WORLD

A lecture by Dr. Renqiu Yu, Professor Emeritus of History & Asian Studies, SUNY Purchase

Tuesday, May 13, at 1:30 pm

A discussion of changes in China and China's interactions with the world in recent decades. Focus will be on United States-China relations, including key issues such as competition and cooperation, trade, and Taiwan.

PROTEST SONGS: THEN & NOW

A concert by Rod MacDonald, Folk Singer

Tuesday, May 27, at 1:30 pm

Rod MacDonald has headlined clubs and concerts for 20 years in Greenwich Village; toured the United States, Europe, and Australia; and been co-producer of the Greenwich Village Folk Festival. Join Rod and bassist Mark Dann for this program of historical and current songs of humor, passion, commitment to justice, and freedom in today's world.

THEATRE MUSIC AND THE INFLUENCE OF LEONARD BERNSTEIN

A lecture-recital by Howard Kilik, pianist, composer and conductor

Tuesday, June 3, at 1:30 pm

Leonard Bernstein, acclaimed conductor, composer and pianist, earned a remarkable 16 Grammy Awards throughout his career. From leading the New York Philharmonic to composing the award-winning musical *West Side Story* with Stephen Sondheim, Bernstein's achievements are unrivalled.

* * *

WOMEN'S CLUB

Submitted by Phyllis Bradbury

HEALTH, FITNESS, AND WELLNESS

Presentation by Mary Tedesco, Fitness Center Manager

Wednesday, May 14, at 1:30 pm in the Heritage Room

Have you wondered what is offered to residents at the Fitness Center, or could you perhaps you use an update? At our May meeting, Mary Tedesco, Fitness Center Manager, will give us a presentation. There will be a question & answer period, so bring your comments/questions. Flyers are available at the Activity Center.

There is no admittance charge for members. Dessert, coffee and tea will be served. Non-members can join our group by paying the annual dues of \$12. For more information, please contact Joan Jendras at 914 276-0488.

* * *



By Aimee Feerst

If you have any questions regarding the following events, call Alan Tepper at 914-42-3279 or email him at astepper@gmail.com.



LERNER AND LOEWE SONGFEST

Saturday, May 17, at 7 pm in the Heritage Room

We are delighted to present Alexandra Frederick, recently nominated for a New York City award as "Best Cabaret Singer," who will entertain us with a special program devoted to Lerner and Loewe's beloved musical theater classics!

Admission is \$15 per person. Cabaret style seating. Watch your email for a flyer to be returned **no later than May 14**.



ITS COMEDY TIME

Saturday June 21, at 7 pm in the Heritage Room

Join us for an entertaining evening with Stand Up Comedian Steve Mittleman.

"Mittleman, laugh out loud funny" . . . *The New York Times*.

"Mittleman is always funny" . . . Jerry Seinfeld, (with whom he has worked).

He has appeared on *The Tonight Show* starring Johnny Carson and Jay Leno, *The Late Show* with David Letterman, and was seen in the movies *Roxanne* and *The Out of Towners*.

Sure to be a sellout, get your reservation in soon. Admission is \$15 per person. Auditorium seating. Watch your email for a flyer to be returned **no later than June 18**.

* * *



TED TALKS AT HERITAGE HILLS

By Karl Milde

Friday, May 16, from 3 to 5 pm

ROOM CHANGE - Next to the HHLibrary

Join hosts Ami Stokhamer and Karl Milde, both Heritage Hills residents, as they lead open discussions after viewing each of the following insightful, thought-provoking videos:

How Beauty Feels - by Richard Seymour

A Darwinian Theory of Beauty - by Dennis Dutton

This event is FREE for all residents. Light refreshments will be served. For further information, call Ami at 914-486-9677 or Karl at 914-342-3068.

The next TED Talks event will be held on Friday, June 20.

* * *



CIAO ITALIA

By Michael Lanotte

MEMBERS ONLY PIZZA NIGHT

Friday, May 23



YOU MUST obtain a flyer, located outside the Activities Office, which contains all the necessary information. Or you can print a copy from the email notification. Complete the form at the bottom of the flyer. All forms and checks must be submitted **by Friday, May 16**. REMEMBER, ONLY 8 TO A TABLE!

PETE CUSTODE SINGER/ENTERTAINER

Friday, June 13

Flyers will be available mid-May.

FUTURE DATES: Saturday, July 12; Friday, August 15; Saturday, September 27

HEALTH & SAFETY COMMITTEE AND GARDEN CLUB CO-SPONSORED EVENT

Submitted by Flo Brodley

GARDENING AND YOUR WELL-BEING

Speaker: Carolyn Ramsey, Master Gardener Volunteer, Westchester County Cornell Cooperative Extension

Wednesday, May 28, from 1:30 to 2:30 pm in the Heritage Room

Carolyn's talk will teach us about the mental and physical benefits of gardening, including stress relief, and improved mood and overall quality of life. You will learn how gardening can be a form of vigorous exercise, working many major muscle groups, comparable to the benefits of Pilates, tennis, and walking. Gardening can improve cardiovascular functioning and increase mobility, build bone density, and increase brain function.

Gardening can be fun and good for you in so many ways! Join us for an informative presentation. A Q&A session will follow.

* * *



ENVIRONMENTAL CLUB

By Carolyn Sears

BOOK DISCUSSION

Friday, May 23, from 4:15 to 5:30, in Rooms 2 and 3 of the Activities Center

Choose a book from below, written by a leading contributor to the environmental movement. Share a quote and talk about the author's contributions to environmentalism.

- Carson, Rachel – *Silent Spring* (1962)
- Johnson, Lady Bird and Carlton B. Lees – *Wildflowers Across America* (2000)
- Stein, Sara – *Noah's Garden*, (1993)
- Tallamy, Doug – *Bringing Nature Home* (2007)

* * *



FRIENDS IN THE HILLS

By Deb Ferrara

If you have any questions regarding the following events, contact Deb Ferrara at 914-924-3003 or Mary Ann Walrath at 914-318-1227.

BINGO NIGHT

Saturday, May 31, at 7 pm in the Heritage Room

Doors open at 6:30 pm

This **MEMBERS ONLY** event is \$10 per person. There will be a 50/50. Write "Bingo" on the outside of your envelope when placing it in our mail slot.

ELVIS TRIBUTE

Friday, June 20, at 7:30 pm in the Heritage Room

Doors open at 7 pm

We're excited to bring to you New York's #1 Elvis Tribute Artist with his

six-piece band and backup singers. You have all this entertainment right in your own back yard.

MEMBERS ONLY. \$25 per person. Put the signup sheet, along with your check, in the "Friends in the Hills" mail slot in the Activities Center. Seating is limited.

FUTURE EVENTS:

July 25: First ever "Music Bingo"

August 22: Come solve the "Golden Girls" Murder Mystery

September 20: Shh! "Something Fabulous".

* * *

CPR AND AED DEMONSTRATIONS

Wednesday, June 4, between 6 and 8 pm in the Heritage Room

Demonstrations take 10 to 15 minutes; walk in any time.



National CPR and AED Awareness Week is an annual event held in June to promote the importance of cardiopulmonary resuscitation (CPR) and automated external defibrillators (AEDs). Rob Casasanta, Director of Security, will demonstrate Hands Only CPR and how to use an AED.

* * *



COMMUNITY THEATRE

By Muriel Millstein Weiss

EXIT WHO

By Fred Carmichael

Friday and Saturday, June 27 and 28 at 7:30 pm, and Sunday, June 29, at 3 pm in the Heritage Room

Exit Who is a play by Fred Carmichael. By now, Mr. Carmichael seems like an old friend. Once again he has crafted a mystery-comedy for your enjoyment.

Under the direction of Scott Harris, our cast rehearsals are underway. Although *Exit Who* takes place in a fictional small town, this is a play you really don't want to miss. So do join us for one of our three performances.

Reservations are: \$15 per person for Theatre members and \$20 per person for non-members. Place checks made payable to H.H. Community Theatre in the H.H. Theatre mail slot outside the Activities Office, or mail them to H.H. Community Theatre, 8 Heritage Hills, Somers, New York 10589. For your convenience flyers will be placed in the Activities Center and Lake Lodge with a tear off section. Remember to include your phone number or email address, the number of reservations, and performance date. **NOTE**, in lieu of tickets your name will be placed on our reservation list. See you at the Theatre!

**WHEN WALKING ON OUR ROADS, ALWAYS WALK
FACING TRAFFIC, SINGLE FILE, HUG THE CURB,
AND WEAR BRIGHT CLOTHING**



SOCIETY BOARD NEWS

WELCOME NEW OWNERS

By Anna Milani

Society Office Administrator

During the month of March, ownership changed for 11 units. If you're a newcomer, you should have received a *New Resident* folder when obtaining your photo ID in the Activities Office. The folders are also available in the Society Office, open Monday through Friday from 9 am to 1 pm.

SUMMARY OF PORTIONS OF THE APRIL 16 BOARD OF DIRECTORS MEETING

Compiled by Susan Statkowski-Rivalsi

This is a summary of some portions of the meeting. Videos of these monthly meetings in their entirety are posted on the Society Board website, hhsociety.org. The minutes of this monthly meeting will be published after they are approved at the next monthly meeting on May 21.

Board members in attendance: Gloria Anderson, Gene Archer, Denise Elliott, Ralph Fatigate, Ann Harper, Dorinda Haskell, Joe Kelly, Jack Mattes, Karl Milde, Patricia Ploss, Bruce Prince, Deica Ruiz, Art Singer, Alan Teppner, and Jay Wright.

Also attending: John Milligan; Rob Casasanta, of Prosegur Security

OPENING COMMENTS BY GLORIA ANDERSON, PRESIDENT

The good news is the 18-hole Golf Course, which has been on the market for quite some time, is in contract, with a closing to take place in about 45 days. I won't meet the new owners until after the closing, so I don't have many details, but I have been assured that they do plan to operate the golf course, making any necessary repairs, and intend to operate the restaurant as a restaurant in addition to a catering facility. We'll share additional details when they're available.

FINANCE & BUDGET, COMMITTEE - GENE ARCHER, CHAIR

Treasurer's Report

March Financials:

Income.....\$ 539,970.50

Expenses (486,496.40)

Net Positive\$ 53,474.19

Cash on hand at month end: \$1,167,405.25

ACTIVITIES COMMITTEE - ANN HARPER, CHAIR

- [See Free Concert information on page 3.]
- In May, the Photography Club is having a speaker regarding editing cell phone pictures. Watch for email blasts, etc.

- We have a new club - the Environmental Club. Its purpose is to learn, inform, advise, advocate, and engage residents in all environmental issues.
- Details of all clubs are in the Newsletter, email blasts, and flyers in the Activities Center.

ELECTIONS COMMITTEE - JOE KELLY, CHAIR

- **[Bios of the eight candidates]** for the five seats becoming available are on pages 20 to 2#]
- **[Candidates night, May 8:** See page 3 for details.]

FITNESS CENTER COMMITTEE - JOE KELLY, CHAIR

- **March Usage:**
 - Exercise room: 3,988 swipes
 - Gymnasium: 859 swipes
- **Free Consultations:** Certified Personal Trainers Mary and Jonathan did 19 of these.
- **New Equipment** has been ordered to replace some outdated pieces.

POOL COMMITTEE - ALAN TEPPER, CHAIR

- [See page 9 for the **Pool Schedule.**]
- [See page 15 for the **Pool Rules.**]

COMMUNITY AFFAIRS - JACK MATTES, CHAIR

Art Show. Will take place September 13 and 14.

TOWN MATTERS - BRUCE PRINCE, CHAIR

TJ Auto Repair. I will draft a letter to the town regarding the unsafe parking of vehicles on the road shoulder in front of their garage.

SECURITY - ROBERT CASASANTA, PROSEGUR

- **Latest Scam:** A text message to the cell phone indicating it's from the DMV and that you owe an EasyPass balance. It looks real, but the sender information is from an individual, not the DMV.
- **Road Walkers:** Wear light clothing; in the evening, carry a flashlight; and walk facing traffic. **Gloria Anderson Comment:** Our roads are not made for walking. Just come walk in our park instead.

OPERATIONS REPORT -JOHN MILLIGAN, PROPERTY MANAGER

- **Security Office Phone System:** Is being upgraded, including messaging a voice prompts. This will help when there are events like water main breaks, power outages, and weather emergencies, during which time the office can get up to 300 calls per hour. Meanwhile, there are medical calls that can't get through. So this new system should help. Phone numbers remain the same.
- **New Shuttle Bus** is due in May.
- **Roadway by Lake Lodge:** Veolia will re-pave it, but we don't have a date yet.
- **Pools**
 - Pool 4: We're managing the leak situation and working on a permanent repair strategy.
 - Stickers will be distributed by each Condo.

continued on page 8

- **Lake Lodge HVAC:** We are almost done part 1 of the two or three-phase process installing the split systems – a heat pump system with separate heads in each room – which will allow for control of the temperatures with separate thermostats in each room. We’ve done the kitchen and rooms 1 and 2. Ultimately, we’ll be able to eliminate the oil-fired boiler (which we’d need to replace in the next few years) and eliminate the \$17,000 heating oil expense.
- **Pickleball Courts;** Due to a very cold winter, we developed a very large crack under the fence that separates the courts, so it’s not in the playing surface. We can’t address this until the warm weather arrives.
- **Art Studio Exterior Doors:** Will be replaced shortly.
- **Meadowlark Park:** A lot of work has been done on the walking trails, smoothing them and removing dangerous former cart paths.
- **Recycling:** Recycling containers will be installed in all facilities – pools, tennis courts, all buildings.

* * *

POST-MEETING DISCUSSIONS

First Resident

She questioned the practice of having these meetings’ public comments *post*-meeting, saying that every organization in town has public comments at the *beginning* of the meetings, so they go into the minutes and are part of the record; but when the meeting is ended and we *then* have discussions, the comments do not go into the minutes.

She then questioned the practice of one vote per household even though there are multiple names on the deed. Board President Gloria Anderston (“Gloria”) said each unit pays one set of fees, regardless of the number of people living in the unit, so it gets one vote. Changing that would require a bylaw change.

Second Resident

He asked if anyone in Heritage Hills is authorized to instruct in pickleball. Gloria said there is nobody in Heritage Hills authorized to instruct in pickleball; that she had recently learned that someone was doing so and charging for it, and that person was spoken to and the practice has been discontinued. The resident then asked how to get someone approved to instruct in pickleball. Gloria provided the procedure and a list of requirements. Gloria said she understood the reason that’s never been allowed in the past is because it impacts accessibility to the courts for all residents. She said since it has not been approved, Security should be notified when paid instruction is occurring. He indicated that the Tennis Committee also wants to do offer lessons (see below).

Third Resident

A new owner, he asked about solar panels. John Milligan said that regarding units it’s strictly a Condo issue and that he’s heard there is a Condo about to grant approval to install solar panels. He Then said he looked into installation on Society buildings as recently as last fall and found there would be a tremendous cost, there are no tax

incentives available to a not-for-profit like the Society, and the pay-out for the cost of installation could by 16 years.

Fourth Resident

She discussed the Tennis Committee wanting to offer instruction. Gloria reiterated the information provided in the early discussion re Pickleball instruction.

Fifth Resident

He suggested that many pickleball and tennis players probably don’t realize they’re not allowed to bring in private trainers, so a notice should go out about that. Gloria agreed.

Sixth Resident

He introduced the President of the Environmental Club who was concerned about the Landscape Committee have a certain type of tree planted. Gloria directed her to provide information to the Landscape Committee and the Society Board for their consideration.

Seventh Resident

He asked about removal of invasive non-native growth on the 10-foot borders on roads maintained by the Society. John Milligan advised him Society’s maintenance of those areas, which are Condo property, is limited; so it’s the Condos’ responsibility to remove them.

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SECURITY

By Rob Casasanta, Prosegur Security

MARCH SECURITY CALL REPORT

During the month of March, our Security staff received and responded to a total of 251 calls including the following matters:

Service	103	(67 lift assists, 7 welfare checks, 12 persons locked out, 10 battery changes, and 12 other)
Medical.....	71	(3 Security EMT rode in ambulance to hospital)
Security	30	
Burglar Alarms.....	2	
Open Garage Doors	21	
Police	8	(6 Somers, 2 State)
Fire Calls	4	(1 automatic fire alarm, 1 smoke/CO2 alarm, 2 other)
Maintenance.....	3	
Motor Vehicle Accidents. . .	2	(1 property damage, 1 personal injury)
Parking Violations.....	4	(in handicapped spaces, fire lanes, on A or B roads)

If you have any Security questions or concerns, feel free to reach out to me directly either by phone at 914-276-2592 or by email at Robert.Casasanta@prosegur.com.

POOL SCHEDULE

May 24 to June 13

Pool 1: Lap swimming only all days, from 8 am to 10 am

Pools 1 and 4: All days, from 10 am to 7 pm

Pool 3: Weekends and Holidays, from 10 am to 7 pm

Pools 2 and 5: Closed

June 14 to September 1*

Pool 1: Lap swimming only all days, from 8 am to 10 am

Pools 1 and 4: All days, from 10 am to 8 pm*

Pool 3: All days, from 10 am to 7 pm

Pools 2 and 5: Weekdays, from noon to 7 pm

Weekends and Holidays, from 10 am to 7 pm

* Beginning sometime in mid-August, all pools will close at 7 pm, as it will be too dark to remain open later.

* * *

COUNCIL OF CONDOS

By Terry Clifford

The March meeting was attended by the following condominiums: 1, 4, 5, 6, 7, 11, 12, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 25, 26, 28, 29, 30

NYSEG PRESENTATION ON WINTER DEMAND

Three speakers presented at our meeting: NYSEG's Regional Manager, Tom Garrity; Manager of Energy Efficiency, Michael DelNegro; and Municipal Community Relations Program Manager, Dylan Miyoshi.

While November 2024 was 8% warmer than November 2023, January and February of 2025 was 24 to 28% colder than the same time in 2024.

NYSEG's billing is made up of "**Supply Side** and **Delivery Side**." NYSEG makes more money on the "Delivery Side" for energy infrastructure to get power to customers' homes which is determined by the New York State Public Service Commission which NYSEG or Con Ed can change every three years and will happen this May. The rate is determined by climate initiatives which require them to reduce carbon emissions and GEO (Geography, Economics, and Demography), on politics, and foreign policy of a state. The cost of the "Supply Side" of energy is driven by demand. NYSEG purchases the "Supply Side" power from the same companies, as ESCO's (Energy Service Companies), however, by State law NYSEG offers the "day/night" rates and is unable to offer the fixed rate that ESCO's can provide.

Heritage Hills unit owners have "**Day/Night Smart Meters**" installed outside their units which provide lower energy cost at night from 11 pm to 6 am; then the higher day rate is charged. The ESCO is unable to provide the night rate discount. If you decide to change you meter from day/night meter when rates can fluctuate during seasons to a straight meter, NYSEG will change the meter however, you must keep it for one year before changing back to a day/night meter.

How can you reduce your electric bill year-round?

- Update Insulation.
- Ask NYSEG for an energy audit at www.NYSEG.com.

- Check your NYSEG bill which includes a home energy report and compares your usage with other homeowners.
- Consider a "Heat Pump" while New York State still provides rebate offerings.
- NYSEG's website offers "Smart Solutions" which provides rebates and discounts from Lowes and Home Depot, such as smart thermostats, smart power strips as well as caulking, and spray foam insulation.

This interesting and informative presentation lasted for most of the meeting time.

The "Council of Condos" invites at least one member from each of the thirty Heritage Hills Board of Managers to attend meetings on the third Wednesday of each month at 7 pm in the Activities Center.

* * *



NEW ENVIRONMENTAL CLUB

By Carolynn Sears

Heritage Hills now has an Environmental Club among its activities. The primary objective of this fee-free club is to foster a culture of environmental responsibility within Heritage Hills. All, including teens, are welcome to attend our meetings on the second and fourth Friday of the month from 4:15 to 5:30 pm in Rooms 2 and 3 in the Activities Center.

Typically, at the second Friday sessions, individual working groups collaborate to research causes, solutions, and strategies to address specific problems. The fourth Friday of the month is used for programs. See the COMING EVENTS section of this Newsletter for information on special events, programs, and field trips.

For more information contact Carrie Sears at carolynnsears@me.com or 914-522-3111.

* * *



PHOTO CLUB

*Text by Sue Meola,
photo by Linda Carpentieri*

The Photo Club meets on the second Friday of each month in Room 2 at the Activities Center. This is an opportunity to meet with fellow photography enthusiasts regardless of whether you are an accomplished photographer, starting a new hobby, or somewhere in between.

This spring we will be offering hands-on workshops with Photographer Arnold Breistblatt, who will be conducting workshops for all skill levels in mastering smartphone photography. In addition, there will be sessions on basic techniques such as composition and lighting, as well as travel photography.

continued on page 10

Additional activities are being planned to include outings for photo shoot opportunities, trips to local photo exhibitions, photo contests, as well as other invited speakers.

We welcome everyone to join us as we grow and shape the future of the club. For more information contact Linda Carpentieri at lindacarp16@gmail.com / 914-227-3854, or Bill Ablondi at ablondi@marketmaps.net / 203-984-2955.

* * *

EAST HILL MEN’S GOLF ASSOCIATION

By Ken Freeman

They say, “April showers bring May flowers.” Those April showers also cause golf rainouts. Unfortunately, that was the fate of our scheduled April 3 season-opening round. While many of our members were still down south as of that date, the 11 members who had signed up to play were disappointed by the cancellation.

As I write this on April 5, just before the April 6 Newsletter deadline, the weather forecast for our next scheduled round, on Tuesday, April 8, looks “iffy” as well, with a morning forecast low of just 28 degrees and a high for the day of just 41 degrees.

So, for anyone interested in joining us who hasn’t joined yet, almost the entire season remains in front of us. For information, reach out to Membership Chair Sandy Lieberman at golfer61345@gmail.com or 914-438-6762.

THE NEWSLETTER WELCOMES ARTICLES AND PHOTOS FROM HERITAGE HILLS RESIDENTS

OUR DEADLINE IS THE 6TH OF THE MONTH.

Authors’ names will be indicated. We cannot guarantee that every item will be used, and all submissions are subject to being edited for format, length, acceptability of language, and suitability of content. Submissions should be in email attachment format (preferably Word) or by hand or mail to the Heritage Hills Activities Office or Society Office at 8 Heritage Hills, Somers, NY 10589.



EMAIL ADDRESS: HHillsNewsletter@gmail.com.

When Submitting Photos:

If using your phone instead of a camera, please use the highest resolution. Unless it’s a scenic vista, concentrate on faces. Most photographs are taken from too far away, and if the image is cropped, the faces will be blurred. Get closer.

Please do not incorporate art or a photo in a Word file. Attach it and Word files to emails as separate items.

We cannot use anything taken from the internet without authorization from the source.

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SEQUELS

Many of our readers belong to book groups, and a commonly expressed wish is that the book being discussed will have a sequel. HHLibrary has engaging sequels available from many prolific authors, including Margaret Atwood, Caleb Carr, Ken Follett, Jean Hanff Korelitz, Emily St. John Mandel, Hilary Mantel, Elizabeth Strout, and Colm Toibin.

Be sure to check out our display of these books the next time you are in the Library.

NEW ADDITIONS TO OUR COLLECTION IN MAY

To reserve any of the books listed below, stop by or call the Library at 914-276-7655.

Fiction

- Chiaverini, Jennifer.....*The World’s Fair Quilt*
- Epstein, Allison*Fagin the Thief*
- Henry, Emily*Great Big Beautiful Life*
- Jones, Stephen Graham*The Buffalo Hunter Hunter*
- McCann, Colum.....*Twist*
- Thayer, Nancy.....*Summer Light on Nantucket*
- Weiner, Jennifer.....*The Griffin Sisters’ Greatest Hits*

Mystery

- Baldacci, David *Strangers in Time*
- Hillerman. Anne..... *Shadow of the Solstice*
- Patterson, James..... *25 Alive*
- Prose, Nita..... *The Maid’s Secret*
- Taylor, Brad *Into the Gray Zone*

Non-Fiction

- Shorto, Russell.....*Taking Manhattan*
- Wilson, Randall K.....*A Place Called Yellowstone: The Epic History of the World’s First National Park*

* * *

‘TIS THE SEASON NOT TO FEED

By Susan Statkowski-Rivalsi

It’s best not to put out birdseed until the cold weather returns, since what goes in one end comes out the other, and it is most unpleasant and certainly unhealthy to have bird droppings land on neighbors enjoying the mild weather on their deck or patio, or have droppings land in their food when they’re dining there.

Also, bear in mind that raccoons and skunks will set up nests in close proximity to such an easy food source – for instance in nearby tree hollows from which they can see when the feeder has been filled, or beneath decks.

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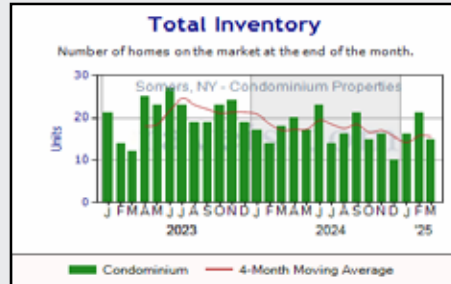
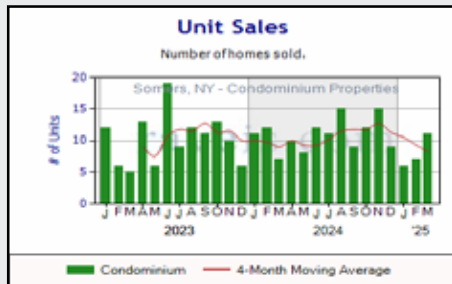
Just Listed - 565D - Stunning 2 BR/2 BA Armonk - totally renovated, overlooking the 15th fairway. Total Privacy. No assessments. \$599,000



Just Listed - 613A - Spacious and bright 2 BR/2 BA + den Fairview - a fresh palette in a contemporary layout - beautiful gardens. \$625,000



Heritage Hills Market Snapshot: 2023-2025 Somers, NY Condo Market



If you want a seamless process from start to finish my recommendation is - you've gotta have Hope! We interviewed several realtors but at our first meeting with Hope it was obvious that she had the experience necessary to price and market our home to sell. Our home sold the very first weekend. And Hope was able to negotiate full asking price. She navigated us through the process of contracts, inspections and closing. If you want an experienced realtor that knows the market and can provide valuable insight every step of the way - you've gotta have Hope Mazzola!

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Heritage Hills Pool Committee

Swimming Pool Rules

Pool Committee Email address - hhpoolcommittee@gmail.com

We encourage residents to send recommendations to the pool committee email address (above). We will discuss your recommendations at the next Pool Committee meeting.

Any emergencies should be reported directly to HH Security.

ALL POOLS ARE UNDER 24 HOUR VIDEO SURVEILLANCE

Lifeguards have ABSOLUTE AUTHORITY at all times for the safety and enjoyment of all residents. Violation of Pool Rules may result in loss of privileges.

Admittance:

- No admittance without a lifeguard on duty and a valid Society Photo ID card with a 2025 sticker. Resident's w/ Junior IDs must have their valid 2025 IDs to enter.
- 5 guests PER UNIT, PER DAY. A resident must remain with their guests at all times. Residents with Junior ID's can NOT bring guests.
- Children not toilet trained must wear a waterproof diaper.

Courtesy:

- Carry In/Carry Out Food and beverage policy: Food and beverages must be in plastic containers. ALL GARBAGE MUST BE TAKEN WITH YOU AT THE END OF YOUR VISIT.
- Beverages must be in resealable non-breakable containers. NO ALCOHOL. NO GLASS. No smoking or vaping.
- Lap lanes are for lap swimming only. **You must sign up with the Lifeguard to use the lap lane.** Up to 2 lap swimmers in the same lane at a time. 30-min limit is imposed if others are waiting. Kickboards are permitted in lap lanes only. No pool noodles in the lap lanes.
- Audio and cell phone devices must be used with headphones.
- Abusive or rowdy behavior will not be tolerated.
- Chairs, lounges & umbrellas may not be reserved/held. Towels will be removed and delivered to the life guard table for retrieval.

Safety:

- Only approved toys are permitted in pools 1 and 3. Noodles are allowed in all pools.
- NO DIVING/NO JUMPING. No hanging on the ropes.
- The stairs and the Safety Zone between the pool and the white line must remain clear of all items (including shoes) at all times.
- At the first occurrence of thunder or lightning, everyone must vacate the entire gated pool area. Pools reopen 30 minutes after the last sign of thunder/lightning at Lifeguards authorization/discretion.

Mandated NYS Sanitary Codes:

- Shoulder length or longer hair must be tied back or in a bathing cap.
- Shower before entering the pool.
- Persons with communicable diseases, open sores/bandages are prohibited from using the pool.

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Source: OKMLS, 1/1/24-12/31/24, total dollar volume of single family homes and condominiums sold by Agent, Somers school
district. OKMLS, 1/1/23-12/31/23, total dollar volume of Condominiums sold, Town of Somers, in Heritage Hills, by agent.

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SOCIETY BOARD

Here are biographies of the four new and four incumbents.



DORINDA HASKELL (Incumbent)

I have resided in Heritage Hills for twelve years.

Throughout my career, I have gained extensive experience in banking, IT, and computer networking as a global sales trainer. My responsibilities included creating budgets, organizing onboarding events, and developing training materials. I have trained team members globally and possess a deep understanding of working with diverse groups of people.

Previously, I served a three-year term on the Society Board of Directors and actively participated in the Activities, Finance, and Pool Committees. I successfully helped to organize several well-attended events, including Toys for Tots, Trunk or Treat, and Welcome to Heritage. Most recently, I was appointed by our Society Board President to a vacated seat on the Society Board, with the term ending in June, and I serve on the Audit and Meadowlark Park Committees.

Currently, I hold the position of President of Condo 1 and serve as a Cluster Captain. I am an active participant in yoga, mah-jongg, and the Council of Condos. I am also an admin for the Heritage Hills Family Network social media page.

I firmly believe that our community requires dedicated individuals who prioritize the interests of the residents. I am eager to contribute my positive outlook, expertise, and skills to the Board to ensure continuity and inclusivity for all residents. I will listen attentively and present the best ideas to foster the continued prosperity of our community.



JACK MATTES (Incumbent)

I have lived in HH for the past 21 years, after residing in Great Neck for 30 years. In Great Neck I served as an advisor to one of the largest Adult Education Programs in NY and as President of the Civic Association for our part of the community. I created my own business which specialized in visual merchandising and display design for 48 years.

I am in my fifth term on the Condo 6 Board of Managers, having served as Landscape Chair, Maintenance Chair, VP, and President.

My four terms of Society Board service include two as First Vice President and one as Treasurer. I was instrumental in tightening the collection of Society fees. Currently I'm Chair of our Community Affairs program, including the Emergency Preparedness Committee; Chair the operation of the Emergency Shelter; introduced the Smoke Alarm Program of the Red Cross to Heritage Hills and the entire Town of Somers. To date, more than 1,000 Heritage Hills

units have received new smoke alarms at no charge, including the installation.

I've served as Chairperson of the annual Heritage Hills Art Show for the past 17 years; chaired the Bowling League for several years, chaired the Toys for Tots program, and chaired a Welcome to Heritage event, among other activities. I currently serve as Chairperson of our Audit Committee. I originated and conducted St. Luke's Food Pantry drives here and currently oversee our Toys for Tots Program.

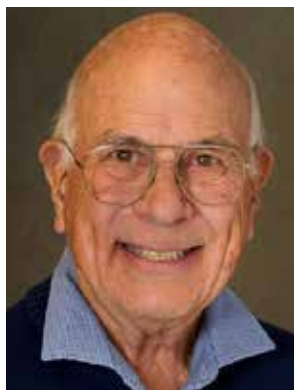
Within the Town of Somers, I serve on the Planning Board and the Somers Community Council. I was instrumental in writing our Town's Police Reform Proposal for the State of NY and ran the 2020 Census effort for Heritage Hills and the Town of Somers. I helped bring COVID-19 vaccinations to homebound residents in Heritage Hills and in Somers. I interface with the Town regarding the operation of the Emergency Shelter and with the Westchester County Board of Elections for general election activities at Heritage Hills.

I am in the Westchester County Senior Citizen's Hall of Fame.

If re-elected to our Society Board, I will continue to strive for transparency in all Board actions and work to improve communications between the Society Board, Council of Condos, and the thirty individual Condo Boards.

D CANDIDATES

at candidates for the five openings on the Society Board.



KARL F. MILDE, JR. (Incumbent)

My wife, Cheryl, and I moved to Heritage Hills in 2018 from our home in Mahopac, where we had lived for 35 years.

I am a graduate of M.I.T. and of the Georgetown University Law Center. I recently retired from a fifty-year career as an attorney specializing in intellectual property law (patents, trademarks, copyrights and trade secrets), serving clients to protect their creative endeavors and their businesses. I am also a veteran, having served two years as a lieutenant in the U.S. Army.

My Service in Heritage Hills

Since moving to Heritage Hills, I have become involved in many facets of this wonderful community. My service includes: Member of the Society Board of Managers. Found a new publisher for the *Heritage Hills Newsletter*; the Halston Media Group; restarted the AAA Safe Driving Classes at Lake Lodge; instituted Concerts in Meadowlark Park; and chaired the largest Welcome to Heritage Hills event in recent memory.

Member of the Condo 26 Board of Managers: I've assisted with numerous day-to-day issues that arose; I arranged for roadside "cluster signs" at each cul-de-sac.

President of the Garden Club from 2019 to 2021: I arranged for numerous Lectures and Seminars about gardening and installed a new Tool Shed at the Community Garden for maintenance equipment, wheelbarrows, etc.

Member of the *Heritage Hills Newsletter* Committee: I've authored a monthly column "Meet your Neighbors" and a gardening column, "How Does Your Garden Grow." I usually write one or two feature articles for each monthly Newsletter about what goes on in our community and beyond.

Co-founding member of the Garden Contest Committee: Assisted in creating the application forms, served on the panel of judges, and promoted this event in the *Heritage Hills Newsletter*.

Member of the Society Landscaping Committee: Involved in selecting the flora that adorn the entranceways, the Activities Center, as well as pergolas and other areas of Heritage Hills.

Member of the Woodcraft Club: As a "Santa's helper," made Toys for Tots as well as many other things, such as lamps, tables, chess sets, and the like for family and friends.

Co-leader of TED Talks: With Ami Stokhamer, I produce TED Talk programs and lead the discussion of interesting and sometimes provocative topics.

My service to the larger Community

As a member of Rotary, the world's largest community service organization, for nearly 40 years, I've joined with others in "service above self," in the cities where I worked and in Somers where I live. I was elected President of New York Rotary in 1990 and President of White Plains Rotary in 2000. Appointed Assistant Governor in 2001/2002, I co-founded the Somers Rotary Club. I was elected to the office of District Governor for the Rotary Year 2009/2010, I oversaw 45 Rotary Clubs in New York City, Westchester County, and in Bermuda, in their endeavors to make the world a better place.

continued on page 22



SCOTT REKANT

My name is Scott Rekant. My wife and I recently moved to Heritage Hills to be closer to our granddaughter and her parents. We are excited about living here and taking advantage of all that the community has to offer. I'll be retiring this year and look forward to getting involved in various clubs, specifically the Garden Club, Woodcraft Club, and Photography Club. I would like to get involved with the Society Board to meet my neighbors and see that the high-quality services provided by the Society Board continue. While we have not yet lived here during the summer and have not seen the work performed by the landscaping contractor, I have been impressed with the snow removal and security services provided by the Society.

Professionally, I am an attorney admitted to practice in New Jersey and Pennsylvania. I have worked for the New Jersey Attorney General's Office and private law firms. In my 34 years of practice, I have experience in environmental, real estate, and representing businesses, public entities, and non-profit organizations. I believe that my broad experience

will allow me to analyze the issues presented to the Society Board and discuss the options and details with all other Society Board members.

When my three children were growing up, I coached their soccer and baseball teams. I find it enjoyable to be outside as much as possible. I look forward to exploring the opportunities and landscape around Heritage Hills. I also look forward to an opportunity to serve the greater Heritage Hills community as a member of the Society Board and hope that you will give me that chance.



DEICA RUIZ (Incumbent)

My husband and I moved from Bergen County to Heritage Hills in 1997 to be closer to my office in Stamford. I was born and raised in New York City, attended Hunter College, and eventually went to work at Towers Watson, a human resource consulting firm, where I was the Executive Assistant to two CEOs, one COO, and one Managing Director over 39 years. During this time, the company merged several times and grew from a 250-person business where I knew everyone's name to more than 35,000 individuals when I retired in 2016. My responsibilities covered all areas of administration, internet research, meeting planning, and budget creation. I worked with colleagues at every level of the firm, traveled extensively within the U.S. and overseas, and met individuals from many cultures and walks of life.

I have been a member of the Heritage Hills Society Board since 2018. I am a member of the Executive Committee and Secretary of the Board, and I serve on the Finance Committee. I am Chair of the Library Committee and a

member of the Redecorating Committee. The last seven years have been a challenging and rewarding time to serve on the Society Board, working alongside a group of dedicated volunteers.

I have been on my Condo 4 Board since 2006, most of those as President. My role on the Library Committee is likely my favorite one, working with the other volunteers and, of course, doing much of the administrative work. Until a couple of years ago, I mentored at the Somers Middle School and am still in touch with my mentee, who graduated from High School this year. I try to give back in a small way to this lovely community and balance volunteering with spending time with family and friends and reading lots of books. I hope to continue doing it all!



DAVIS STOWELL

My wife, Celia, and I have lived in Heritage Hills for three years with our 15-year-old dog, Amber. Celia and I are active in numerous activities here, including bocce, bowling, golf, pickleball, tennis (both the regular and platform varieties), and swimming, and are members of Ciao Italia and Friends in the Hills. I am a member of the East Hill Men's Golf Association, and I expect I account for fully half of the golf balls one finds in the woods around the Somers National Golf Club. In the Fall of 2024, I was honored to be elected to the Board of Condo 15.

I have a BS from The Wharton School, University of Pennsylvania, and spent 37 years in finance, including:

- 8 years as an investment banker specializing in Mergers and Acquisitions and Private Placements;
- 23 years as a senior executive (often as Chief Executive Officer or Chief Financial Officer) of portfolio companies for a family office overseeing \$100+ million in assets.

- 3 years as Chief Financial Officer of a plastics company; and, most recently

- 3 years as Chief Financial Officer of a medical society focused on Lyme Disease.

My other activities include:

- Member of the Board of Directors (2007 to 2021) and Treasurer (2007 to 2016, 2020 to 2021) of KEEPS, Inc., a non-profit afterschool childcare program in Mamaroneck, New York.
- Member, University of Pennsylvania Alumni Interview Program (2015 to 2021);
- Co-Chair of Outreach, University of Pennsylvania Class of 1978 (2018 to the present);
- Chair of the Reunion Committee of Pelham Memorial High School (Pelham, New York) Class of 1974 (2004 to the present); and
- Westchester County Election Inspector (2023 to the present).

I have extensive experience in financial reporting (including SEC filings), financial planning and analysis, strategic planning, budgeting, and negotiating and drafting contracts and corporate organizational documents. I managed commercial real estate investments in 7 states and overseas, including negotiating leases and lease renewals, overseeing local property managers and brokers, and establishing/maintaining budgetary controls. I have a track record of successfully working with others to achieve goals.

With the economy potentially facing considerable uncertainty in the years ahead, I wish to utilize my expertise in finance and real estate, generally, to help Heritage Hills remain an attractive and affordable place in which to live. If elected to the Society Board, I plan to contribute in any way I am able to best utilize my experience and skills for the benefit of the residents of Heritage Hills.



BILL TEGMIER

I was born and raised in Yonkers, N.Y. I am a graduate of Commerce High School, Class of 1963. I served in the U.S. Army from September 1966 until 1972.

My wife, Christine, and I have been married since 1970 and have two adult children and three grandchildren who reside in Somers.

I was a trailer driver for Verizon Logistics for 41 years and a union official for over 30 years. I currently serve as second Vice President of my union AFL-CIO Retiree Group.

We moved to Heritage Hills in July 2008. I am currently a member of the Bocce League, 10-A-Men, Ciao Italia, and the Garden Club.

In addition, I belong to the Veterans Group of Somers and VFW Brewster Post 672.

If elected, it is my hope to lessen the restrictions that some Heritage Hills Clubs and organizations have to allow all residents to enjoy their experience.



BRENDA (BREN) ZIMMERMAN

I am a retired educator/administrator who has worked at Eastern Suffolk BOCES for 20 years. I earned my PhD from NYU in Administration and Education and was affectionately called "Dr. Z" by my students! Prior to BOCES, I was the Athletic Director at Portledge School, in Locust Valley, New York, where I received the Headmasters Award for excellence in leadership and was honored by my students with a yearbook dedication. I taught at Nassau Community College as an adjunct instructor and was the Director of Physical Activities at the YMCA of Glen Cove, New York.

As a physical educator, I enjoy being active and fit, and I love woodworking in my garage shop. I'm an RV enthusiast and an accomplished genealogist and historian. In addition to authoring several articles and books, one of which is in our Heritage Hills Library, I restored my family's 1885 home in North Carolina and wrote the nominating documents for its acceptance into the National Register of Historic Places. Aside from my interests in genealogy,

I am a cat lover and have enhanced my woodshop creativity by building Catios, and cat runs, and recently, a portable stairway to windowsills! I enjoy summers kayaking and hiking and love my RV lake retreat in Dutchess County, NY. I have continued my connection to my home state of North Carolina and was featured in the local newspaper as having successfully established a Davie County Museum fund for that county.

In 2018, I moved to Heritage Hills from Long Island, NY, and then convinced my best friend to move here as well! I worked on the annual Welcome to Heritage event for 2 years and have assisted my Condo 8 Board in various projects and repairs. In addition, I've enjoyed a variety of activities at the H.H. Fitness Center, Line Dancing classes and exploring the Meadowlark Park trails, as well as doing some volunteer work with the town of Somers.

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**GENERAL CLUB/CLASS INFORMATION AND
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Phone: 914-276-2636 or go to Activities at hhsociety.org

Advance registration is required. To book a space for your group/
club, contact Andrew Kaplan in the Activities Office by email at
activities@hhsociety.org or by phone at 914-276-2636.

ARTS & CRAFTS

I LOVE ART CLASS: After school Art in Heritage Hills for children ages K to 6. Hosted by Miss Judika, M.S. To register, call Judika at 914-438-6750.

LEARN TO BEAD WITH ALLISON: Mondays at 11 am in Room B. Each class is \$25 including materials fee. You go home with a piece of jewelry that you made for yourself or for a special someone. Come and join the fun. To enroll or for more information, contact Allison Rubin at 914- 629-3655 or ahrubin521@yahoo.com.

CRAFTERS IN THE HILLS: Fourth Wednesday of the month from 10 am to noon and 6 to 8 pm in the Activities Center's Lower Level Studio B. Each week we explore new crafts or work on current projects. The monthly meetings are open to club members first, and other residents when space is available. Some sessions are free (you supply your own materials) and others have a fee based on materials. For more information and to register, email craftclubhh@gmail.com.

NEEDLECRAFT GROUP: Charitable Group that meets Wednesdays at 12:30 pm in the Game Room. All skill levels are welcome. \$20 annual dues. For questions or to register, call Linda at 914-277-2776.

PAINT & SIP WITH JUDIKA: Create a different painting in each class once a month. Step-by-step instructions given, and everyone leaves with a masterpiece! \$40 per class includes all supplies. Bring your creative spirit! To register, call Judika at 914-438-6750.

PHOTO CLUB: Second Friday of each month at 2 pm in Room 2 of the Activities Center. All are welcome regardless of photography experience. Meetings will include speakers, field trips to various photo shows, photo shoots and contests. For more information, contact Linda Carpentieri at 914-227-3854 or lindacarp16@gmail.com or Bill Ablondi at 203-984-2955 or ablondi@marketmaps.net.

SILK FABRIC PAINTING CLASS: Fee \$135. Must sign up for a full 4-week session at the Activities Center. Space is limited. For more information, contact Evey at 914-276-0737 or email her at evemusart@comcast.net.

SKETCH WORKSHOP: Wednesdays from 9:30 to 11:30 am in Studio A in the Activities Center. Portraits, figures, still lifes. Bring your choice of paper, pen, pencil, watercolor, pastel, etc. Models are welcome to pose for 20 minutes (clothed!). No fee, no teacher, but guidance available.

WOODCRAFT CLUB: The shop on the Lower Level at the Activities Center is available Monday thru Saturday from 9 am to 4 pm. For information and to register, contact Club President Ed at 914-276-0671 or 914-552-2303.

CONTEMPORARY FICTION BOOK CLUB: First Tuesday of each month from 2 to 3:30 pm in the Activities Center. For more information contact Myra Hopper at myrahopper@gmail.com or 520 390-5523.

CONCERT SOCIETY: We present four classical concerts, featuring the best and brightest of classical music's Rising Stars, in May, June,

September, and October on Sundays at 3 pm in the Heritage Room. Annual subscriptions are \$90 per person or pay \$26 per person per concert at the door. Subscription Forms are available at the Activities Center. If you have any questions, call Raina Lefkowitz at 914-262-4407.

CONTINUING EDUCATION: Our mission is to educate and entertain with monthly presentations by experts in the fields of art, literature, music, theater, history, and politics on specified Tuesdays at 1:30 pm in the Heritage Room. For more information, see the COMING EVENTS section of this *Newsletter* or call Ann at 914-617-9434.

CULINARY CLUB: Meets once a month to prepare, share, and enjoy dishes from many cuisines. We hope to increase our expertise and, in the process, enjoy each other's company. Our membership is limited by our facilities and is full at this time. However, there is a waiting list, and if you would like to add your name, contact Barbara Gangemi at 914-617-9037.

DANCE

FRIDAY NIGHT SOCIAL DANCE: First Friday of every month from 7 to 10 pm in the Heritage Room. \$10 per person includes coffee and cake. BYOB. For more information, call Angela Viscogliosi at 914-393-8736.

ENVIRONMENTAL CLUB: This Club's primary objective is to foster a culture of environmental responsibility within Heritage Hills. Meetings take place on the second and fourth Friday of the month from 4:15 to 5:30 pm in Rooms 2 and 3 of the Activities Center. All are welcome, including teens. Watch for announcements and postings about special events and field trips. No fee. For more information contact Carrie Sears at carolynnsears@me.com or 914 522 3111.

EXERCISE CLASSES

WATER AEROBICS AT POOL 4: 9 to 10 am starting Tuesday, July 1. \$10 per class. Space is limited so pre-registration is highly recommended. Do so directly with the instructor. Mondays and Tuesdays with Theresa Masin, zumbawithme@aol.com. Wednesdays, Thursdays, and Fridays with Linda Zeiss, labzeiss@gmail.com.

CHAIR ZUMBA/TONING WITH THERESA: Mondays at 9:45 am by Zoom only. Zumba for anyone who prefers a seated workout. Contact Theresa for more information at zumbawithme@aol.com.

GENTLE YOGA WITH LISA: Mondays at 11:30 am and Fridays at 10 am on Lake Lodge's 2nd floor. \$12 for a 75-minute class. Lisaathomas@optonline.net or 914-497-0243.

TAI CHI AND CHI GONG WITH MASTER ELLEN: Mondays from 12:30 to 1:30 pm in the Gym. \$70 per month. First class free. All levels welcome. Wear loose fitting, comfortable clothing. Contact heritagehillstaichi@gmail.com.

LINDA'S LAKE LODGE CLASSES: Body Conditioning: Tuesdays and Thursdays at 8:30 am. Rock & Roll Workout: Tuesdays at 9:30 am. Yoga Pilates: Thursdays at 9:30 am. Sports Conditioning: Sundays at 9 am. All classes are \$10 per class. Register at the start of the month for the classes you plan to attend. Contact Linda Zeiss instructor at Labzeiss@gmail.com or 718-541-0861.

CARDIO/STRENGTH/STRETCH CLASS WITH LORI: Tuesdays and Thursdays from 9:30 to 10:30 am in the Gym. Join me for a fun, safe, effective workout. Low impact cardio, resistance training, balance, stretch and breath work – all set to great music! Appropriate for all levels.

Resistance bands and weights available. No mats needed. Fee: \$10 per class. Try the first class for free! Class is also available on Zoom. Email Lori at eefyjig@gmail.com.

CHAIR YOGA WITH SATISH: Practice Tuesdays from 10 to 11:15 am in Lake Lodge with Satish Gambhir, registered yoga (500-RYT) and acupressure teacher with over 20 years of experience. Chair Yoga aimed at toning the entire body and increasing flexibility. Breathing and meditation for relaxation and mind-body connection. Live music. \$10 per class. Call or email to register at 914-646-0887 or Satishgambhir@gmail.com.

BALANCE AND AGILITY FOR ACTIVE SENIORS: Wednesdays at 10:30 am on the 2nd floor at Lake Lodge. Navigate obstacles; strengthen balance; move better for walks, hikes, or pickleball. Learn from a master teacher with years of experience, Elena Remais. \$80 for 4 weeks, \$25 for drop-in. Elenathetrainer@yahoo.com and 917-848-3174.

ENERGY HEALING FOR SELF, FAMILY, FRIENDS AND PETS WITH MELANIE GAMBINO: First Wednesday of the month at 7 pm Lake Lodge's Room 3. \$20 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914 588 2450 or melaniegambino1@gmail.com.

CONTINUUM/FLUID FORM MOVEMENT, MINDFULNESS, AND MEDITATION WITH MELANIE GAMBINO: Fridays at 9 am in Lake Lodge's Room 3. \$15 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914 588 2450 or melaniegambino1@gmail.com.

MOVE AND GROOVE WITH THERESA: Fridays at 9:45 am in the Fitness Center and on Zoom. Easy-to-learn and easy-to-follow beginner Line Dances to ALL music genres. Contact Theresa for more information at zumbawithme@aol.com.

GETTING BACK ON TRACK (15-15-15) WITH THERESA: Fridays at 10:50 am at the Fitness Center and on Zoom. Light cardio and balance, functional strength and stretch, and restorative breathing and relaxation. Great class to begin or continue your fitness journey. Contact Theresa for more information at zumbawithme@aol.com.

VINYASA YOGA WITH JOE: Saturdays at 9 am in Lake Lodge's Upper Level. \$12 per class. To register, email Joe Ferrari at josephferrari@me.com.

FAMILY NETWORK GROUP: Arranges organized family-oriented gatherings, days and evenings, several times a year. Go to [Facebook.com](https://www.facebook.com) to join the group "Heritage Hills Family Network" or email keri.reitman@gmail.com.

FOREIGN LANGUAGE GROUPS

FRENCH CONVERSATION GROUP: Second and fourth Friday of the month in Lake Lodge's Room 1 from 11 am to noon. Members should have a basic knowledge of French conversation but need not be fluent. Refresh your French language skills and laugh and learn with us. If you have any questions, call Carole Ellis at 914-260-9182 or by email her at carellis14@yahoo.com.

SPANISH CONVERSATION GROUP: First Thursday of the month in Lake Lodge's Room 1 at 11 am. Group is open to intermediate through fluent Spanish speakers. ¡Vengan! Contact Mike at elprofesor55@aol.com.

GAMES

BRIDGE – DUPLICATE: Mondays and Thursdays at 12:30 pm in the Activities Center. For information, call Marie at 914-277-4266.

BRIDGE – SOCIAL: Wednesday mornings from 10 am to noon at Lake Lodge. For information, call Marie Sugar at 914-277-4266.

CANASTA CLUB: Saturdays from 1 to 4 pm. Contact Doris Simon at 914-276-0111 or Doris1121@me.com or Nancy Heilman at 914-224-7180 or Nancy.C.Heilman@gmail.com.

CHESS CLUB: Wednesdays from 1 to 3:30 pm in Lake Lodge's Room 3. We are a group of chess enthusiasts who enjoy coming together to play some friendly games of chess! Beginners are welcome! Bring your chess set if you have one. Some playing pairs may choose to use a chess clock; bring this, also, if you have one. For more information, contact Pat Posluszny at patpugs@comcast.net or 914-276-6550.

MAH JONGG: Mondays at noon in Lake Lodge (contact Sue Furino 914-617-9110); Wednesdays at noon in the Activities Center (Contact Carol Tocci 914-471-5689); Fridays at 1 pm in Lake Lodge, and Tuesdays and Thursdays from 11 am to 1 pm (Contact MaryAnne McMullen at 914-414-9116 or Terry Colomer at 914-342-3610).

SCRABBLERS: Thursdays starting promptly at 1 pm in Room 2 in the Activities Center. Casual Scrabble game play. Play one or more games. All levels of play, including newbies, are welcome. For more information, just walk in or contact Susan at 914-617-9228 or ciwhitestar@comcast.net.

GARDEN CLUB: For information, including questions on membership and use of the Community Garden, send an email to hhgardenclubsecretary@gmail.com.

HEALTH & SAFETY COMMITTEE

Blood Pressure Screenings With a Smile: Nurse Ellie Eidam offers screenings on the second Friday of the month from 9 to 11 am in the Activities Center's Game Room. Your temperature may be taken. Do not come if you have tested positive for Covid-19, were recently exposed (within 14 days) to the virus or traveled to areas that have experienced high levels of the virus. Contact Ellie at elliebob1@gmail.com or 914-617-2109 for more information.

Alzheimer's/Dementia Caregivers Support Group: Caring for someone with Alzheimer's/Dementia is a difficult and painful challenge. A support group can help. Meetings take place the first Thursday of the month at 12:30 pm in Lake Lodge's Room 1. Fee: \$20 per session. Facilitated by Linda Ludwig, PsyD. To register, call 914-617-9328 or email ludwiglr@aol.com.

Spousal Bereavement Group: Led by Linda Ludwig, PsD, we will resume meeting in the Spring.

HIKERS & WALKERS GROUP: Weekly hikes from September to June. Information and our schedule are available in the Activities Center mailroom.

INDEPENDENT AND FOREIGN FILM CLUB: Monthly screenings in the Activities Center's Heritage Room, followed by a discussion. April thru December. \$20 for the series. Schedule is posted in the Activities Center and on the Society website. For information, contact Steve Klepner at 845-297-7066 or spk010@yahoo.com.

LET'S TALK SENIOR CARE: Second Friday of the month at 1 pm. Stephanie Roberti, MHA, will introduce different senior care topics to help educate us on this important subject. For more information, Stephanie Roberti at 914-357-3049 or Sroberti@Newbeginningsforseniors.com.

LIBRARY: Open Monday through Friday from 10 am to 3 pm and Saturdays from 10 am to 1 pm. For information on the collection, visit the Heritage Hills Library webpage at hhsociety.org or call 914-276-7655.

MORNING DISCUSSION GROUP: Discussion group on current event topics. Meets Mondays from 9:30 to 11 am in the Activities Center. For information, email Ken Benjamin at kenbenja@aol.com or call him at 914-617-9817.

SHAKESPEARE GROUP: Tuesdays from 10 to 11:30 am in the Activities Center's Game Room and on Zoom. See a film of a classic Shakespeare play, then read it and join in lively discussions. All are welcome! For more information, call Susan Ray at 914-391-6686 or Margaret Howlett at 973-746-7816.

SOCIAL CLUBS

CIAO ITALIA: Membership, open to all residents, is \$12 per person for the year. Fill out a Membership Form available outside the Activities Office and include it in an envelope with your payment. Watch for flyers and TV notices announcing upcoming events.

CLUB SHALOM: You don't have to be Jewish to love Club Shalom, a Club dedicated to providing quality entertaining and educational Jewish cultural programs for residents. Watch for information about upcoming events. All residents are welcome.

FRIENDS IN THE HILLS CLUB: Open to all adult residents. Each event will be a night of fun and socializing with your neighbors. See the COMING EVENTS section of this *Newsletter* for event details. Email us at Friendsinthehills@aol.com with any questions or contact Debbie Ferrara at 914-924-3003 or Mary Ann Walrath at 914-318-1227.

RAINBOW CONNECTION CLUB: A social group for LGBTQ members and their families, friends, and neighbors. All are welcome. Meets the first Thursday of each month at Lake Lodge from 5 to 7 pm. For more information contact Teresa Duffy at 914-617-9785.

SINGLES CLUB: If you are interested in joining the club, contact Pat Caruso at 914-649-3232 or carusop515@comcast.net. Membership dues are \$12 per year.

WOMEN'S CLUB: Second Wednesday of the month, except for January, July, and August. See the COMING EVENTS section of this *Newsletter* for specific upcoming event details. We welcome new members! Dues are \$12 for the year. Insert your check in an envelope with your name, unit number, phone number, and email address, and put it in the Women's Club mail slot. Application forms are available outside the Activities Office. For more information, call Membership Chairperson Alfreda Savarese at 914-617-2007.

YACHT CLUB ("HHYC"): The HHYC is a fee-free social club of past and present water fans (swimmers, boaters, fishers, cruisers, surfers, whatever). At our monthly pot luck "dock parties" on the first Friday of the month in the Lobby at Lake Lodge, we share our experiences and plan future ones (theme parties, day trips/activities, or even cruises). For more information, contact Commadorable Susan at ciwhitestar@omcast.net or 914-617-9228.

SPORTS

BOCCE GROUP: Wednesdays and Saturdays (weather permitting) starting at 9:30 am. For more information contact Reno DiCristofaro at 914-500-5160 or Diane Purr at 914-617-9338.

EAST HILL MEN'S GOLF ASSOCIATION: Enjoy weekly Thursday 9-hole casual competitions in a variety of formats, as well as Tuesday Stroke Play opportunities, from April thru November at Somers National Golf Club's course right here on Heritage Hills' West Hill. For more information, contact Membership Chairman Sandy Lieberman at 914-438-6762 or golfer61345@gmail.com.

PICKLEBALL COMMITTEE: On the outdoor courts, it's open play, no reservations required. The Gym is also available for indoor play. For details on both, and about the Pickleball Committee and community, email PickleballHH@Outlook.com. See you on the courts!

PING PONG: Thursdays at 10 am in the Activities Center's Game Room. Open to all residents. Come hang out and play!

SHUFFLEBOARD GROUP: Wednesdays from 1 to 3 pm, and on Saturdays from 9:30 am to noon, October through March, in the Gym.

TENNIS COMMITTEE: All Tennis reservations are made via www.playtomic.io, or you can download the playtomic app, which offers many additional features. Once on the playtomic website, type "Heritage Hills" and click on "tennis" as the sport choice. For general information about the tennis group, call Dena at 914-589-3560. The Friday night Round Robin runs from May through September.

TED TALKS: Third Friday of the month, from 3 to 5 pm in the Heritage Room. Hosts Ami Stokhamer and Karl Milde (residents) present two thought-provoking TED Talk videos, after which there is open discussion. Free event with light refreshments. For more information, see the COMING EVENTS section in this *Newsletter*, or call Ami at 914-486-9677 or Karl at 845-545-1959.

10-A-MEN CLUB: Come to the Heritage Room on Wednesdays at 9 am and have continental breakfast for \$2. The meeting starts at 10 am.

THRIVING IN YOUR PRIME: Join us on the first Thursday of the month at 1 pm in Room 3 of Lake Lodge to discuss relevant topics and learn strategies that will help those over the age of 50 navigate the challenges they are confronted with. Each time we meet we will discuss a new topic, and you will learn strategies you can implement in your own life. The investment in each gathering is one hour of your time and \$5!

WRITERS WORKSHOP CLASS: Workshop on *Google Meet*! Mondays at 1 pm and Saturdays at 10:30 am in Lake Lodge. Email Linda Spear, workshop facilitator, to arrange to join us! Lindaspear211@gmail.com.



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WEB# HL820108 | \$485,000



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WEB# HL822689 | \$750,000



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Charming one bedroom, plus a den, all one level - end unit.
WEB# HL813729 | \$604,000



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WEB# HL6312529 | \$535,000



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BERKSHIRE

Rare unit mode, with majestic pond views, and loft space.
WEB# HL824914 | \$720,000

2025 Heritage Hills Sales | TOTAL DOLLAR VOLUME SOLD

HOULIHAN LAWRENCE · Somers	\$12.3M
GINER REAL ESTATE · Katonah	\$2.2M
MANCINI · Somers	\$1.3M
COLDWELL BANKER · Katonah	\$1.2M

Source: OKMLS, 1/1/2025 – 4/17/2025, Condominiums, total volume sold by office, city/town Somers



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PICKLEBALL PLAYERS SING!

By Fran Boemio

On April 1st, almost 90 players gathered at the Heritage Room for an epic evening of Karaoke and dancing!

Our fabulous DJ Bob had hundreds of songs for everyone to choose from. Our players were not shy!



Steve Bobolia
and the Stevettes



Jean Scorzelli,
Mary Muehleck,
Carol Talan,
Eric Scorzelli,
Mike Boemio,
and Jane Ceraldi



Ben Martinez
and Ann Carrol

When they weren't singing, there was a dance party happening with everyone adorned in flashing glow-in-the-dark glasses and glow sticks, which lit up the room!

Our Pickleball Cares Subcommittee collected 80 "spring cleaning" items at the event that our generous players donated for St. Luke's Pantry.



Community Cares Jeri Bennett, Debbie Montalvo, and Celia Stowell

We are a community of players that love to be together on and off the courts!

* * *



MEET YOUR NEIGHBOR MICHAEL BALKIND

Text and photo by Rosetta Benson

Michael Balkind became a grandfather for the first time on February 11 this year, and he could not be happier! He apologizes, but he cannot stop smiling. Even though I just met Michael, my sense is on ordinary days he is merely EXUBERANT. An extraordinary event like this has him walking on air, and his delight is contagious.

Michael and his wife, Greer, moved to Heritage Hills in March 2020. It made sense. After living in Katonah for 32 years, they suddenly found themselves empty nesters. They had met at Syracuse University. He was a sophomore, a transfer student from Rochester Institute of Technology (RIT). In Michael's words, "It became very evident in my freshman year I wasn't smart enough to play lacrosse four hours a day and pass engineering courses at RIT." Instead, he graduated in 1983 from Syracuse with a BA in Economics and played lacrosse. Even today he admits to a positive addiction for sports. He swims laps daily (280 miles per year), and is an avid SCUBA diver, skier, and golfer.

continued on page 36

FEATURES

Manhattan 1983 was the right place and the right time to build a career in the nascent computer retail business. Michael spent ten highly productive years working at The Computer Factory there. After a decade of making money for other people, he and four friends decided to set up their own corporation and make money for themselves. While entrepreneurs may *know* statistics indicate 50% of all new businesses will fail within the first five years, they never believe theirs will be one.

A current song lyric says, "What doesn't kill you, makes you stronger." After Michael's dream business failed, he turned to writing. At first, it was just cathartic to him. He was advised to write about what he loves (sports) and what he loves to read (mysteries). It wasn't long before he discovered his cure was fun. He told an interviewer recently, "When I'm in the throes of writing, I'm probably at my happiest." To date, he has written seven novels. While each one has a sports setting – professional golf, professional basketball, college football, World Cup Soccer, Olympic gymnastics, and Olympic skiing – Michael's primary goal is to keep the reader in suspense. Some of his books are available right here at our library and at the Somers Library.

The obvious question at the end of our interview is "What's next?" What I didn't expect was to have Michael pull my leg. "I plan to continue to sell residential solar systems." Touché! Then he tipped his hand ever so slightly. "Maybe something more personal?" I am impressed. Michael knows the *sticking power* of suspense.



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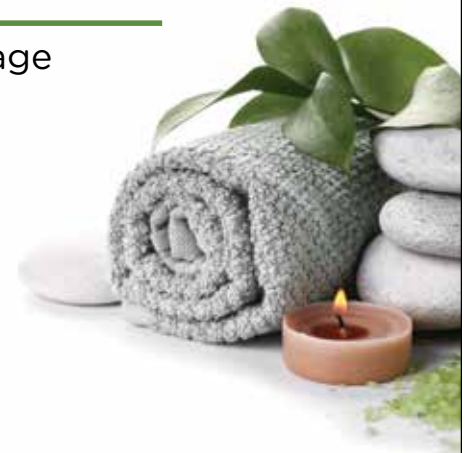
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