



THE OFFICIAL

Heritage Hills Newsletter

JUNE 2026



All adult residents are welcome. Women are encouraged to attend. Doors open at 8:30 am. \$3 admission. Bagels and coffee are available until 9:45 am. Folks mingle and chat until 10 am, when the Pledge of Allegiance is said followed by speakers and discussion until 11 am.

Come join us to meet your neighbors, ask questions, and find out what is happening in Heritage Hills and around Somers. As always, we respect, welcome, and listen to all.

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ENVIRONMENTAL CLUB

By Carrie Sears

NEW YORK STATE ASSEMBLYMAN CHRIS BURDICK

Wednesday, June 10, at 3 pm in Club Rooms 2 - 3

Mr. Burdick will discuss New York State's Environmental Conservation Committee activities.

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WOMEN'S CLUB

Submitted by Phyllis Bradbury

SPRING LUNCHEON

Wednesday, June 10, at 12:30 pm at Four Brothers Restaurant in Mahopac

Spring is here and the Women's Club invites you to our Spring Luncheon. The cost is \$50 for members; \$55 for non-members. Flyers with more information, including the revised menu, are available at the Activities Office. Include your name and phone number with your check and place them in the "Women's Club" mail slot outside of the Activities Office. **Reservations must be received by June 4.**

Any questions or for more information, contact Joan at 914-276-0488 or Rose at 914-276-4204.

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CIAO ITALIA

By Michael Lanotte

SOUNDS OF SINATRA PRESENTS

Friday, June 12, at 7 pm in the Heritage Room
Doors Open at 6:15 pm

Featuring Frank, Dean, and Sammy tribute artists who will perform songs and share stories of the legendary performers.

Members \$30, non-Members \$40. **YOU MUST obtain a flyer**, located outside the Activities Office, which contains all the necessary information. Or you can print a copy from the email notification. Complete the form at the bottom of the flyer. All forms and checks **must be submitted by Friday, June 5.**

250 YEARS USA BBQ CELEBRATION

Saturday, July 12

Flyers will be available in the middle of June.

FUTURE DATES: August 14, September 12, and October 9.



MUSICAL NOTES FROM THE CONCERT SOCIETY



The best classical music value in Westchester and beyond!

By Teddi Meltzer



TERRA STRING QUARTET

Sunday, June 7, at 3 pm
in the Heritage Room

June is a month of celebration. Think weddings, graduations, and, oh yes, the second concert of our 2026 Concert Society season. We look forward to an all-Beethoven program presented by the Terra String Quartet to mark the 200th anniversary of Ludwig van Beethoven's death. The

musical compositions we will hear are two of the Artists' favorites, and we very much look forward to hearing and enjoying them.

Be sure to mosey over to our elegant Wine and Cheese reception following the concert.

If you have any questions, call Raina Lefkowitz at 914-262-4407.

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CONTINUING EDUCATION

By Karen Baker

The following events will take place in the Heritage Room. Admission is \$10 per event, paid at the door. If you have any questions, call Ann at 914-617-9434.

HAPPY 250th BIRTHDAY AMERICA!

A musical performance by acclaimed jazz pianist, composer and arranger Ron Drotos, accompanied by talented vocalist Christi Bye, who sings everything from jazz to pop, country, and folk music.

Tuesday, June 9, at 1:30 pm

Ron Drotos returns to Heritage Hills for a fun and lively hour-long celebration of American history and culture through music to help commemorate our country's 250th birthday! Musical selections include songs by Paul Simon, Lin-Manuel Miranda, and Richard Rodgers, as well as a few surprises along the way!

EVERYTHING YOU WANTED TO KNOW ABOUT CONTEMPORARY ART BUT WERE AFRAID TO ASK
A lecture by David Little, former Executive Director of the International Center of Photography and Director of Adult & Academic Programs at the Museum of Modern Art

Tuesday, June 16, at 1:30 pm

Have you ever stood in front of artwork in a museum and thought,

"Why is that in a museum dedicated to fine art?" You're not alone! Join Dr. Little for a lively, no-nonsense conversation about contemporary art that answers the questions you never dared to say out loud ("Why is an 18-karat gold toilet considered art? What makes a painting of soup cans worth millions?"). We'll discover what contemporary art actually means - and when "modern art" became "contemporary art" in the late 1950s. By the end of this talk you'll have a greater understanding of the ideas, movements, and cultural shifts that define contemporary art and the critical tools to better understand what you see in museums.

DEMOCRATIZING POST-NAZI GERMANY
A lecture by Christian Bailey, PhD, Author and Associate Professor of History, SUNY Purchase

Tuesday, June 30th at 1:30 pm

In Professor Bailey's classes, students examine Europe from a global viewpoint and consider compelling new historical interpretations. This talk retraces Germany's remarkable rise after the collapse of the Nazi regime. The wreckage of World War I and the punitive Versailles Treaty hobbled the fledgling Weimar Republic. But the prospects for a German republic were even worse after 1945. Germany was split into two and each half belonged to rival Cold War blocs. So how did postwar West Germany, and to a certain extent East Germany too, end up being such relatively stable, peaceful, and prosperous societies? This was no simple process; there were four occupying powers in 1945, and each had different ideas about how to denazify and democratize what had been an industrial and political giant. Professor Bailey explores how the new German republics were constructed and how Germans truly learned from their deeply troubled past.

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Text by Aimee Feerst, art by Joel Feerst

WONDER OF WONDERS

Saturday June 13 at 7:30 (note time)
 in the Heritage Room

Ali West and Howard Kilick are returning to entertain us with theater hits by Block and Harnick featuring *Fiddler on the Roof* and others.

Cabaret seating. Admission \$15. Light refreshments.

Watch your email for a flyer to be returned **no later than June 10.**



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NEIL DIAMOND TRIBUTE

Saturday, July 25, at 7 pm in the Heritage Room

Did you know that *You Don't Bring Me Flowers Anymore* and *I'm a believer* were among the many hits written by Neil Diamond?

Join us for another entertaining evening when we travel down memory lane, as Devon Cass - singer and impersonator - takes the stage to entertain us with the music of Neil Diamond. Devon has been showcased on *Entertainment Tonight* and

Access Hollywood, and in *Extra* magazine. You will be mesmerized as he transforms into the popular entertainer.

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COMPOSING BETTER PICTURES

By Sue Meola

Friday, June 12, at 2 pm
 in the Activities Center Club Room 2

Scott Dengrove, a former adjunct professor of photography at Westchester Community College and lecturer at the School of Arts in New York City, will provide pointers on composing better photos.

Open to all. Non-members pay \$5 at the door.

For more information, contact Bill Ablondi at ablondi@marketmaps.net / 203-984-2955.

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SINGLES CLUB

By Diane Purr

Leave checks for the following events in our slot at the Activities Center. If you have any questions, call Pat Caruso at 914-649-3232

FUN AND GAMES

Thursday, June 18, at 6:30 pm in the Heritage Room

Snacks, munchies and friendly competition. Bring your own games, such as Mahjong, Rummikub, etc. \$10 for members / \$10 for non-members. RSVP **no later than June 13.**

BBQ

Wednesday, July 15, at 6 pm in Lake Lodge

Come celebrate America's Semi-quintcentennial (250th) Anniversary with a special BBQ catered by Ledley. BYOB. \$40 for members / \$50 for non-members. RSVP **no later than July 8.**

Independent and Foreign Film Club



By Steve Klepner

THE PENGUIN LESSONS

(United Kingdom. 72 Minutes, 2024)

Sunday, June 14, at 6:30 pm in the Heritage Room

Inspired by the true story of a disillusioned Brit who went to work in a school in Argentina in 1976, where he encounters unteachable students. Rescuing an oil-slicked penguin, his life is turned upside down.

A discussion will follow the screening led by Nancy Israel, a resident and former film instructor at the Jacob Burns Film Center.

Subscription is \$25, which covers 11 monthly films. If you have any questions, contact Steve Klepner at 845-297-7066 / spk010@yahoo.com.

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COMMUNITY THEATRE

By Muriel Millstein Weiss

LONDON SUITE, by Neil Simon

Friday and Saturday, June 26 and 27 at 7:30 pm

Sunday, June 28, at 3 pm in the Heritage Room

Don't miss out on this four-in-one production directed by Scott Harris.

Reservations are moving at a fast clip, but seating is still available. \$25 per person for theatre members, \$30 per person for non-members. Place checks payable to "HH Community Theatre" in the Community Theatre mail slot just outside the Activities Office, or mail them to us at 8 Heritage Hills, Somers, New York 10589. Remember to include the number of reservations, performance dates, and your phone number or email address.

For questions, contact Helen at 917-554-4417 or Antonia at 410-591-8487.

See you at the theatre!

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HEALTH & SAFETY COMMITTEE

By Rosemary Glassman, RN

LOW DOSE RADIOTHERAPY FOR OSTEOARTHRITIS

Wednesday, July 1, at 1:30 pm in the Heritage Room

Osteoarthritis, the most common form of arthritis (also known as "degenerative arthritis"), causes stiff and painful joints, often the knees, hips or hands.

Dr. Mikucki, a Radiologist from Nuance Health/Northwell, will offer a presentation on Radiotherapy, a simple, non-invasive treatment that can significantly lessen pain and improve joint functions. This treatment is used in patients who have not found sufficient or lasting

relief from other conservative treatments, such as physical therapy, NSAIDS, or steroid injections. It may also avoid the need for surgery by breaking the cycle of inflammation and joint degeneration.

Radiotherapy uses targeted low dose x-rays to trigger the anti-inflammatory response, producing the healing mechanism that relieves pain, stiffness, and swelling. These treatments are performed locally at Putnam Hospital, Danbury and Vasser Brothers Hospital, and nationwide at The Cleveland Clinic, and Penn Medicine.

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BETTER COMMUNICATIONS = BETTER RELATIONSHIPS

By Randy Freeman

COMMUNICATING WITH DIFFICULT PEOPLE

Thursday July 9, at 1:30 in Lake Lodge's Room 3

At this Group's meeting, Randy Freeman, BSN, MSW, a retired Psychotherapist, will lead this discussion about communicating with difficult people. We all have difficult people in our lives or people who we feel are a challenge to engage with. This discussion will focus on how to engage with those people productively, and how to set boundaries and limits for yourself.

If you have any questions and to RSVP, text 973-449-3948 or email randyfreeman71@hotmail.com.

Future discussions will include: Communicating with Adult Children, Communicating with Family about Politics. Suggestions are welcome.

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FRIENDS IN THE HILLS

By Mary Ann Walrath

DESERT HIGHWAY (EAGLES TRIBUTE BAND)

Friday, July 24, at 7:30 pm in the Heritage Room

Doors open 7 PM

This band has been captivating and entertaining major audiences around the country. Their performances are a nonstop journey through numerous Top 10 singles of The Eagles, including *Hotel California*, *Life In The Fastlane*, and *Peaceful Easy Feeling*, just to name a few. Don't miss this terrific group of talented entertainers.

We'll have snacks and 50/50.

MEMBERS ONLY \$25 per person. Place checks payable to "Friends In The Hills" with the form available in the Activities Office in our mail slot there. If you have any questions, contact Debbie at 914-924-3003 or Mary Ann at 914-318-1227.

SAVE THE DATES: August 1 and September 19.

**WHEN WALKING ON OUR ROADS, ALWAYS WALK
FACING TRAFFIC, SINGLE FILE, HUG THE CURB,
AND WEAR BRIGHT CLOTHING**



SOCIETY BOARD NEWS

WELCOME NEW OWNERS

*By Anna Milani
Society Office Administrator*

During the month of April, ownership changed for 10 units.

If you're a newcomer, you should have received a *New Resident* folder when obtaining your photo ID in the Activities Office. The folders are also available in the Society Office, open Monday through Friday from 9 am to 1 pm.

**SUMMARY OF PORTIONS OF THE APRIL 21
BOARD OF DIRECTORS MEETING**

Compiled by Susan Statkowski-Rivalsi

This is a summary of some portions of the meeting. Videos of these meetings in their entirety are posted on the Society Board website the day after the meeting occurs, *hhsociety.org*. The minutes are also available on the website.

Board members in attendance: Gloria Anderson, Gene Archer, Denise Elliot, Ann Harper, Dorinda Haskel, Joe Kelly, Jack Mattes, Patricia Ploss, Deica Ruiz, Davis Stowell, Alan Tepper, and Bren Zimmerman

Absent: Ralph Fatigate, and Jay Wright

Also attending: John Milligan, Heritage Management Services; and Rob Casasanta, Prosegur Security

**MOTION RE NEW PURCHASER CONTRIBUTION -
GENE ARCHER, PRESIDENT**

A motion for Board members to raise the New Purchaser Contribution from \$1,500 to \$2,000 effective July 1, 2026, was approved.

FINANCE & BUDGET, COMMITTEE - JACK MATTES, CHAIR

Treasurer's Report

March Financial Report:

Income.....	\$ 554,679.21
Expenses.....	(430,853.57)
Net Income.....	\$ 123,825.64

DISCUSSION TOPICS - GLORIA ANDERSON, FIRST VICE PRESIDENT

Resident Directory: If you haven't received it, contact your Condo president.

FITNESS CENTER COMMITTEE - JOE KELLY, CHAIR

March Usage:

- Exercise room: 3,839 swipes by 556 residents
- Gymnasium: 974 swipes by 175 residents

- **Deep Cleaning:** Was done on March 11.
- **Free Fitness Consultations:** Certified Personal Trainers Mary and Sam did 22 of these in March.

MEADOWLARK PARK COMMITTEE - PAT PLOSS, CHAIR

- **Projects:** We're doing trail work and moving ahead on the Gazebo plans.
- **Gift Tree:** We have been offered a red oak by Leslie Fulton who received it as a gift, has no place for it, and would like it placed in the park.

LANDSCAPE COMMITTEE - PAT PLOSS, CHAIR

- **Flower Plantings:** We're looking into a red, white, and blue theme celebrating America's 250th Birthday this year.
- **Lake Lodge:** We plan to freshen things up around the patio.

ELECTION COMMITTEE - DORINDA HASKEL, CHAIR

[See page 3.]

COMMUNITY INFORMATION - JACK MATTES, CHAIR.

[See page ## and the Property Manager Report, below.]

HEALTH & SAFETY COMMITTEE - ROSEMARY GLASSMAN, CHAIR

We're pleased to welcome our newest member Jeri Bennet, a former oncology nurse with a very impressive resume. She has joined Nurse Ellie providing blood pressure screenings on the second Friday of every month [see page 15].

PROPERTY MANAGER REPORT - JOHN MILLIGAN

- **Bocci:** A new awning will be installed.
- **Pools:** Memorial Day weekend is early this year, and although all equipment has been taken care of at Pool 3, we'll hopefully go through a series of inspections in time.
- **Fitness Center:** Will be closed on the day the new equipment is installed.
- **Activities Patio Sun Room Project:** Work should begin in the next month.
- **Road Work:** 1,800 feet of curb damaged by plows is being replaced.
- **Route 202 Culvert Replacement:**
 - We've had two meetings with the Town. Both the Town and State Department of Transportation (DOT) are aware of our concerns related to this project - the traffic in and out of here and the obvious detours through here since we're right next to the project. We hope to have some positive answers from the DOT to our questions and concerns at the next meeting - such as some additional signage, as we don't want trucks detouring through here.
 - The good news is the Somers Highway Superintendent has committed to some type of traffic control device at the Lovell Street intersection - either a temporary light or some STOP signs there, making it safer to enter and exit.
 - Since the Town will essentially be cut in half by virtue of this project, the Fire Department is going to relocate a lot of its equipment, so that this project will not impact response times here.

continued on page 8

- We'll document current conditions in case there's damage to our infrastructure.

[See, also, page 3.]

- **Utility Boxes.** The Town has been able to get Comcast to commit to replacing/repairing a number of utility boxes starting on the East Hill.
- **Playground Equipment.** A company called Playground Medic inspected the area and provided a 30-page report with recommendations, which we're addressing.

SUMMARY OF PORTIONS OF THE MAY 19 BOARD OF DIRECTORS MEETING

Compiled by Susan Statkowski-Rivalsi

This is a summary of some portions of the meeting. Videos of these meetings in their entirety are posted on the Society Board website the day after the meeting occurs, *hhsociety.org*. The minutes of this meeting will be published after they are approved at the June 30 meeting.

Board members in attendance: Gloria Anderson, Gene Archer, Denise Elliot, Ralph Fatigate, Ann Harper, Dorinda Haskell, Jack Mattes, Patricia Ploss, Jay Wright, and Bren Zimmerman

Absent: Joe Kelly, Deica Ruiz, Davis Stowell, and Alan Tepper

Also attending: John Milligan, Heritage Management Services; and Rob Casasanta, Prosegur Security

POOL MATTERS - GENE ARCHER, ON BEHALF OF ALAN TEPPER, CHAIR

[See Pool Schedule on page 9 and Pool Rules on page 13.]

FINANCE & BUDGET COMMITTEE - JACK MATTES, CHAIR

Treasurer's Report

- **April Financial Report:**

Income.....	\$ 565,780.73
Expenses.....	(585,411.22)
Net Loss.....	\$ (19,639.49)

The loss was not unexpected, given the added expenses due to this winter's weather.

ACTIVITIES COMMITTEE - ANN HARPER, CHAIR

- **River Flow Water Yoga**, taught by Patricia Fisher, is a new class that will take place twice a week in our pools at \$10 per session.

FITNESS CENTER COMMITTEE - BREN ZIMMERMAN ON BEHALF OF JOE KELLY, CHAIR

- **April Usage:**
 - Exercise room: 3,565 swipes by 534 residents
 - Gymnasium: 649 swipes by 145 residents
- **New Equipment:** Two treadmills, one hip thrust machine, and one StairMaster were installed on April 29.
- **Free Fitness Consultations:** Certified Personal Trainers Mary and Sam did 23 of these in April.

MEADOWLARK PARK COMMITTEE - PAT PLOSS, CHAIR

- **Gazebo:** John Milligan is meeting the Town regarding construction of our natural wood 14-foot gazebo, much like the one at Lake Lodge. We plan to eventually connect two trails near it.
- **Garden Club Event:** On Sunday, July 12, from 9:30 to 11 am, there will be tours of the pollinator gardens, an art activity, and a scavenger hunt; and the Club's Hospitality Committee will provide refreshments. In the event of rain, it will take place the following Sunday, July 19,

LANDSCAPE COMMITTEE - PAT PLOSS, CHAIR

- **Hanging Baskets and Flower Plantings:** Have been installed, with a red, white, and blue theme at the Activities Center flag pole and at the 3-way STOP.
- **Weeping Cypress in the Median by Prime Pub.:** Has been removed due to it being in poor condition. We're researching what would be an appropriate replacement.

ELECTION COMMITTEE - DORINDA HASKEL, CHAIR

[See page 3.]

SPECIAL EVENTS COMMITTEE - DORINDA HASKEL, CHAIR

Welcome to Heritage Hills Event: Will take place at the end of October.

COMMUNITY INFORMATION - JACK MATTES, CHAIR.

[See page 3 and the Property Manager Report on page 7.]

LIBRARY COMMITTEE - GLORIA ANDERSON ON BEHALF OF DEICA RUIZ, CHAIR

Book Buzz Group: [See page 11]

SECURITY COMMITTEE - RALPH FATIGATE, CHAIR

This week is National EMS Week, during which all EMS workers are recognized for all the work that they do. We are very fortunate that all Security staff here are EMTs. I personally experienced that a few weeks ago, and I can tell you, without reservation, that these are the finest men and women that I've ever dealt with - *and I was a police commissioner!* I thank Rob and his staff for all that they do.

PROPERTY MANAGER REPORT - JOHN MILLIGAN

- **Pools**
 - **Pool 1's new gates** are fully motorized *touch-free* gates, which **cannot be operated manually**. They require the use of your ID card to enter the area. To leave, step on the mat that indicates "STEP HERE." If you leave the area to use the bathroom in the Fitness Center, you must bring your card with you.
 - **Sign in** with the lifeguard **is required at all pools**, including at Pool 1.
 - **AEDs** (Automatic External Defibrillators) are now available at all pools, in accordance with the Westchester County Department of Health requirements. Rob Casasanta will train Lifeguards regarding use of our specific AEDs.
 - **Pool 2:** When the cover was removed, it was half empty. We have to replace a valve 3 feet below the surface. We hope to have

completed the work by Father’s Day weekend.

- **Pool 3:** Both Town inspections of the recent works have been completed and we’re awaiting the Certificate of Compliance. We’re awaiting the County Department of Health inspection. We hope to have it open for Father’s Day weekend.
- **Tick Spraying:** Monthly, we spray the playground area, and areas around Park Place, the parking lot, the paths, and the horseshoe pits, using an all-natural (cedar oil) product that doesn’t harm people, pets, bees, or butterflies, and is very effective on ticks and ants.
- **Activities Center Deck Project:** Construction will start soon and be under way most if not all summer.
- **Pickleball, Tennis, and Bocce:**
 - All courts are being power-washed.
 - New awnings were installed where needed.
- **Security Cameras:** Will soon need to be replaced, so Rob Casasant is looking into that.
- **Utility Boxes:** Thanks to the Town’s efforts, Comcast has been co-operative, replacing or repairing theirs where needed. Most of the others belong to Verizon, which has not been as cooperative.
- **New West Hill Drive Exit Signs:** Have been installed to guide folks to Lovell Street and from Condo 19 to Warren Street.



SECURITY

By Rob Casasanta, Prosecur Security

APRIL SECURITY CALL REPORT

During the month of APRIL, our Security staff received and responded to a total of 251 calls including the following matters:

Service	94	(34 lift assists, 15 welfare checks, 6 persons locked out, 12 battery changes, and 26 others)
Medical.....	67	
Security	53	
Open Garage Doors	15	
Police	9	(5 Somers, 4 State)
Fire Calls	5	(2 automatic fire alarms, 1 smoke/CO alarms, 2 other)
Maintenance.....	1	

If you have any Security questions or concerns, feel free to reach out to me directly either by phone at 914-276-2592 or by email at Roberto.Casasanta@prosecur.com.

2026 POOL SCHEDULE

May 23 to June 19

Pool 1: All days - Lap Swimming Only from 8 to 10 am

Pools 1 and 4: All days, from 10 am to 7 pm

Pool 5: Weekends and Holidays only, from 10 am to 7 pm

Toys are not allowed at Pool 5

Pools 2 and 3: Closed

June 20 to September 7*

Pool 1: All days, Lap Swimming Only from 8 to 10 am

All Pools: All days, from 10 am to 8 pm*

* Beginning sometime in mid-August, all pools will close at 7 pm, as it will be too dark to remain open later.



COUNCIL OF CONDOS

By Terry Clifford

The April meeting was attended by Presidents and Representatives of the following Condos: 1, 2, 6, 8, 11, 12, 14, 15, 16, 17, 19, 23, 24, 25, and 29.

Guest Speaker, David Chesky, Executive Vice President of the Falcon Group, updated us on the use of Reserve Studies and Reserve Funds:

Reserve Studies are intended to plan for expected Capital Expenditures.

1. It is a tool to create road maps to see if a Condo is on track to meet those expenses.
2. It looks at the life cycle of capital expenditures such as roofs and paving to determine how much longer they have until replacement and the possible cost of the project.
3. Reserve Funds are set aside to pay for those Capital Expenditures to avoid excessive assessments.
4. The Falcon Group is in the process of developing a software program for clients to use via their company portal. This tool will allow Condos to keep track of details, add photos, and update the life cycle information.

David also mentioned that beginning January 2027 Fannie Mae and Freddie Mac, a federal agency, which approves mortgages, requires that a Reserve Study following National Reserve Study Standards must be incorporated within every Condo, Home Owners Association, and Cooperative for them to approve a mortgage. It is suggested that all Heritage Hills Condos request a Reserve Study before the end of the year. The price of a Reserve Study will increase as the New Year arrives, and Engineering Firms get busy.

David was asked about Seal Coating after a paving project. He noted that seal coating should be applied to asphalt **three to five years after paving is completed.** It reduces cracks, protects the surface from UV fading, keeps water out, and reduces the cost of resurfacing. **Any cracks should be sealed annually.**

continued on page 10

David thanked the Council for allowing him to speak about reserves and offered each Condo Board a free Zoom call if they wanted to learn more specifics regarding their own Condo. His contact information is: David Chesky, P.R.A., R.S., Executive Vice President, Civil Engineering Division, The Falcon Group, 800-839-7740, thefalcongroup.us.

We encourage all Boards join the Hudson Valley Community Association Institute (CAI) to keep up with legislation and get expert advice from construction, engineering, insurance, and legal experts. These advisors offer advice on best practices. Events happen on Zoom or in-person events, and are free to Board members. Members also receive a quarterly informative CAI Magazine.

Condo Boards have Committee Chairs for various tasks, such as maintenance, payables, landscape and buildings, variances, hospitality, newsletters, cluster captains, new unit owner orientations, and grounds (snow removal, grass cutting, fall cleanup).

The Council of Condos invites Condo Presidents and/or a representative from all thirty Condo boards to attend Council Meetings at the Activities Center at 7 pm on the third Wednesday of each month.

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ABOUT 2025 UNIT SALES

By Susan Statkowski-Rivalsi

In 2025, ownership changed for 143 units here - 11 more than 2024. Here's the actual count, by month:

January.....8	May11	September.....13
February.....6	June13	October.....10
March11	July23	November15
April.....11	August12	December10

THE NEWSLETTER WELCOMES ARTICLES AND PHOTOS FROM HERITAGE HILLS RESIDENTS

OUR DEADLINE IS THE 6TH OF THE MONTH.

Authors' names will be indicated. We cannot guarantee that every item will be used, and all submissions are subject to being edited for format, length, acceptability of language, and suitability of content. Submissions should be in email attachment format (preferably Word) or by hand or mail to the Heritage Hills Activities Office or Society Office at 8 Heritage Hills, Somers, NY 10589.



EMAIL ADDRESS: HHillsNewsletter@gmail.com

When Submitting Photos:

If using your phone instead of a camera, please use the highest resolution. Unless it's a scenic vista, concentrate on faces. Most photographs are taken from too far away, and if the image is cropped, the faces will be blurred. Get closer.

Please do not incorporate art or a photo in a Word file. Attach it and Word files to emails as separate items.

We cannot use anything taken from the internet without authorization from the source.

ANNUAL RESIDENT ART SHOW

By Carol Kelly



Art Show: Saturday and Sunday, September 26 & 27, from 10 am to 4 pm

Application Deadline: Friday, August 28

The Annual Art Show is approaching! We encourage artist residents of all ages to share their talent in ceramics, drawing, digital art, fiber, flower arranging, jewelry, mixed media, needlecraft, painting, photography, printmaking, sculpture, silk painting, weaving, and woodcraft.

Applications and Guidelines

Will be in the activities office. Return your application to the activities office **no later than Friday, August 28.**

Volunteers Needed

If you would like to volunteer, we always need extra help installing art work Friday, September 25, and helping during the show. If interested, email Carol Kelly at ckelly0615@gmail.com.

If there are any questions, contact the Activities Office by email at activities@hhSociety.org or call 914-276-2636.

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CIAO ITALIA SCHOLARSHIP AWARDS

By Michael Lanotte



On behalf of the Ciao Italia Board members Ginny Limitone, Vince Lorenzo, Joe Manna, Christine Tegmier, Pat Sestito, Mike Boemio, Eric Scorzelli, and myself, we want to express our deepest gratitude to everyone who participated in our

Ciao Italia events in 2025 and generously contributed to our 50-50 scholarship fund.

We are thrilled to announce that we will be awarding four scholarships this year, each valued at \$500. We received a total of 11 applications this year.

Thank you once again for your support of Ciao Italia.

Library

"BOOK BUZZ" EVENTS

Do you enjoy talking to others about the books you have read? Or do you like to get suggestions from fellow readers about books they have enjoyed? Heritage Hills Library is excited to kick off a new program where you can do just that. "Book Buzz" will meet on the third Monday afternoon of the month starting on June 17 from 3 to 4 pm to talk about books we have read or to discover new authors and to meet fellow readers. This will be a casual gathering in the Library so come along and join the fun!



BOOK REVIEW

For a review of *Theo of Golden* by Allen Levi, see page ##.

NEW ADDITIONS TO OUR COLLECTION IN JUNE

To reserve any of the books listed below, stop by or call the Library at 914-276-7655.

Fiction

- Haig, Matt. *The Midnight Train*
- McInerney, Jay *See You on the Other Side*
- Roberts, Nora *The Final Target*
- Stockett, Kathryn *The Calamity Club*
- Strout, Elizabeth *The Things We Never Say*
- Stuart, Douglas *John of John*
- Weir, Alison *The Boleyn Secret*

Mystery

- Carr, Jack, and
Woodward, M. P. *The Fourth Option*
- Connelly, Michael *Ironwood*
- McFadden, Freida *The Divorce*
- Mosley, Walter *Ghalen: A Romance in Black*
- Patterson, James *26 Beauties: A Woman's
Murder Club Thriller*
- Penny, Louise, and
Fung, Mellissa *The Last Mandarin*

Non-Fiction

- Hoffman, Alice *The Best Dog in the World:
Essays on Love*
- Tyson, Neil deGrasse *Take Me to Your Leader*

MAMMA ROSA

RISTORANTE
ITALIAN CONTINENTAL CUISINE

Restaurant Week is
ALL YEAR ROUND
at Mamma Rosa!

3-Course Lunch Special \$32.95

3-Course Dinner Special \$42.95

BRING THIS AD & RECEIVE
15% OFF FOR YOUR
NEXT VISIT!

Up to Six People. Not to be combined
with any other offer. Not valid Friday, Saturday,
and Holidays. Offer Expires 6/30/26

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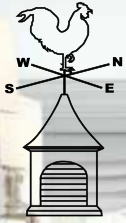
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Heritage Hills Pool Committee

Swimming Pool Rules

Pool Committee Email address - hhpoolcommittee@gmail.com

We encourage residents to send recommendations to the pool committee email address (above). We will discuss your recommendations at the next Pool Committee meeting.

Any emergencies should be reported directly to HH Security.

ALL POOLS ARE UNDER 24 HOUR VIDEO SURVEILLANCE

Lifeguards have ABSOLUTE AUTHORITY at all times for the safety and enjoyment of all residents. Violation of Pool Rules may result in loss of privileges.

Admittance:

- No admittance without a lifeguard on duty and a valid Society Photo ID card with a 2026 sticker. Resident's w/ Junior IDs must have their valid 2026 IDs to enter.
- 5 guests PER UNIT, PER DAY. A resident must remain with their guests at all times. Residents with Junior ID's can NOT bring guests.
- Children not toilet trained must wear a waterproof diaper.

Courtesy:

- Carry In/Carry Out Food and beverage policy: Food and beverages must be in plastic containers. ALL GARBAGE MUST BE TAKEN WITH YOU AT THE END OF YOUR VISIT.
- Beverages must be in resealable non-breakable containers. NO ALCOHOL. NO GLASS. No smoking or vaping.
- Lap lanes are for lap swimming only. **You must sign up with the Lifeguard to use the lap lane.** Up to 2 lap swimmers in the same lane at a time. 30-min limit is imposed if others are waiting. Kickboards are permitted in lap lanes only. No pool noodles in the lap lanes.
- Audio and cell phone devices must be used with headphones.
- Abusive or rowdy behavior will not be tolerated.
- Chairs, lounges & umbrellas may not be reserved/held. Towels will be removed and delivered to the life guard table for retrieval.

Safety:

- Only approved toys are permitted in pools 1 and 3. Noodles are allowed in all pools.
- NO DIVING/NO JUMPING. No hanging on the ropes.
- The stairs and the Safety Zone between the pool and the white line must remain clear of all items (including shoes) at all times.
- At the first occurrence of thunder or lightning, everyone must vacate the entire gated pool area. Pools reopen 30 minutes after the last sign of thunder/lightning at Lifeguards authorization/discretion.

Mandated NYS Sanitary Codes:

- Shoulder length or longer hair must be tied back or in a bathing cap.
- Shower before entering the pool.
- Persons with communicable diseases, open sores/bandages are prohibited from using the pool.

**NO SMOKING NO GLASS NO PETS NO DIVING NO JUMPING
OR VAPING**



cell: **914-714-0090**

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Word on the Street



"Hope was great to work with. From our first conversation, she had a clear plan on the best way to market my Heritage Hills condo. She moved quickly to get pics and get the process moving, and within 48 hours of listing we accepted an offer that was more than the listing price, exactly as she expected. She handled all of the little things along the way and had contacts to facilitate everything that came up. If you are buying or selling in Heritage Hills in Somers NY I strongly recommend Hope Mazzola!" **JP-B, Heritage Hills**

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**GENERAL CLUB/CLASS INFORMATION AND
REGULARLY OCCURRING ACTIVITIES**

A complete list of Society-approved Activities/Classes/
Clubs is available online at hhsociety.org/activities

Produced by the Activities Office

Phone: 914-276-2636. Email: activities@hhsociety.org

ARTS & CRAFTS

I LOVE ART CLASS: After School Art in Heritage Hills for children grades K to 6. Hosted by Miss Judika, M.S. To register, call Judika at 914-438-6750.

LEARN TO BEAD WITH ALLISON: Mondays at 11 am in the Activities Center's Studio B. Each class is \$25 including materials fee. You go home with a piece of jewelry that you made for yourself or for a special someone. Come and join the fun. To enroll or for more information, contact Allison Rubin at 914- 629-3655 or ahrubin521@yahoo.com.

CRAFTERS IN THE HILLS: Wednesdays in the Activities Center's Lower Level Studio B from 10 am to noon / first week of the month from 6 to 8 pm. No fee to join; some sessions are free (you supply materials) and other sessions have a fee based on materials. Email to join and for more information: craftclubhh@gmail.com.

NEEDLECRAFT GROUP: Charitable group that meets Wednesdays at 12:30 pm in the Activities Center's Game Room. All skill levels are welcome. \$20 annual dues. For questions or to register, call Linda at 914-277-2776.

PAINT & SIP WITH JUDIKA: Create a different painting in each class once a month. Step-by-step instructions are given, and everyone leaves with a masterpiece! \$40 per class includes all supplies. Bring your creative spirit! To register, call Judika at 914-438-6750.

PHOTO CLUB: Second Friday of each month at 2 pm in Activities Center's Club Room 2. All are welcome regardless of photography experience. Meetings will include speakers, field trips to various photo shows, photo shoots, and contests. For more information, contact Bill Ablondi at 203-984-2955 or ablondi@marketmaps.net.

SILK FABRIC PAINTING CLASS: Fee \$135. Must sign up for a full four-week session at the Activities Center. Space is limited. For more information, contact Evey at 914-276-0737 or email her at eveymusart@comcast.net.

SKETCH WORKSHOP: Wednesdays from 9:30 to 11:30 am in the Activities Center's Studio A. Portraits, figures, still lifes. Bring your choice of paper, pens, pencils, watercolors, pastels, etc. Models are welcome to pose for 20 minutes (clothed!). No fee, no teacher, but guidance available.

WOODCRAFT CLUB: The shop on the Activities Center's Lower Level is available Monday thru Saturday from 9 am to 4 pm. For information and to register, contact Club President Ed at 914-276-0671 or 914-552-2303.

BETTER COMMUNICATION = BETTER RELATIONSHIPS GROUP: Last Thursday of the month at 1:30 pm in Lake Lodge's Room 3. Resident Randy Freeman, BSN, MSW, a retired couples therapist, introduces methods of communicating – sometimes about challenging topics, across generations, etc. – occasionally with guest speakers. See the COMING EVENTS section of the *Newsletter* and watch for email blasts. For more information, contact Randy at 973-449-3948 or randyfreeman71@hotmail.com.

BOOK CLUBS

CONTEMPORARY FICTION BOOK CLUB: First Tuesday of the month from 2:30 to 4 pm in the Activities Centers's Game Room. New members are welcome. For more information contact myrahopper@gmail.com or 520-390-5523.

HERITAGE HILLS LIBRARY BOOK GROUP: First Monday and first Thursday of the month at 3:30 pm in the Activities Center's Game Room. For further details, contact Sheelagh Kaplan at Sheelaghk1@aol.com.

CONCERT SOCIETY: We present four classical concerts, featuring the best and brightest of classical music's Rising Stars, in May, June, September, and October on Sundays at 3 pm in the Heritage Room. Annual subscriptions are \$90 per person or pay \$26 per person per concert at the door. Subscription Forms are available at the Activities Center. If you have any questions, call Raina Lefkowitz at 914-262-4407.

CONTINUING EDUCATION: Our mission is to educate and entertain with monthly presentations by experts in the fields of art, literature, music, theater, history, and politics on specified Tuesdays at 1:30 pm in the Heritage Room. For more information, see the COMING EVENTS section of this *Newsletter* or call Ann at 914-617-9434.

CULINARY CLUB: Meets once a month to prepare, share, and enjoy dishes from many cuisines. We hope to increase our expertise and, in the process, enjoy each other's company. Our membership is limited by our facilities and is full at this time. However, there is a waiting list, and if you would like to add your name, contact Barbara Gangemi at 914-617-9037.

DANCE

FRIDAY NIGHT SOCIAL DANCE: First Friday of every month from 7 to 10 pm in the Heritage Room. \$10 per person includes coffee and cake. BYOB and snacks. For more information, call Angela Viscogliosi at 914-393-8736.

ENVIRONMENTAL CLUB: Second and fourth Wednesday of the month from 3 to 4:30 pm in the Activities Center's Club Rooms 2 – 3. This Club's primary objective is to foster a culture of environmental responsibility within Heritage Hills. All are welcome, including teens. Watch for announcements and postings about special events and field trips. No fee. For more information contact Carrie Sears at carolynsears@me.com or 914-522-3111.

EXERCISE CLASSES

TAI CHI AND CHI GONG WITH MASTER ELLEN: Mondays from 1 to 2:15 pm in the Gym. \$70 per month. First class free. All levels welcome. Wear loose fitting, comfortable clothing. Contact heritagehillstaichi@gmail.com.

LINDA'S LAKE LODGE CLASSES: Body Conditioning: Tuesdays and Thursdays at 8:30 am. Rock & Roll Workout: Tuesdays at 9:30 am. Yoga Pilates: Thursdays at 9:30 am. Sports Conditioning: Sundays at 9 am. All Classes take place in Lake Lodge's Upper Level and are \$10 per class. Register at the start of the month for the classes you plan to attend. Contact Linda Zeiss instructor at Labzeiss@gmail.com or 718-541-0861.

CARDIO/STRENGTH/STRETCH CLASS WITH LORI: Tuesdays and Thursdays from 9:30 to 10:30 am in the Gym. Join me for a fun, safe, effective workout. Low impact cardio, resistance training, balance, stretch, and breath work – all set to great music! Appropriate for all levels. Resistance bands and weights available. No mats needed. Class is periodically full, so

joining is up to the discretion of the instructor due to class size. Fee: \$10 per class. Try the first class for free! Email Lori at eefyjig@gmail.com.

POSTURE AND BALANCE CLASS WITH KILLEEN: Tuesdays 11 to 11:45 am at the Lake Lodge Yoga Room. \$15 per class. This class is for anyone who has concerns about falling and how to reduce the risk of injury. The exercises that you will learn will help build your strength with proper posture and body alignment. And you will look and feel 10 years younger! Contact killeenrhodes2014@gmail.com.

BALANCE AND AGILITY FOR ACTIVE SENIORS: Wednesdays at 10:30 am on Lake Lodge's Upper Level. Navigate obstacles; strengthen balance; move better for walks, hikes, or pickleball. Learn from a master teacher with years of experience, Elena Remais. \$80 for 4 weeks, \$25 for drop-in. Elenathetrainer@yahoo.com and 917-848-3174.

LINE DANCING WITH THERESA: Wednesdays at 11 am in the Gym. Easy to learn and easy to follow line dances to all music genres taught in workshop format. Fee: \$10 per class. Email Theresa at zumbawithme@aol.com.

ENERGY HEALING FOR SELF, FAMILY, FRIENDS, AND PETS WITH MELANIE GAMBINO: First Wednesday of the month at 7 pm in Lake Lodge's Room 3. \$20 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914-588-2450 or melaniegambino1@gmail.com.

CONTINUUM/FLUID FORM MOVEMENT, MINDFULNESS, AND MEDITATION WITH MELANIE GAMBINO: Fridays at 9 am in Lake Lodge's Room 3. \$15 per class. Preregistration required. For more information and to reserve your place, call, text, or email Melanie at 914-588-2450 or melaniegambino1@gmail.com.

ZUMBA GOLD WITH THERESA: Fridays at 10:30 am in the Gym. Low impact dance fitness class suitable for all fitness levels. Fee: \$10 per class. Email Theresa at zumbawithme@aol.com.

YOGA

YOGA WITH STACEY: Mondays at 11:30 am at Lake Lodge with Stacy Goodman, RYT-200. A gentle, slow-flow yoga class to strengthen, lengthen, calm, and expand body, mind, spirit within. \$15 drop-in. Email Resorationyoga@hotmail.com.

CHAIR YOGA WITH SATISH: Tuesdays from 10 to 11:15 am in Lake Lodge's Room 3 with Satish Gambhir, registered yoga (500-RYT) and acupressure teacher with over 20 years of experience. Chair Yoga aimed at toning the entire body and increasing flexibility. Breathing and meditation for relaxation and mind-body connection. Live music. \$10 per class. Call or email to register at 914-646-0887 or Satishgambhir@gmail.com.

VINYASA YOGA WITH JOE: Wednesdays at 5:30 pm and Saturdays at 9 am in Lake Lodge's Upper Level. \$12 per class. To register, email Joe Ferrari at josephferrari@me.com.

GENTLE YOGA WITH LISA: Fridays at 10 am in Lake Lodge's Upper Level. \$60 for four consecutive classes or \$18 to drop-in for a 75-minute class. Lisaathomas@optonline.net or 914-497-0243.

FAMILY NETWORK GROUP: Arranges organized family-oriented gatherings, days and evenings, several times a year. Go to [Facebook.com](https://www.facebook.com) to join the group "Heritage Hills Family Network" or email keri.reitman@gmail.com.

FOREIGN LANGUAGE GROUPS

FRENCH CONVERSATION GROUP: Second and fourth Fridays of the month in Lake Lodge's Room 1 from 11 am to noon. Members should have a basic knowledge of French conversation, but need not be fluent. Refresh your French language skills and laugh and learn with us. If you have any questions, call Carole Ellis at 914-260-9182 or email her at carellis14@yahoo.com.

SPANISH CONVERSATION GROUP: Every first Thursday of the month at 11 am in Lake Lodge's room 1. Open to all speakers of Spanish from intermediate to native. ¡Vengan! Contact Mike at elprofesor55@aol.com.

GAMES

BRIDGE - DUPLICATE: Mondays and Thursdays at 12:30 pm in the Heritage Room. For information, call Marie at 914-277-4266.

BRIDGE - SOCIAL: Wednesdays from 10 am to noon at Lake Lodge. For information, call Marie Sugar at 914-277-4266.

CANASTA CLUB: Saturdays from 1 to 4 pm in Activities Center's Club Room 2. Contact Doris Simon at 914-276-0111 or Doris1121@me.com, or Nancy Heilman at 914-224-7180 or Nancy.C.Heilman@gmail.com.

CHESS CLUB: Wednesdays from 1 to 3:30 pm in Lake Lodge's Room 3. We are a group of chess enthusiasts who enjoy coming together to play some friendly games of chess! Beginners are welcome! Bring your chess set if you have one. Some pairs may choose to use a chess clock; bring this, also, if you have one. For more information, contact Pat Posluszny at patpugs@comcast.net or 914-276-6550.

MAH JONGG: Mondays at noon in Lake Lodge's Room 3 (contact Sue Furino 914-617-9110); Fridays at 1 pm in Lake Lodge's Room 3, and Tuesdays and Thursdays from 11 am to 1 pm in Lake Lodge's Room 2 (Contact MaryAnne McMullen at 914-414-9116 or Terry Colomer at 914-342-3610).

SCRABBLERS: Thursdays starting promptly at 1 pm in Activities Center's Club Room 2. Casual Scrabble game play (we use dictionaries). Play one or more games. All levels of players, including newbies, are welcome. For more information, just walk in.

GARDEN CLUB: For information, including questions on membership and use of the Club Garden, send an email to hbgardenclubsecrery@gmail.com.

HEALTH & SAFETY COMMITTEE

Blood Pressure Screenings With a Smile: Nurse Ellie Eidam and Jeri Bennett, RN, offer screenings on the second Friday of the month from 9 to 11 am in the Activities Center's Game Room. Your temperature may be taken. Do not come if you have tested positive for Covid-19, were recently exposed (within 14 days) to the virus or traveled to areas that have experienced high levels of the virus. Contact Ellie at elliebob1@gmail.com or 914-617-2109 for more information.

Alzheimer's/Dementia Caregivers Support Group: Caring for someone with Alzheimer's/Dementia is a difficult and painful challenge. A support group can help. Meetings take place the first Thursday of the month at 12:30 pm in Lake Lodge's Room 1. Fee: \$20 per session. Facilitated by Linda Ludwig, Psy.D. To register, call 914-617-9328 or email ludwiglr@aol.com.

Spousal Bereavement Group: Grieving the loss of a loved one can cause loneliness and profound sadness. This group provides a safe and caring environment for everyone who shares similar experiences. Meetings take

place on the second Thursday of the month at 12:30 pm in Lake Lodge's Room 1. The fee is \$20 per session. To register, email Linda at ludwiglr@aol.com, or call 914-617-9328.

HIKERS & WALKERS GROUP: Weekly hikes from September to June. Information and our schedule are available in the Activities Center mailroom.

INDEPENDENT AND FOREIGN FILM CLUB: Monthly screenings in the Heritage Room, February thru December, followed by a discussion. \$25 for the series. Schedule is posted in the Activities Center and on the Society Board website. For information, contact Steve Klepner at 845-297-7066 or spk010@yahoo.com.

LET'S TALK SENIOR CARE: Second Friday of the month at 1 pm in the Heritage Room. Stephanie Roberti, MHA, will introduce different senior care topics to help educate us on this important subject. For more information, contact Stephanie at 914-357-3049 or Sroberti@Newbeginningsforseniors.com.

LIBRARY: Monday through Friday from 10 am to 3 pm and Saturdays from 10 am to 1 pm. For information on the collection, see the COMMUNITY NEWS and COLUMNS section of this *Newsletter* and visit the *Heritage Hills Library* webpage at hhsociety.org or call 914-276-7655.

MORNING DISCUSSION GROUP: Discussion group on current event topics. Mondays, holidays included, from 9:30 to 11 am in the Activities Center's Club Rooms 2 - 3. During the summer, it also meets Thursday mornings from 9:30 to 11 am behind Lake Lodge under the trees - with fresh air and an enchanting view of two ponds, a gazebo, and a vast lawn - with lively conversation. For information, email Ken Benjamin at kenbenja@aol.com or call him at 914-262-6006.

SHAKESPEARE GROUP: Tuesdays from 10 to 11:30 am in the Activities Center's Game Room and on Zoom. See a film of a classic Shakespeare play, then read it and join in lively discussions. All are welcome! For more information, call Susan Ray at 914-391-6686 or Margaret Howlett at 973-746-7816.

SOCIAL CLUBS

CIAO ITALIA: Membership, open to all residents, is \$12 per person for the year. Fill out a Membership Form, available outside the Activities Office, and include it in an envelope with your payment. Watch for flyers and TV notices, and see the COMING EVENTS section of this *Newsletter* announcing upcoming events.

CLUB SHALOM: You don't have to be Jewish to love Club Shalom, a Club dedicated to providing quality entertaining and educational Jewish cultural programs for residents. Watch for information about upcoming events. All residents are welcome. Contact Alan Tepper at HHCLUBSHALOM@gmail.com.

FRIENDS IN THE HILLS CLUB: Open to all adult residents. Each event will be a night of fun and socializing with your neighbors. See the COMING EVENTS section of this *Newsletter* for event details. Email us at Friendsinthehills@aol.com with any questions, or contact Debbie Ferrara at 914-924-3003 or Mary Ann Walrath at 914-318-1227.

RAINBOW CONNECTION CLUB: A group for LGBTQ members and their families, friends, and neighbors. All are welcome. Meets the first Thursday of each month in Lake Lodge's Room 3 from 5 to 7 pm. For more information contact Teresa Duffy at 914-617-9785.

SINGLES CLUB: If you are interested in joining the Club, contact Pat Caruso at 914-649-3232 or carusop515@comcast.net. Membership dues are \$12 per year.

WOMEN'S CLUB: meets on the second Wednesday of the month, except for December, January, July, and August. Membership dues are just \$12 for the year (January thru December). Flyers are available for memberships. Insert your check in an envelope, including your name, unit number, and phone number and put it in the Women's Club mail slot. For further information, call Membership Chairperson, Alfreda Savarese at 914-617-2007. See the COMING EVENTS section of this *Newsletter* for specific upcoming event details.

YACHT CLUB ("HHYC"): The HHYC is a fee-free social club of past and present water fans (swimmers, boaters, fishers, cruisers, surfers, whatever). At our monthly 3 pm pot luck "dock parties" on the first Friday of the month in Lake Lodge's Lobby, we share our experiences and plan future ones (theme parties, day trips/activities, or even cruises). For more information, contact Commadorable Susan at ciwhitestar@comcast.net or 914-617-9228.

SPORTS

BOCCE: Wednesdays and Saturdays (weather permitting) starting at 9:30 am. For more information contact Reno DiCristofaro at 914-500-5160 or Diane Purr at 914-617-9338.

BOWLING LEAGUE: Every Tuesday 11:30 am to 3:30 pm at Jefferson Valley Lanes. Join the league or come down and bowl as a substitute. All levels are welcome. For more information contact Joe Thornley at JETIAN@COMCAST.NET or at 917-882-0692.

EAST HILL MEN'S GOLF ASSOCIATION: Enjoy weekly Thursday 9-hole casual competitions in a variety of formats, as well as Tuesday Stroke Play opportunities, from April thru November at Somers National Golf Club's course right here on Heritage Hills' West Hill. For more information, contact Membership Chairman Sandy Lieberman at 914-438-6762 or golfer61345@gmail.com.

PICKLEBALL: On the outdoor courts, it's open play, no reservations required. The Gym is also available for indoor play. For details on both, and about the Pickleball Committee and community, email PickleballHH@Outlook.com. See you on the courts!

PING PONG: Thursdays at 10 am in the Activities Center's Game Room. Open to all residents. Come hang out and play!

SHUFFLEBOARD: Wednesdays from 1 to 3 pm, and Saturdays from 9:30 am to noon, October through March, in the Gym.

TENNIS: All Tennis reservations are made via www.playtomic.io, or you can download the *playtomic* app, which offers many additional features. Once on the playtomic website, type "Heritage Hills" and click on "tennis" as the sport choice. For general information about the Tennis group, call Dena at 914-589-3560. The Friday night Round Robin runs from May through September.

10-A-MEN CLUB: All resident men and women are invited to meet and chat with their neighbors at 8:30 am Wednesday mornings in the Heritage Room. Coffee and bagels are available until 9:45 am, followed by speakers / presentations until 11 am. Admission is \$3.

WRITERS WORKSHOP CLASS: Workshop on *Google Meet!* Mondays at 1 pm and Saturdays at 10:30 am in Lake Lodge. Email Linda Spear, workshop facilitator, to arrange to join us! Lindaspear211@gmail.com.



HOULIHAN LAWRENCE

Now is a great time to sell!

Would you like to know the value of your Condo?

I would be happy to help!

TOTAL UNITS SOLD BY ONEKEY/HGAR MLS AGENTS

	2025	2024	2023	2022
TOTAL SOLD	155	123	109	155
	\$250,000-\$1,225,000	\$315,000-\$900,000	\$320,000-\$885,000	\$276,000-\$876,000

VARIOUS UNITS SOLD BY MLS AGENTS FROM 1/1/26 – 4/16/2026

ONEKEY/ HGMLS DATA AS OF 1/1/2026-4/16/2026

ONE BEDROOM

MODEL NAME	PRICE	MODEL NAME	PRICE
Amherst	\$500,000; \$525,000	Radcliffe	\$599,000; \$604,000
Franklin	\$399,000; \$420,000; \$435,000	Guilford	\$512,000; \$516,000; \$530,000

TWO BEDROOMS

MODEL NAME	PRICE	MODEL NAME	PRICE
Armonk	\$645,000; \$650,000; \$660,000	Madison	\$415,000
Berkshire	\$610,000; \$720,000	Monroe	\$519,000; \$525,000; \$542,500
Cambridge	\$625,000	Princeton	\$750,000
Canaan	\$625,000; \$685,000; \$750,000	Ridgefield	\$610,000
Concord	\$534,500; \$540,000; \$552,000	Salem	\$675,000; \$680,000; \$730,000
Cortlandt	\$495,000	Stanford	\$760,000; \$982,500
Dartmouth	\$675,000	Stratford	\$650,000; \$666,000; \$715,000
Fairview	\$610,000; \$625,000; \$665,000	Stratford II	\$816,000
Harvard	\$930,000	Syracuse	\$710,000; \$740,000
Katonah	\$570,000	Wellesley	\$599,000
Kent	\$625,000		
Lexington	\$671,000		

THREE BEDROOMS

MODEL NAME	PRICE	MODEL NAME	PRICE
Columbia	\$1,225,000	Sherman I	\$825,000; \$875,000; \$910,000
Croton II	\$680,000	Sherman II	\$1,200,000; \$976,300
Jefferson (with carport)	\$625,000; \$700,000	York	\$575,000; \$675,000



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Source: OKMLS 1/1/26-4/16/26, total dollar volume of single family homes and condominiums sold by Agent, Somers school district. OKMLS 1/1/26-4/16/26, total dollar volume of Condominiums sold, Town of Somers, in Heritage Hills, by agent.

SOME OF OUR RESIDENT BUTTERFLIES

Compiled by Susan Statkowski-Rivalsi



By Wendy Nastassi



By Richard Carpiello



By Grazia Bueti



MEET YOUR NEIGHBORS MATT AND MIRA MANCUSO

Text and photo by Rosetta Benjamin

Mira and Matt Mancuso moved across the street from me in the fall of 2025. We met at our adjoining mailboxes. I was delighted by their youth and friendliness. They reinforced my belief that the more *intergenerational* Heritage Hills becomes, the better it becomes. Why do I think that?

To answer that question: Let me first introduce you to Matt. Born and raised in Somers, he and his friends considered Heritage Hills their summer playground! They played basketball and golf here, swam in our pools. That all changed in the winter, as he and his two brothers were sent to Trinity Pawling (boarding) School. After high school, Matt went on to study architecture and art history at Hobart College. He worked every summer, hired by a general contractor in New York City. After he graduated in 2017, they offered him a permanent job. Unsure what career he wanted to pursue, he accepted. Two years later, he made his decision; he was accepted into the Master of Science degree program in architecture at the State University of New York* in Buffalo and graduated in 2021.

Matt is a natural leader. With his winning personality, education, and work experience, our Condo Board recognized he would be a great asset and recruited him immediately! Moreover, this past March, when so many of us discovered our *bills from NYSEG had spiked enormously for no discernible reason*, Matt volunteered to speak up on behalf of his neighbors. With New York Senator Pete Harckham's support for a public outcry, he and several other residents here went on television with proof that NYSEG had doubled or tripled their utility bills.

Mira (née Shami) is a surprise. Born in the United States, her family is originally from Jordan and still maintains a home there. She was Jordan's national swimming champion for seven years (still holds their national record for the breaststroke). Selected to compete in Rio for the 2016 Olympics, she unfortunately tore a hamstring during training. But, as the saying goes, "When one door closes, another door opens." She returned to America, studied architecture at New York Institute of Technology in Westbury and subsequently at S.U.N.Y. Buffalo where she met Matt. They graduated together in 2021.

On the day of our interview, the ever-modest Mira greeted me warmly at the door. Walking into their open living room/dining room, I was totally unprepared for what looked like a page ripped out of *Architectural Digest*. It was: *Simply beautiful*. All white, minimalist, *fashionable*, but undeniably *comfortable*. Designed and implemented by Mira.

Expecting her first child in September, Mira still works for an architectural firm in The City. From her background, it is obvious she is both highly motivated and used to achieving her goals. When she tells me that *someday* she and Matt will have their own architectural firm, *I have no doubt*.

OUR GENEROUS NEEDLECRAFT GROUP

Text and photos by Elizabeth Royston

Imagine more than 400 knitted and crocheted items all packed in brown bags ready to travel! What wonderful evidence of labor and love. All these were the result of the work of our more than 40 Needlecraft Club members just this spring. And travel they did – to three different venues to be distributed to very different types of recipients.



In January, 12 bags of scarves, hats, headbands, and mittens went to the Community Center of Northern Westchester, where Nancy Hodor, Acting Operations Manager, accepted them just in time for the coldest part of the winter season.

The beginning of April brought shawls, lap robes, and shrugs to the Paramount Rehabilitation and Nursing Center. Ruthy Fernandez, Director of Therapeutic Operations, had developed a special way to present the items to residents: They were able to choose the ones they wanted, and that brought out smiles

and laughter in the room! Since our members usually don't get to see who gets the items we make, that was wonderful for us, too.



The end of April brought a delivery where we were unable to see the recipients, because the 120 premie and newborn hats were delivered to Lyudmila Samuels of the Volunteer Office at the Northern Westchester Hospital, to be given to the babies.

When you walk down the hall of our Activities Center on a Wednesday afternoon and hear chatter and sometimes loud laughter, that will be our members, busy working on the next set of hats, scarves, mittens, shawls, shrugs, baby blankets, and premie hats!! Why not join us sometime?

*Linda Neira and Lyudmila Samuels
of the Volunteer Office of Northern
Westchester Hospital*

THE GARDEN CLUB'S NEW LENDING LIBRARY

Text by Louise Fusco, photo by Ruthie Santacroce

The members of the Garden Club (HHGC) have been busily planting, weeding, and watering in their garden beds. In April, the Club received a wonderful new addition to its Garden – a Lending Library. This beautiful library was created, built, and donated by members of the Woodcraft Club to the Garden Club. It is available to all HHGC members to donate and borrow gardening books, magazines, and unopened seed packets throughout the gardening season.

Thanks to the creativity, skill, and generosity of the Woodcraft Club, our members have another opportunity to share and enhance their knowledge.

For more information about the Garden Club, send an email to hkgardenclubsecretary@gmail.com.



SUN AND SEEDS AND SMILES

Text and photos by Dassi Citron

On April 18, the Environmental Club sponsored an Earth Day event in Lake Lodge. For a few hours, residents, their children, and grandchildren were able to meander through the rooms, participating in activities that connected them to the health of our planet.



The largest space was dedicated to honey tasting, along with a variety of books, posters, and information about bees; a veritable bee museum – hosted by Helen Kellert with invaluable assistance from Jerry Sussman, Judy Wien, Ami Stokhamer, Thom Mittag, and Jim Doherty.



Outside on the Patio, left, Jim Doherty relayed information about the Ailanthus tree, a food source for the dreaded spotted lantern fly.

Carrie Sears, right, helped visitors create seed bombs, a fun way to spread native seeds, so essential for the health of our planet.



Wendy Podell, right, filled a room with a variety of art activities using recycled materials.



Of course, no celebration of our Earth would be complete without healthy snacks offered in the main room.

Residents and guests left with smiles. It was truly a celebration.



SMARTPHONE PHOTOGRAPHY WORKSHOP

Text and photo by Sue Meola

On April 10, the Photo Club sponsored a smartphone photography workshop with Peter Glass, an award-winning professional photographer, attended by 30 residents.

Peter provided detailed handouts for both Apple and Android users, explaining various controls, tips, and tricks to take better photos.





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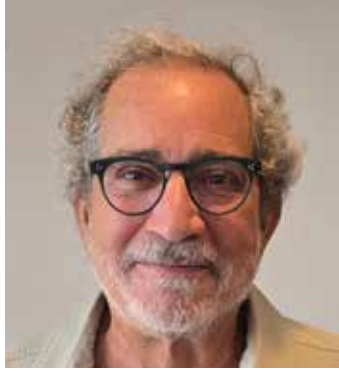
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EAST HILL MEN'S GOLF ASSOCIATION

Text by Ken Freeman, photos by Ed Yee

Cold, wet weather pushed back our first "official" round, which had been planned for April 2, by two weeks. The never-ending winter of 2026 finally ended in mid-April. Our season-opening breakfast, long ago scheduled for April 15 (a great spread at Bistro on the Green), became the actual season opener, attracting 30 hungry members (out of our total 40-man membership). Joining the hungry golfers at the breakfast were new members, left-to-right, Chris Franco, Ken Landesman, Vince Ventura and Jim Doherty.



Allowing 24 hours to digest the big breakfast, the 2026 season's initial golf round on April 16 was a special 3- or 4-Man Team Scramble event. The winner was a team consisting of Bill Glass, Ed Sottile, and Ken Freeman. Runners-up were a team including Bill Ablondi, Nick Stanton, Frank Gallo, and John Mahoney.

COURT CORNER TENNIS NEWS

By Celia Stowell

Our 2026 Tennis Season has begun with an overhead smash! Our Friday Night sessions are under way and players of all levels are welcome to come and join the fun. Weather permitting, we play at courts 1 and 2 beginning at 5 pm.

On Saturday, June 13 (rain date June 14), a **Mixed Doubles Tournament** will be held on **Courts 1, 2, and 4**. Come on down for some fun in the sun! Applications for entry are available in the Activities Center.

Mark your calendars for the following 2026 events:

- **June 13/14** - Mixed Doubles Tournament
- **July 25/26** - Women's Doubles Tournament
- **August 22/23** - Men's Doubles Tournament
- **September 26/27** - Fall Mixed Social

PICKLEBALL

Text and photos by Fran Boemio



Spring has sprung and our Pickleball family is busy! Our committee and sub committees are busy planning fun and competitive events!

We kicked off with the Men's and then Women's Ladder League competitions. Andrew Miller, John LoBello and Eric Scorzelli oversee both.

Denise Elliott, Pam Arena, and Catherine Cucurullo run the fun Round Robin and Pickleball Whirl events happening on most Wednesday evenings.

Alfredo Possante, Denise Elliott, and Mitch Schilkraut already started the very popular Pickleball 101 and 102 lessons.

As seen here, on May 5th we had our first *Dink-O De Mayo* event. Dinking only! We had a great turnout and delicious chips and salsa. Great idea, Chris and Frank Kumpan!

Our Pickleball Cares Committee is busy planning collections at these events so they can buy hats, scarves, and gloves for St. Luke's in the fall.

Stay tuned for more Pickleball events! The fun never ends!



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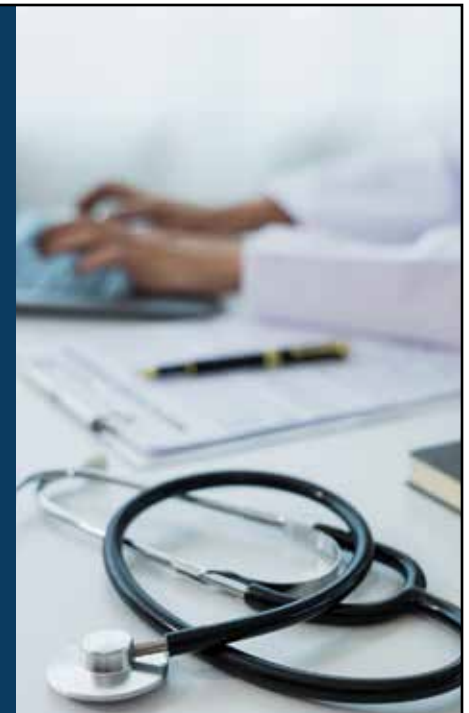
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OUR RESIDENTS AT SOMERS' FIRST FREE REPAIR CAFÉ

Text by Flo Brodley, photos by Joanne Meder

Kicking off Earth Week on April 19 was the first Somers Free Repair Café, sponsored by the Somers Energy & Environment Committee (SEEC) and the Somers Library. It took place at the Library, with 16 of our residents participating, 5 of which were artisans who offered their assistance in repairing / restoring, FOR FREE, items that might otherwise have to be discarded / replaced.

Seen here are team members who helped residents find the right artisan to fix their well-loved household items: Carrie Sears, Mary Coletti, Marianne Blume, Judy Pique, Bobbi Wagman, Jill Gardner, Norma Guggisberg, Renee Celentano, Myra Linker, and Flo Brodley, Coordinator, all Heritage Hills residents except Jill Gardner. (Missing is Don Bleasdale, Chair of the SEEC.)



Jim Doherty working on the lamp belonging to Linda Niera.



Linda Niera and Emilia Liteplo aid residents with their needle-craft issues, while Jill Cammarata watches.



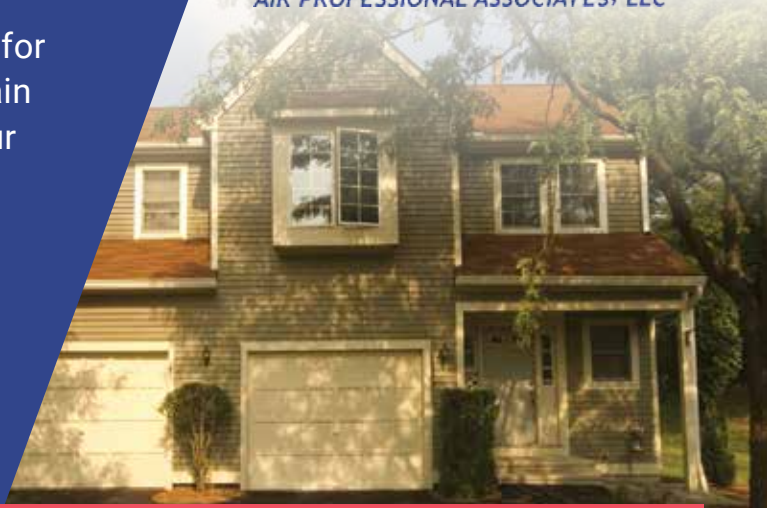
Heritage Hills resident Allison Rubin, jewelry artisan, and Town resident Richard Kreisberg, lamp expert, doing their magic on items too good to throw away, while Jill Cammarata and Carrie Sears watch.



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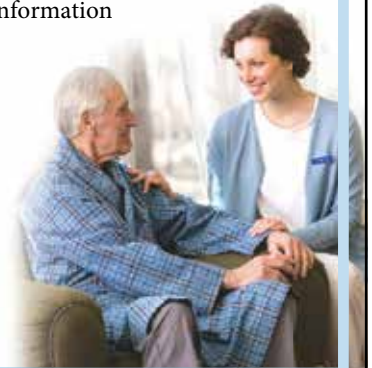
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1. Streetcar
5. Take ___ of it!
10. SW Asia peninsula
12. Beating wings to escape from a perch
14. One who revitalizes
16. Indicates position
18. Dishonorable man
19. Singer King Cole
20. Short-tailed marten
22. One point east (clockwise) of due north
23. The god of the underworld in ancient mythology
25. Dirt

26. Superconducting super collider
27. Not good
28. A way to sink
30. Unwell
31. Follow orders
33. Deep ravine
35. Perfumery practice
37. Indian film director Sultan
38. Member of U.S. Navy
40. Wing-like
41. Very fast airplane
42. Slang for cigarette
44. Most cars still need it
45. Political war chest
48. Cools down
50. Diminish toward one end

52. Indigenous person of Thailand
53. Combined
55. Container
56. Expression of satisfaction
57. Thou
58. Return a favor
63. Go over once more
65. Removed
66. "Silence of the ___"
67. Comedian Rogen

15. Cool!
17. Bank employee
18. Central nervous system
21. Standardized piece of text
23. A type of fever
24. Baglike structure in a plant or animal
27. Threaten persistently
29. Aspirations
32. Baby's eating accessory
34. Actress Thurman
35. Turn into bone
36. One who saves you
39. Consume
40. Swiss river
43. A part of a river where the current is very fast

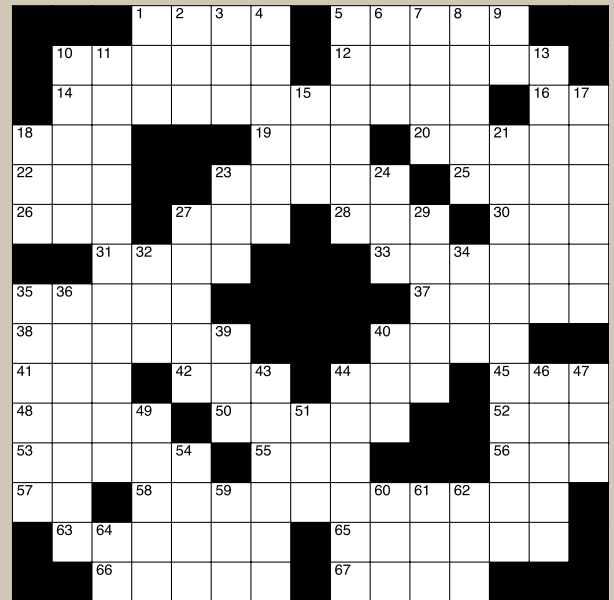
CLUES DOWN

1. Children's game
2. Relative biological effectiveness (abbr.)
3. Own (Scottish)
4. Female follower of Bacchus
5. Subsidies
6. Protects from weather
7. Spanish municipality
8. Supermarket chain
9. Domain name
10. Semitic peoples
11. Designs anew
13. City associated with Jesus
44. Categories
46. Expressed amazement
47. It's important in respiration (abbr.)
49. Greek war dance
51. Bland, semi-liquid food
54. Regard in a specified way
59. Taxi
60. Naturally occurring solid material
61. Feline
62. Post-burning residue
64. Elevated railroad

	9		2	1			5	
			3	7	6		9	2
6		4					3	
9		7			8	5	2	1
				3				
5		8						9
8				5		7	4	3
4	7		1					
		9						

SUDOKU

To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



For puzzle solutions, please see
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Text and photos by Elizabeth Royston

When the Culinary Club gives its members a recipe for our dinners, we give them a bit of leeway in following the recipe, with a tweak here and there. And every now and then the creativity of our Club's bakers really shines.



At our last dinner, a very complicated and time-consuming recipe was given to both Kathy Sirchia and Joanna Regina, who both love a challenge. The *Dobos Torte* is indeed a major project. As you can see in the pictures, two very different looking cakes were presented at the dinner, both with a core of the *Dobos Torte*. Both were enjoyed to the last crumb.



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Cake Ingredients

Soft butter, for greasing
9 large egg whites
8 large egg yolks
1 cup white sugar
1/4 cup milk
1 Tablespoon lemon zest
1 pinch of salt
1 and 1/2 teaspoons vanilla extract
1 and 1/2 cups sifted all-purpose flour

Chocolate Buttercream Ingredients

1/3 cup butter, at room temperature
1/2 cup unsweetened cocoa powder
1/3 cup milk
1 Tablespoon vanilla extract
1/(16-ounce) package confectioner's sugar

Preparation

1. Preheat the oven to 400 degrees. Have ready two 10-inch cardboard circles. Generously grease a 9-inch springform pan with some of the soft butter, and dust with flour.
2. To make the cake layers: Beat egg whites in a clean glass bowl with an electric mixer until frothy; gradually add 1 cup sugar. Continue to beat just until soft peaks form.
3. Beat egg yolks, milk, lemon zest, vanilla, and salt together in a separate bowl until lighter in color; fold mixture into egg whites. Sift flour over egg mixture, and fold in.
4. Spread 1 1/3 cups of cake batter into the prepared pan. Bake in the preheated oven until small, brown spots begin to appear on cake - about 5 to 9 minutes. Remove cake from the oven, and remove layer from pan with a spatula. Dust cake lightly with flour and place it on a rack to cool.
Grease pan again and repeat this process until all of the cake batter is used - about 6 times more. Place the layers between wax paper, and cover with a towel. Chill cake layers for a few hours.
5. To make the chocolate buttercream: Beat butter and 1/4 cup cocoa powder together in a bowl with an electric mixer on low until light and fluffy. Gradually add milk, remaining 1/4 cup cocoa powder, and vanilla extract; beat until smooth. Add confectioner's sugar, about 2 tablespoons at a time, until desired consistency is reached.
6. Layer the chilled layers on one of the cardboard rounds with the buttercream. Start with one layer; cover with the buttercream, and then press down with another layer to make a good seal. Repeat this with the remaining layers. Wrap the cake in plastic, and chill for at least 6 hours along with the remaining buttercream.
7. Spread some buttercream on top of the chilled torte. Frost the sides with the remaining buttercream. If available, use a decorator's comb to texture the sides, or leave plain to show the chocolate frosting. Chill the torte before serving.



THE BOOK SHELF

By Dassi Citron

The novel *Theo of Golden*, By Allen Levi, played with my heart, from the dedication to the conclusion. This is a tale of a Portuguese elderly man of mystery – who brings change and hope to the Southern town he is visiting, Golden, Georgia.

After he arrives, he hatches a plan to buy many of the exquisite portraits that hang in the town's coffee shop and then gift them to the subjects. The author offers this reflection after Theo buys his first picture. "Shep's curiosity about the old man was only heightened by the purchase and he could not imagine what Theo had in mind to do. Was he a collector, a critic, or a gallerist? Was he hoping to help the artist?"

What follows are Theo's meetings with the subjects, where he sits and listens to their stories with rapt attention, while evading their questions about his intentions. Theo becomes a fixture in the town, a loving presence who takes pleasure in helping, not judging.

The cast of characters are memorable and varied. How did Theo choose his recipients? "Asher, in every face I detect sadness."

We meet a bookseller with a wicked sense of humor and a heartbreaking backstory. Musicians, artists, lost souls, all meet with Theo to receive their portraits – this moment often changing their lives. Theo's generosity becomes legend.

The themes of kindness, resilience, community live on every page.

This is a book to savor slowly, mindfully as you enter Theo's world of compassion, attention, and elegance. The writing is lyrical, reflecting the author's background as a storyteller and songwriter. The ending is revelatory, pulling together all the details and providing context for Theo's actions.

After I finished the book, I found numerous YouTube videos of the author Allen Levi sharing his wisdom and relevant stories. It's remarkable that originally this book was self-published and has now become a best seller. I recommend giving it a try, with this caveat: bring tissues.

(*Theo of Golden* is part of the Heritage Hills Library and Westchester County Library collections. For a list of new books at our Heritage Hills Library, see page 11.)

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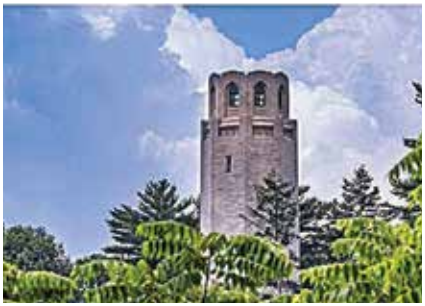
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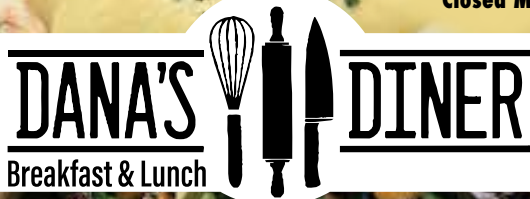


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