



THE OFFICIAL

Heritage Hills Newsletter

JULY 2025



Heritage Hills Society Information

Address 8 Heritage Hills, Somers, New York 10589
Website www.hhsociety.org
Television Channel 21

CONTACT INFORMATION - EMAIL

Society society@hhsociety.org
Activities Office activities@hhsociety.org

CONTACT INFORMATION - TELEPHONE

Security	914-276-2592	Society Fee	
	914-277-8800	Financial Office	914-276-2509
Society Office	914-276-2908	Bus	914-276-2877
Activities Office	914-276-2636	Library	914-276-7655
		Fitness Center	914-669-5028

EMERGENCIES 9-1-1

Hours of Operation

Activities Center

Building 9 am to 11 pm
Activities Office 9 am to 5 pm
Society Office 9 am to 1 pm
Fine Arts Center Group instruction and free time are scheduled by the Activities Office at 914-276-2908
Library Monday thru Friday 10 am to 3 pm, Saturday 10 am to 1 pm
Fitness Center & Gym Daily 4 am to 11 pm
Lake Lodge 9 am to 11 pm
Meadowlark Park Dawn to Dusk
Park Place Dawn to Dusk

Bus Service - Weekdays Only (except holidays) - 914-276-2877

Goldens Bridge MetroNorth Station Trips

Morning to/from: (out only) 5:15, 5:45, 6:45, and 7:45 - **Reservation Required**
Evening **PICK-UPS ONLY**: 4:45, 5:35, 6:35, 7:35 and 8:35 - **No Reservation**

Midday Trips - Reservations Required

To/From Activities Center, Lake Lodge, Meadowlark Park, and off site, including Goldens Bridge MetroNorth Station
Outbound, hourly 8:45 am to 12:45 pm
Inbound, hourly 9:10 am to 1:45 pm (last train station pick up 12:45 pm)
To/From Pools 2 thru 5 / Tennis areas
To: 8:45 am (pool 4), hourly, 9:45 am to 1:45 pm
From: Hourly from 9:10 am to 2:10 pm

UTILITIES CONTACT INFORMATION

Comcast	800-934-6489	NYSEG	800-572-1131	Water/Sewer (Veolia)	877-426-8969
ConEd	800-752-6633	Verizon	800-922-0204		

SERVICES FOR SENIORS

TOWN OF SOMERS SENIOR SERVICES - 914-232-0807

Princess Guerra, Director

Hot Lunch

- At Van Tassel House - **Free Transportation Available**
Monday thru Friday at noon
- Delivered to home-bound, Monday thru Friday
Meals leave Van Tassel House for delivery starting at 11:30 am
Suggested contribution: **\$3** per meal

Medical Appointments - Transportation Available

Tuesday thru Thursday, for appointments between 10:30 am to 2 pm
Suggested round-trip donation: **\$10**

Shopping Trips by Bus

Mondays and Fridays, pickups start at 10 am
Suggested round-trip donation: **\$2**

OTHER SENIOR SERVICES

RideConnect - 914-242-7433

Transportation services seven days a week. Call to register.

Medicare - 800-633-4227 and medicare.gov

Medicare Rights Center - 800-333-4114

EPIC - 800-332-3742

New York State Senior Prescription Reduction

Westchester County Senior Programs and Services - 914-813-6300

Referral agency for senior services including legal - 914-949-1305
Social Services: 914-995-5889

SERVICES FOR ALL AGES, INCLUDING SENIORS

AA - 914-949-1200. Info and literature National Council on Alcoholism

Adult Protection Services Intake - Natalie Siler 914-995-2259.

Cancer Care - 800-ACS-2345

Northern Westchester Hospital - 914-242-8115

Putnam Hospital - 845-279-5711

The Dominican Sisters - Family Health Service 914-941-1654
Long- and short-term registered nurses.

Hospice - 914-666-4228 - Visiting Nurse Association State-certified program providing home health care and emotional support for terminally ill patients and their families

Project Time Out / Jewish Community Services - 914-761-0600 - Provides in-home respite services matching families with trained sitters/companions.
Contact Judy Fink, Coordinator, ext. 340; Carol Kobroff, Respite Specialist, ext. 310

Transportation for Cancer Treatments (free):

American Cancer Society Road to Recovery program. 800-227-2345

Transportation for Disabled Residents - County Office of Transportation 914-813-7777

Para-Transit - 914-995-7272 provides modified vans with ramp for curb-to curb service. Fare \$5 each way. Medical pre-authorization required. For eligibility call 914-995-2960.

Private Ambulette Services

Superior Brewster 845-278-6992
CLC Trans 914-241-0112

Ambulance: Westchester EMS 866-666-9367. Accepts Medicare.

Westchester County Office for the Disabled, includes hearing-defect

Lighthouse Inc. - New York City 212-821-9200. For sight impaired.

Veterans Guide to VA Health Care Benefits -

VA Hudson Valley Health Care System - 800-269-8749
Monday through Friday 8 am - 4 pm

VVNA Home Health Services, part of Northwell Health at Home

914-666-7616 - 8:30 am - 5 pm - Home care aides, nursing

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845-208-8151 - freeman@halstonmedia.com - HalstonMedia.com
Contact Brett Freeman for advertising in any of our publications or online.

FOR INFORMATION ABOUT THE HOSTS OF THE BELOW EVENTS, SEE THE ACTIVITIES / CLASSES / CLUBS SECTION OF THIS NEWSLETTER. WHEN GUESTS ARE WELCOME, UP TO FOUR PER UNIT ARE ALLOWED

10-A-MEN CLUB

By Mike McBride

WEEKLY MEETING SCHEDULE

Wednesdays at 10 am in the Heritage Room

- July 2** **Arnold Briesblatt**
Smartphone Photography, Emailing Photos
- July 9** **Beth Davidson**
Candidate for Congressional District 17
- July 16** **Rob Scorrano**
Supervisor – Town of Somers
- July 23** **Split Session**
Ami Stokhamer
New Activity – Interviewing HH Residents
John Milligan
HH Property Manager
- July 30** **Chris Coppolecchia, Physical Therapist**
Owner of Focal Physical Therapy in Katonah

All adult residents are welcome. Women are encouraged to attend. Doors open at 8:30 am. \$3 admission. Bagels and coffee are available until 9:45 am. Folks mingle and chat until 10 am, when the Pledge of Allegiance is said. That is followed by speakers and discussions until 11 am.

Come join us to meet your neighbors, ask questions, and find out what is happening in Heritage Hills and around Somers. As always, we respect, welcome, and listen to all.

* * *



CIAO ITALIA

By Michael Lanotte

SOCK HOP BBQ

Friday, July 11

Hey everyone! Time to travel back in time! Get ready to channel your inner teens from the 1950s and 60s with your best outfits. Ladies, show off your poodle skirts, and gentlemen, roll up your short-sleeved

shirts and put on your Garrison belts. Let your creativity shine!

We'll be giving out prizes to the best throwback outfits. We'll also have Lindy dance, hula hoop, and twist contests, all with awesome 50s and 60s prizes.

Members: \$30, Non-members: \$35. Pick up a flyer outside the Activities Office or print a copy from the email, and fill out and submit the form at the bottom.

* * *



MEADOWLARK PARK COMMITTEE

FREE CONCERTS WITH FOOD TRUCKS

By Karl Milde

For the following events, park in the upper parking lot, as the lower one – in front of Park Place – will serve as a pedestrian mall, on which there will be a food truck and an ice cream truck:

THE INDEPENDENCE

Thursday, July 10, from 5 to 8 pm at Park Place

Rain date, Saturday, July 20



Bring your chairs and blankets and enjoy *The Independence* band – Hudson Valley's unique multi-generational eight-piece music ensemble – playing a great mix of America's best R&B, Pop, Rock, and Jazz favorites. Powered by a driving horn section and

dynamic vocals, *The Independence* delivers an original sound while paying tribute to all the old favorites. Don't miss this feel-good, entertaining show that includes a bit of everything for everyone.

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ON THE COVER

Ken Benjamin captured this image of a pair of swans early one morning while standing on a deck overlooking the Waterview Road Pond.

HERITAGE HILLS NEWSLETTER COMMITTEE

Chair/Editor in Chief: Susan Statkowski-Rivalsi
Writers/Editors/Photographers: Patricia Adams, Rosetta Benson, Phyllis Bradbury, Dassi Citron, Terry Clifford, Karl Milde, Elizabeth Royston, and Stephanie Szuch

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THE BIG FEZ

Thursday, August 7, from 5 to 7:30



Bring your chairs and blankets and join us as this four-man group performs classic surf and beach music from the early 1960s and beyond. All four band members are journeymen musicians who have individually developed their craft through rock, country, bluegrass, and Celtic music. However, it is the music of their youth, the "music of the surf," that has brought them together to form this outstanding combo.

* * *

Independent and Foreign Film Club



By Steve Klepner

SMALL THINGS LIKE THESE

(Ireland, Belgium, 98 minutes, 2024)

Sunday July 13, at 7 pm in the Heritage Room

We follow a resident of a rural Irish town in the 1980s amidst a moral and social dilemma. This film explores the silent, self-interested complicity of a whole community.

Because of the film's length the evening will start promptly at 7 p. A discussion, led by Bill Costanzo, retired film studies instructor, follows the screening.

* * *

PHOTO CLUB

By Bill Ablondi

The following sessions take place from 2 to 3:30 pm in the Game Room



MASTERING SMARTPHONE PHOTOGRAPHY WORKSHOPS

Photographer Arnold Breistblatt (pictured) concludes his series of workshops covering the following topic:

RETOUCHING, PRINTING AND EMAILING PHOTOS

DATE CHANGE: Friday, July 18

CRITIQUE AND REVIEW OF WORKSHOP ATTENDEES' PHOTOS

Friday, July 25

All residents are welcome, but space is limited, and **you must sign up 5 days before the workshop**. Sign-up sheets are outside the Activities Office. \$5 for members, \$10 for non-members.

For more information contact Linda Carpentieri at lindacarp16@gmail.com or 914-227-3854, or Bill Ablondi at ablondi@marketmaps.net or 203-984-2955.

* * *



By Aimee Feerst



AN EVENING OF STEVEN SONDHEIM with Alli West and Howard Kilik

Saturday, July 19, at 7 pm in the Heritage Room

Featuring a curated selection of his most iconic songs, this performance brings to life the brilliance that defines Sondheim's legacy. We are delighted to welcome back Alli, a Cantorial

Soloist and Broadway performer, and Howard, her talented vocalist and accompanist.

Get your reservations in soon, we expect a big turnout! Admission \$15 per person. Cabaret seating.

Watch your email for a flyer to be returned **no later than July 16**.

IRVING BERLIN SONGBOOK with Peter Muir

Saturday, August 23, at 7 pm in the Heritage Room

Peter Muir is back! Internationally recognized as a pianist, vocalist, educator, and musicologist, Peter will entertain us with Irving Berlin's songs that have become part of our American culture. You will hear of Berlin's influence on American music in the 20th Century, epitomizing an immigrant success story.

We're expecting a BIG crowd, so get your reservation in early. Admission is \$15 per person. Cabaret seating. Watch your email for a flyer to be returned **no later than August 20**.



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SOCIETY BOARD MONTHLY MEETING

Wednesday, July 16, at 1:30 pm in the Heritage Room

All unit owners are welcome to attend the meeting in person. It will be broadcast on Comcast's channels 21 and 1070 while in progress

and will be rebroadcast daily on those channels at 2 and 7 pm until the next meeting occurs. It can also be viewed on the Society website at hhsociety.org; go to Heritage Hills Society, then choose Board Meetings & Documents.

Owners are welcome to raise matters of concern in person at the meeting. Residents who cannot attend may send an email to society@hhsociety.org, call 914-276-2908, or mail them to Society Board, 8 Heritage Hills, Somers, New York 10589. They will be discussed at the end of the meeting. **Provide your name and unit number on written correspondence.**

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TED TALKS AT HERITAGE HILLS

By Karl Milde

Friday, July 18, from 3 to 5 pm, in the Heritage Room

Join hosts Ami Stokhamer and Karl Milde, both Heritage Hills residents, as they lead open discussions after viewing each of the following insightful, thought-provoking videos:

Sleep is Your Superpower – by Matt Walker

Can your dreams tell you something? – by Tree Carr

This event is FREE for all residents. Light refreshments will be served. For further information, call Ami at 914-486-9677 or Karl at 914-342-3068.

The next TED Talks event will be held on **Friday, August 15.**

* * *



ENVIRONMENTAL CLUB

By Carolyn Sears

The following events take place in Rooms 2 and 3 of the Activities Center

BOOK DISCUSSION

Friday, July 25, from 4:15 to 5:30 pm

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants, by Robin Wall Kimmerer

HEALTHY YARDS

Filipine Hoogland, Ecologist/Landscaper and Manager

Friday, August 22, from 4:15 to 5:30 pm

Changing yard practices might be the easiest way to fight climate change and support your local ecosystem. Suggested donation: \$10.

HEALTH & SAFETY COMMITTEE

OH, MY ACHING HANDS

Submitted by Bev Jacobson

Friday, July 25, at 1:30 pm in the Heritage Room

If you often say, "Oh my aching hands," come hear Dr. Michael Fitzgerald, an orthopedic hand surgeon from Northwell, discuss various hand ailments, the causes, and treatments.

SAVOR THE SUMMER: A FREE PLANT-BASED COOKING DEMONSTRATION

by Flo Bradley

Tuesday, August 5, at 1:30 pm in the Activities Center Kitchen

The Committee continues our highlight on nutrition at this demonstration where you'll elevate your summer menu with fresh, plant-based inspiration! Amy Rosenfeld, Registered Dietician, Senior Manager on the Northwell/Northern Westchester Hospital's Community Health Team, offers a dynamic cooking demonstration to discover simple yet delicious plant-based recipes perfect for warm-weather dining.

Limited to 10 participants. Preregister, only by email, at flo613@comcast.net.

* * *

HEAR OUR STORIES

A live interview hosted by Ami Stokhamer

MIKE MCBRIDE

Wednesday, July 30, at 2 pm in the Heritage Room

Live interview. For every life, there is a story. This is a free event. See page # for information on this new initial interview. Contact Ami at 914-486-9677 with any questions. For more information, see page 10.

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RESIDENT ART SHOW

By Terry Clifford

Application Deadline: Friday, August 15

Show Schedule: Saturday and Sunday, September 13 and 14, from 10 am to 4 pm

The Annual Heritage Hills Resident Art Show is approaching. We encourage artists of all ages to share their talent in ceramics, drawing, digital art, fiber, jewelry, mixed media, needlecraft, painting, photography, printmaking, sculpture, silk painting, weaving, and woodcraft.

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An Application with Guidelines is available at the Activities Office, and on the hhsociety.org website. Return the Application by **Friday, August 15.**

SHOW SET-UP VOLUNTEERS ARE NEEDED

Show setup is Friday, September 12, from 9 am to 3 pm. We need assistance with the installation of the artwork. If interested, send your contact information to mattesjack@yahoo.com by **Friday August 8.**

If you have any questions, contact the Activities Office by email activities@hhSociety.org or by phone at 914-276-2636.



FRIENDS IN THE HILLS

By Deb Ferrara

THE GOLDEN GIRLS GONE WILD MURDER MYSTERY

Friday, August 22, at 6:30 pm in the Heritage Room
Doors open at 6 pm

Sophia cordially invites you to her pussycat Dorothy's surprise party. Sandwiches, salads, coffee, and dessert will be served.

BYOB! This is a MURDER, you won't want to miss! **MEMBERS ONLY**, seating is limited. Round tables will accommodate 8. \$40 per person. Place checks (no cash) payable to "Friends in the Hills" in our mail slot with a sign-up flyer. If you have any questions, call Debbie at 914-924-3003 or Mary Ann at 914-318-1227.

THE NEWSLETTER WELCOMES ARTICLES AND PHOTOS FROM HERITAGE HILLS RESIDENTS
OUR DEADLINE IS THE 6TH OF THE MONTH.

Authors' names will be indicated. We cannot guarantee that every item will be used, and all submissions are subject to being edited for format, length, acceptability of language, and suitability of content. Submissions should be in email attachment format (preferably Word) or by hand or mail to the Heritage Hills Activities Office or Society Office at 8 Heritage Hills, Somers, NY 10589.



EMAIL ADDRESS: HHillsNewsletter@gmail.com.

When Submitting Photos:

If using your phone instead of a camera, please use the highest resolution. Unless it's a scenic vista, concentrate on faces. Most photographs are taken from too far away, and if the image is cropped, the faces will be blurred. Get closer.

Please do not incorporate art or a photo in a Word file. Attach it and Word files to emails as separate items.

We cannot use anything taken from the internet without authorization from the source.

WHEN WALKING ON OUR ROADS, ALWAYS WALK FACING TRAFFIC, SINGLE FILE, HUG THE CURB, AND WEAR BRIGHT CLOTHING



SOCIETY BOARD NEWS

WELCOME NEW OWNERS

By Anna Milani

Society Office Administrator

During the month of May, ownership changed for 11 units . If you're a newcomer, you should have received a *New Resident* folder when obtaining your photo ID in the Activities Office. The folders are also available in the Society Office, open Monday through Friday from 9 am to 1 pm.

SUMMARY OF PORTIONS OF THE MAY 21 BOARD OF DIRECTORS MEETING

Compiled by Susan Statkowski-Rivalsi

This is a summary of some portions of the meeting. Videos of these monthly meetings in their entirety are posted on the Society Board website, hhsociety.org. The minutes of this monthly meeting will be published after they are approved at the next monthly meeting on June 18.

Board members in attendance: Gloria Anderson, Gene Archer, Ralph Fatigate, Ann Harper, Joe Kelly, Jack Mattes, Karl Milde, Patricia Ploss, Bruce Prince, Deica Ruiz, Art Singer, and Alan Tepper.

Absent: Denise Elliott, Dorinda Haskell, Jay Wright

Also attending: John Milligan; Rob Casasanta, of Prosegur Security

OPENING COMMENTS BY GLORIA ANDERSON, PRESIDENT

The current golf course owners expect to close on the sale within the next few weeks. I've been told the new owners are excited to bring new energy and investment to both the golf club and the restaurant.

In response to a resident's inquiry after last month's meeting, we've changed our policy regarding resident comments at the end of the meeting. They will now be included as part of the regular meeting and part of the meeting minutes. On a related matter, during the Candidates Night announcement it was erroneously indicated that the residents' comments were not televised. They have always been televised and will continue to be televised. They're also reported in the *Newsletter*.

FINANCE & BUDGET, COMMITTEE - GENE ARCHER, CHAIR
Treasurer's Report

- April Financials:

Income	\$ 549,509.96
Expenses	<u>(531,288.05)</u>
Net Positive	\$ 18,221.91

We had \$80,000+ in unanticipated expenses over the past month or so which John will elaborate on. These will not affect the budget.

ACTIVITIES COMMITTEE – ANN HARPER, CHAIR

New activities are:

- **One-on-One Live Interviews:** Resident Ami Stokhamer will interview residents on stage in the Heritage Room, with audience questions and comments afterwards. This will give interesting residents a chance to be spotlighted, sharing their life story.
 - **Book Club:** Cindy Kennedy is proposing a new club to discuss works of fiction and non-fiction chosen by members of the club by popular vote.
 - **Beginning Hobby Electronics Club:** Members will learn to build fun electronic projects. Purchase of a board kit and a laptop will be required at the classes,
 - **Free Pickleball Lessons:** Are being offered by Mitchell Schilkraut
- Details of all clubs are in the Newsletter, email blasts, and flyers in the Activities Center.

FITNESS CENTER COMMITTEE – JOE KELLY, CHAIR

- **April Usage:**
 - Exercise room: 3,596 swipes
 - Gymnasium: 707 swipes
- **Free Consultations:** Certified Personal Trainers Mary and Jonathan did 22 of these.
- **New Equipment:** Three pieces were replaced.

MEADOWLARK PARK COMMITTEE – PAT PLOSS, CHAIR

- **Trails** have been leveled.
- **Pollinator Garden:** Has been expanded to the opposite side of the trail.
- **Concerts and Food Trucks** [See pages 3 and 4]. There will be ice cream trucks at Concert events, but not on other Thursdays.

COMMUNITY AFFAIRS – JACK MATTES, CHAIR

- **Welcome to Heritage.** Will take place on August 24 in the Heritage Room
- **Art Show.** Will take place September 13 and 14 in the Heritage Room.

OPERATIONS REPORT –JOHN MILLIGAN, PROPERTY MANAGER

- **New Shuttle Bus** has arrived. We've looked into electric buses, and the current ones don't work for our type of use. We'll continue to monitor developments.
- **Tennis Courts:** All six have been reconditioned and are open for play.
- **Pickleball Court;** We will be repairing the crack and installing the canopy.
- **Pools:** There's a delay in getting card readers for Pool 1.
- **Lake Lodge HVAC:** Split system installation has been completed.
- **Art Studio and Wood Shop Exterior Doors:** Have been replaced.
- **Activities Center Kitchen:** An ice maker will be installed.
- **Fluorescent Light Conversion:** NYSEG has a program where we can change over to high efficiency LEDs whereby NYSEG will pick up 70% of the cost and the cost of installation. The program expires in October, so we'll be getting under way with this shortly.

RESIDENT DISCUSSIONS

First Resident

He inquired about the dangerous walkways in the Garden area. John Milligan said they're looking into how to rectify the situation.

Second Resident

She complimented Robert Casasanta and his team for the assistance she received when experiencing an emergency.

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SUMMARIES OF PORTIONS OF THE JUNE 18 BOARD OF DIRECTORS AND ANNUAL MEETINGS

Compiled by Susan Statkowski-Rivalsi

This is a summary of some portions of the meetings. Videos of these meetings in their entirety are posted on the Society Board website, hhsociety.org. The minutes of the monthly meeting will be published after they are approved at the next monthly meeting on July 16.

BOARD OF DIRECTORS MEETING

Board members in attendance: Gene Archer, Denise Elliott, Ralph Fatigate, Ann Harper, Dorinda Haskell, Joe Kelly, Jack Mattes, Karl Milde, Patricia Ploss, Bruce Prince, Deica Ruiz, and Art Singer.

Absent: Gloria Anderson, Alan Tepper, and Jay Wright.

Also attending: John Milligan; Rob Casasanta, of Prosegur Security

FINANCE & BUDGET, COMMITTEE – GENE ARCHER, CHAIR

Treasurer's Report

May Financials:

Income.....	\$540,973.56
Expenses.....	(649,650.23)
Net Negative	\$ (108,676.67)
Cash on Hand	\$1,152,020.97

We paid \$29,000 for pool water contracts and supplies, another \$29,633 for insurance, \$23,400 for the art studio doors, \$33,455 towards the new [Lake Lodge?] split system, and \$82,635 for a new shuttle bus.

FITNESS CENTER COMMITTEE – JOE KELLY, CHAIR

- **May Usage:**
 - Exercise room: 3,624 swipes
 - Gymnasium: 597 swipes
- **Free Consultations:** Certified Personal Trainers Mary and Jonathan did 13 of these.

MEADOWLARK PARK COMMITTEE – PAT PLOSS, CHAIR

- **Concerts** [See page 4.]
- **Food Trucks** [See page 3.]
- **5-to-7-Year Long-Range Plan.** Will include gazebos, additional benches, trail development, and the possibility of a shelter.

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LANDSCAPE COMMITTEE - PAT PLOSS, CHAIR

Some of last year's plantings did not do well. Maxner went back to the nursery, which replaced all the plants at no cost. The replanting was also done at no cost.

COMMUNITY AFFAIRS - JACK MATTES, CHAIR

- Art Show. [See page 6.]
- Toys For Tots Event. Will take place in December

TOWN AFFAIRS - BRUCE PRINCE, CHAIR

- Condo 25. The Town Building Department and Fire Department will replace the chain link fence at David Road with a much more secure 6-foot fence, with a break-thru for emergency vehicles. That should eliminate trespassers

OPERATIONS REPORT -JOHN MILLIGAN, PROPERTY MANAGER

- Lake Lodge HVAC: Split system installation is continuing ahead of schedule due to the death of two major air conditioning units.
- Pickleball
- Court Crack: Will be addressed to September.
- Canopy: Will be installed soon, weather permitting.

RESIDENT DISCUSSIONS

First Resident

He mentioned an incident from last winter when he called and got a busy signal a number of time in a row. Rob Casasanta advised a new system was installed, so that should not happen. The numbers to call are 914-276-2592 or 914-277-8800.

Second Resident

He asked about taking advantage of the NYSEG program [see the Operations Report in the "Fluorescent Light Conversion," on page 7] to install lights at the Pickleball Courts. John Milligan explained that the program only applies to replacing existing lighting systems.

ANNUAL MEETING

Board members in attendance: Gene Archer, Denise Elliott, Ralph Fatigate, Ann Harper, Dorinda Haskell, Joe Kelly, Jack Mattes, Karl Milde, Patricia Ploss, Bruce Prince, Deica Ruiz, and Art Singer.

Absent: Gloria Anderson, Alan Tepper, and Jay Wright.

AUDIT COMMITTEE - JACK MATTES, CHAIR

The Audit results were accepted by the Board.

ELECTION RESULTS REPORT - JOE KELLY, ELECTION COMMITTEE CHAIR

Voting for Society Board candidates closed on June 11, and we counted the ballots on June 16. This year we received a total of 1,183 ballots, 45 of which were deemed invalid for different reasons.

On behalf of the Society Board, the Elections Committee congratulates the following successful candidates:

- Jack Mattes - 862 votes
Deica Ruz - 844 votes
Davis Stowell - 745 votes
Dorinda Haskell - 743 votes
Karl Milde - 739 votes

I would like to thank Bren Zimmerman, Bill Tegmier, and Scott Recant for their time and effort to campaign. I commend them for willingness to serve the Heritage Hills community.

I would also like to thank the six residents who counted the votes.

In addition, the Election Committee would like to thank the staff whose work contributed to the success of this election, especially Anna Milani and Andrew Kaplan.

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SECURITY

By Rob Casasanta, Prosegur Security

MAY SECURITY CALL REPORT

During the month of May, our Security staff received and responded to a total of 219 calls including the following matters:

Table with 2 columns: Category and Count. Includes Medical (63), Service (55), Security (42), Open Garage Doors (30), Maintenance (8), Police (4), Fire Calls (4), Motor Vehicle Accident (1), Burglar Alarms (1).

If you have any Security questions or concerns, feel free to reach out to me directly either by phone at 914-276-2592 or by email at Robert.Casasanta@prosegur.com.

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COUNCIL OF CONDOS

By Terry Clifford

The May meeting was attended by the following Condos: 2, 4, 5, 6, 7, 8, 11, 12, 14, 15, 16, 17, 18, 19, 21, 22, 23, 25, 27, 28, 29, 30.

Guest Speaker: Jason Schiciano, President of Levitt-Fiurst, the largest insurance brokerage in Westchester County for condominium and other community associations.

- Condo insurance: It is one of the largest budget items on each Condo's budget. Therefore, Jason proposed forming a committee of five Condo presidents to begin meeting in June through September to review upcoming insurance programs and then relay their findings to the thirty presidents of Condo Boards of Managers.

Condo presidents what they found through their own due diligence in exploring the insurance proposal by asking questions, vetting answers, and relaying the information in time for adequate decision making and budget planning. A copy of the IAC program will accompany the minutes of this meeting, which are sent to all Condo presidents.

- **Forming the IAC:** A motion was made to establish the IAC, and it was determined after much discussion to have five members appointed to it. The volunteers are Terry Clifford, Council Vice President and President of Condo 19; Deica Ruiz, President of Condo 4; Joe Burger, Representative of Condo 14; Warren Fink, President of Condo 30, and Davis Stowell, Representative of Condo 15.

Fireplace Issues - Who is Responsible?: It was determined that while Condos have various schedules and rules on the use of fireplaces, unit owners are responsible for the fireplace within their home.

Forester vs. Landscapers: There has been ongoing investigation into having a "forester" assess the many trees in Heritage Hills to determine the feasibility of a timber company's interest in removing those trees which are too close together. The timber company would then pay the Condo for removing trees. Participation would be up to each Condo.

Cluster Captain Responsibilities: Most of Heritage Hills Condos have volunteer "Cluster Captains" who provide Board of Manager communications to their neighbors.

Gun Club Good News: The Somers Land Trust and Pace University Law Clinic are still in litigation with the Town of Carmel and Willow Wood Gun Club. Due to our actions, the Willow Wood Gun Club closed the two shooting stations closest to Heritage Hills and changed the direction of two shooting stations that were 173 feet away from our border. Due to this action noise levels have been reduced.

The Council of Condos invites Condo Presidents from all thirty Condo Boards and/or a representative of each board to attend Council meetings.

* * *



Pool 4, by Sue Shea

NEWSLETTER COMMITTEE

HELP WANTED

We're looking for a new Editor for our Family Focus page. If you're a member of the Family Network and this sounds appealing, call Susan Statkowski-Rivalsi at 914-617-9228.

* * *

DO I CALL 9-1-1 OR SECURITY?

By Robert Casasanta

Especially for newcomers, but also as a reminder for those who've been here a while, here's the best way to handle situations requiring the attention of our Security Officers/EMTs:

EMERGENCY SITUATIONS

For Police, Fire, or a Medical Emergency, dial 9-1-1 immediately.

Once you contact 9-1-1, it's not necessary to also call Security. Our Security Office and Security Vehicles have radios/scanners that monitor our local Police, Fire, and EMS. We will be notified, and the Security Officer/EMT will respond immediately.

NON-EMERGENCY SITUATIONS

If you would like the on-duty Security Officer/EMT to perform an assessment in a non-emergency situation – such as vitals check or something minor – call Security directly.

Some examples of non-emergency situations are:

- Hazardous roadway conditions (downed trees, debris, potholes)
- Street lights out (on main/yellow-lines roads)
- Water main breaks
- Suspicious persons/vehicles
- Lockout out of residence – does security have a key?
- Lift assistance
- Welfare Checks

SPEEDING OR ILLEGALLY PARKED VEHICLES

Call the Police and give a vehicle description, location, and license plate number. Security cannot perform traffic stops or issue tickets. We are not Police Officers.

LOST/MISSING DOG OR DOG OFF LEASH

Call the Somers Dog Control Officer.

IMPORTANT PHONE NUMBERS

- Security Office / EMT..... 914-276-2592 / 914-277-8800
- New York State Police (Somers) 914-277-3651
- Town of Somers Police 914-232-9622
- Somers Dog Control..... 914-232-0963
- NYSEG..... 1-800-572-1131
- Con Edison 1-800-350-9346

HEAR OUR STORIES

A new live interview series hosted by Ami Stokhamer

For every life, there is a story. These will be live interviews of Heritage Hills residents. Learn about the interesting people in our community on the last Wednesday of every month at 2 pm in the Heritage Room. These are free events. See page 5 for information on the initial interview on July 30.



SINGLES CLUB

By Diane Purr

UPCOMING EVENTS

The Benjamin in Ridgefield, Connecticut

Tuesday, September 16, at 1 pm

Details will be sent as the time of this event nears.

BBQ at Lake Lodge

Wednesday, October 15, at 5 pm

Catered by Ledley.

November and December events TBD

The club wishes everyone a healthy and happy summer, and we will see you in September.



WOMEN'S CLUB

By Alfreda Savarese

Reminder: We don't meet in July and August. We look forward to seeing you in September, so keep an eye out for a flyer, email blast, and Newsletter article to see what we have planned.

We wish everyone a safe and pleasant summer

If you have any membership questions, please contact Alfreda Savarese at 914-617-2007.



COMMUNITY THEATRE

By Muriel Millstein Weiss

COME TO THE CABARET

We have new and exciting plans for our November Production when we will be staging our long-awaited Cabaret focusing on the music of the Sixties. As we travel down Memory Lane, we encourage you and your friends to join us. We hope many of our talented residents will answer our call for singers, pianists, and instrumentalists.

Ron Issacson, our Musical Director, will be holding auditions in early September. More detailed information will be forthcoming later.

For your convenience forms have been placed in the slots outside the Activities Center. Fill one out indicating your interest. If you have any questions, call Helen at 917-554-4417 or Tonia at 914-617-9329.

We look forward to making music together

Hlibrary



NEW MYSTERIES

Summer is a fine time to dive into a brisk murder mystery. This month, the Library is adding several mysteries by popular authors and by writers new to our collection.

Bill Clinton and James Patterson reprise their writing partnership in The First Gentleman, a White House murder mystery with a former National Football League-star, now political spouse, as the prime suspect. In Badlands, Preston & Child's new mystery, an archeologist and FBI agent team up to investigate bizarre deaths in the New Mexico desert.

Fans of the television series "Only Murders in the Building" may enjoy Chris Pavone's contemporary thriller, The Doorman, which is set in a Manhattan high-rise apartment building. New York City also is the venue of Night in the City, by Mike McGarrity. In the vibrant world of 1950s Manhattan, Korean War veteran Sam Monroe gets caught up in the murder of a prominent socialite.

BOOK REVIEW

For a review of Twist, by Colum McCann, see page 34. The Irish writer's latest literary novel was added to our collection last month.

NEW ADDITIONS TO OUR COLLECTION IN JULY

To reserve any of the books listed below, stop by or call the Library at 914-276-7655.

Fiction

- Harmel, Kristin... The Stolen Life of Colette Marceau
Hiaasen, Carl... Fever Beach
Larkin, Allison... Home of the American Circus
Reid, Taylor Jenkins... Atmosphere: A Love Story
Roberts, Nora... Hidden Nature
Vuong, Ocean... The Emperor of Gladness
Walter, Jess... So Far Gone

Mystery

- Clinton, Bill, and Patterson, James... The First Gentleman
Cosby, S. A... King of Ashes
Jewell, Lisa... Don't Let Him In
Lippman, Laura... Murder Takes a Vacation
Preston & Child... Badlands
McGarrity, Michael... Night in the City
Pavone, Chris... The Doorman

Non-Fiction

- Atkinson, Rick... The Fate of the Day
Barry, Dave... Class Clown: The Memoirs of a Professional Wiseass

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GENERAL CLUB/CLASS INFORMATION AND REGULARLY OCCURRING ACTIVITIES

Produced by the Activities Office

Phone: 914-276-2636 or go to Activities at hhsociety.org

Advance registration is required. To book a space for your group/club, contact Andrew Kaplan in the Activities Office by email at activities@hhsociety.org or by phone at 914-276-2636.

ARTS & CRAFTS

I LOVE ART CLASS: After school Art in Heritage Hills for children ages K to 6. Hosted by Miss Judika, M.S. To register, call Judika at 914-438-6750.

LEARN TO BEAD WITH ALLISON: Mondays at 11 am in Room B. Each class is \$25 including materials fee. You go home with a piece of jewelry that you made for yourself or for a special someone. Come and join the fun. To enroll or for more information, contact Allison Rubin at 914-629-3655 or ahrubin521@yahoo.com.

CRAFTERS IN THE HILLS: Wednesdays from 10 am to noon and the 4th week of the month from 6 to 8 pm in the Activities Center's Lower Level Studio B. Each week we explore new crafts or work on current projects. The Monthly crafts are open to club members first, and when space is available, we open the session up to non-members. Some crafting sessions are free (you supply your own materials), and other sessions have a fee based on materials. For more information and to register email craftclubhh@gmail.com.

NEEDLECRAFT GROUP: Charitable Group that meets Wednesdays at 12:30 pm in the Game Room. All skill levels are welcome. \$20 annual dues. For questions or to register, call Linda at 914-277-2776.

PAINT & SIP WITH JUDIKA: Create a different painting in each class once a month. Step-by-step instructions given, and everyone leaves with a masterpiece! \$40 per class includes all supplies. Bring your creative spirit! To register, call Judika at 914-438-6750.

PHOTO CLUB: Second Friday of each month at 2 pm in Room 2 of the Activities Center. All are welcome regardless of photography experience. Meetings will include speakers, field trips to various photo shows, photo shoots, and contests. For more information, contact Linda Carpentieri at 914-227-3854 or lindacarp16@gmail.com, or Bill Ablondi at 203-984-2955 or ablondi@marketmaps.net.

SILK FABRIC PAINTING CLASS: Fee \$135. Must sign up for a full 4-week session at the Activities Center. Space is limited. For more information, contact Evey at 914-276-0737 or email her at eveymusart@comcast.net.

SKETCH WORKSHOP: Wednesdays from 9:30 to 11:30 am in Studio A in the Activities Center. Portraits, figures, still lifes. Bring your choice of paper, pen, pencil, watercolor, pastel, etc. Models are welcome to pose for 20 minutes (clothed!). No fee, no teacher, but guidance available.

WOODCRAFT CLUB: The shop on the Lower Level at the Activities Center is available Monday thru Saturday from 9 am to 4 pm. For information and to register, contact Club President Ed at 914-276-0671 or 914-552-2303.

CONTEMPORARY FICTION BOOK CLUB: First Tuesday of each month from 2 to 3:30 pm in the Activities Center. For more information contact Myra Hopper at myrahopper@gmail.com or 520 390-5523.

CONCERT SOCIETY: We present four classical concerts, featuring the best and brightest of classical music's Rising Stars, in May, June, September, and October on Sundays at 3 pm in the Heritage Room. Annual subscriptions are \$90 per person or pay \$26 per person per concert at the door. Subscription Forms are available at the Activities Center. If you have any questions, call Raina Lefkowitz at 914-262-4407.

CONTINUING EDUCATION: Our mission is to educate and entertain with monthly presentations by experts in the fields of art, literature, music, theater, history, and politics on specified Tuesdays at 1:30 pm in the Heritage Room. For more information, see the COMING EVENTS section of this *Newsletter* or call Ann at 914-617-9434.

CULINARY CLUB: Meets once a month to prepare, share, and enjoy dishes from many cuisines. We hope to increase our expertise and, in the process, enjoy each other's company. Our membership is limited by our facilities and is full at this time. However, there is a waiting list, and if you would like to add your name, contact Barbara Gangemi at 914-617-9037.

DANCE

FRIDAY NIGHT SOCIAL DANCE: First Friday of every month from 7 to 10 pm in the Heritage Room. \$10 per person includes coffee and cake. BYOB. For more information, call Angela Viscogliosi at 914-393-8736.

ENVIRONMENTAL CLUB: This Club's primary objective is to foster a culture of environmental responsibility within Heritage Hills. Meetings take place on the second and fourth Friday of the month from 4:15 to 5:30 pm in Rooms 2 and 3 of the Activities Center. All are welcome, including teens. Watch for announcements and postings about special events and field trips. No fee. For more information contact Carrie Sears at carolynnsears@me.com or 914 522 3111.

EXERCISE CLASSES

WATER AEROBICS AT POOL 4: 9 to 10 am starting Tuesday, July 1. \$10 per class. Space is limited so pre-registration is highly recommended. Do so directly with the instructor. Mondays and Tuesdays with Theresa Masin, zumbawithme@aol.com. Wednesdays, Thursdays, and Fridays with Linda Zeiss, labzeiss@gmail.com.

CHAIR ZUMBA/TONING WITH THERESA: Mondays at 9:45 am by Zoom only. Zumba for anyone who prefers a seated workout. Contact Theresa for more information at zumbawithme@aol.com.

TAI CHI AND CHI GONG WITH MASTER ELLEN: Mondays from 12:30 to 1:30 pm in the Gym. \$70 per month. First class free. All levels welcome. Wear loose fitting, comfortable clothing. Contact heritagehillstaichi@gmail.com.

LINDA'S LAKE LODGE CLASSES: Body Conditioning: Tuesdays and Thursdays at 8:30 am. Rock & Roll Workout: Tuesdays at 9:30 am. Yoga Pilates: Thursdays at 9:30 am. Sports Conditioning: Sundays at 9 am. All classes are \$10 per class. Register at the start of the month for the classes you plan to attend. Contact Linda Zeiss instructor at Labzeiss@gmail.com or 718-541-0861.

CARDIO/STRENGTH/STRETCH CLASS WITH LORI: Tuesdays and Thursdays from 9:30 to 10:30 am in the Gym. Join me for a fun, safe, effective workout. Low impact cardio, resistance training, balance, stretch and breath work – all set to great music! Appropriate for all levels. Resistance bands and weights available. No mats needed. Fee: \$10 per class. Try the first class for free! Email Lori at efyjig@gmail.com.

BALANCE AND AGILITY FOR ACTIVE SENIORS: Wednesdays at 10:30 am on the 2nd floor at Lake Lodge. Navigate obstacles; strengthen balance; move better for walks, hikes, or pickleball. Learn from a master teacher with years of experience, Elena Remais. \$80 for 4 weeks, \$25 for drop-in. Elenathetrainer@yahoo.com and 917-848-3174.

ENERGY HEALING FOR SELF, FAMILY, FRIENDS, AND PETS WITH MELANIE GAMBINO: First Wednesday of the month at 7 pm Lake Lodge's Room 3. \$20 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914 588 2450 or melaniegambino1@gmail.com.

CONTINUUM/FLUID FORM MOVEMENT, MINDFULNESS, AND MEDITATION WITH MELANIE GAMBINO: Fridays at 9 am in Lake Lodge's Room 3. \$15 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914 588 2450 or melaniegambino1@gmail.com.

MOVE AND GROOVE WITH THERESA: Fridays at 9:45 am in the Fitness Center and on Zoom. Easy-to-learn and easy-to-follow beginner Line Dances to ALL music genres. Contact Theresa for more information at zumbawithme@aol.com.

GETTING BACK ON TRACK (15-15-15) WITH THERESA: Fridays at 10:50 am at the Fitness Center and on Zoom. Light cardio and balance, functional strength and stretch, and restorative breathing and relaxation. Great class to begin or continue your fitness journey. Contact Theresa for more information at zumbawithme@aol.com.

YOGA

CHAIR YOGA WITH SATISH: Practice Tuesdays from 10 to 11:15 am in Lake Lodge with Satish Gambhir, registered yoga (500-RYT) and acupressure teacher with over 20 years of experience. Chair Yoga aimed at toning the entire body and increasing flexibility. Breathing and meditation for relaxation and mind-body connection. Live music. \$10 per class. Call or email to register at 914-646-0887 or Satishgambhir@gmail.com.

SAHAJA YOGA: Wednesdays at 5 pm Room 3 Lake Lodge. This is a no cost class. Sahaja Yoga is not simply a meditation, it is a physiological experience that alters different energies in the body. The practice of Sahaja Yoga restores the body into balance. It restores the physical side, the emotional side and the spiritual side of the body.

GENTLE YOGA WITH LISA: Fridays at 10 am on Lake Lodge's 2nd floor. \$12 for a 75-minute class. Lisaathomas@optonline.net or 914-497-0243.

VINYASA YOGA WITH JOE: Saturdays at 9 am in Lake Lodge's Upper Level. \$12 per class. To register, email Joe Ferrari at josephferrari@me.com.

FAMILY NETWORK GROUP: Arranges organized family-oriented gatherings, days and evenings, several times a year. Go to Facebook.com to join the group "Heritage Hills Family Network" or email keri.reitman@gmail.com.

FOREIGN LANGUAGE GROUPS

FRENCH CONVERSATION GROUP: Second and fourth Friday of the month in Lake Lodge's Room 1 from 11 am to noon. Members should have a basic knowledge of French conversation but need not be fluent. Refresh your French language skills and laugh and learn with us. If you have any questions, call Carole Ellis at 914-260-9182 or by email her at carellis14@yahoo.com.

SPANISH CONVERSATION GROUP: First Thursday of the month in Lake Lodge's Room 1 at 11 am. Group is open to intermediate through fluent Spanish speakers. ¡Vengan! Contact Mike at elprofesor55@aol.com.

GAMES

BRIDGE – DUPLICATE: Mondays and Thursdays at 12:30 pm in the Activities Center. For information, call Marie at 914-277-4266.

BRIDGE – SOCIAL: Wednesday mornings from 10 am to noon at Lake Lodge. For information, call Marie Sugar at 914-277-4266.

CANASTA CLUB: Saturdays from 1 to 4 pm. Contact Doris Simon at 914-276-0111 or Doris1121@me.com, or Nancy Heilman at 914-224-7180 or Nancy.C.Heilman@gmail.com.

CHESS CLUB: Wednesdays from 1 to 3:30 pm in Lake Lodge's Room 3. We are a group of chess enthusiasts who enjoy coming together to play some friendly games of chess! Beginners are welcome! Bring your chess set if you have one. Some playing pairs may choose to use a chess clock; bring this, also, if you have one. For more information, contact Pat Posluszny at patpugs@comcast.net or 914-276-6550.

MAH JONGG: Mondays at noon in Lake Lodge (contact Sue Furino 914-617-9110); Wednesdays at noon in the Activities Center (Contact Carol Tocci 914-471-5689); Fridays at 1 pm in Lake Lodge, and Tuesdays and Thursdays from 11 am to 1 pm (Contact MaryAnne McMullen at 914-414-9116 or Terry Colomer at 914-342-3610).

SCRABBLERS: Thursdays starting promptly at 1 pm in Room 2 in the Activities Center. Casual Scrabble game play. Play one or more games. All levels of players, including newbies, are welcome. For more information, just walk in or contact Susan at 914-617-9228 or ciwhitestar@comcast.net.

GARDEN CLUB: For information, including questions on membership and use of the Community Garden, send an email to hhgardenclubsecretary@gmail.com.

HEALTH & SAFETY COMMITTEE

Blood Pressure Screenings With a Smile: Nurse Ellie Eidam offers screenings on the second Friday of the month from 9 to 11 am in the Activities Center's Game Room. Your temperature may be taken. Do not come if you have tested positive for Covid-19, were recently exposed (within 14 days) to the virus or traveled to areas that have experienced high levels of the virus. Contact Ellie at elliebob1@gmail.com or 914-617-2109 for more information.

Alzheimer's/Dementia Caregivers Support Group: Caring for someone with Alzheimer's/Dementia is a difficult and painful challenge. A support group can help. Meetings take place the first Thursday of the month at 12:30 pm in Lake Lodge's Room 1. Fee: \$20 per session. Facilitated by Linda Ludwig, Psy.D. To register, call 914-617-9328 or email ludwiglr@aol.com.

HIKERS & WALKERS GROUP: Weekly hikes from September to June. Information and our schedule are available in the Activities Center mailroom.

INDEPENDENT AND FOREIGN FILM CLUB: Monthly screenings in the Activities Center's Heritage Room, followed by a discussion. April thru December. \$20 for the series. Schedule is posted in the Activities Center and on the Society website. For information, contact Steve Klepner at 845-297-7066 or spk010@yahoo.com.

LET'S TALK SENIOR CARE: Second Friday of the month at 1 pm. Stephanie Roberti, MHA, will introduce different senior care topics to help educate us on this important subject. For more information, Stephanie Roberti at 914-357-3049 or Sroberti@Newbeginningsforseniors.com.

LIBRARY: Open Monday through Friday from 10 am to 3 pm and Saturdays from 10 am to 1 pm. For information on the collection, visit the Heritage Hills Library webpage at hhsociety.org or call 914-276-7655.

MORNING DISCUSSION GROUP: Discussion group on current event topics. Meets every Monday, holidays included, from 9:30 to 11:00 am in the Activities Center. Also, meets Thursday mornings from 9:30 to 11:00 am during the summer behind Lake Lodge under the trees with fresh air, an enchanting view of two ponds, a gazebo, and a vast lawn, with lively conversation. For information, email Ken Benjamin at kenbenja@aol.com or call him at 914-262-6006

SHAKESPEARE GROUP: Tuesdays from 10 to 11:30 am in the Activities Center's Game Room and on Zoom. See a film of a classic Shakespeare play, then read it and join in lively discussions. All are welcome! For more information, call Susan Ray at 914-391-6686 or Margaret Howlett at 973-746-7816.

SOCIAL CLUBS

CIAO ITALIA: Membership, open to all residents, is \$12 per person for the year. Fill out a Membership Form available outside the Activities Office and include it in an envelope with your payment. Watch for flyers and TV notices announcing upcoming events.

CLUB SHALOM: You don't have to be Jewish to love Club Shalom, a Club dedicated to providing quality entertaining and educational Jewish cultural programs for residents. Watch for information about upcoming events. All residents are welcome.

FRIENDS IN THE HILLS CLUB: Open to all adult residents. Each event will be a night of fun and socializing with your neighbors. See the COMING EVENTS section of this *Newsletter* for event details. Email us at Friendsinthehills@aol.com with any questions or contact Debbie Ferrara at 914-924-3003 or Mary Ann Walrath at 914-318-1227.

RAINBOW CONNECTION CLUB: A social group for LGBTQ members and their families, friends, and neighbors. All are welcome. Meets the first Thursday of each month at Lake Lodge from 5 to 7 pm. For more information contact Teresa Duffy at 914-617-9785.

SINGLES CLUB: If you are interested in joining the club, contact Pat Caruso at 914-649-3232 or carusop515@comcast.net. Membership dues are \$12 per year.

WOMEN'S CLUB: Second Wednesday of the month, except for January, July, and August. See the COMING EVENTS section of this *Newsletter* for specific upcoming event details. We welcome new members! Dues are \$12 for the year. Insert your check in an envelope with your name, unit number,

phone number, and email address, and put it in the Women's Club mail slot. Application forms are available outside the Activities Office. For more information, call Membership Chairperson Alfreda Savarese at 914-617-2007.

YACHT CLUB ("HHYC"): The HHYC is a fee-free social club of past and present water fans (swimmers, boaters, fishers, cruisers, surfers, whatever). At our monthly pot luck "dock parties" on the first Friday of the month in the Lobby at Lake Lodge, we share our experiences and plan future ones (theme parties, day trips/activities, or even cruises). For more information, contact Commodore Susan at civwhitestar@omcast.net or 914-617-9228.

SPORTS

BOCCE GROUP: Wednesdays and Saturdays (weather permitting) starting at 9:30 am. For more information contact Reno DiCristofaro at 914-500-5160 or Diane Purr at 914-617-9338.

EAST HILL MEN'S GOLF ASSOCIATION: Enjoy weekly Thursday 9-hole casual competitions in a variety of formats, as well as Tuesday Stroke Play opportunities, from April thru November at Somers National Golf Club's course right here on Heritage Hills' West Hill. For more information, contact Membership Chairman Sandy Lieberman at 914-438-6762 or golfer61345@gmail.com.

PICKLEBALL COMMITTEE: On the outdoor courts, it's open play, no reservations required. The Gym is also available for indoor play. For details on both, and about the Pickleball Committee and community, email PickleballHH@Outlook.com. See you on the courts!

PING PONG: Thursdays at 10 am in the Activities Center's Game Room. Open to all residents. Come hang out and play!

SHUFFLEBOARD GROUP: Wednesdays from 1 to 3 pm, and on Saturdays from 9:30 am to noon, October through March, in the Gym.

TENNIS COMMITTEE: All Tennis reservations are made via www.playtomic.io, or you can download the playtomic app, which offers many additional features. Once on the playtomic website, type "Heritage Hills" and click on "tennis" as the sport choice. For general information about the tennis group, call Dena at 914-589-3560. The Friday night Round Robin runs from May through September.

TED TALKS: Third Friday of the month, from 3 to 5 pm in the Heritage Room. Hosts Ami Stokhamer and Karl Milde (residents) present two thought-provoking TED Talk videos, after which there is open discussion. Free event with light refreshments. For more information, see the COMING EVENTS section in this *Newsletter*, or call Ami at 914-486-9677 or Karl at 845-545-1959.

10-A-MEN CLUB: All resident men and women are invited to meet and chat with their neighbors at 8:30 am Wednesday mornings in the Heritage Room. Coffee and bagels are available until 9:45 am, followed by speakers / presentations until 11 am. Admission is \$3.

THRIVING IN YOUR PRIME: Join us on the first Thursday of the month at 1 pm in Room 3 of Lake Lodge to discuss relevant topics and learn strategies that will help those over the age of 50 navigate the challenges they are confronted with. Each time we meet we will discuss a new topic, and you will learn strategies you can implement in your own life. The investment in each gathering is one hour of your time and \$5!

WRITERS WORKSHOP CLASS: Workshop on *Google Meet!* Mondays at 1 pm and Saturdays at 10:30 am in Lake Lodge. Email Linda Spear, workshop facilitator, to arrange to join us! Lindaspear211@gmail.com.

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Source: OKMLS, 1/1-12/31/24, total dollar volume of single family homes and condominiums
sold by Agent, Somers school districts. OKMLS, 1/1-23/12/31/25, total dollar volume of
Condominiums sold, Town of Somers, in Heritage Hills, by agent.

VARIOUS UNITS SOLD BY MLS AGENTS FROM 1/1/25 – 5/31/2025

MODEL NAME	PRICE	BEDROOMS
Franklin	\$399,000; \$435,000	One
Guilford	\$420,000; \$440,000;	One
Guilford	\$455,000; \$460,000	One
Radcliffe	\$599,000; \$604,000	One
Armonk	\$579,000; \$605,000	Two
Berkshire	\$610,000; \$720,000	Two
Canaan	\$550,00; \$625,000	Two
Concord	\$540,000; \$552,000	Two
Dartmouth	\$675,000	Two
Fairview	\$560,000; \$610,000	Two
Fairview	\$625,000	Two
Katonah	\$570,000	Two
Madison	\$415,000	Two
Monroe	\$519,000	Two
Princeton	\$750,000	Two
Ridgefield	\$610,000	Two
Salem	\$675,000	Two
Stanford	\$760,000	Two
Stratford	\$560,000; \$615,000	Two
Stratford	\$650,000; \$715,000	Two
Syracuse	\$710,000	Two
Wellesley	\$599,000	Two
Sherman II	\$755,000; \$887,000	Three
York	\$575,000	Three

ONEKEY/ HGMLS DATA AS OF 1/1/2025-05/31/2025



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~ Sarah B.

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By Diane Purr

OPENING DAY AT THE COURTS!



After a week delay because of rain, the Bocce League got off to a great start. There are 11 teams with 110 players. Everyone was happy to greet some new faces and some familiar ones. Let the good times "roll."

* * *

EAST HILL MEN'S GOLF ASSOCIATION

By Ken Freeman

Last month I bemoaned those cold April showers. While they did bring beautiful May flowers, unseasonably cold, wet weather continued through May. As I write this on June 5, a warm, dry week has finally arrived.

Results since our last report, in standard stroke play unless indicated otherwise, are listed below. This includes the first three rounds of our annual match-play tournament, in which a single loss knocks the golfer out of contention.

May 8 Two-Man Team (mixed A* and B** golfers)/Alternate Shots

Low Net – Bob Briganti/Jim Haggerty, 2nd – Frank Servidio/Ken Freeman, 3rd – Yogi Santa-Donato/Nick Stanton, 4th – Ed Yee/Ed Sottile.

May 13

A Flight: Low Gross – Bob Sotoroff; Low Net – Larry Pirinea, 2nd – Bob Briganti

B Flight: Low Gross – Pete Larson; Low Net – Jack O'Hanlon, 2nd – Ken Freeman

May 20

A Flight: Low Gross – Frank Servidio; Low Net – Bob Briganti, 2nd – Ray Ormerod

B Flight: Low Gross – Rob Leone; Low Net – Ed Sottile, 2nd – Nick Stanton, 3rd – Ken Freeman

May 27

A Flight: Low Gross – Frank Servidio; Low Net – Yogi Santa-Donato, 2nd – Ray Ormerod

B Flight: Low Gross – Charlie Kravetz; Low Net – Bill Ablondi, 2nd – Bob Kenney, 3rd – Ed Sottile

May 29 Match Play Tournament Round 1 Winners

A Flight: Bob Sotoroff (May 27), Frank Servidio, Bob Briganti.

B Flight: Bob Kenney, Nick Stanton, Rob Leone

May 29 for Those Not in Match Play Rounds

A Flight: Low Gross – Larry Pirinea; Low Net – Ray Ormerod, 2nd – Bob Sotoroff

B Flight: Low Gross – John Mahoney; Low Net – Ed Sottile, 2nd – Charlie Kravetz

June 3 Match Play Round 2 Winners

A Flight: Joel Greenspan, Frank Servidio, Larry Pirinea

B Flight: Ken Freeman, Nick Stanton, Rob Leone

June 3 for Those Not in Match Play Rounds (A and B Flights Combined)

Low Gross – Bill Glass; Low Net – Ed Yee, 2nd – Charlie Kravetz, 3rd – Bill Ablondi, 4th – Ed Sottile

June 5 Match Play Round 3 (Semi-Finals) Winners

A Flight: Joel Greenspan, Frank Servidio

B Flight: Rob Leone, Ken Freeman

June 5 for Those Not in Match Play Rounds

A Flight: Low Gross – Bob Briganti; Low Net – Bob Sotoroff, 2nd – Ed Yee

B Flight: Low Gross – Bill Ablondi; Low Net – Ed Sottile, 2nd – Charlie Kravetz, 3rd – Jack O'Hanlon

* Our best golfers ** The rest of us

PICKLEBALL

Text by Fran Boemio, photos by Fran Boemio and Eric & Jean Scorzelli

MEMORIAL DAY



The Pickleball players honored our veterans by gathering to remember all who gave their lives for our freedom. Sal and Jane Ceraldi donated the flags we waved. Sal is a former Marine and proud to have served his country.

ACES FOR INTERMEDIATE AND ADVANCED PLAYERS

Although our players fiercely compete to rise to the ACE court to be crowned the winners, we love to play together!



Advanced ACES:
Paula Genovesi (runner up),
Mitch Schilkraut (runner up),
Baldi Sorice (winner),
and John LoBello (winner)



Intermediate ACES:
Karen Korman (runner up),
Alan Bergman (winner),
Sal Ceraldi (winner),
and Paul Lozito (runner up)



Advanced ACES:
Alfredo Possante (winner),
Steve Blunda (winner),
Pradeep Nayyar (runner up),
and Mitch Schilkraut (runner up)

SPRING SWING SOIRÉE

We celebrated Spring with a very lively social in the Heritage Room. Our players danced the night away to the music of Johnny Angel. There was food, desserts, and flashing fiber optics! So much fun!

Supporting the Somers Community, at the Soirée, the Pickleball Community Cares subcommittee welcomed all donations as guests arrived. The theme was BBQ/Picnic. We collected 146 items for St. Luke's Food Pantry. Our players are so generous!



Pickleball Cares Sub Committee: Jeri Bennett, Debbie Montalvo, Celia Stowell, Fran Boemio (Assistant Chair, Pickleball Committee), and Linda Captan.



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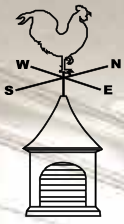
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CIAO ITALIA

By Michael Lanotte

SCHOLARSHIP AWARDS

On behalf of the Ciao Italia board, I would like to express our deepest gratitude to all who participated in Ciao events in 2024 and generously contributed to the 50-50 Scholarship Fund.



This year, we received a total of 17 applications, the largest amount we have received in several years. We are pleased to announce that we will be awarding scholarships valued at \$500 to each of the five students named on the above certificates.

Each of the following Board members – Ginny Limitone, Vince Lorenzo, Joe Manna, Christine Tegmier, Pat Sestito, Mike Boemio, and myself – was thoroughly impressed by each applicant, making the selection process exceptionally challenging.

We appreciate your continued support.



NYSEG CUSTOMERS HAVE OPPORTUNITY TO SAVE WITH COMMUNITY SOLAR

Submitted by Flo Brodley

The Town of Somers would like to inform residents that Sustainable Westchester is offering NYSEG customers an opportunity to save on electricity costs through community solar.

By enrolling in a Community Solar project, you can reduce your monthly electricity bills by up to 5% – no solar panels required. This initiative allows you to support clean energy, lower your expenses, and take a step toward a more sustainable future. Best of all, you can cancel at any time with no fees or penalties.

Visit SustainableWestchester.org/communitysolar, click "sign up" and select the Weaver or Country Route 14 project to begin your enrollment.

If you have any questions, feel free to reach out to solar@sustainablewestchester.org or call 914-242-4725 extension 112.

MY TREASURE HUNT

By Stephanie Szuch

I moved to Heritage Hills in April 2021. The first thing I had to learn was how to pump my own gas. And then there was a slight argument with the GPS as to how do I get home. Thankfully my sense of direction was better than the GPS. You go down Warren Street, turn left at the light, turn at the white boulder, and turn right at the gazebo. Easy.

Thanks to Karl and Cheryl Milde's June centerfold in this Newsletter, I learned there are more gazebos and pergolas nestled here and there throughout our hills. There's a gazebo as you enter the property at Lake Lodge. And there's a pergola by Veolia across the street – one of two I visited on my first "Treasure Hunt." At first, I couldn't find it, and when I asked a woman where it was, she said there wasn't one. Then, as I was looking straight ahead, there it was...a perfect place to sit and relax after tending to your garden plot.

As seen in the Milde's centerfold, there are quite a few pergolas, but many are too close to the road to stop and look at them for more than a few moments.

In my travels I found that there were some people who didn't know what a pergola is, which is a shame because, like the one at the Bocci courts, they are a great place to sit, read, or wait for the shuttle bus.

My next pergola Treasure Hunt was by Pool 3, and it required climbing 39 stairs and taking 10,000 steps. So, yes, I got in my exercise program.

And if you will forgive me, the most lovely of them all is the small one by Condo 11. My first.



HAPPY 100TH BIRTHDAY!

Text and photo by Janet Eldon

Happy, Happy 100th Birthday to long-time resident and the best neighbor ever, Eleanor Reich!!





ENVIRONMENTAL CLUB
EARTH MATTERS:
REDUCING FOOD WASTE

By Carrie Sears

Food waste is a significant source of greenhouse gas emissions. Cutting down on food waste is something we can all do and even save a little money.

- Before shopping, prepare a list and stick to it.
- At home, store perishable foods properly in your refrigerator's humidity drawer or freezer.
- Look for creative ways to cook leftovers.
- As a last step, collect compostable food scraps in a bucket with a lid under the sink or in the garage. Then, on your way to do other errands, bring compostable waste to the Somers Food Scrap Drop-Off Site, located at the Town Highway Department, 250 Route 100, from 8 am to 4 pm, 7 days a week.

All food scraps are accepted, including:

- fruits and vegetables (remove stickers, bands, ties)
- meat; poultry, fish, and shellfish (including bones and shells)
- dairy
- bread, pasta, rice, and grains
- egg shells
- chips, snacks, nuts, and seeds
- leftover, spoiled, expired, and cooked food
- coffee grounds – including paper filters – and tea bags (no staples)
- paper towels, napkins, and compostable bags (no plastic bags).
- greasy uncoated paper plates, pizza boxes*
- plant waste like leaves, small branches, and flowers.
- wine corks
- scrap wood
- pet food
- dishware or cutlery products labeled or certified as compostable.
- Your hair and your pet's fur!

* While you can put oily food, plates or napkins in the compost, don't dump cooking oil or grease there and don't pour it down the drain or toilet. Instead, put it in a container and throw it away with the trash.

Of course, some items cannot be composted. Trash other items including teeth, poop, menstrual products, and cooking oil.

Composting is nature's way of recycling. It is one of the most powerful actions we can take to reduce our trash, address climate change, and build healthy soil. By turning our food scraps and yard trim into compost, we transform one waste stream into a beneficial, value-added soil amendment, protect the environment, and create resilient communities.

What we do matters!



MEET YOUR NEIGHBOR
GEOFFERY YORKE

Text and photo by Rosetta Benson

Geoffery Yorke and his wife, Margaret, moved into Heritage Hills in 2018. Married for fifty-one years, they have two sons (one, now retired from the New York State police, is currently Chief of the Volunteer South Salem Volunteer Fire Department and a member of that town's police; the other is an IT analyst at the University of Virginia) and two grandchildren.

Geoff grew up in Pleasantville, entering high school when the Viet Nam War broke out. To this day, he cannot say enough good things about the Army's ROTC. It allowed him to graduate from NYU in 1968 with a degree in political science, New York Law School in 1971, and pass the bar exam. Ever grateful, he happily accepted his assignment to the Signal Corps in Fort Gordon, Georgia. While Geoff readily admits he enjoyed serving in the Reserves very much, working as a lawyer was another matter entirely.

For almost twenty years, he practiced law – initially under a single practitioner, then as part of a Madison Avenue firm, and finally setting up his own private practice. Then he quit.

Yogi Berra's famous quip pops into my head. "When you come to a fork in the road, take it."

Remembering that in high school, he was a member of the Future Teachers Club, he returned to NYU and took an aptitude test at the Career Institute. Sure enough, his test results indicated he would make an excellent high school social studies teacher, and it wouldn't take much for him to become *fully certified* to do just that. His law degree was equivalent to an MS degree, and his years of experience more than satisfied the *knowledge of subject requirement*.

The rest is history. His first teaching offer came from Washington Irving High School in Gramercy Park in Manhattan (7 years), then The Bronx School for Law, Government and Justice (9 years). In 2011, after he thought he had retired, he got an offer he couldn't refuse: "Would you be willing to substitute at John Jay High School in Cross River? We understand you live in Cross River."

It's hard to describe what this second career/life change meant both to this very special teacher and the students who were lucky enough to know him, but the students were determined to find a way. And they did. In 2017, the graduating class dedicated their Yearbook to him. Here is an excerpt from that dedication. It's a quote from a single student, but I suspect it speaks for hundreds of students over the years.

(This) NYU graduate shares his extensive knowledge in the classroom – from picking up where your Latin teacher left off, to being able to continue your APUSH* unit, he can do it all. Thank you for all you have done for the Class of 2017, this one's for you, Mr. Yorke.

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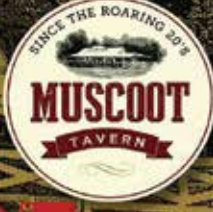


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THE BOOK SHELF

By Cindy Kennedy

Irish author Colum McCann, esteemed for his lyrical writing style, won the National Book Award for *Let the Great World Spin*. His latest literary novel, *Twist*, focuses on the vast information highway running through cables deep beneath the seas.

Anthony Fennell, the first-person narrator of *Twist's* story, is a Dublin-based playwright and journalist. In his late 40s, Fennell is at loose ends. Estranged from his teenage son who lives in Chile with his ex-wife, Fennell wants to write "a story about connection, about grace, about repair."

Seeking a fresh start, Fennell accepts a magazine assignment to cover a Belgian cable-repair ship, the *Georges Leconte*, on its mission off the west coast of Africa. Much of the world's international information travels through fragile tubes on the bottom of the ocean which are vulnerable to accidental damage by marine life or fishing trawlers – and occasionally, by sabotage.

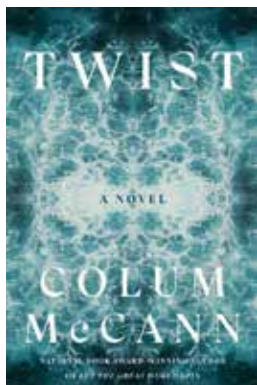
Soon after Fennell arrives in Cape Town he meets John Conway, the ship's repair chief: "Slim, lightly bearded, wearing jeans, wire-rimmed glasses, and a red knit cap. There was something calm and unrushed about him. He struck me as the kind of man who would be found in a monastery, somewhere raw, distant, on the edge.... I had seen men like him before, troubled and angelic all at once."

Inviting Fennell to his home, Conway introduces him to Zanele, a stunning Black South African actress who is leaving to star in a London play. Conway met Zanele when she was a theater student on a scholarship in Fort Lauderdale. Conway, originally from Northern Ireland, had worked on oil rigs in Florida as an underwater welder. On and off lovers, Conway and Zanele are expert deep-sea divers.

Aboard the *Georges Leconte* as it sails up the Ghanaian coast, Conway instructs Fennell about the arduous cable-repair process. Once a cable break is detected, it could take months to pinpoint the exact spot of the rupture and then repair it. The ship's crew knew "it was the life you signed up for. You finish the job no matter what.... Everything gets fixed, and we all stay broken."

As the cable-repair mission continues, however, Conway becomes aloof and distant. He limits Fennell's internet access, prompting Fennell to speculate about the enigmatic crew chief's motivations. Beginning to write his magazine article, Fennell has to decide on its direction: "It is, I suppose, the job of the teller to arrange the scattered pieces of a story so that they conform to some sort of coherence. Between fact and fiction lie memory and imagination."

(*Twist* is part of Heritage Hills Library and Somers Library collections. For a list of new books at Heritage Hills Library, see page 10.)



By Elizabeth Royston

HALUSKI

In May, the Culinary Club ventured to a more local region for their dinner presentation – the Amish Country! The team discovered many versions of familiar recipes – foods that were given very special interpretations beyond the usual. One of these was a side dish of three basic elements: onions, cabbage, and noodles. Put together, the combination brought out the best of its components!! Pat Headen and Enid Lang both made versions of HALUSKI . Bravo!!



HALUSKI - AMISH CABBAGE AND NOODLES

Prep Time: 15 minutes

Cook Time: 45 minutes

Servings: 12

INGREDIENTS

- 1 16-ounce package medium-wide egg noodles
- 1 cup butter, divided
- 2 large onions, chopped
- 2 small heads of cabbage, cored and cut into 1-inch pieces
- salt and pepper to taste

PREPARATION

1. Preheat the oven to 300 degrees.
2. Fill a large pot with lightly salted water and bring it to a rolling boil. Stir in egg noodles and return to a boil.
3. Cook noodles uncovered, stirring occasionally, until tender but slightly firm, about 5 minutes. Drain well and set aside.
4. Melt 1/2 cup butter in a large skillet over medium-low heat. Add onions; cook and stir until translucent – about 5 to 10 minutes.
5. Add cabbage and remaining 1/2 cup butter to onions; cook and stir until cabbage is softened and tender but not browned or crunchy – about 5 to 8 minutes.
6. Season with salt and pepper.
7. Place cooked noodles and cabbage mixture in a large roasting pan and stir gently to combine.
8. Sprinkle with more salt and black pepper, if desired.
9. Bake in the preheated oven until golden brown on top – about 30 to 40 minutes.

HOW DOES YOUR GARDEN GROW?

THREE SEASONS OF WORK-FREE COLORFUL PLANTS

By Susan Statkowski-Rivalsi

When Hubby and I moved here in late 2009, given the wildlife and their appetites for plant life we decided that before we'd plant items in the



few empty spaces in front of our unit, it was a good idea to look around to see what plants survive here unscathed – what the wildlife finds unappetizing. That's because I'm pretty much a "plant 'em and forget 'em" type; what I plant is pretty much on its own thereafter, though I will water when there are dry spells. (Nothing requiring anti-critter spray qualifies.)

Blue and White Bearded Iris with Lamb's Ear and Columbine at its base.



Daffodil



Purple Allium



Columbine

Spring flowers we saw that go untouched by local critters are all types of daffodils, irises, and allium. All that's required is a quick daily dead-heading to keep them looking perfect. Bleeding Heart and Columbine are always a lovely touch.

Perennial flowering bushes that go untouched, in the order that they bloom, are forsythia, azalea, lilac, rhododendron, and weigelia. (If you prune, doing so as soon as the last blooms fade – no later than mid-June – will deliver the fullest bloom the following spring. But – *Miniature Lilacs behind Yellow Iris* big BUT here – if they're pruned too late or, worse, in the *Fall*, doing so will remove next year's buds that form inside the new growth being pruned.)



A fun textured perennial ground cover that puts out late spring fragrant purple blooming spikes semiannually – and adds a lovely look all summer – is *Lamb's Ear*.

Finally, a perennial group that blooms all summer and comes in a variety of colors – pinks, oranges, white, yellow (including *Black-eyed Susan*) – are *Coneflowers*. Occasional simple dead-heading keeps them looking bright into October.

So, if you want to have a generally work-free, heat tolerant, colorful garden, consider the above plants.

* * *

FIT-BITS

By Mary Tedesco

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- 2. Add more beans, lentils and whole grains** to your diet.
- 3. Hydrate, hydrate, hydrate.** Water helps to flush out toxins. Add lemon, mint, or cucumber for flavor.
- 4. Eat only whole foods.** Fresh fruits and vegetables, and lean proteins like organic chicken and fish.
- 5. Add healthy fats.** Olive oil, avocados, seeds, and nuts all are healthy fats.
- 6. Eliminate** sodas and sugary drinks of any kind, salt, processed foods, chemical sweeteners, alcohol, and caffeine.



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