



THE OFFICIAL

Heritage Hills Newsletter

MARCH 2026



Volume 205

HERITAGE HILLS SOCIETY INFORMATION

Address 8 Heritage Hills, Somers, New York 10589
Website www.hhsociety.org
Television Channel 21

CONTACT INFORMATION - EMAIL

Society society@hhsociety.org
Activities Office activities@hhsociety.org

CONTACT INFORMATION - TELEPHONE

Security	914-276-2592	Society Fee	
	914-277-8800	Financial Office	914-276-2509
Society Office	914-276-2908	Bus	914-276-2877
Activities Office	914-276-2636	Library	914-276-7655
		Fitness Center	914-669-5028

EMERGENCIES 9-1-1

Hours of Operation

Activities Center

Building Daily, 9 am to 11 pm
Activities Office Weekdays, 9 am to 5 pm (closed holidays)
Society Office Weekdays, 9 am to 1 pm (closed holidays)
Fine Arts Center Group instruction and free time are scheduled by the Activities Office at 914-276-2636
Library Monday thru Friday 10 am to 3 pm, Saturday 10 am to 1 pm
Fitness Center & Gym Daily, 4 am to 11 pm
Lake Lodge Daily, 9 am to 11 pm
Meadowlark Park Dawn to Dusk
Park Place Dawn to Dusk

Bus Service - Weekdays Only (except holidays) - 914-276-2877

Goldens Bridge MetroNorth Station Trips

Morning to: 5:15, 5:45, 6:45, and 7:45 - **Reservation Required**

Evening **PICK-UPS ONLY**: 4:45, 5:45, 6:50, 7:45 and 8:45 - **No Reservation**

Midday Trips - RESERVATIONS REQUIRED

To/From Activities Center, Lake Lodge, Meadowlark Park, and off site, including Goldens Bridge MetroNorth Station

Outbound, hourly 8:45 am to 12:45 pm

Inbound, hourly from 9:10 am to 1:10 pm

To/From Pools 2 thru 5 / Tennis areas

To: 8:45 am (pool 4), hourly, 9:45 am to 1:45 pm

From: Hourly from 9:10 am to 1:10 pm

UTILITIES CONTACT INFORMATION

Comcast	800-934-6489	NYSEG	800-572-1131	Water/Sewer (Veolia)	877-426-8969
ConEd	800-752-6633	Verizon	800-922-0204		

SERVICES FOR SENIORS

TOWN OF SOMERS SENIOR SERVICES - 914-232-0807

Princess Guerra, Director

Hot Lunch

- At Van Tassel House - **Free Transportation Available**
Monday thru Friday at noon
- Delivered to home-bound, Monday thru Friday
Meals leave Van Tassel House for delivery starting at 11:30 am
Suggested contribution: **\$3** per meal

Medical Appointments - Transportation Available

Tuesday thru Thursday, for appointments between 10:30 am to 2 pm
Suggested round-trip donation: **\$10**

Shopping Trips by Bus

Mondays and Fridays, pickups start at 10 am
Suggested round-trip donation: **\$2**

OTHER SENIOR SERVICES

TRA (formerly RideConnect) - 914-764-7433 / my-tra.org

Transportation for medical appointments: Monday thru Friday, 9 am to 5 pm

Medicare - 800-633-4227 and medicare.gov

Medicare Rights Center - 800-333-4114

EPIC - 800-332-3742

New York State Senior Prescription Reduction

Westchester County Senior Programs and Services - 914-813-6300

Referral agency for senior services including legal - 914-949-1305
Social Services: 914-995-5889

SERVICES FOR ALL AGES, INCLUDING SENIORS

AA - 914-949-1200. Info and literature National Council on Alcoholism

Adult Protection Services Intake - Natalie Siler 914-995-2259.

Cancer Care - 800-ACS-2345

Northern Westchester Hospital - 914-242-8115

Putnam Hospital - 845-279-5711

The Dominican Sisters - Family Health Service 914-941-1654
Long- and short-term registered nurses.

Hospice - 914-666-4228 - Visiting Nurse Association State-certified program providing home health care and emotional support for terminally ill patients and their families

Project Time Out / Jewish Community Services - 914-761-0600 - Provides in-home respite services matching families with trained sitters/companions.
Contact Judy Fink, Coordinator, ext. 340; Carol Kobroff, Respite Specialist, ext. 310

Transportation for Cancer Treatments (free):

American Cancer Society Road to Recovery program. 800-227-2345

Transportation for Disabled Residents - County Office of Transportation 914-813-7777

Para-Transit - 914-995-7272 provides modified vans with ramp for curb-to curb service. Fare \$5 each way. Medical pre-authorization required. For eligibility call 914-995-2960.

Private Ambulette Services

Superior Brewster 845-278-6992
CLC Trans 914-241-0112

Ambulance: Westchester EMS 866-666-9367. Accepts Medicare.

Westchester County Office for the Disabled, includes hearing-defect

Lighthouse Inc. - New York City 212-821-9200. For sight impaired.

Veterans Guide to VA Health Care Benefits -

VA Hudson Valley Health Care System - 800-269-8749
Monday through Friday 8 am - 4 pm

VVNA Home Health Services, part of Northwell Health at Home

914-666-7616 - 8:30 am - 5 pm - Home care aides, nursing

PUBLISHER: HALSTON MEDIA GROUP | 118 NORTH BEDFORD ROAD, SUITE 100, MT. KISCO, NY 10549
845-208-8151 - freeman@halstonmedia.com - HalstonMedia.com
Contact Brett Freeman for advertising in any of our publications or online.

FOR INFORMATION ABOUT THE HOSTS OF THE BELOW EVENTS, SEE THE ACTIVITIES / CLASSES / CLUBS SECTION OF THIS NEWSLETTER. WHEN GUESTS ARE WELCOME, UP TO FOUR PER UNIT ARE ALLOWED

COMMUNITY AFFAIRS COMMITTEE

By Dorinda Haskel

THE ANYTIME AT ALL BAND

Saturday, March 7, at 7 pm in the Heritage Room

If you love the music of the Beatles, you will love listening and even dancing to *The Any Time at All Band* at this mid-winter concert, in which resident David Nodiff plays bass guitar and sings.

Tickets are \$15 cash at the door, or you can purchase them through *Eventbrite.com* (click on "Choose Location" and choose "Heritage Hills, New York, United States" then "Find Events"); it charges a nominal fee for its services. If you have any questions, email David at *DavidNodiff@gmail.com*.



* * *



By Diane Purr

LEAGUE LUNCH

**Friday, March 13, at 1 pm at Dante's Trattoria
135 Route 6 in Mahopac**

Continue the tradition! Hot antipasto, penne a la vodka, four entrée choices, wine included. \$40 per person.

RSVP **no later than March 7**. Leave your check made out to "Cash" in Bocce mail slot at the Activities Center or give it to Reno DiCristafaro (914-500-5160) or Diane Purr (914-617-9338).

* * *

ON THE COVER

The jonquils growing at a foundation showing spring arrived last March were photographed by Barbara Pollack.

HERITAGE HILLS NEWSLETTER COMMITTEE

Chair/Editor in Chief: Susan Statkowski-Rivalsi
Writers/Editors/Photographers: Patricia Adams, Rosetta Benjamin, Phyllis Bradbury, Dassi Citron, Terry Clifford, Karl Milde, Elizabeth Royston, and Stephanie Szuch

SOCIETY BOARD OF DIRECTORS ELECTION 2026

By Dorinda Haskel, Election Committee Chair

Starting March 1

The Election Committee is now accepting applications from unit owners who are interested in running for the Society Board of Directors. All unit owners, their spouses, and domestic partners are eligible to run for a three-year term beginning July 1, 2026.

Applications are available in both the Activities and Society Offices, as well as on the Heritage Hills website, *hhsociety.org/heritage-hills-society*, and starting on page 29 of this issue. Completed applications must be received in the Society Office **no later than 1pm on April 1**. Candidates Night will be Wednesday, May 13, at 7 pm in the Heritage Room.

See page 6 for information about the Society Board's responsibilities.

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10-A-MEN CLUB

By Mike McBride

WEEKLY MEETING SCHEDULE

Wednesdays at 10 am in the Heritage Room

- March 4**.....**Mike Blueglass**
Somers High School STEM Contest info
- March 11**.....**Karl Thimm**
Appliance Sales Q & A
- March 18****Mike Baker**
Dr. Warren, Revolutionary War Spy
- March 25**.....**Adam Bronstein**
Somers Schools Superintendent

All adult residents are welcome. Women are encouraged to attend. Doors open at 8:30 am. \$3 admission. Bagels and coffee are available until 9:45 am. Folks mingle and chat until 10 am, when the Pledge of Allegiance is said followed by speakers and discussion until 11 am.

Come join us to meet your neighbors, ask questions, and find out what is happening in Heritage Hills and around Somers. As always, we respect, welcome, and listen to all.

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COMING EVENTS

WOMEN'S CLUB

Submitted by Phyllis Bradbury

SAINT PATRICK'S DAY CELEBRATION

Wednesday, March 11, at 1:30 pm in the Heritage Room

Come and celebrate an early Saint Patrick's Day with us! We'll have Irish Soda Bread and delicious desserts while enjoying coffee with friends. Experience the lilt of Irish music with a *Celtic Women* video presentation.

Members are free, and the charge for non-members is \$5. Flyers are available at the Activities Center. Fill out the bottom of it and place it in the Women's Club mail slot outside the Activities Office. If you can't visit the Activities Center to RSVP, call Joan at 914-276-0488 or Rose at 914-276-4204.

Whether you're a member or joining us for the first time, we look forward to celebrating together!

* * *



PORTRAIT PHOTOGRAPHY

By Sue Meola

Friday, March 13, at 2 pm in the Heritage Room

Susan Rosenberg Jones will present images from two of her publications – *Widowed* and *The Second Time Around*.

Open to all. Non-members pay \$5 at the door. For more information, contact Linda Carpentieri at lindacarp16@gmail.com / 914-227-3854 or Bill Ablondi at ablondi@marketmaps.net / 203-984-2955.

THE NEWSLETTER WELCOMES ARTICLES AND PHOTOS FROM HERITAGE HILLS RESIDENTS OUR DEADLINE IS THE 6TH OF THE MONTH.

Authors' names will be indicated. We cannot guarantee that every item will be used, and all submissions are subject to being edited for format, length, acceptability of language, and suitability of content. Submissions should be in email attachment format (preferably Word) or by hand or mail to the Heritage Hills Activities Office or Society Office at 8 Heritage Hills, Somers, NY 10589.



EMAIL ADDRESS: HHillsNewsletter@gmail.com

When Submitting Photos:

If using your phone instead of a camera, please use the highest resolution. Unless it's a scenic vista, concentrate on faces. Most photographs are taken from too far away, and if the image is cropped, the faces will be blurred. Get closer.

Please do not incorporate art or a photo in a Word file. Attach it and Word files to emails as separate items.

We cannot use anything taken from the internet without authorization from the source.

Independent and Foreign Film Club

FILMCLUB

By Steve Klepner

HOW TO MAKE MILLIONS BEFORE GRANDMA DIES

(Thailand. 125 Minutes, 2024)

Sunday, March 15, at 6:30 pm in the Heritage Room

(Note the new start time.)

After his grandmother is diagnosed with cancer, a scheming young man – motivated by greed – moves in to care for her, desiring to secure her fortune for himself. Unfortunately for him, winning Grandma's favor is no easy feat.

The film is over 2 hours long, so screening will start on time. A discussion led by resident Nancy Israel, a film instructor at the Jacob Burns Film Center, will follow the screening. (Note: Former discussion leader Bill Costanzo has stepped down.)

* * *



COMMUNITY THEATRE

By Jo Pell Pearlman

AUDITIONS FOR LONDON SUITE

Monday March 16, and Thursday March 19
at 6:30 pm in the Heritage Room

The Community Theatre Group will be holding auditions for the upcoming production of Neil Simon's *London Suite*.

If you are interested in auditioning or working as crew, come down. If you have any questions, contact Jo Pearlman at 914-484-3248 or Helen Berman at 917-554-4417.

* * *

HEALTH & SAFETY COMMITTEE

Submitted by Flo Brodley

THE MICROBIOME-BRAIN AXIS

Presentation by Stephanie Stefanie Schwartz,
R.D., M.S., Lecturer, Phelps Hospital Cardiac
Rehabilitation Center

March 18, at 1:30 pm in the Heritage Room

Learn how your microbiome works and what to eat (or not) that impacts your overall health. The health of your microbiome is the circuit center of your mood, your heart health, sleep hygiene, digestion, cognitive health, and even your weight. We can change our microbiome with some simple foods and lifestyle changes that improve our overall health significantly.



Text by Aimee Feerst, art by Joel Feerst



AHOY AMIGOS!!!

**Sunday, March 22, at 1 pm
in the Heritage Room**

Join us as we delve into the origins of the Jewish "Pirates of the Caribbean."

Sherri Baver, CUNY Professor of Latin American and Caribbean Studies, will present a program on the history of the Jews who, during the Spanish Inquisition,

were expelled from Spain and ultimately settled and unsettled the islands and waters of the Caribbean Sea.

\$15 per person - auditorium seating, Light refreshments will be served. Watch for flyer, to be **returned by March 18.**

**PARSLEY, SAGE,
ROSEMARY AND THYME**

**Sunday, April 12, at 1 pm
in the Heritage Room**

This Simon and Garfunkel *On Bleeker Street* tribute band will be entertaining us with favorites from this famous duo. This will be a truly memorable Heritage Hills event. Fred Krug and Brian Crane have performed at Mohegan Sun and The Knitting Factory, among other popular venues.

Sure to sell out quickly, we look forward to welcoming as many people as seating will allow. \$15 per person - auditorium seating. Watch for the flyer and get your reservation in early!!



* * *

CONTINUING EDUCATION

By Karen Baker

The following events will take place in the Heritage Room. Admission is \$10 per event, paid at the door. If you have any questions, call Ann at 914-617-9434.

**THE RISE AND FALL OF SECONDARY
EDUCATION IN AMERICA**

**A lecture by Al Hunt, Professor Emeritus of History,
SUNY Purchase**

Tuesday, March 24, at 1:30 pm

Not long ago, President Obama lamented that "Despite resources that are unmatched anywhere in the world, we've let our grades slip,

our schools crumble, our teacher quality fall short and other nations outpace us." Professor Hunt explores the question: What happened and what, if anything, can we do about it?

**THE RISE AND FALL OF HIGHER EDUCATION IN AMERICA
A lecture by Al Hunt, Professor Emeritus of History,
SUNY Purchase**

Tuesday, March 31, at 1:30 pm

After years of resounding success, higher education is currently under unprecedented political and cultural pressure. Is the criticism valid and will the outcome change our standing at the pinnacle of scholarship and research?

**THE ETHICS OF AI IN EVERYDAY LIFE: WHAT GOOD
DO CHATBOTS DO?**

**A lecture by Nancy Berlinger, Author and Senior
Research Scholar at the Hastings Center for Bioethics**

Tuesday, April 7, at 1:30 pm

The Hastings Center for Bioethics in Garrison, New York, is an independent nonprofit research institute that focuses on challenges arising from developments in health, healthcare, and technology. Dr. Berlinger's work focuses on the ethical challenges of aging societies. This interactive talk will explore the rapid growth of "humanistic" AI such as chatbots using text and voice and the ethical questions they raise in everyday life. Be prepared for lots of discussion, as this tends to be a lively topic!

**CONDUCTORS, COMPOSERS, AND PERFORMERS -
THEIR INTERACTIONS PAST AND PRESENT**

**A lecture/piano demonstration by Harold Rosenbaum,
Acclaimed Conductor, Author, and former Professor
Emeritus at The University of Buffalo.**

Tuesday, April 14, at 1:30 pm

This humorous and informative talk will focus on the daily lives of extraordinary musicians from the deep past through the present time who worked together - either smoothly or with contention - to deliver a finished product to eager music-loving audiences. It is a behind-the-scenes look at strong views and opinions between collaborators, plus unusual circumstances which were either most welcome or decidedly not so!

* * *

EAST HILL MEN'S GOLF ASSOCIATION

By Ken Freeman

SEASON OPENING BREAKFAST

Wednesday, April 15, at Bistro on the Green

Note the date change (the February Newsletter indicated Wednesday, April 22). Watch for details as the time draws near.

* * *

SINGLES CLUB

Submitted by Diane Purr

SAVE THE DATES

BINGO!

Wednesday, April 22, in the Heritage Room

With either salad and pizza or salad and wraps - TBD.

LUNCH AT THE "R" HOUSE (formerly Benjamin's) IN RIDGEFIELD, CONNECTICUT

Wednesday, May 20

Salad, choice of four entrées, coffee/tea, and choice of two desserts. \$\$ Cash bar \$\$ \$55 for members/\$65 for non-members.

Watch for flyers with additional information when the event dates draw near.

* * *



CIAO ITALIA

By Michael Lanotte

FOXWOODS RESORT CASINO TRIP

Tuesday, April 28, at 8:30 at Lake Lodge

Foxwoods Casino boasts new restaurants and Tanger Outlets, featuring many of your favorite stores, including Coach, Michael Kors, and H&M, to name a few. The bus departs from Lake Lodge's upper parking lot at 8:30 am and returns around 7:30 pm. Members \$40, non-members \$45 per person. Flyers are available outside the Activities Office. Fill out the form and submit it along with your check **by April 20.**

Future Events

Watch for information about the possibility of a Free Movie Night in April.

Saturday, May 16: Members Only Pizza Night. Watch for flyers in April containing all the details.



By Caroline Doorley

WHEN WALKING ON OUR ROADS, ALWAYS WALK FACING TRAFFIC, SINGLE FILE, HUG THE CURB, AND WEAR BRIGHT CLOTHING



SOCIETY BOARD NEWS

WELCOME NEW OWNERS

*By Anna Milani
Society Office Administrator*

During the month of January, ownership changed for 10 units . If you're a newcomer, you should have received a *New Resident* folder when obtaining your photo ID in the Activities Office. The folders are also available in the Society Office, open Monday through Friday from 9 am to 1 pm.

SOCIETY BOARD OF DIRECTORS ELECTION 2026

By Dorinda Haskel, Elections Committee Chair

On page 3 of this issue there's information about applying to run for a three-year term beginning July 1, 2026. As indicated there, completed applications must be received in the Society Office **no later than 1 pm on April 1.** The Application can be found on pages 29 to 31.

The Society Board of Directors is responsible for overseeing the operation and maintenance of Heritage Hills assets that serve the entire community. These assets include:

- Activities Center
- Fitness Center
- Lake Lodge
- Maintenance Yard
- Meadowlark Park and Park Place
- Bocce, Pickleball, and Tennis Courts, and Pools
- Shuttle Bus Service
- "A" and "B" Roads, as well as "C" Roads that serve two or more condominiums

The Society Board is composed of 15 members, elected by Heritage Hills Unit Owners.

CANDIDATES NIGHT will take place on May 13 at 7 pm in the Heritage Room.

SUMMARY OF PORTIONS OF THE FEBRUARY 17 BOARD OF DIRECTORS MEETING

Compiled by Susan Statkowski-Rivalsi

This is a summary of some portions of the meeting. Videos of these meetings in their entirety are posted on the Society Board website the day after the meeting occurs, hhsociety.org. The minutes of this meeting will be published after they are approved at the March 18 meeting.

Board members in attendance: Gloria Anderson, Gene Archer, Denise Elliot, Ann Harper, Dorinda Haskel, Joe Kelly, Jack Mattes, Patricia Ploss, Deica Ruiz, Davis Stowell, Alan Tepper , and Bren Zimmerman.

Absent: Ralph Fatigate, Bruce Prince, and Jay Wright.

Also attending: John Milligan, Heritage Management Services; Rob Casasanta, Prosegur Security

MEETING DATE CHANGE – GENE ARCHER, PRESIDENT

Since June 23 is Primary Day, our June meeting, originally scheduled for that date, has been moved to June 30 at 7 pm.

FINANCE & BUDGET, COMMITTEE – JACK MATTES, CHAIR

Treasurer’s Report

January Financials:

Operating Income\$ 552,738.44
 Operating Expenses (411,973.82)
 Net Income.....\$ 140,764.62

DISCUSSION TOPICS – GLORIA ANDERSON, FIRST VICE PRESIDENT

- **Resident Directory:** We hope to have it available next month.
- **Street Signage:** The Town has ordered and will be installing a “Westridge Drive” street sign at the entrance at Lovell Street. We’re waiting to hear whether we can re-install the other Westridge Drive street signs within the property, between Lovell Street and West Hill Drive.
- **Bistro on the Green:** Their winter hours are Thursday and Friday from 4 to 9 pm, Saturday from 11 am to 9 pm, and Sunday from 11 am to 8 pm.
- **Willow Wood Gun Club:**
 - In April 2024, the State Court decided in favor of the Gun Club and Carmel Planning Board. The Somers Land Trust has appealed that decision. Typically it takes about two years for one of these appeals to be decided.
 - In November 2025, The Somers Land Trust and The Riverkeeper Inc. filed a suit in Federal Court alleging that lead shot is contaminating the soil and the groundwater. They’re in the “discovery” phase, which the Court has required be completed by November 2026.
 - The Gun Club is seeking permission from the State Department of Environmental Conservation to install a “shot curtain” 80 yards in front of the clay shooting stations.

FITNESS CENTER COMMITTEE – JOE KELLY, CHAIR

- **2025 Usage:** We had a total of about 54,000 swipes - an average of 740 residents per month.
- **January Usage:**
 - Exercise room: 3,669 swipes by 566 residents
 - Gymnasium: 962 swipes by 168 residents
- **Free Fitness Consultations:** Certified Personal Trainers Mary and Sam did 23 of these.
- **Exercise Machines:** There are a few that are due to be replaced, and Mary is looking into that.

COMMUNITY NEWS – JACK MATTES, CHAIR

The town Energy and Environment Committee will be publishing a calendar of special events around town, including the first free Somers Repair Café event.

HEALTH & SAFETY COMMITTEE – FLO BRODLEY

- In addition to the March 18 event [see page 4], in the coming months we will have programs on neurology, dental care, our

annual CPR Family and Friends program and many others, including Elie Edams’ monthly blood pressure screenings [see page 15].

- Although Flo has stepped down as Committee Chair, she will continue to host programs, as do the other members of the Committee. She then introduced the new Chair, Rosemary Gladsman, a former pediatric public health nurse, who has hosted many of the Committee’s past programs.

PROPERTY MANAGER REPORT – JOHN MILLIGAN

- **Electronic Doors:** We have signed an agreement with a company to replace the mechanisms that operate the door at the Activities Center and Lake Lodge. Hopefully, they’ll be repaired by month’s end or so.
- **Fitness Center:**
 - We had to close it for a few days while new partitions were installed in the locker rooms.
 - We’ll be getting two new treadmills.
- **Pool 3:** We finally received Department of Health approval to replace equipment and got to work on replacing 35+-year-old pumps, filter, chemical feeders, etc.
- **Maintenance Yard:** Our salt storage facility needs repair.
- **Salt:** Since the beginning of December, Westchester Properties Group, which does our snow removal, purchased 700 tons of salt at a cost of \$110 per ton.
- **Shuttle Buses:** A deer strike resulted in \$18,000 damage.
- **Activities Patio Sun Room Project:** We’re working on town code-related matters and hope to get to work in the Spring.
- **Exit Signs:** We’ll be installing some to help folks find their way out of Heritage Hills.



SECURITY

By Rob Casasanta, Prosegur Security

JANUARY SECURITY CALL REPORT

During the month of January, our Security staff received and responded to a total of 305 calls including the following matters:

Service	134	(53 lift assists, 17 welfare checks, 3 persons locked out, 16 battery changes, and 45 others)
Medical.....	83	(2 EMT accompanied to hospital)
Security	32	
Open Garage Doors	18	
Police	18	(6 Somers, 12 State)
Maintenance.....	6	
Parking Violations.....	6	
Fire Calls	5	(2 automatic fire alarms, 1 smoke/CO2 alarms, 3 others)
Motor Vehicle Accidents	4	(property damage)
Burglar Alarms.....	2	

If you have any Security questions or concerns, feel free to reach out to me directly either by phone at 914-276-2592 or by email at *Robert.Casasanta@prosegur.com*.

COUNCIL OF CONDOS

By Terry Clifford

The **January 21 meeting** was attended by representatives of the following Condos: 1, 2, 3, 5, 8, 11, 16, 17, 18, 21, 22, 25, 27, and 28.

Bistro on the Green – Invitation to Golf/Restaurant Brunch Hosted by New Owners – Kevin Guo, Wendy Hui, and Heidi Gilboff invited all Condo presidents to Bistro on the Green on Saturday, January 24, at 11 am for brunch for an open conversation about the proximity to the golf course and property damage from golf balls, and plans for the restaurant and catering hall.

Golf Course Issues – Condos which border the golf course have issues with trees which border the course. The Golf Course built by the builder has property lines near Condo property. Therefore, trees in many areas have become a danger to units. John Milligan, of Heritage Management Services, has the original blueprints for property line issues.

Ten Foot Strip – Society maintains the “Ten Foot Strip” along the A, B, and some C roads from curb to shrubs. These are roads which have a painted line down the middle of the roadway. This provides the community with a consistent look throughout the property. If a Condo tree falls onto the 10-foot strip and road, the Condo pays for its removal. Contact Security if a tree falls on a weekend or holiday, so they can direct traffic until the tree is removed.

Clarification of Condo Prospectus (Offering Plan), By-laws, Rules & Regulations – The Offering Plan has By-Laws, and some may have “Rules & Regulations,” as well. A percentage of unit owners must approve by-law changes and updates. “Rules and Regulations” may be updated and changed by the Condo’s Board of Managers. Condo By-Laws is the official government document which determines the Operation of the Condo, Plan of Unit Ownership, Board of Managers and Officer responsibilities, Unit Owner responsibilities, Operation of the Property, Examination of Financials, Sales and Leases of unit, Records and Audits, and Restriction on Director and Officers. This is one of the most important documents for every unit owner. Updated By-Laws must be sent by mail or email to each unit owner for safekeeping.

The process to update and revise By-Laws.

1. Create draft with an attorney.
2. Present changes – in red – to unit owners.
3. Hold unit Owner Meeting with Board & Attorney.
4. Vote for final changes, sent on a ballot to all Unit Owners and returned to the Condo’s Management Company.

Gun Club Update – There are now two new lawsuits from the Somers Land Trust and Riverkeepers being brought to New York State court, as the gun club has never completed lead shot remediation, which is in violation of clean water laws.

The Council of Condos invites Condo Presidents and/or a representative from all thirty Condo boards to attend Council meetings at the Activities Center at 7 pm on the third Wednesday of each month.

* * *



By Aimee Feerst

If you wish to receive eblasts and updates regarding our club's events and cancellations, etc., notify Alan Tepper by submitting your email address to hhclubshalom@gmail.com, with the subject: “Email list addition.”



COMMUNITY THEATRE

by Muriel Millstein Weiss

Our selection for June is *London Suite* by Neil Simon, a popular and well known playwright whose one liners are worthy of a good laugh. Although Neil Simon is no longer with us, his plays live on and continue to entertain us, We look forward to sharing a fun evening or afternoon with you.

See page 4 for audition information, and save the performance dates: June 26, 27, and 28. Times and prices will be announced later, so stay tuned.

* * *

MUSICAL NOTES FROM THE CONCERT SOCIETY



The best classical music value in Westchester and beyond!

By Teddi Meltzer

March prowls in like the MGM lion, but hopefully leaves like a leg of lamb (with mint jelly, of course.). April brings those showers, of course; but just think...May!



We are looking forward to the Concert Society's 2026 season when, on May 3, we present pianist Irena Portenko; on June 7, we feature the Terra String Quartet; on October 4, we welcome back violinist Chloe Kiffe; and on November 1, pianist Moriah Trenk will close our season.

All concerts take place on Sundays at 3 pm in our fabulous Heritage Room. Enjoy a season of beautiful music. Subscription forms for the 2026 season are now available at the Activities Center.

If you have any questions, call Raina Lefkowitz at 914-262-4407.

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TENNIS NEWS

By Dena Goldstein

Mark your calendars for the 2026 Tennis Season as below:

- Saturday, May 16: Spring Mixed Doubles Round Robin
- Saturday, June 13: Mixed Doubles Tennis Tournament
- Saturday, July 25: Women's Doubles Tournament
- Saturday, August 22: Men's Doubles Tournament
- Saturday, September 26: Fall Mixed Doubles Round Robin

Looking forward to a great tennis season.

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WOMEN'S CLUB

Submitted by Phyllis Bradbury

We are still accepting membership renewals. The cost is just \$12 for the year. New members are always welcome. If you have any questions, our Membership Chair, Alfreda Savarese, would be happy to hear from you. She can be reached at 914-617-2007.

Independent and Foreign Film Club



By Steve Klepner

\$25 for the series, checks preferred, made out to "IFFC" – including email and phone number (email enables notification in case of a schedule change). Pay at the door or leave in our mail slot. If you have any questions, contact Steve Klepner at spk010@yahoo.com or 845-297-7066.

2026 SCHEDULE

All screenings take place in the Heritage Room at 6:30 pm

Sunday, March 15 - How to Make Millions Before Grandma Dies

Thailand. 125 minutes. (2024)
After his grandmother is diagnosed with cancer, a scheming young man motivated by greed moves in to care for her. Unfortunately for him, winning Grandma's favor is no easy feat. - See page 4.

Sunday, April 26 - Maria

Europe & United States. 124 minutes. (2024)
The moving story of the iconic opera singer, Maria Callas. Once the world's greatest soprano, she now hides in her Paris apartment, having lost her voice. She dreams of returning to the stage.

Sunday, May 24 - Jiro, Dreams of Sushi

Japan. 82 minutes. (2012)
A thoughtful and elegant meditation on work and family. Jiro, considered to be the world's greatest sushi chef, runs a ten-seat restaurant in a Tokyo subway station.

Sunday, June 14 - The Penguin Lessons

United Kingdom. 72 minutes. (2024)
Inspired by the true story of a disillusioned Brit who went to work in a school in Argentina in 1976. He encounters unteachable students. Rescuing an oil-slicked penguin, his life is turned upside down.

Sunday, July 12 - Past Lives

Korea. 106 minutes. (2023)
Two childhood friends are separated after the family of one emigrates from South Korea to New York. They are reunited for a week years later and confronted with notions of destiny, love, and the choices that make a life.

Sunday, August 9 - Before the Devil Knows You're Dead

United States. 117 minutes. (2007)
Andy, an over extended broker, lures his brother into robbing a jewelry store. Unknown to them, the proprietors are their parents. The crime goes horribly wrong leading to a shattering climax.

Sunday, September 13 - Quartet

United States. 98 minutes. (2012)
Will a famous (fictional) quartet let old wounds keep them from performing at their retirement home's gala concert? A funny film about music, love, and second chances.

Sunday, October 18 - The Natural

United States. 88 minutes. (1984)
An extraordinarily gifted baseball prodigy whose career is derailed by a mysterious woman's gunshot at age 19, only for him (played by Robert Redford) to return as a middle-aged rookie seeking redemption and greatness for a struggling team.

Sunday, November 8 - The Outfit

United States. 106 minutes. (2022)
A crime thriller about an expert English tailor in 1950s Chicago, whose quiet shop becomes a battleground for a dangerous mob family after they use it as a stash house for a mysterious package.

Sunday, December 13 - Laapaata Ladies

India. 124 minutes. (2024)
Two brides get swapped during a train journey. Humor and satire form the basis for the story. Social commentary and colorful imagery.

* * *

HLibrary

By HHLibrary Committee



AUTHORS NEW TO OUR COLLECTION

Each month, the Library purchases current books written by popular authors. Books by writers who are new to our collection are added to our shelves as well.

The Jilted Countess, Loretta Ellsworth's new historical novel, was inspired by a true story. After World War II, a penniless Hungarian countess emigrates to Minnesota to marry a GI she had met overseas, with unanticipated results.

The Gilded Age takes center stage in *The Architect of New York*, a fictionalized story about Rafael Guastavino, by Spanish writer Javier Moro. Largely forgotten in the 21st Century, Guastavino was an instrumental New York City architect whose signature vaulted tile ceilings still are admired today. Among his architectural masterpieces are the Grand Central Oyster Bar, Manhattan's City Hall subway station, and the Prospect Park Boathouse.

The title characters in *The Infamous Gilberts*, Angela Tomaski's darkly comedic novel, are five eccentric siblings who grow up in Thornwalk, a crumbling manor house in the English countryside. As the saga spans decades, the Gilbert family's long-hidden secrets are uncovered.

BOOK REVIEW

For a review of *The Correspondent*, by Virginia Evans – a novel told in Sybil Van Anthwerp's letters – see page 34.

NEW ADDITIONS TO OUR COLLECTION IN MARCH

To reserve any of the books listed below, stop by or call the Library at 914-276-7655.

Fiction

- Ellsworth, Loretta*The Jilted Countess*
- Moro, Javier.....*The Architect of New York*
- Quindlen, Anna*More Than Enough*
- Quinn, Kate*The Astral Library*
- Steel, Danielle*The Devil's Daughter*
- Tomaski, Angela.....*The Infamous Gilberts*

Mystery

- Box, C. J.*The Crossroads*
- Burke, James Lee*The Hadaocol Boogie*
- Elston, Ashley.....*Anatomy of an Alibi*
- Kellerman, Jonathan*Jigsaw*
- Preston & Child*Pendergast: The Beginning*
- J. D. Robb*Stolen in Death*
- Paris, B. A.*When I Kill You*
- Thor, Brad.....*Cold Zero*

Non-Fiction

- Higginbotham, Adam.....*Challenger: A True Story of Heroism and Disaster on the Edge of Space*



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GENERAL CLUB/CLASS INFORMATION AND REGULARLY OCCURRING ACTIVITIES

A complete list of Society-approved Activities/Classes/
Clubs is available online at hhsociety.org/activities

Produced by the Activities Office

Phone: 914-276-2636. Email: activities@hhsociety.org

ARTS & CRAFTS

I LOVE ART CLASS: After School Art in Heritage Hills for children grades K to 6. Hosted by Miss Judika, M.S. To register, call Judika at 914-438-6750.

LEARN TO BEAD WITH ALLISON: Mondays at 11 am in the Activities Center's Studio B. Each class is \$25 including materials fee. You go home with a piece of jewelry that you made for yourself or for a special someone. Come and join the fun. To enroll or for more information, contact Allison Rubin at 914- 629-3655 or ahrubin521@yahoo.com. **On hiatus until spring.**

CRAFTERS IN THE HILLS: Wednesdays in the Activities Center's Lower Level Studio B from 10 am to noon / first week of the month from 6 to 8 pm. No fee to join; some sessions are free (you supply materials) and other sessions have a fee based on materials. Email to join and for more information: craftclubhh@gmail.com.

NEEDLECRAFT GROUP: Charitable group that meets Wednesdays at 12:30 pm in the Activities Center's Game Room. All skill levels are welcome. \$20 annual dues. For questions or to register, call Linda at 914-277-2776.

PAINT & SIP WITH JUDIKA: Create a different painting in each class once a month. Step-by-step instructions are given, and everyone leaves with a masterpiece! \$40 per class includes all supplies. Bring your creative spirit! To register, call Judika at 914-438-6750.

PHOTO CLUB: Second Friday of each month at 2 pm in Activities Center's Club Room 2. All are welcome regardless of photography experience. Meetings will include speakers, field trips to various photo shows, photo shoots, and contests. For more information, contact Linda Carpentieri at 914-227-3854 or lindacarp16@gmail.com, or Bill Ablondi at 203-984-2955 or ablondi@marketmaps.net.

SILK FABRIC PAINTING CLASS: Fee \$135. Must sign up for a full four-week session at the Activities Center. Space is limited. For more information, contact Evey at 914-276-0737 or email her at evymusart@comcast.net.

SKETCH WORKSHOP: Wednesdays from 9:30 to 11:30 am in the Activities Center's Studio A. Portraits, figures, still lifes. Bring your choice of paper, pens, pencils, watercolors, pastels, etc. Models are welcome to pose for 20 minutes (clothed!). No fee, no teacher, but guidance available.

WOODCRAFT CLUB: The shop on the Activities Center's Lower Level is available Monday thru Saturday from 9 am to 4 pm. For information and to register, contact Club President Ed at 914-276-0671 or 914-552-2303.

BOOK CLUBS

CONTEMPORARY FICTION BOOK CLUB: First Tuesday of each month from 2:30 to 4 pm in the Activities Centers's Game Room. New members are welcome. For more information contact myrahopper@gmail.com or 520-390-5523.

HERITAGE HILLS LIBRARY BOOK GROUP: First Monday and first Thursday

of the month at 3:30 pm in the Activities Center's Game Room. For further details, contact Sheelagh Kaplan at Sheelaghk1@aol.com.

CONCERT SOCIETY: We present four classical concerts, featuring the best and brightest of classical music's Rising Stars, in May, June, September, and October on Sundays at 3 pm in the Heritage Room. Annual subscriptions are \$90 per person or pay \$26 per person per concert at the door. Subscription Forms are available at the Activities Center. If you have any questions, call Raina Lefkowitz at 914-262-4407.

CONTINUING EDUCATION: Our mission is to educate and entertain with monthly presentations by experts in the fields of art, literature, music, theater, history, and politics on specified Tuesdays at 1:30 pm in the Heritage Room. For more information, see the COMING EVENTS section of this *Newsletter* or call Ann at 914-617-9434.

CULINARY CLUB: Meets once a month to prepare, share, and enjoy dishes from many cuisines. We hope to increase our expertise and, in the process, enjoy each other's company. Our membership is limited by our facilities and is full at this time. However, there is a waiting list, and if you would like to add your name, contact Barbara Gangemi at 914-617-9037.

DANCE

FRIDAY NIGHT SOCIAL DANCE: First Friday of every month from 7 to 10 pm in the Heritage Room. \$10 per person includes coffee and cake. BYOB. For more information, call Angela Viscogliosi at 914-393-8736.

ENVIRONMENTAL CLUB: Second and fourth Friday of the month from 3 to 4:30 pm in the Activities Center's Club Rooms 2 – 3. This Club's primary objective is to foster a culture of environmental responsibility within Heritage Hills. All are welcome, including teens. Watch for announcements and postings about special events and field trips. No fee. For more information contact Carrie Sears at carolynsears@me.com or 914 522 3111.

EXERCISE CLASSES

TAI CHI AND CHI GONG WITH MASTER ELLEN: Mondays from 1 to 2:15 pm in the Gym. \$70 per month. First class free. All levels welcome. Wear loose fitting, comfortable clothing. Contact heritagehillstaichi@gmail.com.

LINDA'S LAKE LODGE CLASSES: Body Conditioning: Tuesdays and Thursdays at 8:30 am. Rock & Roll Workout: Tuesdays at 9:30 am. Yoga Pilates: Thursdays at 9:30 am. Sports Conditioning: Sundays at 9 am. All Classes take place in Lake Lodge's Upper Level and are \$10 per class. Register at the start of the month for the classes you plan to attend. Contact Linda Zeiss instructor at Labzeiss@gmail.com or 718-541-0861.

CARDIO/STRENGTH/STRETCH CLASS WITH LORI: Tuesdays and Thursdays from 9:30 to 10:30 am in the Gym. Join me for a fun, safe, effective workout. Low impact cardio, resistance training, balance, stretch, and breath work – all set to great music! Appropriate for all levels. Resistance bands and weights available. No mats needed. Class is periodically full, so joining is up to the discretion of the instructor due to class size. Fee: \$10 per class. Try the first class for free! Email Lori at eefyjig@gmail.com.

SITNESS: Tuesdays from 12:30 to 1:15 pm in Lake Lodge's Upper Level. SITNESS is designed to improve your balance, strength, posture, and cardiovascular condition. \$15 per session. Your instructor is Killeen Rhodes, a certified Master Personal Trainer, Senior Fitness Expert, and Fifth Degree Martial Arts Instructor. Contact Killeen at killeenrhodes2014@gmail.com.

BALANCE AND AGILITY FOR ACTIVE SENIORS: Wednesdays at 10:30 am on Lake Lodge's Upper Level. Navigate obstacles; strengthen balance; move better for walks, hikes, or pickleball. Learn from a master teacher with years of experience, Elena Remais. \$80 for 4 weeks, \$25 for drop-in. Elenathetrainer@yahoo.com and 917-848-3174.

LINE DANCING WITH THERESA: Wednesdays at 11 am in the Gym. Easy to learn and easy to follow line dances to all music genres taught in workshop format. Fee: \$10 per class. Email Theresa at zumbawithme@aol.com.

ENERGY HEALING FOR SELF, FAMILY, FRIENDS, AND PETS WITH MELANIE GAMBINO: First Wednesday of the month at 7 pm in Lake Lodge's Room 3. \$20 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914-588-2450 or melaniegambino1@gmail.com.

CONTINUUM/FLUID FORM MOVEMENT, MINDFULNESS, AND MEDITATION WITH MELANIE GAMBINO: Fridays at 9 am in Lake Lodge's Room 3. \$15 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914-588-2450 or melaniegambino1@gmail.com.

ZUMBA GOLD WITH THERESA: Fridays at 10:30 am in the Gym. Low impact dance fitness class suitable for all fitness levels. Fee: \$10 per class. Email Theresa at zumbawithme@aol.com.

YOGA

YOGA WITH STACEY: Mondays at 11:30 am at Lake Lodge with Stacy Goodman, RYT-200. A gentle, slow-flow yoga class to strengthen, lengthen, calm, and expand body, mind, spirit within. \$15 drop-in. Email Resoratoryoga@hotmail.com.

CHAIR YOGA WITH SATISH: Tuesdays from 10 to 11:15 am in Lake Lodge's Room 3 with Satish Gambhir, registered yoga (500-RYT) and acupressure teacher with over 20 years of experience. Chair Yoga aimed at toning the entire body and increasing flexibility. Breathing and meditation for relaxation and mind-body connection. Live music. \$10 per class. Call or email to register at 914-646-0887 or Satishgambhir@gmail.com.

GENTLE YOGA WITH LISA: Fridays at 10 am on Lake Lodge's Upper Level. \$60 for four consecutive classes or \$18 to drop-in for a 75-minute class. Lisaathomas@optonline.net or 914-497-0243.

VINYASA YOGA WITH JOE: Saturdays at 9 am in Lake Lodge's Upper Level. \$12 per class. To register, email Joe Ferrari at josephferrari@me.com.

FAMILY NETWORK GROUP: Arranges organized family-oriented gatherings, days and evenings, several times a year. Go to [Facebook.com](https://www.facebook.com) to join the group "Heritage Hills Family Network" or email keri.reitman@gmail.com.

FOREIGN LANGUAGE GROUPS

FRENCH CONVERSATION GROUP: Second and fourth Friday of the month in Lake Lodge's Room 1 from 11 am to noon. Members should have a basic knowledge of French conversation, but need not be fluent. Refresh your French language skills and laugh and learn with us. If you have any questions, call Carole Ellis at 914-260-9182 or email her at carellis14@yahoo.com.

SPANISH CONVERSATION GROUP: First Thursday of the month in Lake Lodge's Room 1 at 11 am. Group is open to intermediate through fluent Spanish speakers. ¡Vengan! Contact Mike at elprofesor55@aol.com.

GAMES

BRIDGE – DUPLICATE: Mondays and Thursdays at 12:30 pm in the Heritage Room. For information, call Marie at 914-277-4266.

BRIDGE – SOCIAL: Wednesdays from 10 am to noon at Lake Lodge. For information, call Marie Sugar at 914-277-4266.

CANASTA CLUB: Saturdays from 1 to 4 pm in Activities Center's Club Room 2. Contact Doris Simon at 914-276-0111 or Doris1121@me.com, or Nancy Heilman at 914-224-7180 or Nancy.C.Heilman@gmail.com.

CHESS CLUB: Wednesdays from 1 to 3:30 pm in Lake Lodge's Room 3. We are a group of chess enthusiasts who enjoy coming together to play some friendly games of chess! Beginners are welcome! Bring your chess set if you have one. Some pairs may choose to use a chess clock; bring this, also, if you have one. For more information, contact Pat Posluszny at patpugs@comcast.net or 914-276-6550.

MAH JONGG: Mondays at noon in Lake Lodge's Room 3 (contact Sue Furino 914-617-9110); Fridays at 1 pm in Lake Lodge's Room 3, and Tuesdays and Thursdays from 11 am to 1 pm in Lake Lodge's Room 2 (Contact MaryAnne McMullen at 914-414-9116 or Terry Colomer at 914-342-3610).

SCRABBLERS: Thursdays starting promptly at 1 pm in Activities Center's Club Room 2. Casual Scrabble game play. Play one or more games. All levels of players, including newbies, are welcome. For more information, just walk in.

GARDEN CLUB: For information, including questions on membership and use of the Club Garden, send an email to hhgardenclubsecretary@gmail.com.

HEALTH & SAFETY COMMITTEE

Blood Pressure Screenings With a Smile: Nurse Ellie Eidam offers screenings on the second Friday of the month from 9 to 11 am in the Activities Center's Game Room. Your temperature may be taken. Do not come if you have tested positive for Covid-19, were recently exposed (within 14 days) to the virus or traveled to areas that have experienced high levels of the virus. Contact Ellie at elliebob1@gmail.com or 914-617-2109 for more information.

Alzheimer's/Dementia Caregivers Support Group: Caring for someone with Alzheimer's/Dementia is a difficult and painful challenge. A support group can help. Meetings take place the first Thursday of the month at 12:30 pm in Lake Lodge's Room 1. Fee: \$20 per session. Facilitated by Linda Ludwig, Psy.D. To register, call 914-617-9328 or email ludwiglr@aol.com.

Spousal Bereavement Group: Grieving the loss of a loved one can cause loneliness and profound sadness. The Spousal Bereavement group provides a safe and caring environment for everyone who shares similar experiences. Meetings take place on the second Thursday of the month at 12:30 pm in Lake Lodge's Room 1. The fee is \$20 per session. To register, email Linda at ludwiglr@aol.com, or call 914-617-9328.

HIKERS & WALKERS GROUP: Weekly hikes from September to June. Information and our schedule are available in the Activities Center mailroom.

INDEPENDENT AND FOREIGN FILM CLUB: Monthly screenings in the Heritage Room, followed by a discussion. February thru December. \$25 for the series. Schedule is posted in the Activities Center and on the Society website. For information, contact Steve Klepner at 845-297-7066 or spk010@yahoo.com.

ACTIVITIES/CLASSES/CLUBS

LET'S TALK SENIOR CARE: Second Friday of the month at 1 pm in the Heritage Room. Stephanie Roberti, MHA, will introduce different senior care topics to help educate us on this important subject. For more information, contact Stephanie at 914-357-3049 or Sroberti@Newbeginningsforseniors.com.

LIBRARY: Monday through Friday from 10 am to 3 pm and Saturdays from 10 am to 1 pm. For information on the collection, visit the *Heritage Hills Library* webpage at hhsociety.org or call 914-276-7655.

MORNING DISCUSSION GROUP: Discussion group on current event topics. Mondays, holidays included, from 9:30 to 11 am in the Activities Center's Club Rooms 2 - 3. Also, meets Thursday mornings from 9:30 to 11 am during the summer behind Lake Lodge under the trees - with fresh air and an enchanting view of two ponds, a gazebo, and a vast lawn - with lively conversation. For information, email Ken Benjamin at kenbenja@aol.com or call him at 914-262-6006.

SHAKESPEARE GROUP: Tuesdays from 10 to 11:30 am in the Activities Center's Game Room and on Zoom. See a film of a classic Shakespeare play, then read it and join in lively discussions. All are welcome! For more information, call Susan Ray at 914-391-6686 or Margaret Howlett at 973-746-7816.

SOCIAL CLUBS

CIAO ITALIA: Membership, open to all residents, is \$12 per person for the year. Fill out a Membership Form, available outside the Activities Office, and include it in an envelope with your payment. Watch for flyers and TV notices announcing upcoming events.

CLUB SHALOM: You don't have to be Jewish to love Club Shalom, a Club dedicated to providing quality entertaining and educational Jewish cultural programs for residents. Watch for information about upcoming events. All residents are welcome. Contact Alan Tepper at HHCLUBSHALOM@gmail.com.

FRIENDS IN THE HILLS CLUB: Open to all adult residents. Each event will be a night of fun and socializing with your neighbors. See the COMING EVENTS section of this *Newsletter* for event details. Email us at Friendsinthehills@aol.com with any questions, or contact Debbie Ferrara at 914-924-3003 or Mary Ann Walrath at 914-318-1227.

RAINBOW CONNECTION CLUB: A group for LGBTQ members and their families, friends, and neighbors. All are welcome. Meets the first Thursday of each month in Lake Lodge's Room 3 from 5 to 7 pm. For more information contact Teresa Duffy at 914-617-9785.

SINGLES CLUB: If you are interested in joining the club, contact Pat Caruso at 914-649-3232 or carusop515@comcast.net. Membership dues are \$12 per year.

WOMEN'S CLUB: meets on the second Wednesday of the month, except for December, January, July, and August. Membership dues for renewals and new members are just \$12 for the year (January thru December). Flyers are available for memberships. Insert your check in an envelope, including your name, unit number and phone number and put it in the Women's Club mail slot. For further information, call Membership Chairperson, Alfreda Savarese at 914-617-2007. See the COMING EVENTS section of this *Newsletter* for specific upcoming event details.

YACHT CLUB ("HHYC"): The HHYC is a fee-free social club of past and present water fans (swimmers, boaters, fishers, cruisers, surfers, whatever). At our monthly 3 pm pot luck "dock parties" on the first Friday of the month in Lake Lodge's Lobby, we share our experiences and plan future ones (theme parties, day trips/activities, or even cruises). For more information, contact Commodore Susan at civwhitestar@comcast.net or 914-617-9228.

SPORTS

BOCCIE: Wednesdays and Saturdays (weather permitting) starting at 9:30 am. For more information contact Reno DiCristofaro at 914-500-5160 or Diane Purr at 914-617-9338.

EAST HILL MEN'S GOLF ASSOCIATION: Enjoy weekly Thursday 9-hole casual competitions in a variety of formats, as well as Tuesday Stroke Play opportunities, from April thru November at Somers National Golf Club's course right here on Heritage Hills' West Hill. For more information, contact Membership Chairman Sandy Lieberman at 914-438-6762 or golfer61345@gmail.com.

PICKLEBALL: On the outdoor courts, it's open play, no reservations required. The Gym is also available for indoor play. For details on both, and about the Pickleball Committee and community, email PickleballHH@Outlook.com. See you on the courts!

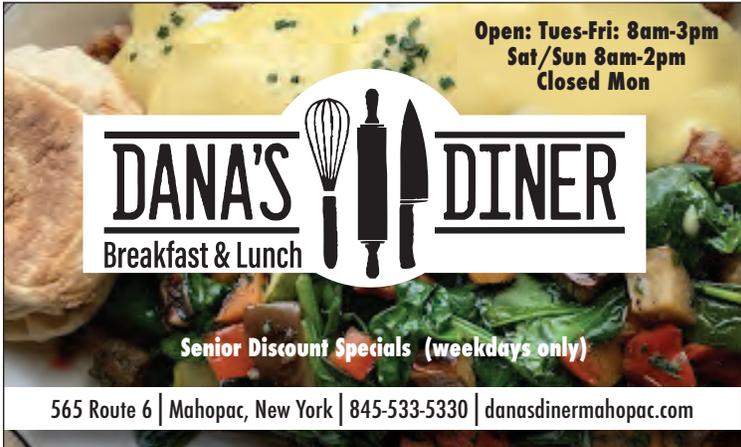
PING PONG: Thursdays at 10 am in the Activities Center's Game Room. Open to all residents. Come hang out and play!

SHUFFLEBOARD: Wednesdays from 1 to 3 pm, and Saturdays from 9:30 am to noon, October through March, in the Gym.

TENNIS: All Tennis reservations are made via www.playtomic.io, or you can download the *playtomic* app, which offers many additional features. Once on the *playtomic* website, type "Heritage Hills" and click on "tennis" as the sport choice. For general information about the Tennis group, call Dena at 914-589-3560. The Friday night Round Robin runs from May through September.

10-A-MEN CLUB: All resident men and women are invited to meet and chat with their neighbors at 8:30 am Wednesday mornings in the Heritage Room. Coffee and bagels are available until 9:45 am, followed by speakers / presentations until 11 am. Admission is \$3.

WRITERS WORKSHOP CLASS: Workshop on *Google Meet!* Mondays at 1 pm and Saturdays at 10:30 am in Lake Lodge. Email Linda Spear, workshop facilitator, to arrange to join us! Lindaspear211@gmail.com.



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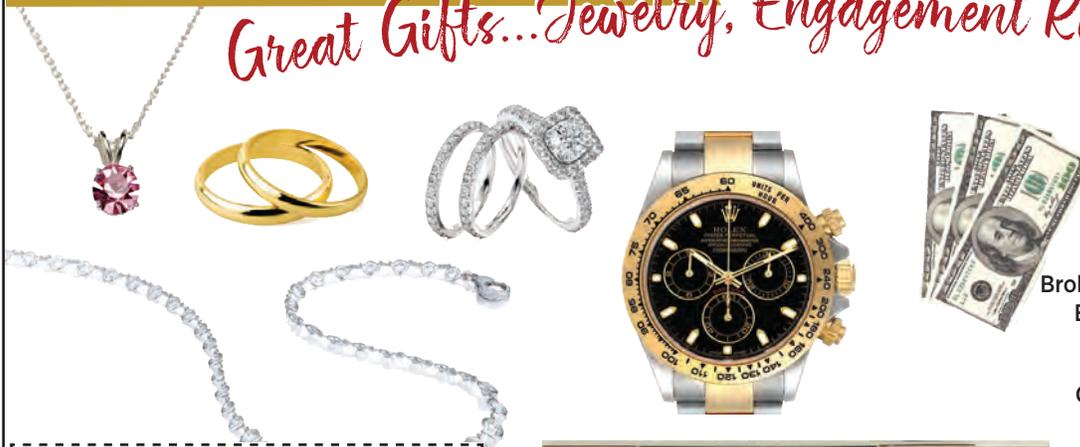
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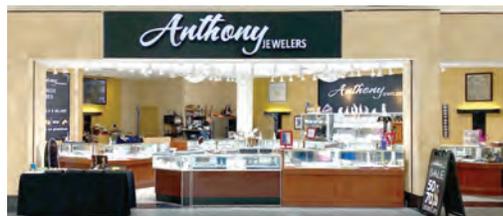
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RADCLIFFE

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WEB# HL959581 | \$599,000



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ARMONK

Desirable one level, 2 bedroom, 2 bath unit located on a quiet cul-de-sac.

WEB# HL8999317 | \$599,000



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YALE

Beautifully updated 2 bedroom, 2 bath with an attached two-car garage.

WEB# HL878545 | \$4,800 /Month



ACTIVE

SYRACUSE

End unit, 2 bed, 2.5 baths. A welcoming blend of comfort & convenience.

WEB# HL934009 | \$750,000



IN CONTRACT

ARMONK

Desirable, 2 bedroom, 2 bath end unit offering comfortable living.

WEB# HL950592 | \$634,900



IN CONTRACT

SYRACUSE

Sophisticated and renovated end-unit located in Condo 30.

WEB# HL945595 | \$825,000



SOLD

STRATFORD II

Tucked away on quiet cul-de-sac, end unit with a bright open layout.

WEB# HL945572 | \$816,000



SOLD

SHERMAN I

One-level end unit—bright, move-in ready with resort-style amenities.

WEB# HL941368 | \$875,000



SOLD

STRATFORD

This 2 bedroom, 2 bath Condo offers effortless living inside and out.

WEB# HL933299 | \$575,000



SOLD

SHERMAN I

Charming one-level end unit offering effortless living and an open layout.

WEB# HL884980 | \$875,000



SOLD

SHERMAN II

Beautiful 3 bedroom 2 bath with spectacular golf course views.

WEB# HL931090 | \$976,300

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*Based on Total Volume Single-Family Sales Ranking 1/1/2024 to 12/31/2024 MLS/OneKey

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623B LP \$835,000 | SP \$835,000



615A LP \$675,000 | SP \$700,000



366C LP \$585,000 | SP \$666,000



378D LP \$599,000 | SP \$651,000



788A LP \$650,000 | SP \$642,500



298A LP \$625,000 | SP \$630,000



613 LP \$625,000 | SP \$625,000



568A LP \$599,000 | SP \$615,000



565D LP \$599,000 | SP \$605,000



262B LP \$525,000 | SP \$525,000



172B LP \$489,000 | SP \$510,000



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THE FLOWERS OF MEADOWLARK PARK - PART 2

*Compiled by Joanne Meder,
photos by Joanne Meder and Wendy Podell*

This is part two of a three-part series based on when flowering perennial plants seen in Meadowlark Park first bloom (all are pollinators, most native). Here are some mid to late spring / summer ones with their bloom periods, preferred light conditions, and heights. Consider adding them around your unit (with Condo approval, if required). Once established, they'll return year after year, requiring minimal maintenance.

Regarding light conditions, "Full sun" means more than 6 hours of direct sun per day; "Part sun" means 4 to 6 hours of direct sun per day, including some afternoon sun; "Part shade" means 4 to 6 hours of direct sun per day, mostly before midday; and "Full shade" means less than 4 hours of direct sun per day.



BUTTERFLY WEED
May thru September
Full or part sun
1½ to 3 feet tall



BEE BALM
May thru October
Full or part sun
1 to 3 feet tall



IRIS
Mid-spring/early summer
Full sun or part shade
2 to 3 feet tall



ANISE HYSOP
July thru August
Full or part sun
2 to 4 feet tall



LUNGWORT
Late Spring
Part or full shade
14 to 16 inches tall



CREeping JENNY
Summer
Full or part sun
2 to 4 inches (ground cover)



QUEEN OF THE PRAIRIE
June thru August
Full or part sun
3 to 8 feet tall



EASTERN PRICKLY PEAR CACTUS
June thru July
Full sun
6 to 12 inches tall



COMMON MILKWEED
June thru August
Full Sun
3 to 6 feet tall



MOUNTAIN MINT
Summer
Full sun or part shade
2 to 5 feet tall



CARDINAL FLOWER
May thru October
Full sun or part shade
2 to 4 feet tall



JOE PYE WEED
July thru September
Full or part sun
2 to 7 feet tall



GOLDENROD
July thru October
Full or part sun
2 to 4 feet tall



BLUE MISTFLOWER
July thru November
Full sun or part shade
2 to 3 feet tall

ROBERT KALMAN PRESENTATION

Text and photo by Bill Ablondi

The Photo Club hosted Robert Kalman and his wife Linda for an inspiring presentation of portraits from his book *What's it Like for You to be an American*. The portraits were created on a four-year, 20,000-mile journey crisscrossing the United States.

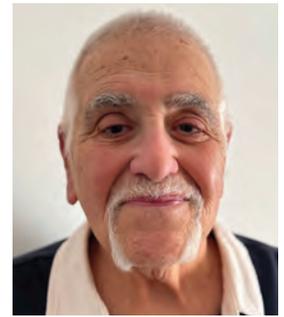
His dynamic presentation of a selection of the portraits with the subjects' responses to the question provided a great way for the Photo Club to kick off its new year and the 250th anniversary of our country.



The 8 x 10 camera Robert used to make a portrait of photo club member Rob Weitz (on the right) provided a perfect backdrop for the event.

**MEET YOUR NEIGHBOR
FRANK COLLURA**

Text and photo by Rosetta Benjamin



No kidding. Santa Claus is alive and well and living in Heritage Hills. Check out the *Toys for Tots* event centerfold of this *Newsletter's* January 2026 issue. Underneath that beard and unmistakable red suit is one of the most gregarious and hard-working *spirits* ever: Frank Collura. While this remarkably modest man wondered if his life were interesting enough for this article, I found him a role model for resiliency.

Frank and his wife Toni moved here in July 2023. At the *Toys for Tots* event, Toni played Santa's helpful elf. In truth, she's been Frank's love and helpmate for fifty-seven years! They have one daughter who teaches in Byram Hills Middle School in Armonk, a wonderful son-in-law, and two grandchildren. Their granddaughter is a sophomore at the University of Rhode Island and grandson, a senior at the University of Delaware, plans to attend medical school in the fall to become a veterinarian.

Frank recently turned 81. Born and raised in Brooklyn, he shakes his head remembering what a tough neighborhood East New York was like back then. Frank's positive nature doesn't let him dwell on that. What he chooses to recall for me quite fondly is playing stickball on the street. The closeness of the families. He makes me laugh when he explains, "If you were a street kid, you knew *Cadillacs were owned by doctors*; seeing a Cadillac meant someone was sick on the block. "Tell your mother." Frank admits there was a time when he was seriously thinking of quitting school. It was simply getting too dangerous just getting there. Luckily, in 1956, George Gershwin Junior High School 166 opened close to home. That's where he went, going on to and graduating from Thomas Jefferson High School.

I suspect Frank has always been a workaholic. He started working when he was eleven years old, but he didn't become the sole supporter of the family until his father died at the age of 43. He got a job at CIT (Commercial Investment Trust) on Sixth Avenue, across from Rockefeller Center, and stayed there for 38 years. Finding himself too antsy to retire, he spent the next twenty years working at Rooster's Market in White Plains. Ever trustworthy and dependable, he opened the store and worked as its cashier from 5:30 to 10 am!

Now, why did I find this man such a positive role model? Toni, his life's partner and *helpmate extraordinaire*, put it most succinctly: "To get through life, you have to have a positive attitude." Frank has had to be hospitalized many times during their 57-year marriage. Sometimes it was for illness; sometimes it was for surgery. *Always there*, she has assured him: "You can do this." And "picking himself up, brushing himself off," time after time, he has done so.

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PICKLEBALL BOWLING SOCIAL

By Fran Boemio



On January 16, 42 pickleball players came out of the cold to warm up at Jefferson Valley Lanes for a Bowling Social! They had a delicious lunch and desserts, bowled a couple of games, and had a great time. At every lane our bowlers were laughing, cheering, and giving high-fives. Some hadn't bowled since high school! We had some impressive scores!

Additionally, our very generous bowlers donated a total of 190 items of "comfort foods" for St. Luke's Food Pantry. Thank you to the Community Cares Committee for collecting and transporting the items.

Pickleball socialization, inclusivity, and giving happens throughout the year!

WINTER TENNIS SOCIAL

By Dena Goldstein

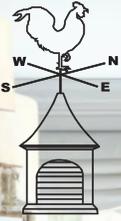


On Saturday, January 17, the snow kept falling, making our yearly Winter Tennis Social questionable. At 4 pm, the miracle happened – the snow stopped! Roads were clear, and at 7 pm all the tennis players who signed up for the evening of tennis showed up at the Chestnut Ridge Racquet Club in Mount Kisco.

We reserved all six courts, and everyone played all night, 7 to 10 pm, with just a break for dinner.

Our raffles for the gift certificates from Aries Auto and Epstein's Delicatessen were won by Paula Genovesi and Tom Heintzelman.

It was a fun evening. Enjoyed by all!



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TOTAL UNITS SOLD BY ONEKEY/HGAR MLS AGENTS

	2025	2024	2023	2022
TOTAL SOLD	155	123	109	155
	\$250,000-\$1,225,000	\$315,000-\$900,000	\$320,000-\$885,000	\$276,000-\$876,000

VARIOUS UNITS SOLD BY MLS AGENTS FROM 1/1/25 – 2/16/2026

ONEKEY/ HGMLS DATA AS OF 1/1/2025-10/10/2025

ONE BEDROOM

MODEL NAME	PRICE	MODEL NAME	PRICE
Amherst	\$500,000; \$525,000	Radcliffe	\$599,000; \$604,000
Franklin	\$399,000; \$420,000; \$435,000	Guilford	\$485,000; \$512,000; \$516,000

TWO BEDROOMS

MODEL NAME	PRICE	MODEL NAME	PRICE
Armonk	\$642,000; \$645,000; \$660,000	Monroe	\$519,000; \$525,000; \$542,500
Berkshire	\$610,000; \$720,000	Princeton	\$750,000
Cambridge	\$625,000	Ridgefield	\$610,000
Canaan	\$550,000; \$625,000; \$750,000	Salem	\$675,000; \$680,000; \$730,000
Concord	\$534,500; \$540,000; \$552,000	Stanford	\$760,000; \$982,500
Dartmouth	\$675,000	Stratford	\$650,000; \$666,000; \$715,000
Fairview	\$600,000; \$610,000; \$625,000	Stratford II	\$816,000
Katonah	\$570,000	Syracuse	\$710,000
Kent	\$625,000	Wellesley	\$599,000
Lexington	\$671,000		
Madison	\$415,000		

THREE BEDROOMS

MODEL NAME	PRICE	MODEL NAME	PRICE
Columbia	\$1,225,000	Sherman I	\$825,000; \$875,000; \$910,000
Croton II	\$680,000	Sherman II	\$947,000; \$1,200,000; \$976,300
Jefferson (with carport)	\$625,000; \$700,000	York	\$575,000; \$675,000



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Source: OKMLS 1/1/25-2/16/26, total dollar volume of single family homes and condominiums sold by Agent, Somers school district. OKMLS 1/1/25-2/16/26, total dollar volume of Condominiums sold, Town of Somers, in Heritage Hills, by agent.

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APPLICATION FOR CANDIDACY FOR A POSITION ON THE BOARD OF
DIRECTORS OF HERITAGE HILLS SOCIETY

If you are interested in applying for candidacy to serve on the elected Board of Directors of the Society of Heritage Hills, please complete the requested information and submit it to Heritage Hills Society, Ltd., 8 Heritage Hills Dr., Somers, NY 10589, Attention: Society Nominating Committee, or hand deliver it to the **Society office no later than 1:00 p.m. on April 1, 2026.**

NOTE: A CANDIDATE MUST BE A UNIT OWNER, SPOUSE, OR DOMESTIC PARTNER OF A UNIT OWNER.

Print or Type:

Name _____ E-Mail _____

Unit _____ Condo _____ Contact Number _____

_____ I have lived in Heritage Hills for _____ years.

To attend meetings and to perform other duties for the Society, I am available during the

day evening Both (Please check one box)

If you take temporary residency away from Heritage Hills, for what period are you away?

1. Please indicate your participation in any of the following areas, past or present. Indicate involvement and positions held.

A. Your Condo / The Council of Condos / The Society

B. Clubs or Associations in/or outside of Heritage Hills

C. Volunteer Activities in/or outside of Heritage Hills

2. Please give a brief outline of your education, business, and professional background

3. What special talents or expertise will you bring to the Heritage Hills Society as a member of its Board of Directors?

4. To assist the Nominating Committee in its deliberations, please give your principal reasons to serve on the Society Board

5. Please list Society Activities / Committees that interest you and the reasons

6. What are the priorities/goals you believe are important for Heritage Hills Society to consider?

7. Are you aware of any potential conflict of interest that could occur in holding a position on the Board? If yes, please explain

8. Any other comments

Brief Biography

Please provide a brief bio on a separate sheet, limited to one page and not more than 300 words written in the first person. Your bio should reflect your application.

Signature_____

Date_____



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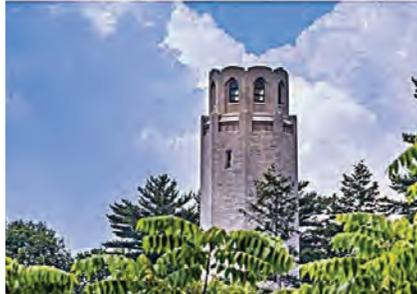


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Submitted by Princess Guerra, Program Director

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RESORTS WORLD CASINO CATSKILLS

Thursday, April 16

\$55 per person, cash or check, **due by April 4**, includes \$25 in free slot play and \$15 food credit. Departs Van Tassell House at 7:45 am and returns at 6 pm. **FIRST 25 SENIORS PAY \$35**.

YANKEES vs. RANGERS AT YANKEE STADIUM

Thursday, May 7

\$70 per person, cash or check, **due by April 17**. Departs Van Tassell House at 11 am after a light breakfast served at 10:30 am, and returns at 5 pm.

HUDSON RIVER RIP VAN WINKLE II CRUISE AND LUNCH AT SHIP TO SHORE BISTRO IN KINGSTON

Thursday, June 18

Rain Date: Thursday, June 25

\$85 per person - **CASH ONLY**. Bus departs from Van Tassell House at 9 am and returns at 4 pm.

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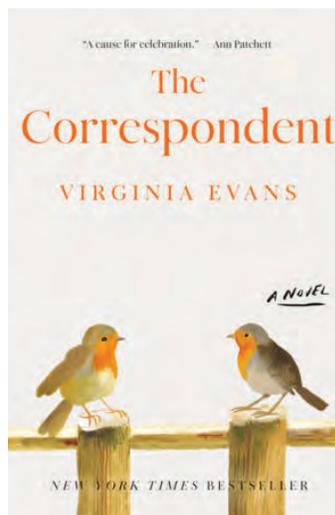
MONDAY

- March 2 Hobby Lobby
- March 9 Walmart
- March 16 Danbury Mall
- March 23 Dollar Tree
- March 30 Five Below

FRIDAY

- March 6 Uncle Guiseppe's
- March 13 ShopRite
- March 20 Trader Joe's
- March 27 Stop & Shop

NOW YOU KNOW!



THE BOOK SHELF

By Dassi Citron

During my teaching career, two of my favorite books to unpack were *The Jolly Postman* and *The Day the Crayons Quit*. Both featured letters full of voice and charm. There is just something about how letters send messages – how they convey personality and point of view – the honesty, the vulnerability.

I picked up *The Correspondent*, by Virginia Evans – a story solely told in letters – out of curiosity,

wondering how an adult letter-based novel would hold my interest. What unfolded was a unique, and satisfying read.

The Preface details Sybil Van Anthwerp's writing habits and ends with "On Monday around ten or half past ten, Sybil Van Antwerp sits down at her desk again. It is the correspondence that is her manner of living."

What follows is a novel that wraps the narrative around Sybil's correspondence over time. You meet her family, experience events that shaped and destroyed. You learn of friendships, of book tastes, of unusual unions. I fell for the voice of Sybil, her elegance and intelligence. with musings about aging throughout.

Sybil is a complex character: a retired lawyer, a divorced mom, a gardener, whose persnickety habits were sometimes irritating.

In a letter to the *Baltimore Sun*, she writes "I have it in mind to cancel my subscription. I know you won't print this, but I hope you read it, and I hope it inspires for you, even for the briefest moment, a measure of self-reflection."

Outrage is a strong motivator for letter writing and Sybil rarely holds back.

Self-reflection for Sybil comes late in life as she ponders the weight of her history. The narrative moves you along, in both a linear and nonlinear manner. My rush to finish felt like a compulsion. How would the pieces ultimately come together?

The Correspondent takes you on this journey through the letters of an interesting human. It goes beyond a simple back and forth of ideas. It is rich, it is creative. For these reasons I recommend this hard to put down novel

(*The Correspondent* is part of the Heritage Hills Library and Westchester County Library collections. For a list of new books at our Heritage Hills Library, see page 9.)

* * *

THOUGHT FOR FOOD

Text and photo by Elizabeth Royston

It might be fun to spend a dreary winter afternoon making something a bit different. Last October, Denise Richards made these delicious pretzels for our culinary dinner. The yeast, the rolling out, and the baking soda dipping sounds a bit complex, but it's worth the doing! And it's fun!



HOMEMADE GERMAN PRETZELS

Ingredients

- 1 1/2 ounce active dry yeast – 4 1/2 teaspoons / 2 packages
- 1 cup lukewarm water – 110 to 115° F.
- 4 cups all-purpose flour
- 2 teaspoons salt
- 1 teaspoon granulated sugar
- 3 tablespoons unsalted butter
- Coarse salt for sprinkling

Soda Bath

- 2 quarts water
- 1/2 cup baking soda

Before You Begin

An authentic German recipe calls for a lye solution, but baking soda is a perfectly acceptable and widely used substitute.

Preparation

1. Dissolve yeast in the lukewarm water. Mix flour and salt together in a large mixing bowl. Form a well in the flour mixture then add the sugar to the center of the well. Pour the yeast/water mixture into the well. Let it rest for 15 minutes before mixing.
2. Add the softened butter to the mixing bowl and knead everything to a smooth dough. I used the dough hook on my KitchenAid for about 6 minutes on speed #2, I did have to add about a tablespoon of additional water as it was not quite gathering all the dry ingredients. Remove the dough hook and let the dough rest for 30 minutes.
3. Cut the dough into twelve equal parts, then roll each piece on the table (don't flour the surface, you shouldn't need it) to about 20 inches, tapered toward the ends. Don't make it smaller than 20 inches as it's impossible to get a good shape with a short, thick rope of dough. The dough should not get too warm as you roll it out, or it might tear.
4. To form the pretzel shape, place dough rope on parchment paper lined cookie sheet so that it creates the shape of the letter "U". Take both ends of the "U" and cross them over each other twice forming a twist. Bring that twist down and place it over the bottom curve of the "U".

5. Place the pretzels without covering them in the fridge for about an hour. This helps build a skin that will absorb the dipping solution better and make a beautiful shiny crust.
6. Preheat the oven to 400 F.
7. Fill a large stock or pasta pot 3/4 full and bring the water to a boil. Carefully and slowly add the baking soda to the boiling water. There will be a reaction when the baking soda hits the water, and it will bubble furiously for a moment and then relax - stand back a bit just to be safe. Using a slotted spoon, gently drop each pretzel into the bath for 10 seconds, then turn over for another 10 seconds. Place them on a baking sheet lined with parchment paper.
8. Score the dough once like for a baguette with a razor blade or sharp knife.
9. Sprinkle with coarse salt. Bake the pretzels for about 15 to 20 minutes, depending on how dark you like them (mine took 20 minutes for a nice dark crust).

* * *

FIT-BITS

By Mary Tedesco

Fitness Center Manager

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SLEEP – Get enough sleep, which helps you clear your brain plaques.

HANDLE STRESS – Reduce cortisol by taking a tai chi or yoga class or meditating.

INTERACT – Be social and put yourself out there enjoying friends and family. This prevents anxiety and loneliness.

EXERCISE – Get enough exercise by walking, running, biking, and lifting weights at least 160+ minutes a week.

LEARN – Engage your brain in challenging activities such as crossword puzzles or a new class on history.

DIET – Choose a nutritious diet, such as the Mediterranean diet or a plant-based diet.

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